

FOCUS: WORSHIP & MUSIC

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VOL. XI, NO. 3



- Plus:*
- * Bishop Teodoro Bacani, Jr. on "The Role of the Charismatic Renewal"
 - * Family Day Sportsfest Pictorial
 - * BCBP Core Values; National ID

VIEWS

3 Editorial: The Forest and the Trees by Nancy Catan

The BCBP is compared to a forest with the National Council providing the root system. We are the trees. What kind of trees are we? The sidebar highlights significant accomplishments of the BCBP National Council during the last five years.

4 In The Marketplace: Market Studies and Product

Promotion by Eddie Mendoza

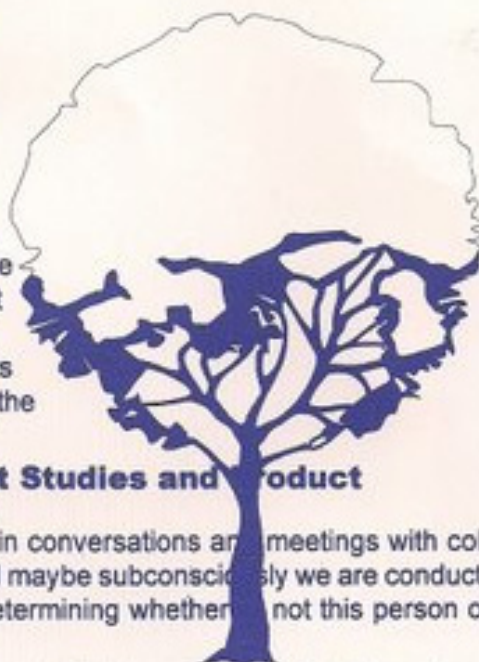
Many times, we go to work, engage in conversations and meetings with colleagues, customers, or suppliers, and maybe subconsciously we are conducting market research of some sort, determining whether or not this person or that person needs the Lord.

5 From My Desktop Files: Puerto Princesa: God's Bounty, A Test of Faith by Sammy M. Ulanday

Palawenos are preserving the natural beauty of their islands. God may not have given us an island but He has given us the marketplace. Can't we preserve and spread Christian values in our marketplaces?

7 To My Mind: Brotherhood in San Fernando

by Art Sampang



REGULARS

- 1 Contents, Editor's Note , Up Next
- 12 Readers Survey: What song...?
- 22 Group Dynamics: Ten exercises for you and your children to grow on
- 23 Family Life: Multiple Blessedness by Annie Salvador
- 23 Family Life: Tips for Living on a Tight Budget by Estella Liwanag
- 26 1- Minute Meditation: Martyrdom Today by Fernando de Larrazabal
- 27 Bible Sharing: Our Attitude Toward Money
- 28 Partners In Mission: Its Beginnings
- 37 Back to Basics: The Meaning of "EUCCHARIST" by Nancy R. Catan
- 39 Columnists' Corner

KAPATIRAN Magazine

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OUR CORE VALUES

Love for God, Love for Community, Commitment to the Lord's Work

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Editor's Note...



As I write this, I can see and hear the rain pouring down outside...an example of the abundance our Lord blesses us with moment by moment. And the rain becomes a springboard to praise.

In this issue we explore ways to put more life and power into our praise and worship of God. We look into the important role that music plays in bringing us more deeply into His presence and the responsibility of the music ministry to encourage unity of worship during assemblies.

Supplementing this issue's focus articles is Bishop Bacani's discussion on what it means to be a charismatic in today's Church.

We invite you to review with us in the editorial what the Brotherhood has accomplished in the five years since the National Council came into formal existence. Then as we read the news about the BCBP's thrust — One BCBP, One Culture — and the formulation of BCBP's Core Values (p. 30), we can get a clearer picture of where we will be going in the next few years.

We hope that you have already noticed some of the changes in your KAPATIRAN — the new cover design, a brighter layout, more space in page design so the articles can "breathe". We continue to welcome your suggestions on how to bring more life to our BCBP magazine. Let us know what kind of focus and feature articles you want to see. Share with us your experiences in bringing Christ into your marketplace. Help us make the KAPATIRAN a magazine that every BCBP member can enjoy.

Nancy K. Carter
MANAGING EDITOR

FOCUS

8 Springboards to Praise

Sometimes our periods of praising God seem to bog down and even stagnate as we run out of things to say. We need to look for springboards to praise in our lives.

11 Sacred or Secular: What songs shall we sing?

Because of who God is, we need to know how to worship Him particularly in music and song. This article leads us to a deeper appreciation of the role of music and the music ministry team in worship. Includes sidebars with selected songs for specific worship occasions.

14 Contemporary Models of Worship

Liturgical, Protestant, convergence, Catholic and charismatic worship practices are compared.

17 Musician's Prayer

18 Through the Ages: a short history of religious music

24 Musical Bible Quiz

38 Pointers for better praise leadership



FEATURES

19 The Role of the Charismatic Renewal by Bishop Teodoro Bacani, Jr.

Bishop Bacani sees the charismatics' role as that of keeping alive a sense that God is real, present and active in the Church and in the world today.

21 Laugh your way to good health

BCBP LIFE

29 BCBP's Position Paper on Population Control

30-36 News: National Council, Iligan, Davao, Mactan, Manila, Cavite

32-33 Metro-wide Sportsfest and Family Day Pictorial

36 Welcome

40 About BCBP

BCBP Venues (inside back cover)

BCBP Map (outside back cover)

UP NEXT

SEPT. - OCT.

Deadline: August 18, 1997

Issue Focus:

Keeping Jesus First

Readers Survey:

In what ways do you keep Jesus first in your business or professional life? ... in your life?



NOVEMBER - DECEMBER

Deadline: October 15, 1997

Issue Focus:

No Greater Love

Readers Survey:

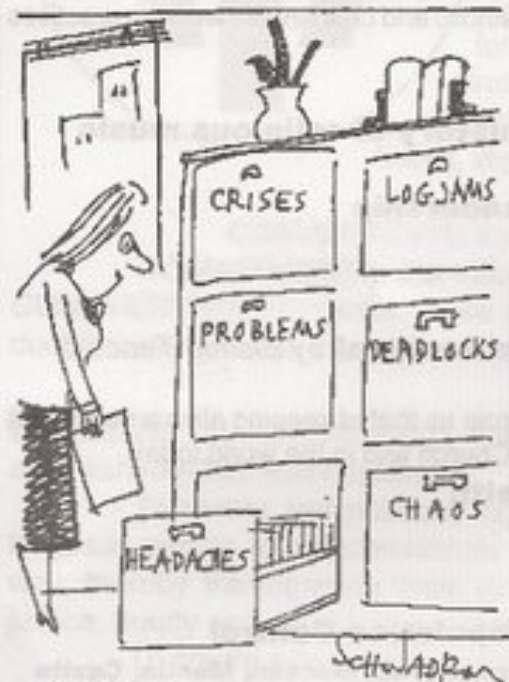
How has God touched your life with His love?

Is the BIBLE a handbook for life?

To preach the Bible as "the handbook for life," or as the answer to every question, rather than as the revelation of Christ, is to turn the Bible into an entirely different book.

This is how the Pharisees approached Scripture, as we can see clearly from the questions they asked Jesus....For the Pharisees, the Scriptures were a source of trivia for life's dilemmas. To be sure, Scripture provides God-centered and divinely revealed wisdom for life, but if this were its primary objective, Christianity would be a religion of self-improvement by following examples and exhortations, not a religion of the Cross.

Michael Horton in *Modern Reformation*, May/June 1996



*Everyday is a birthday;
every moment of it is new to us;
we are born again, renewed for
fresh work and endeavor.*
Isaac Watts

WE NEED VALUES AND VISION

The good Lord knows how much we need values today. There is still so much graft, so much corruption, so much pollution of a culture we were once very proud of. There are cracks in our family system, in the way we educate our youth.

We should restore our old meaning of right and wrong. For what is right and what is wrong today is no longer largely based on God's Commandments but on how much is in it for me.

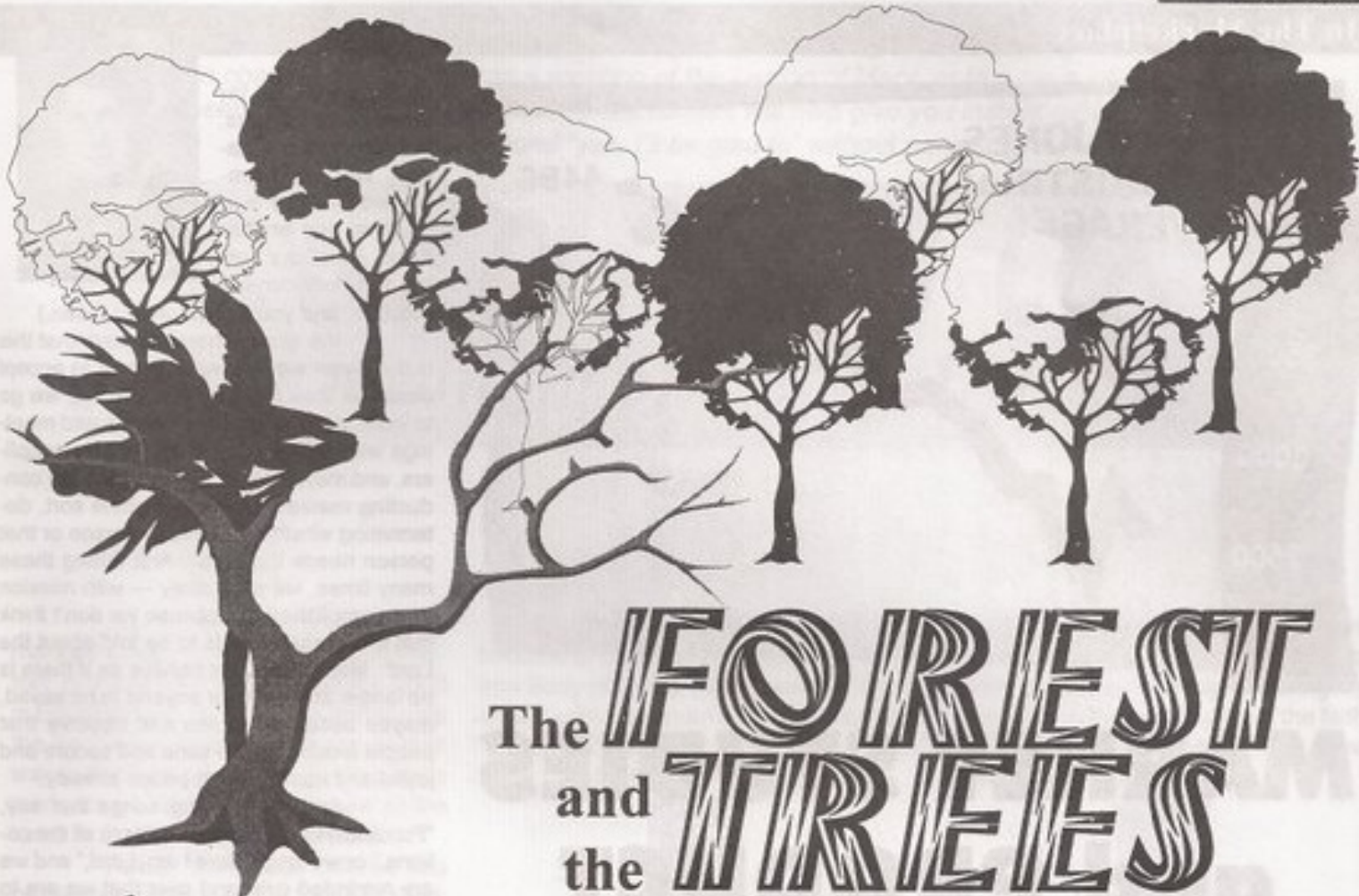
Here I must quote Aristotle, whose words of wisdom still ring true today. And he said, "Virtue is more clearly shown in the performance of fine actions than in the nonperformance of base ones."

What is my vision for the Philippines? Economic dynamism. We can (realize this) if the next president of the Philippines is at home

with the intricate demands of an economy shaping up to be the next economic tiger of Asia. We can do it - sustain economic progress - if we stay on the track that President Ramos has charted. We can do it if the members of business and management will improve our value system.

We can do it if we stay true to the fact that we are Filipinos. And, finally, we can hack it if democracy not only endures in our country but takes deeper root.

Senator Gloria Macapagal-Arroyo,
Philippine Star, June 3, 1997



The FOREST and the TREES

Last issue I posed the question "How can we know that we are making real progress and not merely deceiving ourselves with activity?" And I followed this up with ten areas for personal reflection on "Am I more like Jesus than I was a year ago?"

Now let us pause for a moment to ask this same question of the Brotherhood of Christian Businessmen and Professionals: "How can we know that the BCBP is making real progress? What has the National Council really accomplished? Where are we going? Where am I in the scheme of things?"

When faced with these questions, I am tempted to reply, "Are you reading your KAPATIRAN? Where have you been over the past few years?" But perhaps we get so involved in the current happenings that we fail to review accomplishments, we see the trees flourishing but lose sight of the forest itself.

Highlights of BCBP Activities

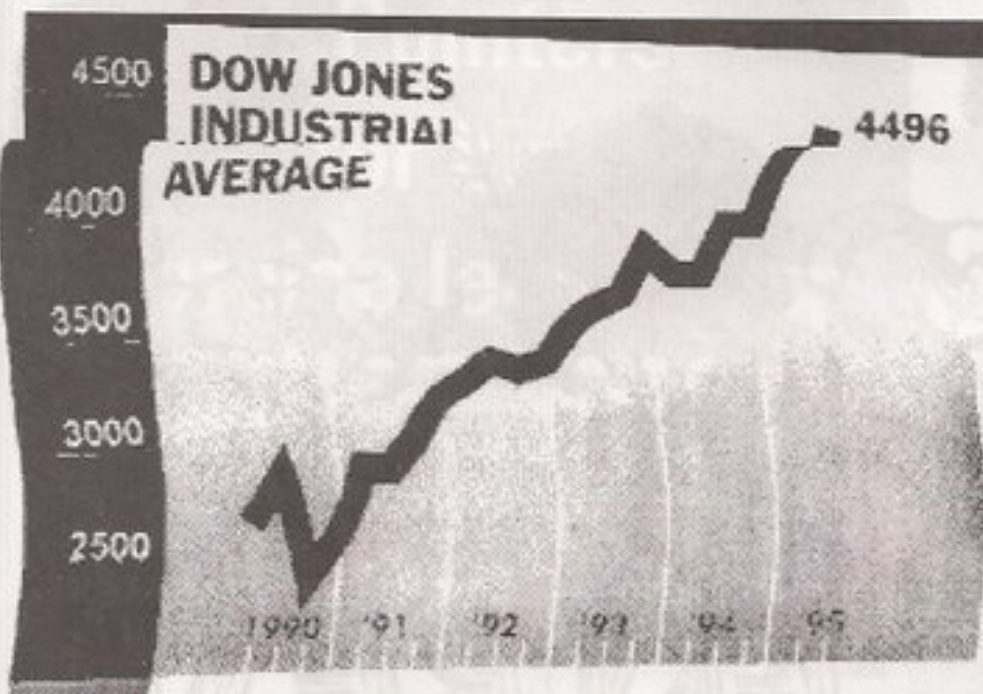
- * National Strategic Planning Retreat (NSPR) held in September 1995 for all National Council members, chapter heads, mission and life directors
- * Chapter Heads Retreat conducted
- * Mission Directors and Life Directors Retreat held
- * Music Ministry Workshop conducted
- * AGL Workshop Retreat held for both the Luzon region and the Vismin region
- * National Secretariat established and Secretary General appointed
- * National BCBP Center organized with its own office and small conference facilities
- * Chapter Secretary Network organized
- * BCBP Must Do List agreed on
- * Metro-wide Activities revived
- * Tenure of Office for BCBP positions implemented
- * KAPATIRAN upgraded from a newsletter to a News Magazine

On July 3, 1992, Fr. Herb Schneider announced the BCBP's change in governing structure from its former structure of an Executive Committee and Executive Director to the present structure of the National Council. The National Council, then with five members, was tasked with directing the BCBP activities nationally in the areas of chapter life and mission and the BCBP's involvement in marketplace transformation.

Fr. Herb said that this reorganization was in response to the need for a more structured BCBP organization to meet the vision and mission of the Brotherhood. He defined the mission of the BCBP leadership team as threefold: 1) to provide opportunity and support structures for the evangelization of business people and professionals, 2) to create opportunities for members to participate fully and in a committed way in the BCBP mission, and 3) to raise the necessary

pls. turn to page 6

If you want to get rid of somebody just tell them something for their own good. -F. Hubbard



MARKET STUDIES and PRODUCT PROMOTION

Once upon a time an American manufacturer of bread and pastries wanted to expand into other markets and so he sent a team of market researchers all over the world to check out the local situation. The team that went to Japan came back with the negative report saying, "There is no market for bread and pastries here; all the people here eat rice." At this, the manufacturer decided not to penetrate that market and lost a fantastic opportunity to be a pioneer and market leader in that nation. As it turns out, the Japanese are voracious consumers of bread and pastry products.

This story reminds me of the timidity with which the weak-hearted businessman sometimes approaches new markets. Of course, the real entrepreneur has a good sense for what the market wants. He learns that sometimes, as in the case of substitute products, it is necessary to create demand where there is none.

Clearly the world would be a different place if no one pursued the production and sale of light bulbs, or the telephone, or

the radio. In these and many other cases, people do not realize the value of a product until they see it with their own eyes, until they experience it themselves, or at least until they get good report about it from someone they know and respect.

That is why when companies promote new products, they give away free samples, they spend lots of money on advertising, they get testimonials, they conduct seminars and trade expositions, just to let the whole world know about their product, its features and its benefits. If you do not do this, the market will never know what you've got, and you'll never make the sale that you had expected. The old saying that says, "If you build a better mousetrap, the whole world will knock at your door," is not true unless all these marketing efforts come into play.

The market will never know your product, that is why you have to take conscious effort to make them experience it in one way or another before they decide that they want it. The same is true for products

or for services, for ideas or for persons. (Watch how our nation will be bombarded by all sorts of material and promotional gimmicks during this forthcoming election, and you'll know what I mean.)



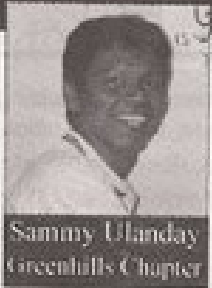
Eddie Mendoza
Greenville Chapter

We should therefore learn that this is the same way we want people to accept Jesus as their master. Many times, we go to work, engage in conversations and meetings with colleagues, customers, or suppliers, and maybe subconsciously we are conducting market research of some sort, determining whether or not this person or that person needs the Lord. And during these many times, we walk away — with mission unaccomplished — because we don't think that this person needs to be told about the Lord. Many times, we behave as if there is no longer any need for anyone to be saved, maybe because we see and observe that people around us are sane and secure and joyful and apparently at peace already.

And yet we sing songs that say, "Proclaim His marvelous deeds to all the nations," or we sing, "Here I am, Lord," and we are reminded over and over that we are to be witnesses of Jesus to the ends of the earth, and of Jesus asking us, "who do you say I am?"

It is important for us to remember, brothers, that there is a war out there, and we are soldiers of Christ. Souls need to be saved; Jesus is the only one who can save them. But unless someone has been told by you about Jesus, and unless someone sees Jesus in you, that person will not know about Jesus, and will not be saved. That is our calling, that is our mission. And our battlefield is in the marketplace.#

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and apparently
at peace already."



Sammy Ulanday
Greenhills Chapter

My trip to Puerto Princesa, to me, appeared to be just one of those trips. Although

this was my first time to go to this province, my enthusiasm wasn't totally great. Perhaps this was because I was actually under the weather in the aftermath of colds and cough and quite exhausted after a month of frenetic activity refurbishing our new BCBP Center.

The trip takes about fifty-five minutes. I was just beginning to doze off as the plane started its descent when Veron, my wife, called my attention to see how beautiful the scenery below was. To myself I said: "What do you expect to see down there from up here at 20,000 feet?" I peered through the window and indeed, the view was fantastic. There appeared to be giant cauliflowers in deep green, and as we descended further, I saw clear waters rushing onto the beaches. I thought, if it's this good from up here, could it be the same when we are down there? I'd heard of how Mayor Hagedorn of Puerto Princesa really worked hard to preserve the green and maintain cleanliness of the city...but I'd have to see it to believe it.

The first thing I noticed as I entered the terminal was the cleanliness of the surroundings. For those of us who have been somehow inured to the piles of stinking garbage all around Metro Manila, Puerto Princesa has much to offer. As Fuji Rodriguez, BCBP Puerto Princesa chapter head, drove us away from the airport into the city streets, I was totally amazed by the cleanliness of virtually every space. There was not a speck of candy wrapper or cigarette butt on the sidewalks. Fuji commented that it was already dirty since it was midday. I asked, "What dirt are you talking about?" "Don't you see those leaves and flowers that have fallen off the fire trees?" You call that dirt!!?

The following day we had our couple sharing at the BCBP breakfast. Due to some setbacks the breakfast venue was transferred from Asiaworld Hotel to a place they call Badjao Seafront resort restaurant owned by BCBP member Zeny. When I was told of this change, I was a bit frustrated as I thought of missing the five-star hotel ameni-

PUERTO PRINCESA, God's bounty, a test of faith



*"I saw the horizon
as a reflection of God's love."*

ties, which could have been another first in my roster of travels. But God had better plans for us.

Seafront restaurant is set at a beach front facing the Zulu sea. The structure is so constructed that the building is open on all sides, virtually floating on pristine crystal-clear water. The sea breeze caresses your face. Looking down into the water, you can see the marvels of the sea as schools of small fish of many colored and varied species swim around the poles of the building and through the mangroves that border the beach.

The podium was placed in such a manner that when you're up there talking to the audience, you're facing the horizon. I was so inspired when I gazed on this fantastic view that I forgot my sharing's usual opening and said, "If you look behind you, you'll see the horizon, infinitely vast, endless, mysterious but reassuring of something greater beyond. This is what God really offers us — His infinitely vast, endless, mysterious and reassuring love."

This was the message God had for me ... and for the breakfast goers. I continued, "Underneath this building, in the waters, you can see samples of His great love. The beauty of nature that you enjoy is just a glimpse of what it really means to be with God." I wanted to say, "As much as you try to preserve nature and the cleanliness of the city, so must you strive to preserve and nourish the new relationship you have started with the Lord when you joined the BCBP."

After our sharing from the Seafront we went literally to sea. Fuji and Chit together with Edwin Tan, Life Director, and his wife Gina, her mother and aunt Carmen, Veron and I took a pump boat to "luli" island, so called because it is "lulubog lilitaw" during low and high tide respectively.

Even the fishing village where we boarded the boat was by far the cleanest I've seen. Of course there was the usual "fishy" smell but never did I see any garbage floating near the shore. Plastic wrappers,

next page pls.

One way to be happy ever after is not to be after too much.

EDITORIAL... from page 3

personal, material and financial resources for the organization and its members to develop in line with its vision and mission. (KAPATIRAN Aug-Sept. 1992)

What has the National Council accomplished in its five years of existence? To help jog your memory a listing of the Council's significant activities (not necessarily in chronological order or in order of significance) is highlighted in this editorial's sidebar.

This then is the forest that has been built with the trees planted and nourished by each chapter and outreach. This then is the forest that creates a sustainable environment of Christian influence and values in the marketplace. This then is the forest created by God through the BCBP.

Each one of us is a part of this forest — a sapling, a tree, a branch, a leaf, part of the root system... — for the forest is nothing without its trees, its own ecosystem, its own root system.

The National Council provides the root system and the overall direc-

tion for growth. We, the BCBP members, spring out of this root system and become the pillars of the forest. Whether we flourish in this environment and contribute seeds for more growth or whether we allow ourselves to rot away inside and be blown down in the next strong wind is entirely up to each one of us.

If you are one of those who have wondered about just what the National Council has been up to, or who have grumbled about the requirement of sending a percentage of chapter tithes to the National Council, or who have chafed at having to follow the various policy directives handed down by the Council, or who is a "well-meaning" conscientious objector to directions being taken or things being done (usually because you are too busy to get involved but want to make your presence felt anyway) — where have you been during these last five years of activity? What kind of tree in the BCBP forest have you been?

More importantly, what kind of tree are you going to be? *Nancy R. Catan*

- * BCBP By-Laws amended formalizing organizational structure, tenure of office, rights, responsibilities, membership, etc.
- * Partners in Mission established
- * Teaching series, BCLP and Culture Talks reviewed and revised
- * Talks on Sex in Marriage, Prayer and Mary Mother of God added
- * Lawyers Guild set up; others are in the planning stages
- * Breakfast Practices institutionalized
- * More than 20 Policy Directives handed down
- * Two National Grand Breakfasts held
- * Marketplace Transformation Program (MTP) in final stages of completion
- * BCBP Masses now held on Christmas and Easter
- * The First Friday of January declared as National Day of Prayer and Thanksgiving for BCBP
- * BCBP National Anniversary celebrations now observed alternately in Metro Manila and the provinces
- * Unit Leader and AGL Retreat now in planning stages
- * BCBP enhances communications system with Internet hookup
- * National ID established
- * National Council expanded to 7 members

PUERTO... from page 5

empty bottles, aluminum tin cans, food wastes, flotsam were nowhere to be seen.

Luli Island is actually a sand bar midway off Honda Bay where you can walk a kilometer or so in ankle-deep water over a spread of white sand. Mangroves dot the immediate surroundings like sentinels guarding the property. Just as we started our noonday feast, rain began to pour down. It rained so hard all the time we were eating; everywhere I looked the visibility was zero and we were at the middle of the sea! All of a sudden I felt a chill run up my spine. It was so lonely and secluded. Somehow it appeared to me as if we were totally screened off from the rest of humanity.

What if the rain doesn't stop and the pump boat could not reach us? We could be marooned on this tiny island and forgotten forever. Who'll take care of our son? People will say, "They died frolicking on an island one lazy Saturday afternoon."

Then all of a sudden I felt God's reassuring presence and warmth. I stood

up and looked at the people around me. I looked at their faces and they weren't a bit worried. A particularly loud clap of thunder reverberated in my ears and senses. I could almost hear Jesus say, as He did to Peter long ago, "Man of little faith, why did you doubt?"

The rains tapered off, the surroundings cleared and little by little I could see the silhouette of the green mountains towering over the bay. Then the sun peered through the clouds and the waters receded exposing the wide white sand of the island basking in its beauty and splendor.

These few thoughts kept ringing in my mind while we were flying back to Manila. The beauty that is Puerto Princesa's is God's manifestation of the infinite riches He offers us. The people of Palawan who strive to preserve this are like the early Christians who struggled, fought and died to perpetuate God's words and works. And the short episode on that tiny island is God's loving reminder to me that our faith in Him shall never be shaken even amidst an onslaught of disaster or misfortunes.

"We could be marooned on this tiny island and forgotten forever. People will say, "They died frolicking on an island one lazy Saturday afternoon."

Why can't we aspire to be like the Palawenos, particularly in terms of preserving the natural beauty of their islands? God may not have given us an island but He has given us the marketplace. Can't we preserve and spread Christian values in our marketplaces? Can we not at least exert efforts to clean up the dirt and garbage of the enemy in our own small marketplace? And shouldn't we pray for stronger faith — a faith that even in the midst of rains, thunderstorms and strong winds, will never ever falter?

Surely we could, certainly we can, and definitely we must!
See you next trip!#



Art Sampang
San Fernando

BROTHERHOOD in San Fernando

Man, being a social animal, is, by nature, gregarious. Generally, that is.

I believe myself to be one. Only I cannot say whether I am naturally so. Or I am just forced to be so. But the fact is I like being with people. I enjoy their company — whether male or female — but, please, not the third kind or in-between. Maybe my calling shaped me to be so.

Because whether one is in public service, politics or journalism, you have to deal with people. And must love doing it. To inspire desirable action.

To win friends and influence people.

Being gregarious, however, does not mean that you just join any group or organization for the sake of being with people. You have to determine whether the objectives of the group or those of the members jibe with yours and yours with theirs. Whether you could contribute your energies and talent to the attainment of the organization's vision.

In my case, I have joined many organizations — civic, social, political, professional. All such groups have lofty objectives. As such they are all worth dedicating one's time to. What makes them different from each other are the people who compose them. Are they really concerned about the mission of the organization? Or are they only interested in promoting their personal, business or political interest? Are their actions and words really sincere and not just for show? Are they not just being artificial or plastic or hypocritical?

I was in that state of self-doubt when finally I gave in, after so much entreaty and gentle persuasion, and agreed to attend the regular Saturday breakfasts of a relatively new (in San Fernando, that is) organization called the Brotherhood of Christian Businessmen and Professionals (BCBP).

By attending the breakfast meetings, one does not automatically become a member. He has to listen to a series of talks and lectures about God and the Gospel and how to live a truly Christian life. Completing the 13-week Brotherhood Christian Life Program does not, again, confer automatic membership. The choice is left entirely to the individual whether to join or not. For one to make a decision, he has to examine his conscience — whether he could fulfill his obligations to God and his commitment to BCBP as an apostle and evangelist of the Christian way of life in the marketplace and in the community. By the way, although the formal organization is called a Brotherhood, women are very much a part of it because most members are couples. And the ladies are just as active as the men.

Being with the Brotherhood is a very demanding task. It's sort of missionary. It's a dedication for and in the name of God. It's an apostolic work only the truly converted can do. Like the Apostles of old. That's why it's not that easy for the organization to expand its membership which is highly selective. And it's not also that easy for one to get in or to be accepted into the organization. Hence, it takes time before a chapter is established.

In the case of San Fernando, the Brotherhood is still an outreach program of the BCBP in Greenhills, Metro Manila. Although the SF chapter has been in existence for two years now, it has not yet attained the requirements for it to gain

"Whether one is in public service, politics or journalism, you have to deal with people. And must love doing it. To inspire desirable action. To win friends and influence people."

an independent status. But all through that time and up till now, the BCBP couples from Greenhills have been patiently and tirelessly spending their time and energies and sometimes even resources as part of their evangelical mission in the marketplace. They will continue to do so until the time comes when the outreach chapter can be on its own.

The dedication of these modern-day apostles of Christ is truly amazing.

Providing the backbone of the San Fernando chapter are young and elderly couples known for their successes in their respective callings and professions. They may differ in their social status as well as in their political beliefs. But they are one in leading a truly Christian life within their families, in their businesses and professions and in the community.

The Brotherhood in San Fernando welcomes couples of their kind.

Reprinted with permission from *Mabuhay, Pampanga!*, Vol. 2, No. 24, dated March 30, 1997.

Springboards to PRAISE

Nancy R. Catan

Sometimes our periods of praising God seem to bog down and even stagnate as we run out of things to say. We need to look for springboards to praise in our lives. Several are mentioned here to help you begin building a throne of praises worthy of our God. Music and singing are powerful springboards of praise, too. They are however not mentioned in this article since they are presented in more detail as this issue's focus.

Prayer assembly time. Voices resound liberantly in song, hands are lifted, eyes are closed. God seems very near. The time for spontaneously praising God comes; the voices begin fervently but soon run out of steam and a prayerful silence comes over the group. Worship? Yes. Praising? Well...

We know that praising God is part of a normal Christian's response to His goodness and one of the keys to worshipping Him in spirit and in truth. Scripture tells us to be joyful always (1 Thess. 5:16). The psalmists give us so many examples of the things that we can praise God for.

Why then do we sometimes find it difficult to sustain our outpouring of praises?

Diving from the high board

Diving off a high springboard, gracefully arching toward the sky, plummeting downward to cleave the pool's surface cleanly in a symphony of graceful motion has been one unrealized dream of mine. When I tried to learn how to dive during my high school years, I usually ended up belly first in a huge splash — definitely not graceful! But through practice, I did manage to pass the swimming class if not through skill, at least through sheer persistence and regular attendance.

It seems to me that learning how to praise God is something like learning to dive. We need practice, persistence, exercises to strengthen our developing skills,



Praising during the 17th Anniversary celebration in Cagayan de Oro

prayer, regular attendance and persistence. There will be times when we may be discontented with our praise but these will be outnumbered by the joy of experiencing God in deeper and fuller ways as we develop a life of meaningful and spontaneous praise. Then, too, we need to remember that God delights in our praises, any kind of praises, as long as we truly mean what we say.

My twelve years with the BCBP and hours of reading and reflection have shown me several ways that have helped me strengthen my praise of God. I like to refer to these ways as "springboards to praise". Perhaps they'll be of help to you, too.

Begin with "You"

One of the best ways to begin improving your praise life is to spend five minutes once or twice a day praising God for who He is using these three simple guidelines:

— Do not use the word *praise*. This may seem awkward at first, but it will force you to say what you mean without relying on repetition of the word *praise* when you probably aren't sure exactly what the word "praise" means.

— Do not use the word *thanks*. Praise and thanksgiving are close but dis-

tinct forms of prayer. We thank Him for what He has done; we praise Him for who He is. Eliminating "thanks" from our praise vocabulary helps us focus on praise.

— Begin prayer sentences with "You" rather than "I". For example, you might say, "You are great and mighty," or "You put a song in my heart." This helps you focus on God, not on yourself or your requests. God, not ourselves, is the subject of praise.

Use the Names of God

We all like to hear our names spoken. I'm sure God does, too. In fact, we can see throughout the scriptures that names are very important to God. In the Old Testament, God reveals Himself to man by gradually introducing new names for Himself to help His people comprehend who He is. St. Paul continues this process when he writes that Jesus Christ is the One who has been given "the name that is above every other name" (Phil. 2:9).

Keep a list of names of God that you find during your daily bible reading, such as Creator, Rock, Teacher, Lamb, the Truth. The booklet *Miracle Hour* contains a beautiful litany of the names of Jesus as do the novena prayers of various devotions to Jesus. I find it helpful to arrange these names in alphabetical order. Then during times of praise I don't have to stop to think about which ones I have missed, I just do all the "A's" I can remember, then the "B's", etc.

This exercise of naming the Names of God can lead to a period of deeper worship as you center on the essence of who God really is. In your private praise time, spend a few minutes contemplating in silence what each name means and see your relationship with Him grow in depth and beauty.

Quote from Scripture

When my prayer time and praising sort of "dry up", I turn to the songbook of the bible, the Psalms. Some of my favorites are Psalms 8, 19, 95, 98, 145, 148 and 150. Then there is the Song of the Three Young Men in Daniel 3, the Magnificat in Luke 1:46-55, and that great hymn of praise in Ephesians 1:3-10. There are so many great prayers in the bible you can use as sources, as springboards for praise; consider memorizing some of them.



Mass celebration during BCLP 2 in Tuguegarao

Develop great thoughts about God

In one of my prayer times I began thinking about Jesus being both a Lion and a Lamb. How could He be both of these at the same time? My concept of God and who He is expanded that morning to new horizons.

Using the thoughts of holy men and women or creating your own great thoughts about God can be a wonderful springboard that can enable you to soar to new heights. The greatness of God fills a universe. Let it begin to fill your mind and heart.

Be aware of God in the ordinary

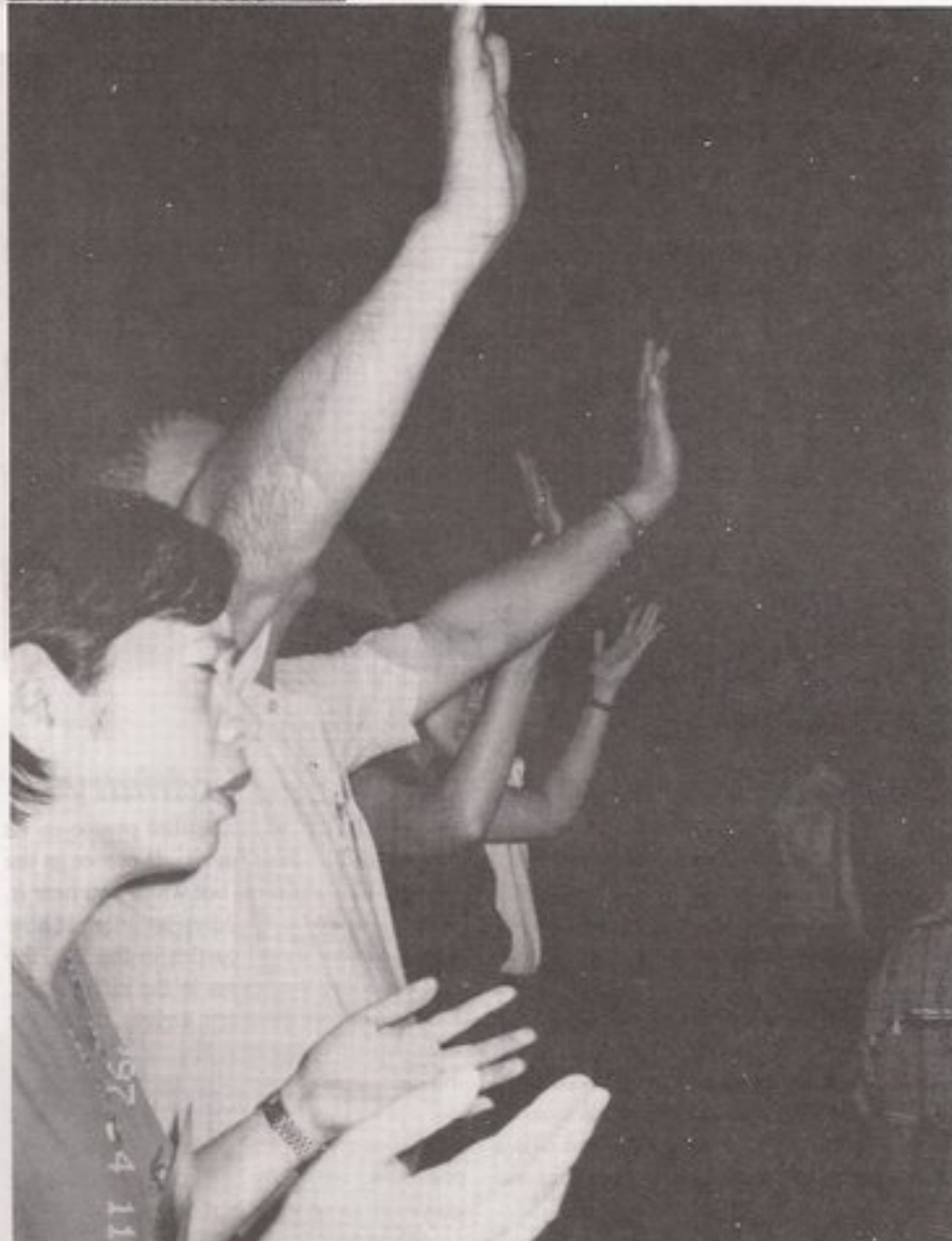
Learn to recognize praise in its daily and mundane forms. It comes in the most unlikely places, but when you hear it, you will know it. Children laughing at how a frog jumps, cloud castles in the sky, the wind ruffling the leaves in the mango tree, the hush before the storm arrives, the aroma of a cup of herbal tea, the first star of the evening ... each one of these is God reaching out to touch us. "How thoughtful and kind You are, Lord, to remind me of Your presence. All glory is Yours!" And off we go on a journey of praise!

next page pls.



Workers of Christ prayer assembly

Patient endurance is the perfection of charity. -St. Ambrose



Top. Friday assembly during the 17th Anniversary celebration in CDO. Above, Elsa and Rico Santos of Makati Chapter at the worship assembly, 16th Anniversary at Ateneo.

" There will be times when we may be discontented with our praise but these will be outnumbered by the joy of experiencing God in deeper and fuller ways as we develop a life of meaningful and spontaneous praise."

The key here is "awareness". Even crawling at a snail's pace through heavy traffic can become a praise time as we become aware of God's abundant blessings around us.

Living a life of praise

This is the best springboard of all — living a life of praise. The depth and richness of our praise reflects our intimacy with God. As we learn to offer more meaningful praise to Him, our prayer-time, our worship in the assembly of His people, in Church and in the BCBP becomes richer and more substantive. Consider the following challenges as a starting point:

— Determine to improve your praise life because He is worthy of your best efforts.

— Ask God to teach you. He delights in meeting the desire behind the request for greater intimacy with Himself.

— Seek out the springboards that can launch you into new heights and depths of praise. That is part of the excitement of praising, finding your own springboards.

— Work on praising daily in small, realistic time increments. As you develop your capacity for praise, your time for praising God will also increase. Praising God is part of the endless discovery of God Himself.

— Lastly, don't give up. Just follow His example — God has never given up on you, has He?#

Irony is when you buy a suit with two pairs of pants, and then burn a hole in the coat.

Because of who God is, we need to know how to worship Him particularly in music and song. And we need to be able to do this during a community prayer assembly in such a way as to heighten and strengthen the loving presence of God, Jesus and the Holy Spirit in the midst of the assembly. This article leads us to a deeper appreciation of the role of music and the music ministry team in worship.



SACRED OR SECULAR: What songs shall we sing?

Nancy R. Catan

Everywhere we go we hear music. Upbeat music in stores, comfortable music in restaurants, soothing music in the doctor's waiting room, soft lilting music piped into the offices. The mother-to-be sings to the baby in her womb. Some botanists claim that a plant's growth and health can be enhanced by beautiful music. A sick person heals faster to the tune of familiar and loved refrains. Classical...jazz...rock...lyrical tunes...dance beats...

Music exists in God's creation. Keep still one morning and tune in to God's morning symphony of insects waking up, birds practicing trilling arias, the cool breeze freshening the leaves in the trees, the pale orchid unfurling its petals to the welcome rays of the sun, and the hushed silence of

the dawn. We even learn in the book of Job that music was already in existence before the creation of man "when the morning stars sang together..." in praise of God's magnificent creating power (Job 38:4-7).

Music is a language understood by all peoples, races, and cultures. It transcends

all philosophies, all theologies, all ideologies, all systems of belief. Music touches the heart.

Music can be sung or instrumental in execution. A simple melody played by a flute or a violin makes as strong and deli-

next page pls.

Too many people miss the silver lining because they're expecting gold.

SACRED OR SECULAR.. from p. 11

cate a statement, paints as vivid a picture of the Divine Presence as a song sung or hummed by a 100 voices.

Throughout history mankind has included singing in his praise to God. St. Augustine is credited with saying, "He who sings, prays twice." And I am sure that you will agree with me that music does add a second and deeper dimension to the words of a prayer. As we sing, somehow the words are internalized better.

It is also easier to remember the words of a psalm or bible verse when it is sung than when its words are memorized and recited. For example, how many of you can recite Psalm 146 or Psalm 122 (no fair looking in your bibles!)? And yet most of you are very familiar with the songs "Praise the Lord, O My Soul" and "I rejoiced when they said to me..." which are Psalm 146 and Psalm 122 respectively.

Music in the renewal

Music and singing take a position of prominence throughout the charismatic renewal movement with assemblies and prayer meetings integrating music into all phases of the

"... it is the music that brings the people together and lifts their minds and spirits to God. It is the music that sets the atmosphere for profound adoration and praise, for contrition and thanksgiving. It is the music that attracts people, invites their participation and brings them back for more."

community's praise and worship times. Although worship is accomplished through both song and instruction, it is the music that brings the people together and lifts their minds and spirits to God. It is the music that sets the atmosphere for profound adoration and praise, for contrition and thanksgiving. It is the music that attracts people, invites their participation and brings them back for more.

The singing during praise and worship usually follows the sequence of the early Israelites' ceremonial processions into the Tabernacle — Outer Court, Inner Court, Holy of Holies. Outer Court songs are gathering and joyful songs; Inner Court music emphasizes the glory and other attributes of God; while the Holy of Holies songs are the more intimate love songs to God quietly rejoicing in His presence and loving care.

We use music as a way to express not only praise, repentance and thanksgiving but also as a powerful weapon for spiritual warfare and calming troubled souls. Music helps us voice out our love, honor, loyalty, commitment and reverence for God.

next page pls.



Friday worship assembly, 17th Anniversary CDO

Readers Survey

What song brings you most quickly into the Lord's presence?

- Let the fire fall
- Lord Jesus, we enthrone You
- God is good
- Isaiah 60
- Here I am Lord
- Be exalted
- Alone in His presence
- Singing hallelujah
- Holy, O holy
- God alone
- God with us/Emmanuel

What song uplifts your spirit when you feel "down"?

- All hail King Jesus
- You are the Lord, my Healer
- In Your presence
- Yahweh, You are near
- God is my refuge
- Yahweh, the faithful One
- Rivers of joy - Don Moen
- Create in me
- Born into a battle
- You, O Lord, are all my delight
- Isaiah 43

Strong and faithful
My soul finds rest in God alone
Create in me

Many thanks to respondents Fuji Rodriguez, Puerto Princesa; C.J. Colayco, Paranaque; Manolet Siojo, Greenhills; Jess Sundiam, Rizal/Lucena; Max Joaquin, Rizal; Ronnie Caballero, Makati; Roy Calleja, Quezon City; Carlos Carballo, Alabang; Teddy Siapno, Dagupan; Fernando de Larrazabal, Makati; Ruben Aganon, Greenhills; Mar Clabal, Las Piñas; Danilo R. Balili, Paranaque, and Lito Pardo, Las Piñas.

There is no such thing as bad weather. All weather is good because it is God's. -St. Teresa of Avila



Sacred or secular?

What about the "sacred" vs. "secular" argument? The Sacred Congregation of Rites defines music as "sacred" insofar as it is composed for the celebration of divine worship and possesses integrity of form.

Two general norms are laid out. Firstly, sacred music raises the mind to heavenly realities through its splendor and harmonies. It achieves a closer union of hearts through the union of voices and makes the whole celebration a more striking symbol of the celebration to come in the heavenly Jerusalem. Secondly, sacred music does not depend so much on intricate or ornate style as it does on its ability to bring reverence, unity and a feeling of God's presence to the celebration.

Does this mean that only the traditional, conservative songs are permitted? Not at all. Our God is the Creator and we are made in His image. In scripture He often exhorts us to "sing a new song." So a certain amount of creativity is

expected of us in our praise and worship songs.

However, creativity is not another word for complete freedom. We must remember that music is a tool for worship. You cannot use a hammer to saw a piece of wood nor a saw to hammer a nail. Music has its purpose and if this purpose is to worship God, then it has to be used in the right way.

Calvin Johnsson, professor of music at Evangel College in Springfield, Miss. turn to page 15

What songs shall we sing?

First, let us take a look at the general term *Church Music*, a term that encompasses both liturgical and paraliturgical music.

For music to be admitted into a liturgical celebration like the Mass, the Liturgy of the Hours or any solemn sacramental rites, it must pass the "triple judgment" criteria. Firstly, it must be appropriate for the celebration, based on musical values, not style. Secondly, it must be evaluated by a competent liturgist as to its structural and textural requirements, including the parts to be participated in by the congregation, cantor, choir and instrumentalists. Thirdly, it must be judged to be pastorally acceptable for that particular group of worshipers, in a particular place, age and culture. Only after satisfying these three criteria can a musical selection be used in church liturgy.

On the other hand, music for paraliturgical services (like charismatic assemblies) retains great freedom, since these services do not reflect the entire Church but merely the particular group of worshipers present. A wider range of musical types may be heard as well as a more extensive range of instruments. Songs sung in char-

ismatic services tend to be congregational rather than performed with the worshipers joining enthusiastically in the choruses instead of listening to one or two singers or a choir "give a performance."



Top, Rizal Chapter in praise. Above, BCBP-CDO Music Ministry during assembly.

Contemporary models of worship

Source: Various articles by Robert Webber, Christian author and professor of theology at Wheaton College, DJ #72, 1992

Liturgical Worship

Liturgical worship has been defined by Thomas Howard as "the work of the people ... to offer themselves and their substance and their praises as an oblation (offering) to God, made acceptable by virtue of the One offering, namely the sacrifice of our Lord Jesus Christ." Liturgical worship is associated with the ancient Orthodox and Catholic church and among Protestants with the Lutherans and the Anglicans.

Liturgical worship consists of four acts of worship: entering into God's presence; hearing God speak through His Word; giving thanks for His death and resurrection through the Eucharistic Communion; and, being sent forth into the world.

Liturgical worship orders the spiritual experience of the worshiping community and rehearses the believer's relationship with God. This is a sacramental experience.

Traditional Protestant Worship

The forms that Protestant worship take vary significantly, however most concur that in worship a divine action occurs as God speaks and acts, and a human response is made as the people respond with song, prayer, and personal dedication. A prayer book is usually not used and the parts of the worship service are quite flexible.

Convergence Worship

Convergence worship is growing among those churches aware of what is happening in worship around the world. These churches draw from various kinds

of worship to enrich their own particular style of worship.

Worship is understood as telling and acting out the work of Christ in both the proclamation of Scripture and in the enactment of the drama of the death and resurrection of Christ in Communion. In these acts God is glorified and worshiped.

Convergence worship draws on the music and immediacy of the praise and worship tradition of the evangelicals (with great emphasis on music and singing) and on the communication arts of the creative approach to worship (using art, drama, storytelling and dance).

Catholic Worship

Like the picture of worship in Revelation 4 and 5, Catholics have a sense of beauty and majesty that is missing in many of the evangelical churches. They follow the biblical and historical tradition of worship that organizes the experience of the congregation around entering into the presence of God, hearing God speak, responding to God at the Table, and being sent forth by God into the world to serve and love the Lord.

Catholic worship is dialogic — a dialogue between the leader and the people. God speaks. The people respond. God acts. The people respond.

Catholics also have the rich heritage of music that goes back to the ancient Gregorian chants and includes the hymnody of the ancient and medieval churches. They are not only beautiful to sing, but they contain a rich and empowering content of praise, adoration, and thanksgiving.



Finally, Catholics have maintained the ancient commitment of the church to regular Communion.

Charismatic Worship

Charismatic worship invites the worshiper to experience God's presence. There is a desire for intimacy — both with God and with each other. Charismatics, like Catholics, believe in the supernatural presence in Christian worship.

Charismatics offer a way of experiencing the presence of God through both their choruses and the ministry of healing and other ministries of help. Songs, though short, contain words from Scripture set to hauntingly beautiful and expressive music and are sung to God, reciting His worth and glory. They are songs that give the people an opportunity to be personal and intimate with God.

Finally, the presence of God in worship leads the Charismatic worshiper to experience the healing presence of God in worship. There is healing of emotions, relationships, the healing of the spirit.

Gathering Songs

Isaiah 60
Sing to the Lord
Behold
Great and Wonderful
Psalm 100
Born into a Battle
God is Raising an Army
Build Your Throne
God With Us/Emmanuel
He Has Covered Himself
With Glory

Welcome and Greeting Songs

Sing to God a Brand
New Canticle
Blessing and Glory
Taste and See
Unto the House of the Lord
Hevenu Shalom
Welcome to the Family
Hiney Mah Tov
To Love You and To Make
You Loved
Come Let Us Go Up
Rise Up O Men of God

Praise and Thanksgiving

We Will Magnify
Be Exalted O God
Let Us Exalt His Name
Ascribe Greatness
Psalm 95
Praise the Lord, O My Soul
All My Days
Yours is the Greatness
Mighty King of Zion
Thanks Be To God



Illustration from
Charis Magazine

SACRED OR SECULAR... from page 13

souri, explains that "sacred" and "secular" describe our orientation to things rather than the things themselves. He believes that "sacred" and "secular" are not qualities of things; they are qualities of relationship orientation, that what the beholder or listener brings to the encounter determines its sacred or secular quality.

While Johnsson's position may be true in some cases, we, however, do need to exercise basic discernment in the selection of songs. If a song has lyrics that speak of God but its harmonies and beat accompanying the lyrics lead the listeners into frenzy and uproar rather than an appreciation of the qualities of God, then that song cannot claim to be Christian music. In the same way a heavenly melody with lyrics speaking of worldly love and sinful attitudes cannot be considered Christian music either.

How do we choose the right song?

Last year during the Music in Worship workshop conducted by the Word of Joy all BCBP chapters and outreaches represented listed down their favorite songs in several different categories, those songs that they had found effective in leading the assemblies into times of inspired praise and worship. The top ten songs in each category are given in the sidebars to this article. Due to space limitations the listings for liturgical songs and seasonal songs have not been included.

These lists can give you a sampling of the "right" songs for each category. It is the responsibility of the Music Ministry Leader and the Worship Leader to con-

next page pls.

Chance favors the prepared mind. -Victor Hugo

Reflective Songs for Worship

Thine O Lord
God is My Refuge
As the Deer
All Hail King Jesus/I Exalt Thee
Lord Jesus We Enthroned You
Glorify Thy Name
Singing Hallelujah
God Alone
Create In Me
Make My Heart Your
Dwelling Place

Response Songs

Yahweh You Are Near
Isaiah 43
We Belong To God
Psalm 73
Proclaim His Marvelous Deeds
God Will Make A Way
Yahweh the Faithful One
Strong and Faithful
You Are My Delight
For God So Loved the World

Closing Songs

Fight the Good Fight of Faith
God is Good
Trees of the Field
Therefore the Redeemed
Now Let Us Sing
Once No People
We Are Men of Jesus Christ
Lift High the Banners of Love
Happy is the Man
Father Make Us One

SACRED OR SECULAR... from page 15

stantly discern where the Spirit is leading the community and select songs appropriate to the leading. It is the Music Ministry that provides the spark to build the fire. The songs and the singing should encourage the community to exercise their spiritual gifts and allow the music to direct the hearts of the members to heavenly realities and the presence of God.

Who should serve as a music minister?

First and foremost a member of the music ministry must be someone who loves the Lord, who actively seeks Jesus — not service for Jesus, but Jesus Himself.

When the Jews were living as captives in Babylon, they lamented that they were unable to sing: "How shall we sing the Lord's song in a strange land?" (Psalm 137:1-4) They realized that away from Zion — out of the presence and dwelling place of God — there was no song. Nor can there be a spirited song coming forth in our lives when we are separated from the place God wants us to be. Without the Lord, our music is dry and dead; the well is dried up. He must be the source of life and inspiration for each member of the music ministry.

Other essential qualities of a music minister include enthusiasm, commitment, willingness to learn, willingness to be in obedience to the team head and supportive to the ministry members, time for practice, and right motivation for joining the team.

Take note that it is not essential to have beautiful or highly trained talent in either voice or instrument to serve in the music/worship ministry. These can be developed if one is on fire with love for the Lord and has the other essential qualities mentioned.

However, we must remember that God always wants us to be the best we can be and to sing the best we can. As members of the music ministry, "complacency" should not be in our vocabulary, neither should "mediocrity". Let us not settle for music that is "okay lang." Let us adopt the highest standards in serving the Lord in the music ministry, with our songs and our praises, because He deserves it.

next page pls.



Anointed Songs

Shine Jesus Shine
Be Exalted O God
Let the Fire Fall
We Will Magnify
Once No People
Lord Jesus We Enthroned You
Here I Am Lord
Thine O Lord
Create in Me
Ascribe Greatness
Come Holy Spirit
Fight the Good Fight of Faith
Enter In
Isaiah 60
As the Deer
Psalm 95
God With Us/Emmanuel
I Love You Lord
Let Us Exalt His Name
Isaiah 43



SACRED OR SECULAR... from page 17

Sing a new song

Time and again throughout the psalms we are instructed to "sing a new song" to the Lord. And yet in many assemblies or BCBP gatherings the same songs are sung over and over. When a new song is introduced, we hear grumbles "Why learn a new song? What was wrong with the old songs?" "Ang hirap!"

Admittedly there are some songs that are "anoointed" — those songs that never fail to bring us into God's presence in a deeper way. But there are also many new songs that will put us in touch with God if we will let them.

The same sun rises and sets every day but the sunrise and sunset are always different in brilliance, colors and "effects". Even as our God creates a new day every day, we should learn to appreciate new songs as products of His creation and as new avenues for Him to use to touch our hearts.

Sing from the heart

One of Mama Mary's Medjugorje messages is that we must pray from the heart. I believe this is doubly true for our songs — we must sing from the heart. What we sing perhaps does not matter as much as how we sing. Method, style, presentation, song selection, number of instrumentalists and 'singers' on the team — all these become purely mechanical if the Spirit is missing, if our songs become performances rather than praise and worship bubbling out of the well-springs of love in our hearts.

As we strive to follow Jesus in our daily journey toward heaven, our burdens will be lightened if we put a song in our hearts and share this music with those we meet along the way. #

Through the ages: *a short history of religious music*

In the Old Testament we can see early prophets chanting and singing their prophecies and praise and laments to God and the people. David soothed the spirit of King Solomon with songs to the accompaniment of harp, lyre and perhaps even the flute.

In the first centuries of the fledgling Church, Palestine served as the melting pot for sacred music. Research has shown that Oriental, Byzantine and Roman liturgical music trace their origins to Palestine and the Temple of Jerusalem. But in the year 70 A.D. the Temple was destroyed by the Romans and the instruments employed by ancient Hebrew music — percussion, wind and string — were lost. The human voice then became the only permitted vehicle for sacred music.

It was only in the mid-300's A.D. that antiphonic psalmody, the singing of hymns with congregational responses and the use of the organ were introduced. From this time to the 9th century we see the acceptance of the monophonic chant, later known as the Gregorian chant named after Pope St. Gregory the Great. Since the idea of the chant was to put words into song, the rhythm of the hymns depended more on the rhythm of the words than that of the melody.

In the 9th century came the advent of polyphony where the melody takes precedence over the lyrics of the song. From that time on religious music grew in harmonic composition,

counterpoint and beauty. Many popular composers — Palestrina, Bach, Handel, Haydn, Mozart and others — gave us oratorios, sung Masses, motets, religious sonatas and cantatas.

Notable among these are Handel's *Messiah*, Mozart's *Mass of the Coronation*, and Palestrina's *Mass of Pope Marcellus (Papae Marcelli)*.

At the end of the 18th and in the 19th centuries, liturgical music began to decline as profane elements crept in corrupting the sacredness of the music.

This trend continues into this century with Christian rock music and the use of a wide range of "sounds" and instruments in interpreting man's soul-longings for God. Whether these latest developments can be considered as religious music in the tradition of the Church is even now the subject of controversy among Church liturgists and scholars.

Source: Documentation Service: *Sacred Music*, Volume V, Number 6, June 1992.



The role of the CHARISMATIC RENEWAL

Bishop Teodoro C. Bacani, Jr., D.D.

What is the role of the charismatic renewal in the Church today?

First of all we need to understand what we mean by Church. Vatican II changed the common vision of the Church prior to the ecumenical Church as a hierarchical pyramid-structured society, called the "They" Church, to a Church deeply rooted in the immediacy of God. The Church is now seen as a Mystery of Communion — union with the Lord begetting unity with one another in the Lord — and as a Mystery of Mission — the sacrament of universal salvation, exercising and manifesting God's love for all men.

This visible mystery of communion and mission that the Church is, is realized on all levels of the Church: the family, the small Christian community, the parish, the diocese. And the universal Church is the world-wide community of dioceses and similar structures under the leadership of the Pope together with the college of bishops.

At all levels the basic reality is the same: 1) union with Christ, and through Him with the Father in the Holy Spirit; 2) union with one another in the Lord; 3) outreach towards the others. At each level the Church is a circle, not a pyramid, but an open circle. At each level everybody is evangelized, and everybody is evangelizing. No one is giver or receiver only. Every teacher needs to be taught and to learn, every sanctifier needs to be sanctified by others, and every leader needs to be led. We are talking here of a fully participative Christian community.

At the opening of Vatican II, Pope John XXIII already stated: "Confronted by the under-developed countries, the Church presents herself as she is and wants to be: the Church of all men, and in particular the Church of the poor." This view was boldly upheld by the Second Plenary Council of the Philippines, PCP II, when it declared the Catholic Church in the Philippines to be a "Church of the Poor", "a Church where no one is so poor as to have nothing to give, and no one is so rich as to have nothing to receive" (PCP-II, Message of the Council).

Characteristics of the early Church

Three things were in great evidence in the early Church. The first was the abundance of charism. The early Church lived in the consolation of the Holy Spirit (Acts 9:31).



Bishop Bacani in this article gleaned from chapters 4 and 5 of his book *Creating a Future: Evangelization Towards The Third Millennium* (Gift of God Publications, Manila, 1993) sets the charismatic renewal movement firmly on the path of evangelization in light of biblical teachings, Vatican II and the directions given in PCP II. He sees the charismatics' role as that of keeping alive a sense that God is real, present and active in the Church and in the world today. As he clearly defines the role of the charismatic organization, like the BCBP, we ask ourselves how well is the BCBP as an organization (and each one of us personally) fulfilling these roles that Bishop Bacani describes.

The second was the reality of community. We read of the first disciples in Acts 2:42-47, of the bonds they forged with each other, of the many miracles and signs, of their worship and prayer life, of their life together in community.

The third was the special solicitude for the poor. Goods were sold and distributed to those who were in need, with the result that no one was in need. There was a special solicitude for the poor, and a concern to protect them from creeping marginalization (1 Cor. 11 and James 2).

What is the role of the Catholic Charismatic Renewal?

What, then, is the role of the charismatic renewal in this Church so envisioned — a Church which is a community of believers patterned after the Trinity and a Church of the poor?

Its role is to insert the Pentecostal element into the life of the Church so that the newness, the abundance and the power of the Spirit may truly make the Church a real community of believers after the image of the Trinity, and a Church of the poor.

I can see the charismatic renewal contributing to the renewal of the local Church, first of all. It is necessary to say this: the charismatic renewal must not result in the creation of "churches" parallel or isolated from the local Church — the diocese, the parish. It is not bad to be distinct, to be somehow

next page pls.

BACANI... from page 19

different from the rest. But the unity and solidarity of the Christian community must not be made to suffer. It is easy to fall into the temptation of Pharisaism — “Lord, I thank you that I am not like the rest of men” (cf. Lk. 18:11). But when we separate ourselves from the rest of the Church we cannot be agents of Church renewal, and we shall cease to be renewed ourselves.

True charismatic renewal will bring people closer to the Church, and will renew the Church, but will not isolate people from the Church. When the members of a renewal group become more loyal to their leaders or to their groups than to the local Church, they cease to be useful to the renewal and to the Church. They become sects.

Keeping alive the sense of God

Within the local Church, what is the role of the charismatic renewal? I think its role is first of all to keep alive within the Christian community a sense that God is real, and that what matters most is to enter into relationship with the Father and with Christ in the Holy Spirit. One of the strongest points of the renewal is precisely the sense that God is alive, present and active in all the aspects and moments of our lives, and that he lives in the Church and in the world, inviting us to respond to his love. We must preserve in ourselves and spread to others this sense, and thus give brilliant witness to our faith.

We need to remain in grateful awareness of the gifts of the Lord which come to us with the outpouring of his Spirit through the sacraments and when we were prayed over to receive him, and we need to communicate to others this grateful awareness of God's gifts.

We also can and must model for others Christian community life with its charism and ministries, its caring and sharing, and its centeredness in the Word of God and the Eucharist. It is the strong spirit of Christian fellowship which, in fact, draws many to charismatic prayer groups or communities. And when such fellowship is sought and not found in Catholic groups, some Catholics join non-Catholic groups which bring them this sense of fellowship.

Renewal of prayer life and the sharing of gifts

Another role of the charismatic renewal is the renewal of the prayer life and Eucharistic celebration of the Christian community. It is no secret that the members of the renewal, sensing the immediacy of God, often pray in praise and adoration, in thanksgiving and intercession for small and big concerns of individuals and of the Church and society. In the renewal, spontaneous prayer is commonplace. It is no secret either that the celebration of the Eucharist during gatherings of the renewal has a special vibrancy and spontaneity that comes not only from the music but from the faith of the participants.

The renewal has already taught many other Christians liberality in sharing their treasures, talents and time. Members of

the renewal have been very generous in giving to their communities and to charitable causes, and are none the worse for it. They discover from experience that it is more blessed to give than to receive (Acts 20:35), and that he who sows abundantly will reap abundantly (2 Cor. 9:6). I do hope, however, that the members of the renewal will be taught and exhorted not only to give to their prayer groups and communities but to their parishes and dioceses as well.

Showing the way

And finally, the charismatic renewal should show the way or at least exemplify genuine preferential option for the poor. In the Philippines today, the charismatic renewal projects to a large extent the appearance of material prosperity. I believe that the Spirit wishes to be poured out in abundance also on those who are poor and are the victims of man-made evils or natural calamities in our society.

"True renewal brings people closer to the Church; it does not create isolated groupings."

Questions we need to ask ourselves

As we reflect on the experience of the charismatic renewal in this country, several questions come to mind that I feel should be addressed. We need to ask ourselves whether we in the Renewal sufficiently emphasize to our people the necessity of our involvement in the task of creating a better Philippines with the help of God's grace.

Is our teaching such as to emphasize the need for greater diligence and care to increase our productivity, and the need for an appreciation of the demands of justice and the common good in order to promote a more equitable sharing in the goods of this earth?

Does our membership in the Renewal lead to greater efficiency, honesty and charity in our work? Or do our activities in the Renewal manifest a tendency towards escapism from our temporal responsibilities?

One of the inescapable questions that we in the Renewal must face is how and to what degree we should seek to influence the political processes in our land and their results, since we find that so much of what is contrary to God's will is due to evils connected with the present political set-up, attitudes and practices. To what extent can groups in the Charismatic Renewal form a common stand on political and economic questions? Remember, we are dealing here not with the involvement of the hierarchy in partisan politics, but with the activity of lay people and groups in economic and political (and sometimes partisan) activities.

We must join the Church's mission

We now come to the last main idea of the Second Plenary Council: the participation of each member of the Church in her evangelizing mission. In fact this means the recognition of the right and duty of the laity to participate in the Church's life

pls. turn to page 24

Want a mind-body exercise that doesn't even require getting off the couch? Laugh!

A Good Housekeeping article (January 1996) cites research data showing that 100 to 200 deep laughs can benefit your body as much as ten minutes of rowing. "The muscles all over the body participate," explains William Fry, M.D., a Stanford University Medical School professor of psychiatry whose studies have tracked laughter's effects on pulse rates, oxygen levels, and blood pressure. Laughter, says Dr. Fry, gets your blood circulating, gives your heart a workout, supplies your lungs with oxygen, stimulates your brain, activates your immune system, and suppresses stress hormones.

You don't need an expert to tell you how good it feels to laugh; but with a busy life and everyday stresses, sometimes we have to be reminded to lighten up a bit, sit back and enjoy a laughing spell. Smiling, chuckling or giggling won't do. What is being called for here is a great, big, long "belly laugh"!

The article lists these six ways to have yourself a good laugh:

1. Keep an active joy list

C.W. Metcalf, who has written a book on the benefits of laughter, says every night his mother used to jot down the things her kids had done during the day that made her laugh. "Try it," Metcalf advises, "and you'll quickly forget the ninety-nine other things that drove you nuts that day."

2. Make photo funnies

Take pictures of your friends and you making funny faces. Keep the photos in your purse and pull them out during stressful times.

3. Watch funny videos

Clinical assistant professor of psychiatry, Ashok Khushalani, M.D., often prescribes two videos a day for patients who suffer from chronic pain or illness. He recommends *Candid Camera* and Laurel and Hardy tapes.

LAUGH your way to



GOOD HEALTH

4. Give yourself an internal humor ally

Who is your favorite comedian — Dolphy, Jerry Lewis, Roseanne? When you feel a tense moment coming on, imagine how he or she would react. Look at the situation from their viewpoint.

5. Create a laughing place

Cut out your favorite cartoons and tack them to your bulletin board or refrigerator. Tape them to the bottom of your desk calendar where they'll catch your eye. Also keep your favorite cartoon books handy for a "cartoon break" instead of a caffeine break.

6. Try ballooning

To take the edge off a bad situation (say, waiting in an interminably long checkout line at the supermarket), exaggerate the scene in your mind, blowing it completely out of proportion into absurdity. Picture the woman in front of you cloaked in cobwebs, the man in front of her growing a beard, the cashier as part snail — now the wait's not so bad, right?

Of course, this is not to say that we should never take things seriously. But wouldn't we all be happier and less stressed out if we did take time out to laugh and enjoy laughing?

Without work it is impossible to have fun. -St. Thomas Aquinas

Ten exercises

for you and your children to grow on

Instead of watching television or engaging in computer games, why not try some of these activities as a family, together with your children. They can provide you an opportunity for some fun, laughter and family bonding while growing together in the knowledge and praise of God.

1. Draw five things you can thank God for today.

2. When you are feeling sad about something, write a "psalm" telling God about how you feel.

3. Choose one of Jesus' parables, such as the houses built on rock and sand, and draw pictures to illustrate it. Let the younger members of the family take turns telling stories about the pictures.

4. Choose a Bible character and write down what you would say if you were that person writing in a journal. Or pretend that you are being interviewed about what happened. For example, you are David and are being interviewed after slaying Goliath. Let your children be the interviewers and try to answer their questions.

5. After reading 1 Cor. 13:4-7, write sentences that show what the different parts of love would mean for you. For example,

Patient: "If I love my little brother, I will not yell at him because he is slower than me. I'll try to help him."

Kind: "If I love Nathan, I will not make fun of him like the other kids do. I will play with him at recess."

Or, tell what your day would be like if you really loved everyone you met. How would you treat your parents? your brothers and sisters? the chil-

dren at school? your teacher? What kinds of things would you say to people? What wouldn't you say?

6. Dramatize a favorite Bible story. Be sure that everyone in the family has a part.

7. Read together either John 15:1-8 or John 10:1-15. What does it tell you about your relationship with Jesus? If you have this kind of relationship with Jesus, how would this affect your relationship with your children? with your parents? with your friends? This would be a good time to discuss about how to build good family relationships.

8. Draw a picture of you and God alone together in a room. What does it tell you about how you think of God? Are you close or far apart? Are you talking? What might He be saying to you? Is He smiling or frowning? Why?

9. Think of a really "cool" way to thank God for giving you life and blessings. Sit in a family circle and let each one thank God in his/her own way.

10. Cut out pictures from a magazine and paste them together on a sheet of Manila paper to make a crazy-cut mosaic picture of some of the many ways that Jesus loves us. Include in the mosaic some photos of each member of the family to show that Jesus loves us through our family.



Annie Salvador
Makati, Chapter

Multiple Blessedness

Our business takes us places. I normally travel with Nelson, and on occasion, I go alone. It happens that twice in the last twelve months, I was so blessed — I went to Rotterdam, in Holland last October, and to the States this April. Because I went alone, these trips attained a special deeper significance for me. They say, "Malungkot bumiyahé nang mag-isa." But that's if one is always alone to start with. When one is seemingly never alone, it then becomes such a novelty, such a thrill to be by oneself. There is no loneliness in this type of solitude.

Lest I get too serious too soon, I must stress that the trips were

Annie welcomes a "vacation leave" from her fantastic five but admits she carries an emergency homesick kit.

immensely enjoyable. What bliss to spend a couple of weeks with no daily mounds of laundry to deal with, no bagloads of baon to pack before leaving the hotel, no fights and arguments to referee, no chasing after little people who refuse to wake in the morning and again refuse to sleep at night and -- most precious of all -- absolutely

no noise to tune out. And all this in an exciting foreign city.

So even if the trips were work related, I fondly call them my "vacation leaves," because they are. As I left the children with Nelson (for their own kind of bonding experiences), I engaged in personal, even selfish activities. I rested when I was tired. I ate what, where and when I wanted. I made decisions without need for a referendum beforehand.

Also, I entered into periods of personal introspection and reflection about my life. As much as they were vacations, these journeys were personal retreats. What precious gifts,
next page pls.

Never cackle till your egg is laid. -Anon.

MULTIPLE... from page 23

these times of communing with my innermost thoughts, my heart and my God. One misty Saturday morning I trekked to the Rotterdam Zoo, planning to take animal pictures to show the children. It started raining and I took shelter in a bahay kubo-like gazebo in the center of a swan lake. It was a perfect moment to say a prayer:

*Alone in Blijdorp Zoo, and yet I'm
very happy because I know that You are with me:
all around me in the splendor of this nature,
in the animals that show me Your creative power,
in the silence, in the very air I breathe,
and because I know that You have given me
Ton and my children to love.
Even when I'm not with them,
they will always be mine,
and so I am never really alone.
I always have You and those I love
anywhere in the world
I — or they — may be.*

This is the whole point of my discourse on trips abroad and vacations and retreats. It is so true this man and these children have really become part of me. My relationship with Nelson is the subject of another article — a series of books! — altogether. I just want to concentrate here on this parenthood thing, which can really sink to the flesh and bones of us.

At the very moment that God decided these boys and girls would be mine, they've become me. From then till eternity, I am their mother. I will always carry them in my heart. My reflexes have been re-programmed, now attuned to their voices, their needs, their cries. Even in my sleep, my dreams are peppered with tangled hair and smelly socks, half-eaten sandwiches and whining voices. (To be fair, they are also sweetened by toothless smiles and tight bearhugs, silly games and loving glances.) There's no escape!

Being parent to someone is vastly different from all my other relationships, even from that of being spouse to someone. True, my husband is also God's gift to me — but the fact that we are married to each other is also largely because we choose to. With my children, there is no more choosing them for myself. It is purely and totally by God's appointment that Nico, Tono, Anton, Marga and Mia are my offspring. Couples can separate, marriages can be annulled. But how can one sever the ties of parenthood?

Some time ago, a friend and I were talking about the ups and downs of our lives — women's woes and wows, as I like to call them. In our wish lists, we both had personal vacations as priority. Well, I'm happy to say that I do get mine, and they are magically recharging experiences enabling me to miss my family, to truly appreciate them and to come home fully ready to love and serve them again.

And oh, I failed to mention that before each trip, I compile a small album of photos in an emergency homesick kit — just in case going solo freaks me out. #

MUSICAL BIBLE quiz

1. Which book of the Bible has directions for musical instruments?
2. Who is the king who also wrote psalms, poetry and danced in the streets?
3. Who is the king who assigned 4000 to praise the Lord with musical instruments he provided for the purpose?
4. What musical instrument was used by the 24 elders in Revelation to sing a new song to the Lamb?
5. Who was the father of all who played the harp and flute?

Answers to Musical Bible Quiz: 1. Psalms; 2. David (1 Sam. 6:14-16); 3. David (1 Chron. 23:5); 4. Harp (Rev. 5:8); 5. Jubal (Gen. 4:21)

BACANI... from page 20

and mission, for there has never been doubt as to the participation of the clergy and the religious in this mission.

This is an area, where, thank God, the members of the Renewal have been showing the way to other members of the Church. We in the Renewal have received a lively sense of the actuality of charisms, and we have exercised God's gifts even if often we have felt more neglected or merely tolerated than supported by the Church's pastors. On the other hand, we must make sure that we do not remain isolated groups or parallel Churches in our own parishes or in the Archdiocese.

We have to admit, though, that while many in the Renewal have exercised boldly and wisely their charisms, some groups have become like spiritual clubs that have shown very little outreach, or like enclaves of the spiritual elite who have very little to do with those outside the Renewal. The result is the weakening of these groups, because a Church group that has no missionary dimension is a sick group, or can even degenerate into a sect.

Now is the opportune time for the members of the Renewal to infect with their zeal and spirituality other people and Church groups, with the end in view of promoting the total mobilization of all our lay faithful in the evangelizing mission of the Church. #



Estela Liwanag
Quezon City

Budgeting money for the household is, I think, the most complicated and demanding work a wife does for her family. In my experience, being married for 24 years and always in charge of this task, I found it really taxing for the mind, also for the body as you go around to find the best buys for the family not only for food but also for clothes and education and entertainment plus the other extras like appliances and travels. Surprisingly for me I survived it all. I would like to share how I did it.

Tips for living on a

TIGHT BUDGET

Firstly I have a husband who is as concerned and helpful as he can be especially in the thinking department.

My husband JR and I got married very young. I had just finished college and he had just landed a job. Our first baby came very soon and the little that we saved after the simple wedding we had was spent for the treatment and rehabilitation of our baby daughter.

JR required me to list down the expenses of the house including the maid's pay, then we sat down together on how to make both ends meet. He gave me a fixed amount every payday. When he had overtime and sidelines that was the only time I received some extra money for my purse.

Soon after I gave birth to our second child I was able to convince JR that with the two children to feed and work available for me at the UST Private Hospital, I could go on duty after the children were finished with their baths and the other morning household routines were done. It was an experience for me to be earning on my own for our growing family. Still we sat down on how to spend the extra money, deciding to put it in the bank for future use.

Then our third child came and we had to help each other even more. The fixed budget was still there. What we did was that JR bought an envelope with pockets for budgeted expenses like light, water, medicine, groceries, marketing, etc. I followed this system for many years until I had to stop working because there was no one to leave the children with, especially our daughter Emem. It was a joint effort that followed as I would ask JR to go to the grocery. Most of the time he bought out of the budgeted amount. When he exceeded the budget I could not complain since he was the one working and he wanted what is better if not the very best for his family.

I even had a notebook where I tried to jot down everything bought and paid and my husband would check it periodically. But later on when the children became bigger and the

higher education expenses increased, I stopped keeping the notebook because I was having headaches when I could not balance my accounting.

It was these trying times that JR would give me his support in terms of teaching me practical ways to save on food and anything that would help me with my work.

I totally abandoned the idea of listing down when we went to Dagupan because my budget was incorporated with that of our workers. But we did not splurge on things we did not need! On the contrary we became more conscious of budgeting since we were then living with a business to run. We knew we had to flourish or else we would end up with having nothing.

We concentrated on food — the biggest portion of our budget always goes to food since I believe eating the right kind of food will make my family healthy and strong and keep them out of the hospital. Second was education because JR and I know that this is the best gift you can give your children. Then comes the household help whose salaries should be on time since they are the ones working in the house for us. The fixed obligations like light are always paid for. Insurances are paid every three months and I save up for these quarterly premiums.

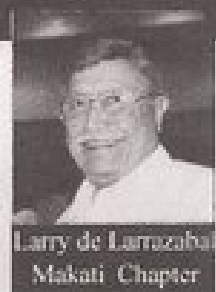
Our family is a simple one so our needs are also simple. That maybe is the reason why even with a limited budget we are able to satisfy ourselves and look and feel happy. We were able to put our children through school and see them graduate.

The good thing that is happening to us now is that we can help more our less fortunate brothers because we have finished sending our children to school. Even our children are following in our footsteps knowing the worth of hard earned money.

God truly provides for our needs. We just need to keep our needs simple and our available funds properly budgeted and spent. We do our part and He does His. #

In the crisis of life, our words show where our souls have been feeding. -A.S. Fossdick

MARTYRDOM TODAY



"For the name of the Lord, I am prepared not only for imprisonment, but for death." Acts 21:13

In the early days of the Church, many of her members were persecuted and killed, martyred for their faith in Christ. Today, we also have people who lay down their lives for truth, justice and peace, which are some of the basic elements Jesus died for. As good Christians, we should be ready to defend those rights, even if we have to shed blood to do so. As good Catholics, we should also be ready to defend our faith, no matter what the cost. The call to protect and defend our faith also requires the practice of what Jesus preached and exemplified.

To put into practice what our faith teaches may be a lot harder than the shedding of blood. Jesus taught basically two commandments — to love God and to love neighbor. Many are those who would go to no end to love God, but to love neighbor is something else.

Could you love and forgive your business partner who has deceived and stolen from your company? Would you love the man who raped your daughter, or the drunken driver who killed your wife? Would you be willing to forgive your spouse's indiscretion? Dying for your faith may be easier than living it.

Jesus on the cross called on his Father to forgive his enemies who were torturing and would eventually kill him. He forgave the repentant thief who throughout his life led a life of crime. This should give us a clear indication of what we should do if we wish to lead the life of Jesus. In all probability you will not be asked to shed blood for your faith, but certainly you are asked to forgive your enemies, to forget a wrong done to you, to love those who are not of your faith. This is truly living the life of Jesus.

Prayer

Dear Jesus, following your footsteps is not easy, in fact, it is difficult. But certainly no more difficult than when you forgave those who tortured and made fun of you. You died that we may all have life. You gave us an example of how it is to love and forgive. Dear Lord, give me the grace, the strength and the willingness to love and follow you, and love my neighbors, regardless who they are. Amen.

THE LARGER PRAYER

AT FIRST I PRAYED FOR LIGHT:
COULD I BUT SEE THE WAY,
HOW GLADLY, SWIFTLY WOULD I WALK
TO EVERLASTING DAY!

AND NEXT I PRAYED FOR STRENGTH:
THAT I MIGHT TREAD THE ROAD
WITH FIRM, UNFALTERING FEET, AND
WIN
THE HEAVEN'S SERENE ABODE.

AND THEN I ASKED FOR FAITH:
COULD I BUT TRUST MY GOD,

I'D LIVE ENFOLDED IN HIS PEACE,
THOUGH FOES WERE ALL ABROAD.

BUT NOW I PRAY FOR LOVE:
DEEP LOVE TO GOD AND MAN,
A LIVING LOVE THAT WILL NOT FAIL,
HOWEVER DARK HIS PLAN.

AND LIGHT AND STRENGTH AND FAITH
ARE OPENING EVERYWHERE;
GOD ONLY WAITED FOR ME, TILL
I PRAYED THE LARGER PRAYER.

EDNA D. CHENEY



Did you know that 16 out of 38 of Christ's parables deal with money...? That more is said in the N.T. about money than Heaven and hell combined...? That 5 times more is said about money than prayer...? That there are only 500 plus verses on both prayer and faith but over 2,000 verses dealing with money and possessions...?

Over and over again, God and Jesus Christ emphasize that we as Christians need to have the correct attitude toward money and possessions. Reflect on the following verses and examine your attitude. Which column more accurately reflects your present attitude? What can you do to improve your attitude in this area?

Our Attitude Toward Money

THE WORLD'S ATTITUDE	WHAT GOD SAYS	THE CHRISTIAN STEWARD'S ATTITUDE
This is Mine.	Psalm 24:1	It all is His.
I will use any means to get more money.	Deut. 8:11-17	Money is only one means to reach the end goal — heaven.
Money is my priority and the love of my life.	1 Tim. 6:10	God is my priority. I love God first and foremost.
I use my money for what I want.	1 Pet. 4:10	I use the money I have for what God wants.
I work hard to accumulate money and its interest for myself.	Matt. 25:14-30	I use money in such a way as to return it to God with interest.
I love to display my wealth for other people to envy.	Luke 6:38	I share generously what I have with others who need it.
I always need more and more money to satisfy my needs.	Phil. 4:19	I trust God to supply all my needs.
I have so many things I want that I am never contented with what I have. I am always greedy for more.	Heb. 13:5-6	I am content with what I have, with what God has given me.
I am usually anxious over my business affairs and whether my money is making profit or losses.	Luke 12:22-31	I can sleep well and peacefully at night knowing that God is in control of my economic situation.
I have to hoard and hide my money so that thieves will not be able to steal it. Why should I give to the Church (or God) what is rightfully mine? I earned it, they didn't!	Mal. 3:10; Prov. 3:9-10	I tithe regularly as an act of worship, as a way to build my faith through claiming God's promises.
Money in the bank and invested in my jewelry, land, cars and antiques is my best security.	Psalm 37:3	God is my security.
Having enough money and resources will insure my children of a good future.	Prov. 14:26; Prov. 22:4	I believe it is more important to love and care for my children and train them in the ways of God, teaching them to have faith and trust in Him, than to pamper them and give them everything they ask for.
The more money I have, the more power I have.	Sirach 5:1-3	My strength and power comes from the Lord Who made heaven and earth.

Silence is a gift of God, to let us speak more intimately with God. -St. Vincent Pallotti



This first in a series of articles on the Partners in Mission of Christ the King (PIM) tells us how the PIM came into being and a bit about the common culture that we share. At left is the official logo of the PIM.

Partners in Mission: its beginnings

We can trace the Partners in Mission beginnings to Ang Ligaya ng Panginoon Covenant Community as well as to the community movement and Charismatic Renewal from which it sprang. The Charismatic Renewal has touched the lives of countless Catholics throughout the world. With the renewal has come a move toward committed relationships and the formation of community structures.

Among many of the earliest and strongest of these is the Ang Ligaya ng Panginoon, established in 1975 by members of a Charismatic prayer group meeting at Assumption College in Makati. A prophecy received by the community in its earliest days was to foretell its work in the years to come: "I want you to know that you will proclaim my name not only in Manila, not only in Pasay, not only in the cities, not only in the Philippines but all throughout Asia."

In order to bring the Gospel message to other sectors of society and out of a desire to share its community spirituality with more and more people Ang Ligaya ng Panginoon established several renewal ministries and evangelistic movements. These movements have also been the field of recruitment for many of the current membership of Ligaya.

The organizations established by Ligaya and that now make up the Partners in Mission are: The Word of Joy Foundation, WOJ; The Brotherhood of Christian Businessmen and Professionals, BCBP; Christ's Youth in Action, CYA; Ang Linkod ng Panginoon, ALNP; Tahanan ng Panginoon, TNP; The Institute for Pastoral Development, IPD; Women for Christ, WFC; and FAMILIA.

Because of our common spiritual heritage there is much we hold in common with the other organizations that make up the PIM. We have a common origin and much common formation. We have many elements of common spirituality. We hold a common vision for evangelization and committed relationships in community.

The current configuration of the Partners in Mission is one in which there is governmental autonomy on the part of each group yet a fraternal unity expressed in common goals, purposes and projects. One of our main tools in maintaining our fraternal unity is the PIM Council. The Council is made up of the heads of each of the member groups and one of the overall leaders of Ang Ligaya ng Panginoon.

Among the responsibilities of the Council are promoting the common vision and mission we share, working to deepen and maintain good fraternal relationships between the member groups of the partnership, developing and helping to maintain alliances between various member groups for common mission and projects we undertake, and encouraging and facilitating the sharing of resources and assistance between groups.

We are all members of a work of God that is far bigger than our movement or our Partnership. As we are faithful to what God has given us we will continue to make our contribution fruitful in the building up of the Church and the transformation of the world in which we live. We have many brothers and sisters linked with us in this work. Together we can go forth in service to our God and the human race which so desperately needs to know Him and His saving power.

PIM organized in Pampanga

For so many years now, the Lord has been gathering men and women of Pampanga through the different Catholic communities and calling them to be firm in their commitment to follow Him. In response and armed with zeal and the desire to be of service to the Archdiocese, the Partners in Mission of Christ the King - Pampanga organized its first-ever Partners in Mission Gathering on June 22, 1997 at the Maharlika Hall of Plow and Harrow in Angeles City.

In Pampanga, there are presently four (4) member organizations in the partnership, namely; Brotherhood of Christian Businessmen and Professionals (BCBP), Family Life Apostolate in the Spirit of "Familiaris Consortio" (FAMILIA), Christ's Youth in Action (CYA) and Ang Linkod ng Panginoon (LINGKOD). Each PIM member-organization is tasked to pursue the PIM vision and mission through and in the particular milieu or sector it seeks to serve.

Attended by nearly 500 members of all PIM groups present, the opening event was a Holy Mass celebrated by the Archbishop of Pampanga, Most Reverend Paciano B. Aniceto, D.D. who encouraged all PIM to unite as Christ's witnesses through the Catholic Church. A highlight of the affair was the "Renewal of Commitment" of the Partners in Mission of Christ the King to the church. After presenting to the Archbishop the pledge of commitment, the individual community leaders- Tirso Dayrit of BCBP, Omin del Castillo of FAMILIA, Noel Sotiangco of CYA and Edwin Cano of Linkod - were asked together with their respective members to renew their pledge to be disciples of the Lord Jesus Christ, to serve Him through the witness of their individual and corporate lives and to serve the mission of the church through their active involvement in the social apostolate, especially in evangelization. With open hands, the Archbishop accepted their pledge of commitment to the church of Pampanga and gave them his blessings.

POSITION PAPER ON POPULATION CONTROL

Here is the official stand of the BCBP on Population Control. The BCBP National Secretariat has sent this position paper to all senators and congressmen and enjoins all BCBP members to join in this worthy crusade by speaking out boldly on this important issue.

We, the National Council of the Brotherhood of Christian Businessmen and Professionals, aware of our duty as disciples of Jesus Christ and members of the Catholic Church, where the Christian Family serves as the first sanctuary of life, mandated by God and through the intercession of the Gospel and faith in the authority of the Church,

HEREBY RESOLVE AND COMMIT OURSELVES:

1. To proclaim and defend the principles and teachings expounded by the Church's warning, against the evils of population control, sterilization and artificial contraception, as contained in the decrees of the Second Plenary Council of the Philippines;
2. To strongly advocate the acceptance by our Philippine National and Local leaders, the Catholic Church's position against the



- population control programs of contraception, sterilization and abortion;
3. To campaign for the cause that the Philippine national and local governments terminate the use of public funds, resources and personnel for population control, direct sterilization and artificial contraception;
 4. To undertake the active promotion of the natural means of responsible parenthood by mobilizing our members throughout the country;
 5. To convince our legislators to examine the legislative bases

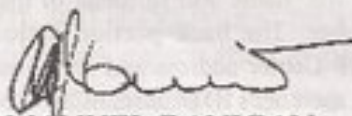
of the major policies and programs formulated by the Executive Branch of the government on population control including the use of population control funds, and to pass laws that will promulgate the pro-life and pro-family provision of the Philippine Constitution;

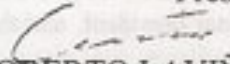
6. To initiate and cooperate with the Catholic lay movements and organizations at the national, diocesan and parish level, in campaigns against these unjust and immoral programs on population control, sterilization and artificial contraception.


Now, THEREFORE, recognizing God's authority over life and in obedience to the decrees of the Catholic Church, we the undersigned, comprising the National Council of the Brotherhood of Christian Businessmen and Professionals adopt and affirm this resolution this 24th day of March, 1997 at Makati City, Metro Manila, Philippines.

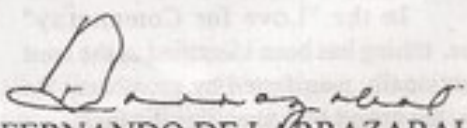

LUIS MORALES
 Member

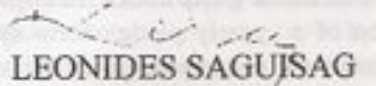

ROLANDO ONA
 Member


MANUEL BANIGAN
 President


ROBERTO LAVIÑA
 Member


ROLANDO ABERION
 Member


FERNANDO DE LARRAZABAL
 Member


LEONIDES SAGUISAG
 Member

Most people are willing to change, not because they see the light, but because they feel the heat.

NC launches info drive on BCBP core values; issues national ID

Starting this August, the National Council launches a campaign to inform all members of the BCBP Core Values in connection with the "One BCBP, One Culture" thrust of the Brotherhood. In connection with this, the Council will also issue a national identification card, beginning with Vismin areas on August 16 during the Vismin conference.

As a result of a series of consultations with the chapters/outreaches nationwide, and a day-long workshop conference, the National Council drew up the BCBP Core Values in consonance with the "One BCBP One Culture" thrust of the Brotherhood. The workshop was facilitated by Manolet Siojo, Greenhills Chapter Head.

The Council has formulated the following as the core values of the Brotherhood: "Love for God, Love for Community, and Commitment to the Lord's Work." They also identified the indicators that should draw the behavioral patterns of the members under each core value. The Council also determined the present degree of operationalization of these behavioral indicators; and among these behavioral indicators, it was found that tithing is the least operational.

The Council then moved on to formulate the strategies and plans to be undertaken in order that these behavioral patterns can be fully lived out by the members.

Under the value "Love for God", the strategies/plans include: development of a basic Bible course for all members; inventory and standardization of basic check list for one-on-one's with emphasis on the scriptures and prayer time.

In the "Love for Community" value, tithing has been identified as the least operationally manifested by members. As such, the action plan specifies the inclusion of tithe collection as part of the responsibility of the action group leader; the implementation of a yearly pledge form system. Chapters are mandated to give a tithing talk at least twice a year and to furnish members

a monthly financial report.

To strengthen these areas, annual retreats for UL and AGL will be conducted; attendance will be strictly monitored in all activities, and an AGL training workshop II will be designed to compliment the basic AGL training.

Guidelines on service will be formalized and given to all members, especially to new BCLP graduates.

The "Commitment to Lord's Work" core value underscores the BCBP's apostolate of evangelizing the marketplace. Thus recruitment and the BCBP one-on-ones become very important. Chapters and outreaches shall give Evangelization talks at least twice a year while at the same time incorporating NSPR inputs into the BCLP Mission and Vision Talk. To cap this section, the Marketplace Transformation Program (MTP) shall be made available very soon.

Immediately, the Council, with Manolet Siojo, will give a seminar on these core values during the Vismin conference in August. The Chapter/outreach heads then are expected to echo this to their respective members. A special meeting of the Luzon chapter/outreach heads shall be called for the same purpose.

Meanwhile, the national ID features only one color and design for all with only the name of the chapter or outreach as the discriminating factor. It banners the BCBP Core Values on its front face together with the name and surname of the BCBP member. The back portion includes the BCBP Center address and telephone numbers, member's ID picture, BCLP No., blood type, emergency contact number and person, signatures of the member, chapter/outreach head and national president, and the BCBP prayer.

Another distinctive feature of the national ID shall be the ID number. Each ID number will be exclusive to a particular member. No two members shall have the same ID number, nationwide. # - S.M.U.

Who is on the National Council?

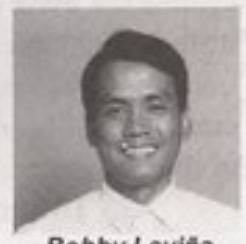
- Manny C. Banigan**
President Las Piñas
- Louie Morales**
Director: Guilds Alabang
- Bobby Laviña**
Director/Nat'l Treasurer Greenhills
- Fernando de Larrazabal**
Director: Luzon Council Makati
- Rolly Ona**
Director: Vismin Council Makati
- Rolly Aberion**
Director: Teaching and Training Greenhills
- Sadi Saguisag**
Deputy Director: Vismin Council Cebu



Manny Banigan



Louie Morales



Bobby Laviña



Larry de Larrazabal



Rolly Ona



Rolly Aberion



Sadi Saguisag

BCBP CENTER

BLESSING



The BCBP national office, now officially called the BCBP Center, has moved to a new place on the third floor of the same P & L condominium. The Center was blessed June 30, 1997. The new office features two conference rooms and a bigger work station for the staff. Greeting visitors is a statue of Christ's Resurrection (above left). Above right are the Council and Chapter Ladies who graced the occasion together with Kapatiran Managing Editor Nancy Catan. Below is BCBP Spiritual Director, Fr. Herb Schneider who officiated the blessing of the center.

Tony joins BCBP staff

The national secretariat has a new bookkeeper and office assistant in the person of Antonio Tanada Padillo better known as Tony. Tony hails from Lucena City where he finished his degree of BSC Accounting at the Sacred Heart College while working as a library assistant in the St. Alphonsus School of Theology in Lucena. After graduation he was employed as a treasury assistant, then as accounting staff in a prominent firm.

Tony is an active member of Ang Lingkod Ng Panginoon Catholic Community serving as an assistant action group leader. He is also a youth leader in the Ang Tahanan ng Panginoon, Pinaglabanan chapter, San Juan, Manila.

Welcome to the Brotherhood of Christian Businessmen and Professionals, Tony.



Sanctify yourself and you will sanctify society. - St. Francis of Assisi

Metro-wide Sportsfest and Family Day Zuijs...



*Congratulations
to all the winners!!
Congratulations too to Alabang
Chapter for a job well done!!!*

*"I promise to tell the truth
the whole truth and nothing
but the truth..."*

*"Ang tagal-
tagal naman
nito.
Naguqutom
na ako"*



*"Kala niyo ka, kahit
kokonti kami,
dadaanin na lang
namin sa pa-beauty"*



*"Hhhppp, teka, bakit walang
golf dito? Charlie...!"*

*"Ano ba 'to... talo na naman kami. Itakbo ko na lang
kaya itong mga prizes"*



"Ping! alis diyan natatakpan mo ako sa camera!"

"Ang forma naman nito, kapos naman."



"Elmer, dito ka sa harapan, likod ko yang kinukunan mo eh!"



"Hold it, you're going the wrong way!"



"Sige kanta ng kanta para makarami."



"Tubig, tubiiig, tubiiig dali!!! Nahikilo na ako!"



"Bro' masarap ding pang tinola ito, uwi na lang natin"

Nobody has ever come up with a good substitute for friendship.



Davao's new bundle of joy - first time breakfasters gather for picture at Tagum Outreach's first breakfast meeting.

ILIGAN

Iligan reaps good harvest

On June 7 at Betsy's Place in Rosario Heights, BCLP #6 of the Iligan Outreach culminated with a grand gathering of new members and supporting brothers and sisters from the Cagayan mother chapter and the Ozamis outreach plus ever-present Tatang Sadi (Saguisag). That day the outreach became richer by 41 committed new members. Even God must have been pleased that day for the threatening rains did not materialize and the day was cool and pleasant.

Outreach head Bobby Borromeo congratulated over-all coordinators Jun

and Ting Badelles and their service team for the Commitment Day proceedings as he acknowledged their untiring and enthusiastic efforts in insuring the success of the affair.

Special acknowledgement went to the Program Committee Chairman Nenette Hamoy who made the program run smoothly in precision time with her presentation concept "It's For You, Lord!" that saw the young couples of BCLP 6 dancing ala VS (Vilma Santos).

- Madelyn I. Lluch

MACTAN

Families adopt *Sapak* boys

Family Day, BCBP Mactan-style, saw 280 BCBP members and their families gathered at the SAPAK (Sandiganan Sa Pagpalambong Sa Kabataan) Farm School in Compostela on June 1 for a day of giving and sharing.

Fr. Emmanuel Non, S.J., director of the school, celebrated the morning mass. In his homily he espoused "the need for us

Filipinos to learn to love again; to build strong family foundations and take good care of the young." The essence of receiving Christ in us is the giving of ourselves, our love to others.

After the mass, fun and games followed at the Gymnasium. Each unit "adopted" about twenty-five boys. The boys had lunch with the families and were given

DAVAO

Davao gives birth

On May 24, 1997 BCBP Davao gave birth to its first baby — the Tagum outreach. Traveling 51 kms. from Davao City, 71 members welcomed their new bundle of joy — 50 athirst and curious breakfasters to the first breakfast meeting held at Tagum's Gold City Empress Restaurant.

The Davao outreach team headed by outreach head Tony Garcia along with wife Betty and Davao's mission head Wally and Tinet Tapia, Davao outreach offered the breakfasters — all 50 of the first timers — a free breakfast served with warm welcome hugs, ear-to-ear smiles, and enthusiastic BCBP music and songs.

The spirit continued as forty returned for the second breakfast meeting and another twenty signed up as first timers.

42 baptised at the shrine

Forty-two participants of BCLP 8 of the Davao Outreach were baptized in the Holy Spirit in solemn ceremonies atop the mountainous Shrine of Sto. Nino, this city, last May 24, 1997.

As the participants received their individual gifts, old members, too, received new and unexpected gifts. BCLP 3 graduate Tony Tagabucba exclaimed and shared that "I was so surprised to realize I was receiving the gift of tongues as I was praying over someone else...!"

Commitment day was scheduled for June 28.

shirts and slippers. During the afternoon's entertainment, the *Sapak* boys sang and danced to the delight of the audience.

This day was doubly special for Boboy and Zenith Lim who celebrated their wedding anniversary and Benson Tompong, his birthday. Kudos to Joe Caminade and Ted Oliva for organizing this year's Family Day — a day of giving, sharing and love.

Envy is littleness of mind. -J. Mauro

At last! Manila is an outreach!

With the completion of BCLP #1, Ronnie Caballero, Makati chapter head, formally designated the Manila breakfast as an outreach — the Manila Outreach. For many, many years the BCBP breakfast has been ongoing in various parts of Manila with interested breakfast members ending up joining other Metro Manila chapters.

"It is only now that we have a core group of BCBP members who are living and working in the City of Manila," Caballero explained.

During the May 31, 1997 Commitment ceremonies he welcomed the 26 BCLP #1 graduates. At the same time he formally designated Jun Catan as Manila outreach head and Vic Cuna as the unit leader.

Governance team set up

During the first governance team meeting July 1, the team designations were formalized and activities for the next several months planned for the newly formed Manila Outreach.

Jun Catan, outreach head, announced the composition of the governance team as follows: life team head Jun Kamatoy; men's breakfast head Francis Mapile; music ministry head Mon Cabayu; BCLP #2 course leader Andy Fornier; teaching and formation head Nancy Catan; treasurer Rita Cuna; secretariat Edel Mapile and Mila Cabayu. Unit head of the four action groups is Vic Cuna.

On July 19 the outreach will hold its first prayer assembly and on August 2 the members will gather for the Mary, Mother of God teaching series to be followed by Lord's Day celebration. All of the outreach's couples will attend the Makati chapter's BCMR scheduled for August 29-31 in Paradise (that is, Paradise Resort, Bulacan).

BCLP #2 under course leader Andy Fornier will begin on September 4. Recruitment of participants living and, preferably working, in Manila is ongoing.

The Manila outreach begins with one unit composed of four action groups totaling 56 members. Action group

leaders are Francis/Edel Mapile, Mon/Mila Cabayu, Jun/Lyn Kamatoy, and Jun/Nancy Catan.



Ronnie Caballero, Makati chapter head, reads the appointment letter designating Vic and Rita Cuna as Unit leader of the new Manila Outreach. Inset, Jun Catan Manila Outreach Head



Rudy Flores, Makati Mission Director administers BCBP Commitment to BCLP 1 graduates of the Manila Outreach during May 31, 1997 commitment ceremonies.



Cavite City Outreach "singers" welcome the BCLP 6 participants

WELCOME

BCLP 6

Mactan Outreach

Almirante, Vic
Bongbong, Hazel
Boquiren, Jojo
Bucado, Martha
Camargo, Luz
Cana, Norma
Carteciano, Lorna
Cataros, Ramon
Ceniza, Benny/Chit
Comar, Del
Corcino, Sweet
Cosep, Irene
Dejoras, Jo/Den-Den
Dela Pena, Bobby/Jo
Dipon, Precy
Dominguez, Dave
Escoton, Andy/Bing
Flores, Edna
Flores, Leo/Cutie
Gingoyon, Mary June
Ho, Jojo
Ilagan, Fe
Jornales, Maritess
Limquiaco, James/Tess
Luage, Ace
Lucenara, Rey/Chona
Maglahus, Rudy/Menchie
Manzon, Kit
Monterroyo, Naty
Paalisbo, Cyd
Remedio, Ging-ging
Sales, Meng
Salitrero, Charlie/Val

Santiago, Mitos
Soco, Marissa
Te, Joe/Mariter
Uy, Edwin/Janet
Vidal, Alex/Precious
Villegas, Judy
Yap, Joy

BCLP 6

Iligan Outreach

Acosta, Mameng
Adasa, Adette
Alagar, Orlando
Alejo, Bobby/Bing
Arais, Jo
Bertumen, Mike/Andrang
Bontuyan, Belcesar
Cabili, Bert
De Pedro, Bert
Delos Santos, Cora
Enoy, Osting/Lolita
Feraren, Nelly
Gonzaga, Sally
Halili, Gerry
Jakosalem, Roy
Jandayran, James/Ging
Lagrosas, Aida
Lluch, Ned
Lluch, Ching
Lluch, Nap Jr.
Manga, Frank/Linda
Nunez, Arthur/Hannah
Obach, Olive

Obed, Tony
Orbe, Lyn
Parangan, Denys
Parangan, Kwing
Parangan, Maynard
Peteros, Dodong
Simbajon, Boy
Tuante, Marne
Uy, Mattet
Vertucio, Thelma

BCLP 3

Ozamiz Outreach

Abadies, Anselmo/Rosario
Araujo, Angelic
Awa, Anthony
Barbosa, Delia
Boniao, Jed/Malou
Cardenas, Evelyn
Carpio, Elna
Carpio, Iris
Choa, Merlinda
Daing, Elixir
Difuntorum, Jeric
Gloria, Gil/Zenaida
Guangco, Dennis
Murallon, Israel/Luz
Pena, Laurence
Pondara, Gloria
Quinto, Josefina
Ranile, Rosendo
Tan, Jesusa
Villamor, Cristito

CAVITE

Cavite governance team announced

Cavite outreach head Zotico Rex recently announced the outreach's governance team for 1997-1998 that will guide the outreach in its continuing growth program. The team members are mission director Tony Ylanan, outreach life director Bel Belustrino, breakfast head Wil Arce, BCLP course director Noni Taraya, service head Mon Lallana, formation head Cynthia Matas, music ministry head William Turalde, treasurer Emma Banico, secretariat Claire Adle. Unit heads are Dioko Matas for the military unit and Rod Banico for the civilian unit.

Around 30 people both from the bases and from the city signed up for BCLP #6 which began in mid-July.

MACTAN

52 take BCLP 6

Fifty-two BCLP #6 participants attended the baptism in the Holy Spirit on June 7 and June 18 at the Mactan Air Base Chapel.

Despite the heavy traffic that held many stranded on the road for two hours, 47 participants made it on June 7. A special baptism ceremony was held on June 18 for the other five participants.

The Holy Spirit's presence was strongly evident in the lives of the participants and servants for hours before the long-anticipated event. For the few participants who had arrived early, the delay provided ample time for individual confessions. And for those who were still on the road — they amazingly realized how negative situations could be tuned into virtues as their irritations dissolved into patience, angry words became songs and anxieties turned into peace.

Preceding the renewal rites, on June 6 BCLP 6 participants Edwin and Janet Uy were married in a simple and joyful church wedding at the Mactan Air Base Chapel.

Suppose someone asks you to give a mini-teaching on the meaning of the Eucharist to their action group, or to chapter assembly, or to a meeting of the Legion of Mary, or to a class of students.

This presentation of the meaning of this Sacrament will help give you instant recall so you will be able to respond "yes, I'll be glad to" without panicking.

EUXAPLOTLOX

The meaning of "EUCHARIST"



The "E" introduces this sacrament as a unique "Event" in salvation history reminiscent of the Passover meal in Egypt before the Israelites fled across the Red Sea into the Sinai desert on their way to the Promised Land. God's people were saved literally by the blood of the lamb in the Old Testament event.

Today, Christ has entered into our human history as the Lamb of God; salvation comes to us through Jesus, the Lamb of God. In the Eucharist, we are able to "Enter" into this salvific "Experience" wherein we are "Empowered" in and through "Emmanuel" (God is with us).

Actually, the word "Eucharist" is derived from the Latin word "eucharistein" which means "thanksgiving". And, truly, participating in the celebration of the Eucharist is the best way of giving up to God our sacrifice of thanksgiving for His Son's consenting to become our way of salvation.



"Union. Unity." In the community of the faithful, we experience oneness in Spirit. In communion we become one with Jesus in the Eucharist; Christ is in us as we are in Him. We unite as God's people in sharing our faith, our love, and our blessings. The Church celebrates the Eucharist throughout the world as a "Universal" Sacrament.



Because of the Eucharist, we become a "Community", part of the Mystical Body of Christ. We renew our "Covenant" with God even as He renews His "Covenant" with us, in this "Christ-centered Celebration".



The Eucharist is no ordinary sacrament; it is "Holy", a holy event, a holy banquet. It is not ordinary because the Son of God is the sacrifice; Jesus Himself is the "once for all" sacrifice for our sins and for our salvation.



"A" stands for the Greek word "anamnesis" which means "memorial" or "remembrance". Deeply rooted in Jewish tradition, especially in the Passover event, "anamnesis" reminds us that to remember something in the past, for the Jew, means that that something is present now. What was done in the past is actualized and realized in the present. Therefore when Jesus said, "Do this in memory of me," He was understood by the disciples as saying, "I will be present now even as I was then."

Jesus becomes present for us today in the Eucharist even as He was present during the Last Supper. We can

also say that Jesus (God) is omnipresent. He is present in the Word, in the priest, in the various signs during the mass, and in the community of the faithful. And in the Eucharist, Jesus becomes present in us, too.



"R" reminds us of the "Real Presence" of Christ as the signs of the bread and wine undergo the miracle of transubstantiation into His Body and His Blood. To experience a true deepening of His Real Presence in this Sacrament, we must "Repent", be "Reconciled" with each other and with the Father, and be "Renewed" in the partaking of the Eucharist.



The "Incorporation" of Christ into every believer becomes a reality as we 'take and eat' Christ into our very own body during the liturgy of the Eucharist. Jesus had incorporated Himself into our humanity in baptism; in the Eucharist He comes to us as the Bread of Life. In the liturgy of the Word, we are again given the opportunity to "internalize" His Words and so pattern our lives on His Way, His Truth and His Life.

next page pls

Hours are happiest when hands are busiest.

Pointers for better praise leadership

1. Foster an atmosphere of joy. Be joyful yourself.
2. Focus on God.
3. Emphasize praise and thanksgiving.
4. Encourage use of word gifts.
5. Be a thermometer, be able to gauge moods and emotions of the group.
6. Be conscious of what is happening so you can responsively guide the group.
7. Cling and yield to the Spirit. Be open to the working of the Holy Spirit in you and in the group.
8. Keep the flow smooth. Do not force or jump abruptly from one part to another.
9. Don't dominate the prayers. You are there to lead and guide, not to be the "bida".
10. There is no fixed formula to follow; however, A.C.T.S. forms a good praise foundation.
11. Use these tools and encourage their use by others as the Spirit leads: exhortation, personal and responsive prayers, word gifts of prophecy and tongues, reflective silence, inspired readings, joyful and spontaneous praising, vocal prayers.
12. Songs should be appropriate for the purpose and mood of each part of the worship assembly.
13. Spend time before the praise/prayer assembly in loving communion with God. Unite your spirit with His.
14. Coordinate beforehand and during the worship period with the Music Ministry leader to insure continuity and flow in such a way as to promote group harmony and unity.
15. Don't be afraid to have periods of silence; these can be times of deeper personal reflection and listening to the Spirit.

EUCHARIST .. from page 37



The Eucharist is both a "Sacrament" and a "Sacrifice". As a Sacrament, it offers "Salvation" and confers upon us the grace necessary to realize this "Salvation." As a Sacrifice, it is a "Sharing" sacrifice in which Christ shares His Body as the Bread of Life.



The last letter of our word "Eucharist" fittingly sums up the entire message of the Eucharist — THANKSGIVING. The Eucharistic celebration is a powerful proclamation of thanksgiving, our outpouring of thanksgiving to God for this miracle of Jesus' "True Presence", always available to us in this sacrament. - NRC

For reflection and discussion

Read Jesus' "The Bread of Life" discourse in John 6:22-58 and St. Paul's discussion on the tradition of the Lord's Supper in 1 Corinthians 11:23-32. How would you incorporate these teachings into a mini-talk on the Eucharist?

When giving a talk, it is always good to include a brief personal sharing. How has Jesus touched you through the Eucharist? In what way has the Sacrament of the Eucharist brought you closer to God?

BCBP CORE VALUES

LOVE
FOR GOD,
LOVE
FOR COMMUNITY,
COMMITMENT TO
LORD'S WORK



In writing for and editing the KAPATIRAN, Nancy relies on the talents, gifts and inspirations God gives her backed up by her background in literature, journalism and creative writing. A BCBP member since 1985, Nancy and her husband Jun have been active in mission work, establishing and nurturing BCBP outreaches and their corporate Christian community. They enjoy giving sharings on how God has worked miracles in their lives.



Eddie Mendoza is senior vice president and head of Corporate Planning of one of the Philippines' prestige corporations, Phinma, and an active member of BCBP Greenhills. He regularly shares his reflections on the Christian businessman during the BCBP Greenhills' weekly Men's Breakfast, 7:30 am at Club Filipino, Greenhills every Thursday. You are welcome to attend.



Sammy M. Ulanday is the Secretary General and a full-time servant of the Brotherhood, and is a member of the Greenhills chapter. His job gives him the opportunity to visit the different chapters and outreaches nationwide. He shares his insights on spirituality, culture and practices of the places he visits, and how the Lord has manifested His love to the BCBP members.



Fernando de Larrazabal, better known in the BCBP as Tito Larry, has been with the Brotherhood since its beginning 17 years ago. He currently serves on the National Council as Director for Luzon chapters and outreaches.



Annie and her husband, Nelson, are active members of BCBP Makati chapter. The Salvadors are blessed with five energetic children. Annie writes under the column "From Cries to Kisses."



Art Sampang is from our only outreach in Central Luzon, San Fernando, Pampanga, and he writes under the column entitled "In My Mind" for the Mabuhay, Pampanga! publication. We shall be hearing more from Art and from that region of the Philippines, and perhaps further beyond.

Gear up for the

BCBP LUZON-WIDE BAZAAR November 16, 1997.

Tentative venue is at Fort Bonifacio, Makati City, Metro Manila. Participation in this activity is also open to all Vismin chapters and outreaches.

For more details contact Greenhills Chapter.



"...and sin no more"

The catechist had just concluded a review of the day's lessons. "And now, children," she inquired, "who can tell me what we must do before we can expect forgiveness of sin?"

There was a pause, but finally one little boy spoke up. "Well," he mused, "first we've got to sin."

Sounds like a good novel

Executive to employee: "I can't approve your expense account, Tony, but we'd like to buy the fiction rights to it."

Office Off Beats

One stockbroker to another, leaving the office: "Let's take the stairs. I just can't stand the elevator girl saying, "Going down, going down."

The new man in the office was given some fatherly advice by his superior: "I don't mind your following in my footsteps — but please wait till I get out of them."

Man's chief fault is that he has so many small ones. -Richter

Our BROTHERHOOD

OUR CORE VALUES:

**"Love for God, Love for Community,
and Commitment to the
Lord's Work"**



VISION The vision of the Brotherhood of Christian Businessmen and Professionals is that of a full life in Christ for all, particularly business people and professionals.

This full life is expressed through a three tiered, lifelong process:

CONVERSION to a personal relationship with Jesus Christ;
COMMITMENT to the values espoused by Him; and,
COMMISSIONING to spread these values to others, especially in the conduct of business and the professions.

MISSION To attain this vision of a full life in Christ for all, the BCBP has established a two-fold mission:

- To create and promote together a support environment where business people and professionals can experience Christ in a personal way, thereby transforming them into disciples of Christ and agents for justice, equity and sound development; and,

- To create a body of Christian business people and professionals who are so trained and structured for action that their individual as well as collective efforts result in a forward impact in business practices, and through this, enable the economy, and society in general, to be transformed by Gospel Values.

The Essence of a BCBP Member

A BCBP member is a businessman or professional who influences change leading to Christ-centered behavior and practices in his sphere of work.

He is a disciple of Jesus Christ and has integrated the Lord's teachings in his total life.

He gains support and grows spiritually through his active involvement in the Church and in the BCBP.

EVANGELIZATION STATEMENT NSPR 1995

Evangelization in the BCBP means:

"Creating disciples of Christ in the businesses and the professions, who bring about a transformation of the marketplace by living out Christian values and practices not only in their personal and family lives, but more particularly in their respective businesses and professions."

Some Clarifications About Being A Member Of BCBP

Focus is not on the title or rank of the person in his work organization, but on his capacity to influence change and to bring about Christ-centered values and practices in the workplace.

Must be an active participant in all BCBP life, including Action Group structure.

Must attend at least 50% of each of the activities of his BCBP chapter.

A new member commits to renounce all forms of serious wrongdoing and un-Christian relationships, commitments, and practices.

BCBP

Venues

MEN'S BREAKFAST (7:30 A.M.)

Wednesdays - MAKATI: Makati Sports Club, Makati

Thursdays

GREENHILLS: Club Filipino, Greenhills

VILLAMOR GOLF CLUB: 1st & 3rd Thursdays

Fridays - MANILA: Racks, Remedios Circle, Malate, Manila

Saturdays

ALABANG: Ayala Alabang Country Club, Muntinlupa

BACOLOD: Roli's La Salle, Bacolod

BAGUIO: Prime Hotel, Session Rd., Baguio (2nd & 4th Sat.)

BAYBAY: Angelicum (1st & 2nd Sat.)

BUKIDNON: Talpan Restaurant, Valencia (1st Sat.) Pines Hotel,

Malaybalay (3rd Sat.)

CAGAYAN DE ORO: Consuelo Steak House, Corales St. CDO

CALAMBA: Max's Restaurant

CEBU: Ding Qua-Qua Rest., Gen Maxilom Ave, Cebu City

DAVAO: Kuya Eds (2nd & 4th Sat.)

DUMAGUETE: OK Pensione House (1st & 3rd Sat.)

ILIGAN: Maria Cristina Hotel (2nd & 4th Sat.)

ILOILO: Amigo Terraces Hotel

LAS PIÑAS: Italia Club 500, BF Resort, Las Piñas

LEGASPI: Albay Hotel, Legaspi City (2nd Sat.)

LUCENA: Halina Hotel & Rest., P. Gomez, Lucena City (1st & 3rd)

MAASIN: Valteuvian Restaurant, Leyte (1st. Sat.)

MACTAN: Flormont Hotel, Cebu City

OZAMIS: 1st and 3rd Sat.

PARAÑAQUE: The Village Restaurant, Cabarus cor. Palanca, BF

PUERTO PRINCESA: Asiaworld Resort Hotel

QUEZON CITY: Terrace Grill, 119 Roces Avencar cor. Morato

RIZAL: View Square, Sumulong Highway, Antipolo

TACLOBAN: Don's Cabin, Justice Jimenez St. (2nd & 4th Sat.)

TAGBILARAN: Mel's Kainan

MEN'S LUNCHEON (12:00 NN)

Saturday - DAGUPAN: Celebrity House, Arellano St.

MEN'S MERIENDA (4:00 P.M.)

Saturday - TUGUEGARAO; Marilyn's Restaurant (2nd & 4th Sat)

LADIES' BREAKFAST

Wednesdays - MAKATI: Makati Sports Club (2nd Wed.)

Thursdays - GREENHILLS: Club Filipino, Greenhills SJ (3rd Th.)

Saturdays

ALABANG: Ayala Alabang Country Club (2nd Sat.)

BACOLOD: Quan, La Salle Bacolod City (2nd Sat.)

CAGAYAN DE ORO: Tia Nanang, Corales St. (2nd & 3rd)

CEBU: Ding Qua-Qua Restaurant (1st and 3rd Sat.)

ILOILO: Amigo Terraces Hotel (last Sat.)

LAS PIÑAS: Italia Club 500 (3rd. Sat.)

LEGASPI: El Cid Cafe (4th Sat.)

MACTAN: Flormont Hotel (1st. Sat.)

PARAÑAQUE: The Village Restaurant (4th Sat.)

QUEZON CITY: Terrace Grill (2nd Sat.)

RIZAL: View Square, Sumulong, Antipolo (1st. Sat.)

JOINT BREAKFAST (7:30 A.M.)

Wednesdays - MAKATI: Makati Sports Club (1st Weds.)

Thursdays - GREENHILLS: Club Filipino (1st Thurs.)

Fridays - MANILA: Racks Restaurant, Malate, Manila

Saturdays

ALABANG: Ayala Alabang Country Club (4th Sat.)

BUTUAN: Echelon Hotel (2nd & 4th Sat.)

CAGAYAN DE ORO: Silver Court, Capt. Vicente Roa St., Cogon, CDO (3rd Sat.)

CAVITE: Patio Encarnacion, Cavite City (3rd Sat.)

DAGUPAN: Celebrity House, Arellano ST. (3rd. Sat.)

LAS PIÑAS: Italia Club 500 (1st Sat.)

LEGASPI: Albay Hotel, Legaspi City (2nd Sat.)

MACTAN: Flormont Hotel (2nd Sat.)

PARAÑAQUE: The Village Restaurant, BF (2nd Sat.)

QUEZON CITY: Terrace Grill (4th Sat.)

RIZAL: View Square, Sumulong, Antipolo (3rd Sat.)

SAN FERNANDO: Cafe Rustico, Olongapo-Gapan Rd.



MEN'S BREAKFAST

LADIES' BREAKFAST



JOINT BREAKFAST

THE BCBP COUNTRY

