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# KAPATIRAN

M A G A Z I N E

March 2011

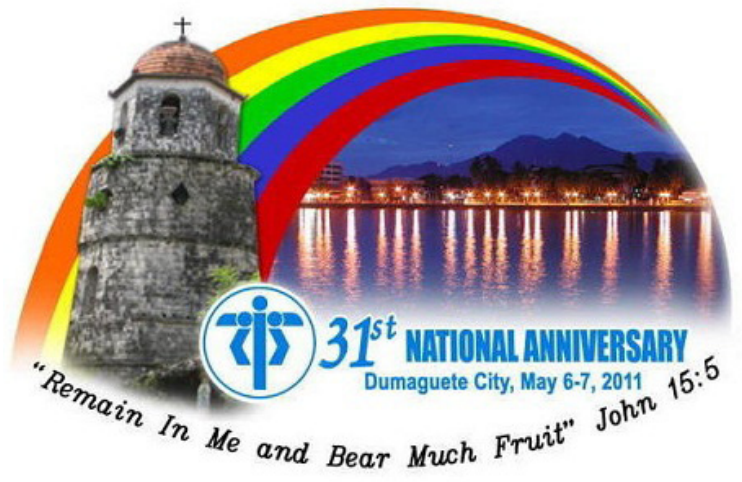
## LOVE LIFE



## LIVE LENT



# 31st National Anniversary Celebration



We are looking forward to seeing all of you in Dumaguete for NAC 2011. Let us come and celebrate the goodness of the Lord together! Let us remain in Him and bear much fruit!

Our official website for the 31st BCBP National Anniversary Celebration: [www.bcbp-nac31-dgte.com](http://www.bcbp-nac31-dgte.com)

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## EDITOR'S NOTE:

In this March issue of KAPATIRAN ON LINE we focus on LIFE: firstly, we must love life and proclaim and promote the Culture of Life, and secondly, this Lenten Season we need to LIVE Lent. Bobby Atendido gives us pointers on how to live out and experience the transforming power of Lent.

The KAPATIRAN is for sharing with brothers and sisters, BCBP members and non-members, especially breakfast 1st timers. Just print out as many copies as you need. We also encourage you to send us your comments in the space provided on the website at the end of each article. Let us know how you feel.

Enjoy your reading experience! Check out the many other articles on the website, too. See you in Dumaguete for the 31st NAC! --Nancy R. Catan

## EDITORIAL BOARD

Larry Veloso, Bobby Atendido, Bobby Laviña, Joey Avellana, Art Legarde

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Nancy Catan – Editor-in-Chief

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## Editorial

*Nancy Catan, Editor-in-Chief*

# Tennis Lessons

No, I am not taking tennis lessons. Jun and I are watching replays of the Australian Tennis Open matches. Jun is the tennis buff in the family; he still enjoys playing singles and doubles at age 70+. I enjoy watching good tennis players and learning from them by observing how they react to the different challenges and situations facing them in every game.

There are several lessons one can learn from watching the players by reading their body language. How they walk across the court, how they stand when receiving serve, how they react after missing an easy ball ... you can gauge their “winnability” and “desire to win” by their body language.

Does he get angry at himself? Does he respect his opponent’s skill when he executes a really difficult shot perfectly? Does he lose his composure and concentration after missing a shot and continue to flub his game? Does he react to the crowd’s cheering and jeering? Does he remain focused on his game plan no matter what? Does he angrily confront the chair umpire over a questionable call? Is he able to smile as he shakes hands with the player who beat him? During breaks does he sit with his head down (a sign of losing hope?) or have that far-away look in his eyes (focusing on his next strategy?)? Does he walk and stand confidently between plays? Does he anxiously glance toward his coach whenever he can?



You know, if we stop to think about it, the body language of players in tennis games can be seen in our everyday lives...in how we walk, in how we react and respond to life situations. Do we comment on someone else’s actions with a smile or a bit of humor, a critical glare, or with anger (many times unreasonable anger)? Do we look at life optimistically expectant for good

things to happen, or do we see life through dark glasses, pessimistically predicting all the wrong things that might happen? Do we navigate through life confidently or hesitantly? Do we always look anxiously to someone else for approval?

Another scenario: What about our prayer time? What is our body language saying to God? As I praise and thank God for His blessings in my life, are these praises borne out by openness and expectant faith in my body language, or does my body language reflect my fatigue with the world, my unwillingness to listen to my God, or my irritation at having to fulfill my ‘commitment’ to pray when I would rather be doing something else?

Do we see the cup of our life as half full or half empty? Half full of accomplishments and happy, joyful moments, with the expectant anticipation of more wonderful things to come? Or, half full of mistakes and failures that seem to multiply faster than we can deal with them?





## Random Insights

*Bobby Atendido, BOT Chairman*

# Benjamin Franklin, Virtues And Lent

Benjamin Franklin was a polymath. If you look it up in the dictionary, it means that he was a man of great and varied learning. He was a scientist, inventor, writer, political expert and many other talents and skills. He was one of the founders of the United States of America.

One of the things he was also known for was his passion to cultivate virtues in his life. He took it very seriously. He had a list of 13 virtues that he committed to continuously work on each week. These virtues included temperance, silence, order, resolution, frugality, industry, sincerity, justice, moderation, cleanliness, tranquility, chastity, and humility. Each week he would work on a particular virtue. The following week, another virtue and on and on and on. All with the hope and goal of it becoming second nature to him. He was not entirely successful, of course, but the important thing was his passionate effort to do so.

This Lenten season reminds me of the need for the same passion to cultivate virtues in our life. Isn't this exactly what Jesus is asking us to do? To be virtuous people? To be holy? To strive for perfection as we do his will?

But first, let's define what a virtue is. A virtue is a good habit developed over time through consistent practice of what is good and desirable. Good habits practiced consistently will define our fundamental character. Saints are good examples of virtuous people but they pale in comparison to Jesus Christ, of course, who is our perfect model. Jesus was compassionate, gentle, patient, steadfast, faithful, pure of heart, forgiving, generous, firm and resolute, persevering, obedient even to the point of death, and of course perfectly loving.

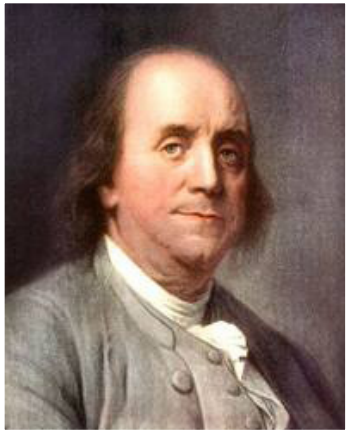


Several years ago I read a delightful book "Don't Sweat the Small Stuff". In other words, don't let little things in life, especially in your relationships, irritate you and distract you from all the wonderful things happening around you. Keep your focus, respond to every situation with love, and do your best to make your best even better. Walk confidently. Remember that GOOD is not GOOD – if BETTER is expected!

Jeremiah, the prophet, quoted the Lord's instructions about life: ***"For I know well the plans I have in mind for you, says the Lord, plans for your welfare, not for woe! Plans to give you a future full of hope."*** (Jer 29:11)

Is your cup half full of the Lord's wonderful works, with the remaining space waiting to be filled with even more wonderful things? Or, is your cup half filled with woe, unhappiness, tears, and things gone wrong? Mine is half full with the abundance of the Lord's goodness, and I know that my future is full of hope, as I await with expectant faith for even more wonderful works of the Lord to fill up my cup of blessings.





Let us look then at ourselves in the mirror today and see what we need to change during this Lenten season if we are to imitate Jesus Christ. Is it our uncontrollable anger when provoked? Are we too impatient? Or perhaps, it is our failure to do more for

our neighbor. Or maybe, we still harbor a lot of insecurities and fear of the future. Are we stingy with our money and are not generous? Do we reach out to others in love? Are we gentle to those around us? Are we compassionate and put the interest of other people ahead of ourselves? Whatever it is, let us focus on a virtue (or virtues) that we can commit to work on during this Lenten season.

Consider this Lent as a great opportunity to work on a particular virtue. In addition to the normal fasting and abstinence we practice, let us together focus on a virtue that we can develop into a habit. Let us reflect and look inward into our hearts and work on it so as to bring us closer to God. Lent is the springboard for transformation.

Let us remind ourselves of the countless blessings that our generous Father in heaven has showered upon us. Is it not time to respond to his love by emulating His Son? Is it not about time that we take God seriously and follow his footsteps? Let us abandon ourselves therefore from our inconsequential pursuits and empty ourselves of all desires except the desire to honor and please God this Lent.

Let us face it squarely. Lent is much much more than just giving up something as a sacrifice. More than self-denial, we need to be transformed so that we can draw nearer to God and be more Christ-like. This Lent let us pray for the power of the Holy Spirit to help us be more serious and nurture Christ-like virtues in our lives.

AND SO JUST MAYBE, THIS LENT WILL BE DIFFERENT FROM THE OTHER TIMES. LET US ALL BECOME VIRTUOUS BCBP MEMBERS. SO THAT COME EASTER, WE WILL ALL REJOICE AND CELEBRATE THE VICTORY THAT OUR LORD JESUS CHRIST HAS WON FOR US. MAY BCBP BECOME A HOLY COMMUNITY!

HAPPY EASTER TO ALL BCBP MEMBERS! ✠

# 2011 BOT & MANCOM Meeting in Southern Mindanao





## Listen to Him

*Larry Veloso, BCBP President*


# Do You Prepare Yourself To Encounter The Lord?

I have heard some BCBP brothers and sisters complain that their Action Group meetings, Assemblies and Teachings are no longer upbuilding, nourishing, nor inspiring. While thinking and praying about this concern, a question came into my mind: do you prepare yourself to encounter the LORD, to listen to Him, and to be used by Him in making your Action Group meetings and Assemblies nourishing, inspiring and upbuilding? It reminded me of the need to prepare ourselves- heart, mind, body and spirit, to see the Lord, to hear the Lord, to be used by the Lord, to be fruitful instruments of the Lord in all of our activities. We need to pray for our activities and for everyone involved in these activities.

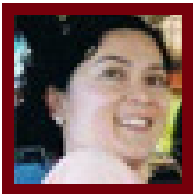
If God prepared for the coming of the Messiah by choosing and preparing Mary long before the coming of the Messiah, and Jesus always took time to prepare himself for the day's activities by spending time alone with the Father, shouldn't we also take time to prepare ourselves for each day's activities? Even the Catholic Church acknowledges the importance of preparing ourselves such that we have the Advent Season to prepare ourselves for the celebration of Christmas, and the Lenten Season to prepare ourselves for the commemoration of the Passion, Death and Resurrection of our Lord Jesus Christ.

Do you prepare yourself to celebrate mass worthily? I remember one priest asking this question during his homily and then telling everyone: if you celebrate mass worthily, you will be transformed, just as the bread and wine are transformed.

Similarly, if we prepare ourselves to encounter God in His Word and in all the people, places and events that He brings our way each day, we will encounter Christ and we will be nourished, inspired and transformed. What a difference it would make in our families, in our BCBP Community, in our work areas and in our Country, if we took time to prepare ourselves to encounter Christ in all of our activities!

Take time, make time to prepare yourself each day. Your time alone with the Lord could make the difference between remaining faithful to the Lord or falling into the temptations of each day, between an orderly and fruitful day or a chaotic and disastrous day. 





## Family Life

*✍ Annie Salvador, BCBP Baguio*

Creatures of habit, aren't we all? Over our lifespans we learn some, unlearn some, and are ruled by many. Right now I am thinking of two habits that I had in the past, both of which I've shed and thus no longer practice. Let me tell you about the first one.

Long ago and far away, I marked every New Year with a list. In the journal I used to keep, my January 1 entry was always a Gratitude List. As much as I could recall, I wrote down all the things that happened in the past year for which I was grateful. My lists would run into the high hundreds, stopping often only because I was too tired to continue. I stopped doing this sometime when my children were very young, most likely because of the busyness of raising a growing family. It was quite a good routine, I'm actually sorry I don't

practice it anymore. And this year seems like a good time to pick it up again.

Which brings me to the second habit I had, which was actually a non-habit. Let me explain: longer ago and farther away, even before I started with my Gratitude Lists, when I was much, much younger, prayer was something I resorted to only when I wanted something or when I was in trouble. At that time I looked at prayer as a tool for getting God to move for me, like an ON button.

We all know how wrong I was. But It took many years of "unanswered" prayers, a slow and many times difficult evolution in the manner of my praying, and countless experiences of God's presence in my life for me to learn that the Lord had in fact no

**Of Years Past,  
Habits Good  
And Bad, And New  
Year Gratefulness**







ON – nor OFF – buttons: He is ALWAYS blessing!  
 And my prayer life, according to its quality, only helps me to be aware of, to be open to and to be grateful for that.

Over the intervening years, I have moved some distance towards the Christian ideal of being at prayer all day. I have a long way to go, but whenever I recognize the fact that at any moment,

in any space, my Creator is near, I make an effort to open myself up to receive the grace that He provides.

I have many, many stories of answered prayers. But let me not bore you (nor burden you!) with my newly-revived Gratitude List, 2010 edition. I choose, rather, to use this chance to praise Him who listens to all our prayers, and answers them:

### **A Psalm, Above All, Of Gratitude**

My pleasures are aplenty, Lord,  
 And indeed, my sorrows are few.

So forgive me, Lord, for many things:

When I fall prey to negative emotions  
 Like resentment, indifference, laziness;

When I have pressures in my day  
 And I let go of my center, my focus on You;

When temptation comes along  
 And I concede defeat to my weaknesses;

When I take cover behind being human  
 And let myself off too easily, or too harshly.

I bring to You all these shortcomings, Lord.

At the same time, let me shift focus  
 And look at the bright side:

You, my Lord, are patient: slow to anger  
 And quick to forgive me in my contrition.

You welcome my every approach  
 And meet me more than halfway.

You bless me beyond my every hope,  
 My every desire, my every need.

You provide for me every moment I live  
 With Your bounty,  
 Your protection,  
 Your guidance,  
 Far more than I can see,  
 Far more than I can know,  
 Far more than I can imagine.

I cannot count Your blessings!  
 I cannot measure Your goodness!

Continue the work You have begun in me:

Let me contemplate You, remember You  
 Let me love You, obey You, share You. Amen

Happy New Year, BCBP!

May our tribe increase.

But more importantly, may the Lord, in us, increase!



## ●● In The News



# The RH Bill: Losing The Sense of the Sacredness of Life

The Reproductive Health Bill now in Congress has been the subject of discussions, heated arguments and lengthy position papers for many months. As BCBP members and concerned citizens, we must make it a point to know more about this piece of proposed legislation and how it would affect our lives, our faith, our families, our children and their future.

This Bill is, in the view of our faith, is a prime example of the “conspiracy against life” that is subtly encroaching on the sanctity of life in today’s milieu. This conspiracy takes the form of a “culture of death” and damages us not only in our personal, family, and community relations, but also distorts relations between peoples and nations. It is in direct opposition to the Culture of Life.

For a more detailed discussion of the various aspects of the Culture of Life, the Culture of Death, and other burning issues of the times (contraception, abortion, euthanasia, bioethics, health care, and sexuality concerns), read *Evangelizing Presence: Caring for Life*, a BCBP publication, authored by Nancy Russell Catan (BCBP Portal Editor), Fr. Pasquale T. Giordano, SJ, and Mito Rivera. It is available at the BCBP National Office. Some of the salient features of the Culture of Death vs the Culture of Life are summarized in the following paragraphs.

The basic feature of this Culture of Death is the noticeable absence of God in a growing secular

lifestyle, influenced by a flood of distorted and hedonistic values where pleasure is maximized and pain is minimized. Having and hoarding become more important than “being”. Sexuality is depersonalized and exploited. The so-called right of women to decide whether or not to kill their unborn child due to various reasons usually in support of their personal life-style is highlighted and the right of the unborn to its God-given life is being ignored.

This is the modern tragedy: the eclipse of the sense of God and man, and the resulting distortions wherein society refuses to accept and care for any life – the sick, the aged, the dysfunctional, the weak – that interferes with its “progress”. We are gradually but inexorably losing the sense of the sacred in our society.

Life as designed by God is always “a good”. It is the seed of an existence that transcends the very limits of time, for God himself has planted eternity in the human heart. Human life has always been sacred to God, and to proclaim Christianity is to proclaim life.


Therefore as a “people for life” we need to view life in its deeper meaning, and to look for God’s living image in every person, in the unborn person as well as in the birthed. By seeing Christ in every person we meet, we can experience a God-given, everyday – or we could say, an every-person –



epiphany! This is the Culture of Life.

It is this Culture of Life that promotes and enables us and others to live in dignity and fullness of life. It is in embracing the Culture of Life that helps us build our families as the basic life unit of community and society. It is in strengthening this Culture of Life in our families that the integrity and sanctity of the family as the domestic church, the basic unit of Christian life and cornerstone of society, is truly realized.

Let us ask ourselves and answer sincerely and honestly from our hearts: Who am I, who are we, to arrogate ourselves equal to God by legislating whether a God-created, God-given life should live or die? The future of our society depends on the rediscovery of the innate human and moral values that promote and strengthen the Culture of Life. At the same time we need to fight against those values that promote the influence of the Culture of Death.

We urge you to familiarize yourselves with the various aspects and concerns surrounding the Reproductive Health Bill by reviewing and re-reading the ten news articles and two videos that have been posted on this website since September 2010. 

## Portal Postings on RH Bill

We give you a listing of the articles on the RH Bill that have been posted on the BCBP website. Pls check them out.

### **What Should Be Our Response to the RH Bill**

– by Bobby Atendido, BCBP BOT Chairman  
(posted on 10-04-10)

### **No Place for the RH Bill in Our Law**

– by former Senator Kit Tatad (10-10-10)

### **Talking Points for the RH Bill Dialogue**

– by Loyola School of Theology and the John Carroll Institute on Church Social Issues  
(10-11-10)

### **Mother, Let Me Live!** – video (10-21-10)

### **Let Us Renew Our Commitment to Life**

– by Bishop Jesse Mercado, D.D., Bishop of Paranaque (11-22-10)

### **Pope Benedict and the Condom Question**

– Vatican news (11-23-10)

### **House Bill 13: Safety and Protection of Life**

– by Nancy R. Catan, Portal Editor and Columnist  
(12-12-10)

### **“Watch, Laugh, and Learn” or Are We Really Overpopulated?** – video (12-15-10)

### **A University of the Phils. Position Paper on the RH Bill** – (12-18-10)

### **Choosing Life, Rejecting the RH Bill**

– CBCP Pastoral Letter (2-01-11)

### **Consolidated RH Bill**

– 15th Congress – (2-01-10)

### **Choosing Life Video: the Official Stand of the Catholic Church on the RH Bill**

– video (2-14-11)

### **Why I Am Against the Rh Bill**

- by Jess Estanislao



## ●● In The News

# Pope Calls For Christian Presence On Social Networking Sites

“Truth, proclamation and authenticity of life” should be the guidelines for Christian use of social networking sites, the Pope said in his message for the 45th World Day of Social Communications. In his message released on Jan 24, 2011, the Pope recognized that the digital age of new technologies are in the process of transforming cultures around the world.

If these technologies are used with wisdom and Christian intent, they can give birth to not only a new way of learning and thinking, but at the same time present wonderful opportunities for establishing uplifting relationships and building fellowship, he said.

Pope Benedict also warned about the dangers of falsifying one’s profile and information on social websites like Facebook, MySpace and Twitter. He urged people to be authentic and faithful when they share information to make “friends” online. The “Christian way” of being present in the digital world means being “honest and open, responsible and respectful of others,” he explained.

He believes that as Christians are being called to share their faith online, witnessing to Christ’s truths, their presence on the internet will greatly help prevent these sites from depersonalizing people, manipulating people emotionally, or allowing those who are powerful to monopolize the opinions of others. Christ’s truth is not a question of online popularity, the Pope added, rather, it is “the full and authentic response to that human desire for relationship, communion and meaning which is reflected in the immense popularity of social networks.” (Adapted from CBCP Monitor, Vol 15 No. 3, 2011; CNA/EWTN News) ✕

## New Chapter Heads, Feb-Mar 2011

### BCBP Naval

“Boboy” Fernando Montejo (Feb 19)

### BCBP Gen Santos

“Danny” Danilo Hamoy (Mar 5)

### BCBP Naga

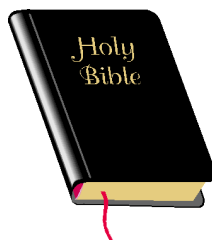
“Vic” Vicente Maninang (Mar 19)

### BCBP Sorsogon

“Joel” Joel Babasa (Mar 20)

### BCBP Santiago

“Gerry” German Balot (Mar 26)



## Bible Sharing Guide

### The Bread Of Life

Read Jesus’ “Bread of Life” discourse in John 6:22-58 and St. Paul’s discussion on the tradition of the Lord’s Supper in 1 Corinthians 11:23-32.

During the Last Supper, Jesus told His disciples, “I will not leave you orphans; I will come to you.” John 14:18. The promise is fulfilled with His Spirit in the Church and, especially, in the Eucharist where He is present body, blood, soul, and divinity, as Real Presence.

The Eucharist, the Bread of Life, is the source and summit of our Christian Life. It is central to Catholic worship as a Sacrament, One Bread and One Body, that is the supreme uniting factor of God’s Kingdom-family in the Catholic faith throughout the whole world.

1. Why are the crowds searching for Jesus? What is Jesus to them? What is Jesus to you? Are you still searching for Jesus? Why are you searching for Him?

*cont. on page 18*

# A Businessman's Prayer

By Robert L. Katz, Harvard Business School

*Grant me the self-awareness to know honestly what I am, what I can do, and what I cannot;*

*Grant me the judgment to channel my energies into those avenues which best utilize my abilities and do not require talents which I do not possess;*

*Grant me the wisdom to admit error cheerfully and learn from my experiences, that I may grow and develop and avoid repetition of mistakes;*

*Grant me the humility to learn from others, even though they be younger, less experienced, or of humbler station than I;*

*Grant me the courage to make decisions whenever they are necessary and to avoid rashness when they are not;*

*Grant me the sensitivity to judge the reactions of others that I may modify my actions to meet the needs of those affected;*

*Grant me the consideration to recognize the worth of each individual, and to respect all those with whom I have contact, neither stifling their development nor exalting myself at their expense;*

*Grant me the perspicacity to acknowledge that I can be no more effective than my subordinates enable me to be, and to deal with them so that they can help me by helping themselves;*

*Grant me the tolerance to recognize mistakes as a cost of true learning and to stand behind my subordinates, accepting my responsibility for their actions;*

*Grant me the insight to develop a personal philosophy, that my life may have more meaning and satisfaction and that I may avoid capricious action under the pressures of expediency;*

*Grant me the patience to live realistically with my circumstances, striving always for the better, but recognizing the perils of too rapid or too drastic change;*

*Grant me all these things, dear Lord, that I may live a more useful life, through serving my fellowmen, and, through them, serve Thee. Amen.*



## ●● Testimony



# Seeing The Good Things In Life

*A Testimony by Bro Peter Paul R. Marcelo, BCBP Pasay*

Many eons ago when my hair was all black and my waistline was a thin 28 inches, I had the chance of visiting several countries during a month-long overseas training deployment provided by the Royal Singapore Navy. As a task to improve our power of observation, so to speak, our Tac-O (tactical officer) told us - me, the Singaporean midshipmen and a number of foreign Ensigns, to submit a journal of our visits.

One particular city that we visited was Bombay (now Mumbai,

India). The first time I set foot on Bombay Pier I was like a kid who had entered an amusement park. I was ecstatic at what I saw. There were beautiful structures and buildings with intricate designs I had only seen previously in encyclopedias and magazines (wala pa internet noon e). There were street performers. I was particularly mesmerized by the snake charmers I had only seen in Hollywood films. Cobras emerged from jars and swayed to the sound of the flute. Men wore strange clothes that went well with their long curly mustaches and beards as big as their turbans. The look was somewhat funny to me but at the same time impressive. Local kids were so much like the Pinoy kids who flash warm smiles and wave to passing foreigners.

I had such a blast that I wrote everything in detail in my journal.

When the journal was returned, my Tac-O wrote, "this is an interesting account." In my vocabulary, when somebody describes something as "interesting", it is leaning more toward the negative than toward the positive. So I wondered.

Later on, I found out that I was the only guy who had a great time in Bombay. The rest of the midshipmen, perhaps the whole ship, said that Bombay was a terrible place. The streets were filthy. Pungent stench filled the air because converting street walls as a personal latrine was considered normal and acceptable. The buildings and structures were dirty as well. Children were so poor that they looked like they hadn't taken a bath for weeks. The men were no exception.

When I learned about this, all I did was smile. I realized that I had a natural ability to see the good in things that are invisible to many. I attribute this to the





fact that I came from a poor background. As a child, I grew up near slum areas and my constant companions were the “batang squatters.” I see beauty when others see ugliness. (Thank goodness it’s not the same with my selection of girls coz you have to agree with me that I married a beautiful wife :))

I recall a story of Socrates, not the congressman from Palawan but the Greek Philosopher. He said there was a man from another city who wanted to live in Athens. So he went to Socrates to ask him what Athens is like. Socrates said, “Before I can tell you about Athens, can you tell me something about the city you came from.” This man replied, “Oh, my city is terrible. Its full of annoying and insensitive people. Neighbors stab each other at the back. They are so undisciplined. etc. etc.” Then Socrates said, “I’m sorry but Athens is no different. It’s a terrible place. It’s full of annoying and insensitive people. Neighbors stab each other at the back and are very undisciplined, etc etc..it is best that you find another place.” So the man left.

Soon after, another man came who wanted to live in Athens. When asked to describe the city he came from, this man said, “The city I came from is a beautiful place. People are very courteous and friendly. Although

living there would be wonderful, I need to leave because I want to see new places and meet new friends.” Socrates replied, “Athens is also a beautiful place. Its filled with courteous and friendly people. You will surely enjoy living there.”

Think for a while, did Socrates lie? To the first guy he said Athens was a terrible place but gave a completely different picture to the second guy. No. Socrates did not lie. He described Athens based on the person’s perception of life.

It’s true that our thoughts can create who we are as a person... because our thoughts become our words, our words become our actions, our actions become our character, our character becomes our destiny. Our

destiny starts when we choose our thoughts. We can actually choose to see beauty or to see the ugly. The reason why people are depressed and in self-pity is because they see hopelessness. The reason why people are afraid is because they see fear. the reason why people are mean is because they could not see the good in people.

I praise God because the Philippines is an incredible country and the Filipinos are such a wonderful people. I have the most gorgeous and loving wife who has given me four incredible kids. I am blessed with an awesome set of friends. My life is overflowing with blessings... In faith, I know that the future can only be brighter and I proclaim this everyday.





And here's another thing: I have the best community ever - the BCBP Pasay City. It is filled with loving and helpful brothers and sisters I'm truly proud of. Its a community of committed Christians who had been tested in the crucible of fire that they can sleep in the midst of the storm because they hold on to this faithful God.

We, one of more than fifty such BCBP communities nationwide, are a community of anointed servants who inspire people for we can see the beauty in things that are invisible to many. When people describe terrible and ugly things, Jesus points us to the beauty in them. What people see as problems, we see doors of opportunities. What people see as traumatic events, we see as sources of triumphs and victories. We hear this so often in our breakfast sharings. The greatest trials of our lives became the source of our greatest victories. When we hit rock-bottom, we celebrate because rock-bottom is the birthplace of victory. We surely know this because what we celebrate in every mass is the greatest tragedy in human history - Jesus being crucified on the cross. What many saw as a pitiful scene, Jesus saw as his triumphant moment. It became the source of our greatest blessing!

Call me crazy. call me naive. but this is the truth. It is also true that when God created us, He created a natural beauty within us all and God is the one that releases this beauty for the world to see. Yes, you are beautiful! You are so blessed! You are great! We are all God's beautiful children!

May all you beautiful BCBP people look at the year that lies ahead of us with Positive Eyes, atuned to see the good and beautiful in everything. This will make our New Year a most fruitful and blessed year! God bless everyone! ✠



*BCBP Iligan's New CH and Governance Team*



*BCBP Manila's New CH and Governance Team*





## •• Ladies' Forum

# The Authentic Christian Lady: Simplicity, Sincerity and Serenity

How can the Christian woman of today preserve the moral Catholic values and the heart-felt faith of the early Christians? We are subjected to a conglomeratic mix of the tensions of materialism, physical comfort and convenience, sexual promiscuity, blatant immorality, the selfish lures of advertising and media, plus the ever-shifting economic, political, and social constraints of modern living. How does the Christian lady keep her faith and sanity amidst all this?



to hide one's identity or real intentions." Sincerity therefore is the capacity to relate to people as people, rather than as objects or things. The sincere lady has no duplicity in her heart, in her words or in her actions.

The third quality of an authentic Christian lady is serenity, a quality of peace, of inner tranquility. He points out that Mary showed such tranquility and serenity in her acceptance of the angel and his announcement, in her resulting pregnancy and throughout her life with Jesus. She accepted the challenge given to her, believing and trusting in God that she had nothing to fear.

The late Jaime L. Cardinal Sin in his book of reflections and inspirations "I Will Serve" (Anvil Publishing, Phils. C1999) addresses this situation in his reflection "A Sincere Gift of Self" (pp 132-137) by defining the word "lady". He describes a lady as a woman who is aware and concerned of the wants of others and who does not hesitate to help those in need. He believes that a real Christian lady is not someone who just believes in Christ, but a person who obeys Jesus' commandments to love: to love God and one's neighbor. And he cites Mama Mary as the prime example of the authentic Christian lady.

Cardinal Sin points out three qualities that a Christian lady should emulate and cultivate. These are simplicity, sincerity and serenity.

"Simplicity is a refinement of the heart and mind, an inner sensitivity and a humble attitude towards people. Mary had this quality in abundant measure. When the angel told her, you are the handmaid of the Lord, she said simply, gently, and in all humility: 'Let it be done according to your word.'

He continues by describing sincerity as "being true to one's self, not wearing any masks

In the eyes of Cardinal Sin the true dignity of a woman, or of any person for that matter, lies in following the way of Mary, of living a life abundant in the qualities of simplicity, sincerity and serenity. He calls this 'the sincere gift of self'.

He ends his reflection on being an authentic Christian lady with these words: "We become more and more persons that





God intended us to be when we learn to transcend our self-love and to live for others, when we learn to serve rather than to dominate, when we learn to recognize the absolute value of persons and cease to use them for our own advantage.”

As BCBP women who are striving to be authentic Christian ladies as modeled by Mama Mary, we will do well to consider and reflect deeply on the thoughts of Jaime Cardinal Sin. Simplicity. Sincerity. Serenity. Let us live simply so that others may simply live. Let us throw away our masks and reveal the sincerity, love and concern in our heart that Mary had. Let us embrace the challenges that God gives us as ways to strengthen our lives with the serenity of Mary and live in peace and harmony with the world around us.



By living lives of simplicity, sincerity and serenity, we Christian ladies can share these qualities with others by our example. We will be able to share Jesus and his moral values and attitudes just by being ourselves, by being authentic Christian ladies brimming over

with simplicity, sincerity and serenity.

Let us remember that transforming the world around us begins with each one of us. We cannot change others, we can only change ourselves! ✞

**Bread of Life** cont. from page 12



2. Jesus is the “Bread of Life” to us. How can we be the “bread of life” to others?

3. Yes, we can be “bread of life” to others ... but we must first discern what kind of bread we are. What type of bread are you today: All natural? Stale and moldy? Crusty and hard? Fresh? Easy to “butter up”? Bread that people like? Or, bread that no one would want to eat?

4. It has been said that we are what we eat. How would you describe your daily spiritual diet: Junk food? Frozen food? Baby food? TV microwave ‘instant’

food? Leftovers? Rice and dried fish? Bread and wine? A balanced diet?

5. Remembrance, proclamation, and participation are three realities of the Lord’s Supper. How can you best experience these realities in the Eucharist? Individually and in the BCBP?

6. How has Jesus touched you through the Eucharist? In what way has the Sacrament of the Eucharist brought you closer to God?

## ••• Back to Basics

# Why Do Catholics Make The Sign Of The Cross?

Why do Catholics make the Sign of the Cross? This action of blessing oneself with the Sign of the Cross dates back to the early Church with the new Christians using this sign traced on their forehead to identify others of the faith. Today celebration of the Sacraments begins and ends with the Sign of the Cross. As members of the Body of Christ, we should begin and end our days and our prayers with a reverent Sign of the Cross.

Using the Sign of the Cross not only witnesses to others our Catholic belief but it also serves as a reminder to us of our faith in Christ as our Savior. The cross is the sign of His death and of our redemption from sin. We are reminded, too, that we should share in His sufferings by taking up our cross daily and following Him.

Every time we pray the Sign of the Cross we reiterate our faith in the fundamental truths of Christianity: we believe that there is a God, He is only one God, for He has only one name – “in the name of God.” Yet there are three distinct persons Who possess the divine nature – “Father, Son (Whom we know also as Jesus Christ) and Holy Spirit.” We signify our acceptance of the

Trinity of three Divine Persons as we say “Amen.”

By making this sign we call God’s attention to our needs as followers of Christ and particularly ask for help against our constant enemy who prowls about us like a roaring lion (1 Peter 5:8). St. Cyril of Jerusalem as early as the 3rd century said, “Let us make the Sign of the Cross boldly and courageously. When the demons see it, they are reminded of the Crucified; they take to flight, they hide themselves and leave us.”

Saint Ephrem the Syrian (306 – 373 A.D.) wrote: “My son, mark all you do with the sign of the life-giving cross. Do not go out from the door of your house until you have signed yourself with the sign of the cross. Do not neglect to make that sign whether you are eating or drinking, or going to sleep, whether you are at home, or going on a journey. There is no habit to be compared with it. Let it be like a wall that protects you and your conduct; teach it to your children so that they may faithfully learn the custom.”

The way that we make the Sign of the Cross reflects on how seriously and meaningfully we regard our Christian faith. A swift



pass over one’s head and chest hardly demonstrates strong belief in God. Rapid multiple signs of the cross seem to say that one’s faith in God’s protecting power is weak and needing many booster shots. Automatically and quickly making the sign of the cross without reverently saying the words when passing a church, or facing danger, or ‘just because’ denigrates this sacred and powerful sign into a superstitious action, having no connection to the power of God.

With a reverent Sign of the Cross, we not only reinforce our belief in God and the Holy Trinity, we express publicly His Lordship over us and witness to others that we do believe and that this faith is important to us.

It has been said that “actions speak louder than words”. When we make the Sign of the Cross, what words do others hear? ✠

Reprinted from the Dec’90-Jan’91  
KAPATIRAN



## ●●● Feature

# Community Means Caring

Community means Caring. In the BCBP Community we encourage each other to be our true selves, even as we remove our own masks. We learn to work and pray with our brothers and sisters, not merely for them. Let us then come together in prayer and unity and honestly evaluate ourselves, individually and as a group, as to how well we really, truly care for each other.

We give you some suggestions for Caring to start your discussion.

**Be sensitive to other’s needs.** Take off your spiritual blinders. Do not just promise to pray for the concerns of your sister or brother. Listen, lend your shoulder for tears, then offer, “May I pray with you right now?”

**Be trustworthy.** It’s often tempting to divulge knowledge under the guise of “sharing a prayer request.” But if we really care for that friend who entrusted us with private, confidential or personal information, we should respect this trust in us. Yes, we ask others in community to pray with us for that person, but without being overly specific as to the prayer request details.

**Be available.** We need to make time for developing and nourishing relationships among community members. Meeting one another in assemblies and action group meetings is seldom enough to build close friendships. How about a regular coffee time together? Or a monthly day-off with your friends just bonding and enjoying each other’s presence?

**Be a good listener.** Practice empathic listening with your heart. We learn this in BCBP’s SLT, Steward Leaders Training. Silence your inquisitive mind and really listen. Maintain eye contact; perhaps a touch of your hand will help convey the message, “It’s all right, I hear what you are trying to say.”

**Be a grace-giver.** Always seek the good in the situation; look for the good in the other person. Focus on the goodness of God, not on the difficulties or troubles. Remember that with the rain, there would be no rainbow. Let yourself become a channel for God’s grace to your brothers and sisters in community.

**Be a courageous intercessor.** Step out in faith and pray for God to work miracles, both big and small, in the community. Welcome opportunities to pray for the healing of physical ailments, for livelihood concerns, for strength and perseverance in faith, for healing of relationships . When we are united in prayer, God abundantly answers our petitions and rejoices in our praise.





## BCBP BREAKFAST DIRECTORY - January 2011

CHAPTER/OUTREACH	VENUES	DAY	1st	2nd	3rd	4th	CONTACT PERSON	CELL PHONE
<b>METRO MANILA</b>								
CAMANAVA	Max's Restaurant, EDSA, Cal.	SAT	M	S	M	J	Edwin Galinato	09178176007
NAVOTAS c/o Camanava	Jollibee, Naval St., Navotas	TUE	-	M	-	J	Romy Padua	09325958846
GREENHILLS	Club Filipino, San Juan	THU	M	S	M	J	William Dionisio	09178330099
PASIG c/o Greenhills	Congo Grille, El Pueblo, Ortigas Ctr	SAT	M	J	M	M	Bert Salanga	09178487604
QUEZON CITY	Max's Restaurant, Sct. Tuazon	SAT	M	J	M	S	Micmic Juayno	09174805715
CAPITOL HILLS c/o QC	Albergus Resto, Capitol Hills / Balara	SAT		M		M	Roy Calleja	09177962690
NOVALICHES c/o QC	Dory's Grill. Commonwealth Ave	SAT	J	-	J	-	Roy Calleja	09177962690
RIZAL	Max's Restaurant, Taytay	SAT	M	S	M	J	Ron Ramos	09175587757
MARIKINA	McDonalds, Marcos Hiway nr Filinvest	SAT	M	M	J	M	Marlon Centeño	09088617073
ALABANG	Ayala Alabang Country Club	SAT	M	J	M	S	Bobby Corrales	09175457696
LAS PIÑAS	Max's Resto, Alabang-Zapote Rd	SAT	M	M	M	J	Richard delaRosa	09178250973
MAKATI	Makati Sports Club	WED	M	J	M	M	Rudy Orino	09272544687
TAGUIG c/o Makati	Maxs Resto (nr McDo) Global City	SAT	M	J	M	J	Dindo Ibazeta	09175136667
MANILA	Jade Vine Resto, UN Ave., Ermita	FRI	J	S	M	M	Ferdie Correa	09176271009
MANILA NORTH	Chowking, Abad Santos cor Hermosa	SAT	J	J	J	J	Bong Rivera	0917 3991386
PARAÑAQUE	Max's Restaurant, Sucat, Pqe	SAT	M	S	M	J	Joel Millena	09178048826
PASAY CITY	Greenside, Villamor Golf Club, Pasay	SAT	-	M	-	J	Sen Cid	09177908545
PTO PRINCESA NORTH	Linda Hall, Skylight Restaurant	SAT	J	-	S	-	Marlon Sendaydiego	09194362771
PTO PRINCESA SOUTH	Ardent Hotel, San Miguel	SAT	-	S	-	J	Nelson Caabay	09178196768
<b>NORTHERN &amp; CENTRAL LUZON</b>								
BAGUIO	Supreme Hotel, Magsaysay Ave	SAT	M	J	M	S	Glen dela Cruz	09063100346
CANDON, Ilocos	AraMarie Resto (Farmer's)	SAT		J		J	Onnie Duran	09286264381
DAGUPAN	Star Plaza*, Pinkies**	SAT	J*	L**	M**		Lito Magno	09287551500
URDANETA	Ciudad Fernandina	SAT	-	J	-	M	Ariel Noranda	09179676671
LAOAG	M-Michoice Resto, J-Palazzo dLaoag	SAT	-	M	-	J	Sydney Santiago	09175700100
SAN FERNANDO, L.U.	Sea & Sky	SAT	J	-	S	M	Allan Avila	09173501091
TUGUEGARAO	Crown Resto & Hotel	SAT	M	M	S	J	Bing Ramirez	09282422323
SANTIAGO, ISABELA	Hotel Amancio	SAT	M	J	J	M	Nash Lagman	09228692221
NUEVA VIZCAYA	Governor's Palace, Solano	SAT	-	J	M	J	Alain Manaig	09175783833
APARRI	St. Patrick Hotel	SAT	J	-	J	-	Angel Rabago	09279437744
ANGELES	KM 86 Food Rest. Sta. Maria	SAT	J	J	J	J	Meng Evaresto	09189401614
BALANGA Bataan	Crown Royale Hotel	SAT	J	J	J	J	Oca Banzon	09175760982
BULACAN CENTRAL	Max's Rest., Guiginto, Bulacan	SAT	M	J	M	S	Eddie Agustin	09052210092
BULACAN NORTH (Pulilan)	Café Narciso, Pulilan	SAT	J	J	J	M	Dani Marcelo	09164669303
CABANATUAN	Village Inn, Mabini Homes	SAT	M	J	S	J	Andy Fernandez	09157921656
OLONGAPO	Max's Restaurant, Magsaysay Drive	SAT	J	J	J	J	Nestor Publico	09209519791
SAN FERNANDO, PAMP.	Villa Conchita R (M)/ McDonalds (S)	SAT	J	M	M	S	Lito Santos	09209510739
GAPAN	Jjerrbee's Resto	SAT	J	J	J	J	Noli Inton	09164097865
<b>SOUTHERN LUZON</b>								
BACOR	Paradiso Terrestre, Molino	SAT	M	-	M	-	Gerry Arais	09285079736
BATANGAS CITY	Hotel Pontefino	SAT	M	J	M	J	Alen Abendan	09228998991
NASUGBU	Chowking Resto	SAT		J		J	Dan Pasia	09209035490
BIÑAN-SAN PEDRO	Max's Resto Pavillion, Binan	SAT	M	J	M	M	Eugene de Guzman	09273187240



## BCBP BREAKFAST DIRECTORY - January 2011

CALAMBA	Riverview Resort	SAT	M	J	M	S	Don Alarcon	09189293853
CALAPAN	Chowking, Calapan	SAT	M	J	S	M	Rod Umali	09175040832
IMUS	Orchard Golf & Country Club	SAT	M	J	M	M	Arnold dela Rosa	09285009363
DAET	Golden Palace & Restaurant	SAT	-	J	-	J	Tony Magana	09195888034
GEN TRIAS	Tempura Resto, Gov Drive, Manggahan	SAT	J	M	S	M	Boy Castro	09195714042
LIPA	Luntian Restaurant, Lipa City	SAT	M	J	M	S	Boy delos Reyes	09178218409
LOS BANOS	Chowking, Vega Ctr, Grove LB	SAT	M	J	M	M	Ferdie Cartano	09228063794
LUCENA	Guisseppi Restaurant	SAT	M	J	M	S	Joji Aranilla	09209095545
SABLAYAN	GVD Resto, Buenavista	SAT		J		J	Boy Abeleda	09209245826
SAN PABLO	Coco Palace Nat Hiway	SAT	M	J	M	S	Willie Cadiente	09283025212
SAN PEDRO (Laguna) -	Max's Resto, Pacita Complex	SAT	M	-	M	-	Jojo Lindaya	09272184854
STA ROSA	Max's Resto, Balibago Complex	SUN	M	J	M	M	Tony Eugenio	09077659637
STA ROSA WEST	Cabalen Restaurant (*Kapihan)	SAT	J	M	J	K (*)	Mon Puno	09175339351
STA CRUZ	Chowking	SAT	J	J	J*	J	Vic Apale	09209181515
TAGAYTAY	Taalena Restaurant	SAT	M	J	M	J	Bay Valles	09189499297
TANAUAN	Hacienda Darasa	SAT	M	J	M	J	Vic Mercado	09156406551
LEGAZPI	Quick & Hearty	SAT	-	J	-	S	Ric Quiambao	09182430637
NAGA	Champagne Garden	SAT	S		J		Tom Cecilio	09175583041
SORSOGON	Jollibee Sorsogon	SAT	M	-	J*	-	Roger Jamora	09194803147
SAN JOSE MINDORO	Sikatuna Beach Hotel	SAT	J	-	M	-	Bong Espiritu	09285206180
TAAL-LEMERY	Wellzone, Lemery	SAT	-	M	-	J	Art Mercado	09297889254

### VISAYAS

BALAMBAN	Dyan's Place	SUN	J	-	J	M	Dante Erasan	09189216756
TOLEDO Cebu	Cebeco III Compound	SUN	J				Dante Erasan	09189216756
BOGO Cebu	North Homes, Bogo	SAT	J	-	M		Roger Tonacao	09176256977
CEBU NORTH	City Sports Club, Ayala	SAT	J	M	S	M	Jojo Cinco	09189378476
CEBU SOUTH	Sacred Heart Ctr., D. Jakosalem	SAT	J	M	S	M	Julius Toledo	9208588153
CEBU CENTRAL	Casino Espanol de Cebu	SAT	M	S	M	J	Jun Jabatan	09178310768
CONSOLACION	Oyster Bay, Bridges Town Ctr	SAT	-	J	M	J	Paskie Tabuao	09228859539
MACTAN	Crown Regency Suites	SAT	M	J	M	S	Jun Pardico	09173213486
MANDAUE	Montebello Villa Hotel, Banilad	SAT	M	J	M	S	Mar Sequino	09263125821
TALISAY Cebu	Chowking Gaisano Tabunok	SUN	M	J	-	S	Lino Canete	09173273780
BAIS	PPC	SAT	-	M	-	J	Eden Garcia	09276839648
DUMAGUETE NORTH	Bethel G. House; (Plaza MaLuisa *)	SAT	J	M*	S	-	Henry Tan	09179670184
DUMAGUETE SOUTH	Plaza Ma. Luisa	SAT	S	M	J	-	Cesar Concepcion	09069376786
SIQUIJOR	Webs Legacy Inn	SAT	J	-	J	-	Tata Quilicot	09169638026
SAN CARLOS	Carmel's	SAT	-	M	-	J	Joy Tambis	09383371584
TAGBILARAN NORTH	JJ Seafood	SAT	-	J	M	M	Romy Ruiz	09175468581
TAGBILARAN SOUTH	JJ Seafood	SAT	-	J	M (S*)	S	Dodong Gasatan	09209281471
TALIBON	Talibon Pension House	SUN	-	J		J	Cleto Garcia	09208016808
TUBIGON	Monina's Inn	SUN	-	J	-	M	Elmer Genita	09322717310
NAVAL, BILIRAN	Marina's Seaside Inn	SUN	-	J	-	M	Juan Pastor	09153647226
BORONGAN	JRC Bldg, Brgy Songco	SAT	-	J	-	J	Sonny Uy	09177222803
CALBAYOG	I's Plant Hotel	SUN	J		M	-	Larry Rubio	09176155945
CATBALOGAN	Taby's Place	SAT	J	-	M	-	Egan Gabon	09209241699



## BCBP BREAKFAST DIRECTORY - January 2011

CATARMAN	Pink City, Catarman	SUN	-	J	-	J	Jess Laodenio	09168763219
TACLOBAN	Sitti Grille Resto	SAT	L	M	M	J	Joseph Escalona	09152153587
BAYBAY	Captain Grills	SUN	-	J	-	S	James Bandalan	
MAASIN	Supercha Restaurant	SUN	J	-	S	-	Joel Cabardo	
ORMOC	Pongos Hotel	SAT	-	M	J	M	Tex Peñalosa	09189919551
SOGOD	KC Clubhouse	SAT	J	-	J	-	Boy Lora	
HILONGOS	Marcelino's Place	SAT	J	-	J	-	Ronald Yan	
PALOMPON	PACCI	SAT	J	-	M	-	Reny Frias	09286979641
BACOLOD NORTH	Quan LS* / Bar 21**/Jollibee& Quan***	SAT	M*	J**	S***	J**	Fred Dofeliz	09179155411
BACOLOD SOUTH	Time-Out Resto*/ 21st Resto**/ Jollibee LS***	SAT	M*	S***	M*	J**	Ernie Pestano	
SILAY	BCBP Center, Santan , Rizal St	SAT		M	J	M	Leonel Horviddalla	09104038331
ILOILO	Amigo Terraces Hotel	SAT	J	M	S	M	Rex Debuque	09209474100
MOLO	Hotel del Rio, GLuna , Iloilo City	SAT	J	M	S	M	Baby Soriano	09209050533
KALIBO	Nazareth Home	SAT	J	M	S	M	Monchie Rebesencio	09176224862
BORACAY	Tropical Guest House Stn 3	SAT	J	J	J	J	Diony Ruance	09196886656
ROXAS	Pizza Junction, Rizal St.	SAT	J	M	S	M	Dante Corros	09189431408
<b>MINDANAO</b>								
BUTUAN	Luciana Convention Ctr * Priscilla Guest House**	SAT	M*	J*	M**	J*	Ricky Tabasa	09103160342
CDO EAST	Sentro 1850	SAT	M	M	J	S	Paul Yacapin	09175451900
CDO WEST	VIP Hotel	SAT	M	S	J	M	Rhady Escarra	09202032610
DAVAO EAST	Royal Mandaya Hotel	SAT	M	J	M	S	Hansel Magno	09209522409
DAVAO WEST	Marco Polo Hotel	SAT	J	S	M	J	Jojo Abrera	09228264268
DIGOS	CAP Building	SAT	-	J	-	J	Macy Directo	09052805519
GEN. SANTOS	East Asia Royale Hotel	SAT	J	-	J	-	Danny Hamoy	09177154289
KORONADAL	Princessita Pensionne	SAT	-	J	-	J	Dodoy Maulit	09177150670
SURIGAO	Gateway Hotel	SAT	J	-	J	-	Jun Bayana	09208344407
TAGUM	Miko's Brew, Apokon Road	SAT	-	J	M	J	Boy Galagala	09155018741
PANABO	Maria Clara Resto	SAT	J		J		Arman Yambao	09189793412
MALAYBALAY	Haus Malibu	SAT	J	-	J	-	Rod Llacer	09173222031
VALENCIA	Jollibee Valencia	SAT	*J	M	-	J	Nick Baliguig	09176281957
DIPOLOG	Top Plaza Hotel	SAT	-	J	M	S	Maiko Wong	09228255784
ILIGAN	Ma. Cristina Hotel	SAT	-	M	M	J	Boy San Luis	09183127217
KAPATAGAN	Arcinas Resto	SAT	J	-	J	-	Fernie Legaria	
OROQUIETA	Kamayan sa Oro	SAT	J	-	J	-	Marchito Gonzales	09192205515
PAGADIAN	Pinchik Restaurant* Jollibee **	SAT	-	J*	M**	J*	Joe de Pedro	09178194168
ZAMBOANGA	Astoria Hotel	SAT	J	-	M	-	Lino Genel	09274237846
IPIL	Sibugay Hotel	SAT	-	J	-	J	Tata Briones	09088721377
<b>ABROAD / CALIFORNIA USA</b>								
SOUTHERN CALIFORNIA	Maynila Resto*/ Maxs**/Denny's*** / Hapag +	M*L+	J**	J*	J**		Nelson Ynion	310-3579973
NORTHERN CALIFORNIA	Max's, Vallejo* / Fresh Pizza, Channel St, SL**	Sat	J*	-	J**	-	Art Romanos	916-3962008



**BROTHERHOOD  
of CHRISTIAN BUSINESSMEN  
and PROFESSIONALS**

## **OUR VISION**

Bringing Christ into the marketplace  
and winning the marketplace for Christ.

## **OUR MISSION**

We are a community of  
business people and professionals  
committed to living out Christian values  
and being change agents in the marketplace.  
We accomplish this through a process of  
on-going personal conversion, a commitment  
to professional excellence, community and nation  
building, practice of justice and integrity, and  
responsible care for all entrusted to us.

## **CORE VALUES**

Love for CHRIST.  
Love for COMMUNITY.  
Love for COUNTRY.  
Commitment to the LORD's work.