

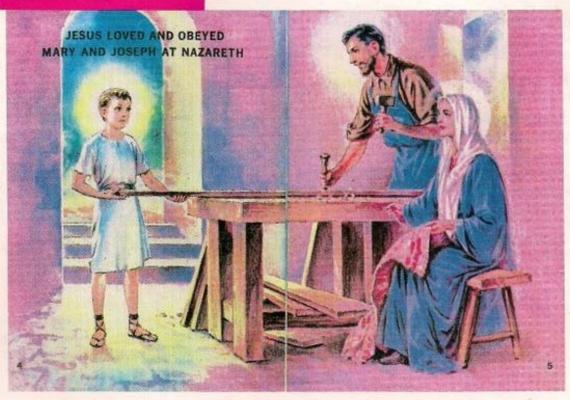
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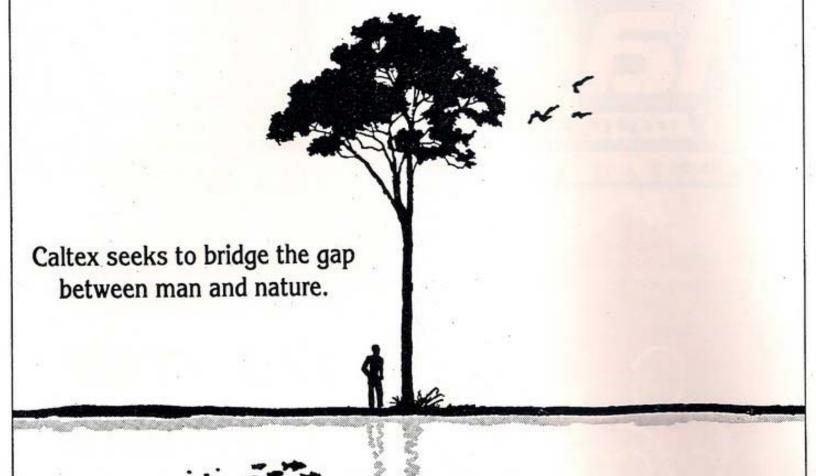


The Family HEART OF CHURCH AND SOCIETY



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λ Lessons From My Children, p. 9 λ My First Love Letter In 50 Years, p. 11



At the turn of the century, the Philippines had lush, rich hectares and hectares of forests. Today, less than a decade before the next century, many of these forests have been denuded and destroyed.

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BusinessInterviews

The Doctor Prescribes Prayers

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HDITORIAL

ARE WE HARBORING FALSE PROPHETS?

Whenever I hear of false prophets, I conjure up either images of black-browed, bearded, wild-eyed, uncouth persons ranting and raving about the coming of the end of the world, or the image of the smooth-talking, sleek-haired fellow just oozing with oily sincerity whispering of sweet temptations that pave the way to hell. Sort of a stylized fictitious character, not a real person.

However, since I began researching on the family for this issue, I have come to the realization that we have several potent false prophets right in almost every home-the television set and the radio. One of the prophet's tasks is to form the consciousness of his listeners; do not the radio, TV and other media forms do this, too? A holy prophet seeks to lead the people in the way he believes is right before God; do not the media seek to lead us in the worldly ways it espouses?

A true prophet proposes truth in the light of God's nature while the false prophet sees no evil where it is and makes incredible promises about what cannot be. Think for a minute of what TV programs and especially popular commercials teach our children and us. That a party is not a good party without ice cream. That a family cannot have a happy outing unless they drive out of the city in a brand new car. That a reunion of friends is not complete if there is no beer, hard liquor and beautiful girls. That natural God-given beauty is not perfect without soap, cosmetics, shampoos and perfume. Are these not false prophecies?

We are always talking about peace in our country and in the world. In 1993 Assumption High School in Antipolo conducted a survey among its students to assess their concept of violence and peace. Of the 370 respondents, almost 60% said they enjoyed books featuring horror and violence because they were entertaining,



fascinating and intellectually stimulating. Isn't there anything else that could spark a young person's intellect and imagination other than horror and violence? What about sunrises, rainbows and other marvels of God's creation, or are these obscured by the polluting smog and garbage in our young people's lives?

Take time out and watch a group of children playing. What are they playing? Scenes from karate movies, adult dramas, police stories, Ninja turtle and Voltes-V cartoons. We should not blame the children. They are merely practicing for the future climate of the violence, horror and crime that they see and hear prophesied in their daily lives. In terms of media exposure, have you tried to estimate the percentage of time promoting peace versus the percentage of time promoting violence and evil?

The Bible tells us that God has promised to keep aremnant of His people alive to carry on His work. The family is part of this remnant of the past. The older members are supposed to pass on the Christian values, beliefs and practices to succeeding generations, much like Lois did to Eunice who then passed on her faith to Timothy (2 Tim. 1:5). We all advocate strong families and homes vibrant with faith. But, in reality, in many homes isn't the TV the more eloquent and persuasive authority in our families today?

We raise a big furor over the censorship of "Schindler's List". And, yet in our homes, the false prophets continue their misleading prophecies and value demolition. Perhaps we need to reexamine our own values... Perhaps we need to find out which false prophets we are tolerating - or even encouraging. \$\frac{1}{2}\$

Nancy R. Catan

The new look in this issue of the KAPATIRAN is the result of the purchase of the new computer system by the National Council. This is in line with the program of upgrading the quality and readability of the new KAPATIRAN Magazine. We will appreciate your comments and suggestions. - Editor.



"Good-Cole", "Coke", and the Dynamic Ribbon device are replaced tradeling to of The Coce Cole Company

DACK TO DASICS

uch has been said about the importance of the family. That the family is the foremost essential institution for the conservation of society and for the attainment of the common good of every individual. That the Christian family has a special mission from God: to safeguard, to reveal and to communicate divine Love. That we must protect and cherish the family unit. That the future of mankind rests in the bosom of the family.

Even the State recognizes the sanctity of family life in the 1987 Philippine Constitution, Article II, Sections 11 and 12:

Sec. 11: The State values the dignity of every human person and guarantees full respect for human rights.

Sec. 12: The State recognizes the sanctity of family life and shall protect and strengthen the family as a basic autonomous social institution.

The Domestic Church

From various Catholic teachings, we know that the family is the domestic Church, the first Church where the deepest human, moral and supernatural values are learned. It is in this domestic Church that all members of the family, each according to his or her own gift, have the grace and responsibility of building, day by day, the communion of persons, making the family "a school of deeper humanity." (Familiaris Consortio, No. 21)

The family is the sanctuary of human life; in itself, it is a community of life and love. Vatican II emphasized four general tasks for the family: 1) the family forms a community of persons, 2) it serves life; 3) it participates in the development of society; and 4) it shares in the life and the mission of the Church. (FC, No. 17).

Pope John Paul II has declared 1994
as the International Year of the Family (IYF)
throughout the Catholic Church.
The Catholic Bishops' Conference of the
Philippines (CBCP)

has set out four principles and six objectives to guide the faithful in their observance of the IYF.

This article examines these concepts and suggests ways for us to put them into practice.

PUTTING FAMILY'' INTO

PRACTICE



The Erosion Spreads

And yet, although there seems to be complete agreement in theory, what we see being put into action transmits another message. The Family Code allows relative divorce. The State now actively promotes its own version of sexual education and encourages family planning with the use of contraceptives. Divorce and abortion bills are being discussed for future legislation.

"Isms" are seeping into the roots of the family structure and eroding its foundation: the "isms" of relativism (everything including right and wrong is relative to one's experience and need), pragmatism (being practical supersedes morality), individualism, materialism, socialism and even communism. False prophets in media, education and other disciplines preach worldly values while covering up Christian values. Family life styles and family values are undergoing radical changes in reaction to such erosion.

Transformation Needed

The IYF theme - The Family: Heart of Church and Society -stresses that the family is 'an inexhaustible well spring of human resource for social transformation and that the future of evangelization rests on the Church of the home.'

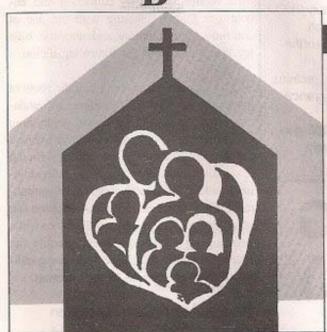
Maria Luisa Lorenzoy Rafols in her book Family Values, Anyone? identifies four factors that need to be addressed frontally if any transformation is to be carried out. Firstly, despite numerous press releases and speeches, there still exists a lack of interest in protecting and enhancing the family per se as evidenced by a dearth of organizations, government and private 'action programs' budgetary support for strengthening the family.

Secondly, wrong ideas and values are glorified through media, movies, comics and in the actions and lifestyles of many prominent people. Rafols cites the decline of the influence of the Church as the third factor and the democratization (or modernization) of education as the fourth factor.

There is a saying, "Charity begins at

Next page pls...





1994 International Year of the Family

The Family HEART OF CHURCH AND SOCIETY

The symbol depicts a closely-knit family with the father's loving embrace taking the form of a heart to express familial love and care. The family is set in the center of the home symbolized as a singular unit of society. The larger form behind the home stands for the Church and its role in providing spiritual strength and support to the family.

"Practice makes perfect!

Let us put "family" into practice

so that we can approach the perfection of family that God intended..."

Con'd fr. p. 5 ...

home." But this can also be carried to extremes. Bishop Bacani accuses the Filipino family of having such close family ties that the result is closed families. "We will do all we can for members of our family, even if it means the neglect and the detriment of the common good. We are fiercely loyal to our family members and will even sacrifice our principles, or engage in corrupt practices, in the name of family advancement," Bacani says. (The Filipino Laity: Called To Be Holy, p. 114)

Truly, a transformation is needed!

Love Is The Key

We need to tap the "inexhaustible wellspring of human resource" in our families and use this wellspring to water and give life to the many beautiful pronouncements exhorting us to strengthen the family as a touchstone for moral and spiritual renewal and as a cornerstone for national unity and development. And, I believe, that the waters of this wellspring can only come from the depths of LOVE.

God created us in his own image and

likeness, calling us to existence through love, and at the same time, for love. (FC, No. 11) Thus since God is love, we must be images of this love with love therefore becoming our fundamental and innate vocation. In marriage the love of the husband and the wife becomes one, an actual expression of the Covenant of Love which unites God and his people. Being committed to love and to sharing this love with family members can set the basic foundation for the transformation of the family into what God envisioned through the example of the Holy Family.

What holds families with enormous problems together? Love. What creates an environment of security, acceptance, for-giveness and harmony for the family? Love. What calls each family member to a life of sharing, trust and healthy relationships? Love.

What Else Can We Do?

There are so many, many ways that we can promote healthy family life. We can keep the traditions, set good examples, teach our children the beauty of life rather than just the skills of living and raise our children with loving discipline.

We can practice an active faith in God within and without our family and involve our family in Church, parish and Christian community activities such as the BCBP. However, we must remember that such Church and community activities should never supplant the integrity of the nuclear family. We should instill in our family members the moral absolutes of respect, truth, honesty, justice, mercy, and an awareness of the dignity of man and the righteousness of God's laws.

Whatever shape or form our families may take, if our homes are built on a determination to love as God loves us, if we are always aware of the importance of the family, and if we seek to share this love and awareness with others, then our homes will be established on a foundation that will not fail.

Another saying goes, "Practice makes perfect!" Let us put "family" into practice so that we can approach the perfection of family life that God intended when He established the home in His divine plan for mankind.

Nancy R. Catan

Getting back on the right track usually involves getting out of a rul

This article has been adapted for the BCBP from an article by Scott Morton, entitled "The Best-Kept Secrets of Family Life", published in issues 76 and 77 (1993) of

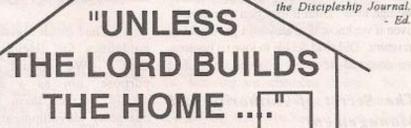
MILY

oo many Christian families believe that if they stand firm on the big things in life, then everyelse will run smoothly. However, it is usually the "little" things in marriage, parenting and family life that can make the difference between a family life of peace and one of strife, between harmony and chaos. And all of these secrets are found in the Bible.

The Secret of Contentment

"Better a dry crust with peace than a house full of feasting with strife." (Prov. 17:1)

We cannot buy harmonious family relationships with money or gifts or plenty of feasting and good times. We need to give our kids time instead of toys; we need to give our spouses attention instead of trinkets. Material things cannot buy quietness, serenity, contentment or peace. These can only come from love shared, from time given unstintingly, and from counting the blessings that God has



Biblical "Secrets" For A Healthy, Enjoyable Home Life

given and continues to give you and your family.

The Secret of Joyfulness

"A joyful heart is the health of the body, but a depressed spirit dries up the bones." (Prov. 17:22)

More times than we'd like to remember we parents have felt overworked and under-appreciated. We have thoughts like, "He didn't even notice the rearrangement of our sala furniture," or "After all the problems I have at the office, it sure would be nice to get a little respect here at home." grumpy, we sulk, we complain. And this rubs off on the family members. It is only a matter of minutes before everyone is irritable and short-tempered.

Now think of the times when we were happy and enjoyed sharing this happiness What a big difference with our family. a joyful heart makes! Being joyful doesn't mean that we have to tell non-stop jokes, or waltz around the home singing. Being joyful is having a sense of humor and being able to laugh at ourselves and with others about mistakes that are made. It is enjoying the presence of each other and having fun together as a family. It is seeing things optimistically and in the light of God's plan for us (Rom. 8:28).

joyful heart good medicine...especially at home.

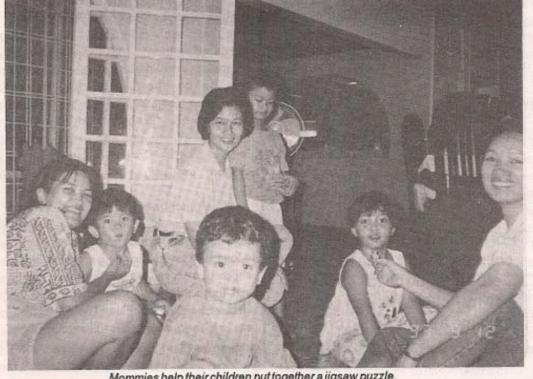
The Secret of Service

"Serve one another through love." (Gal. 5:13)

The world's view of love as great sex can lead us astray from God's view of love. The Bible maintains that the key to a warm emotional marriage starts commitment. Because we are committed to each other, we serve one another in both little and big ways, whether we feel like it or not.

When we feel as if we're falling out of love, or we don't like our families anymore, or we begin blaming our spouse and our children for our problems, then it is time to

> Next page please ...



Mommies help their children put together a jigsaw puzzle

Life is not a problem to be solved, but a gift



follow St. Paul's dictum: Serve one another through love. Even if they don't deserve it. Even if we know that we won't get anything in return. Did God decide to love us because we deserved it?

The Secret of Authority and Management

"He must manage his own household well, keeping his children under control with perfect dignity." (1 Tim. 3:4)

The Greek word used here for ''manage'' is ''proistemi'' which is defined as ''to stand before; to lead, attend to with care and diligence'' Biblically speaking, as a manager the husband is the one who will answer to the Lord for the home he and his wife have created.

There are two extremes here. Some husbands dictate instead of leading by influence. Others delegate to the point of abdication. However, the wise husband-manager seeks input from his wife in all areas. He plans ahead involving the family in his planning. He sees to it that the activities of the members wholesome family are and well balanced and do not destroy the family's time together.

A good manager influences; he delegates, but remains available to help; he seeks the input of others; and he plans ahead. But the ultimate decision is his. That's ''proistemi''.

The Secret of Limits

"The rod of correction gives wisdom, but a boy left to his whims disgraces his mother." (Prov. 29:15)

There are two promises here. First, the rod and reproof give a child wisdom. Second, shame is promised to a child who gets his or her own way. Isn't it sobering to

realize that as parents we can give our children either wisdom or shame by the way we discipline them?

The Bible sets out several guidelines for disciplining our children. We should discipline on purpose, not as a reaction. We should correct them for their own character development, not to vent our anger or frustration. St. Peter instructs us: "Do not repay evil for evil or insult for insult; but, on the contrary, (repay with) a blessing." (1 Peter 3:9)

A FAMILY ACTIVITY

BIBLE SHARING: 中中分 GOOD CHILDREN

There are many examples of good children in the scriptures. Read these passages together with your children. Why do you think these children in the Bible are called "good children"?

Josiah		2 Chron. 34:1-7
Samuel		1 Sam. 3:1-21
Isaac	_	Gen. 22:6-10
Joseph	_	Gen. 45:9-15
David	_	1 Sam. 17:22-54
Daniel		Daniel 1:3-20
Esther		Esther 2:20
Timothy		2Tim. 3:14-15

For further discussion: We are all children of God. Can I be considered a "good child"? Why, or why not? What can I do to become a better "child of God"?

"... your family will always be right there waiting for you to come home."

Discipline should be consistent and timely (Eccl. 8:11), making sure that such discipline exacts a cost (Prov. 20:30), such as denial of privileges. However it is sometimes prudent to overlook a lot of foolishness (Prov. 19:11). Fewer rules well and consistently enforced are more respected than many rules made to be broken.

The Secret of Acceptance

"Welcome one another, then, as Christ welcomed you, for the glory of God." (Rom. 15:7)

It's easy to welcome each other and accept each other when we are all on our best behavior. But what happens when we become so familiar with each other that we let our masks fall off? What happens to the spirit of acceptance if a family member breaks away from the family circle to do his/her own thing?

Accepting one another embraces a high degree of being sensitive to the emotional and other needs of others. As long as we try to make over that person into someone he or she is not, we are not accepting the person the way Christ accepted us. Let's face it; we didn't have to clean up our lives or get beautiful for Christ before He accepted us.

Contentment, joyfulness, service, good management, setting limits, and accepting one another -- these six "secrets" can go a long way toward building character in our children, trust and respect between spouses, and the stable and secure atmosphere that God intended for families. These "secrets" can help make your family life a wellspring of happiness.

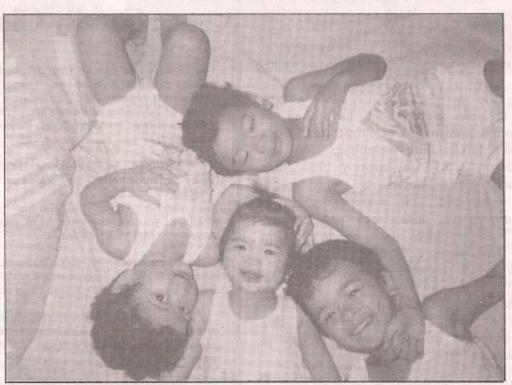
Lessons From My Children

Annie Salvador, Makati Chapter

Four children in four years is no joke. Suddenly I was thrust into a world entirely different from the one I used to know: diapers and night feedings and medicine drops, all the way to birthday parties and college plans and sibling rivalries. It's a delicious job, I must admit, but sometimes the mix gets a little too spicy for comfort, so much that I wish I could keep them in a box for a week or two,

just until I could get my bearings back.

As much as my life is now infinitely more complicated. each day displaying a definite tendency to get all tangled up. I have realized how much richer, fuller and more meaningful it has become. And that is because every day, with each incident. funny or scary, endearing infuriating. children have been teaching me. And so, me share



Clockwise from top: Nico - 5; Tono - 3 1/2; Marga - 1; and Anton - 2 1/2 Salvador.

with you some of the lessons I have learned from them.

Each is God's Unique Gift

Born of the same parents, raised in the same home, it is amazing how different my children are, one from another. One loves books, another prefers rough and tumble play. One likes to be cuddled like a baby, another insists he is a 'big boy now.' A scolding will produce tears from one and a sullen stare from another.

I endlessly study each child and am learning to

use different approaches for each, even in similar situations. I never try to compare one with another, instead, to focus on each one's positive traits and deal with him on that basis. A child's uniqueness and individuality are very precious to him - I must respect and accept that.

Somebody's Watching Me

Since becoming a parent, I have become more conscious myself: my mannerisms habits. what I say and do, and Why? Behow. cause four pairs of little eyes are watching, every they're minute open, missing very little, taking in even things I would not have them see, and remembering, assimilating, imitating

So as I would have them be cheerful and loving, I must be cheerful and loving. As I would have them be honest, kind and fair, I must be

honest, kind and fair. As I would have them be men and women of God, I must be a woman of God. After all, as a child myself, I never really listened to my parents' lectures unless it was supported by their actions. I must realize that the only difference now is the role I play.

Quality and Quantity

No matter how I look at it, a few minutes of "quality time" is not quality time. Presence counts for a lot - and not mere presence, but attentive presence. Regardless of how busy I am, I must make time, because I must be there for them: at this point to kiss a bruise, inspect a drawing, or correct a misbehavior. later on, to help with homework, discuss a dilemma or thresh out a

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PAMILY

grudge.

As my children grow, I am developing private times - one to one's - with each. A drawing activity full of talk for my shy son to draw him out; a tickle-game for the one brimming with excess energy; a quiet drive to instruct another that hitting is wrong. I always engage them in talk, not only to improve their vocabulary, but to keep open the floodgates of our communication. I ask plenty of questions and try to make sincere, understandable answers.

On Discipline

Recently my three sons, ages 5, 3 1/2 and 2 1/2, have taken to sharing a secret smile among themselves whenever I issue a scolding. A conspiracy! They have discovered that there is strength in numbers and in disciplinary situations, it's one versus three, odds against me.

In training up my children, I have had to develop a discipline action plan, experimenting along the entire range from laissez-faire techniques (live and let live, which doesn't work) to military procedures (divide and conquer, which works, but only sometimes). I have discovered that disciplining young children needs determination, consistency and tirelessness, and that the best measures must be quick, firm and appropriate. This applies whether I reprimand, spank or send him to the corner.

Whether democratic, authoritative or permissive, the premise of discipline's effectivity is that both parents must agree to be consistent. Ambiguous parenting is a disservice to a child.

The Right Equipment for the Future

So helpless at birth, and yet full of potential within. Can I ever, ever do justice to my children's possibilities? I will educate them, yes, send them to the best schools we can afford, expose them to the arts, sports, the world of books, to locate and cultivate their inclinations.

I encourage their independence: I allow them to make decisions for themselves - more and more as they grow bigger and wiser. When they are older, I must allow them to make their own mistakes. I must steel myself to just watch from the sidelines, ready afterwards to help process the experience and gather the lessons.

The only rules that are not negotiable should be those against hurting and sin. And so I teach them to pray, to talk to Jesus and Mama Mary. I must show them that life is meant to be lived in God's shadow, anchored upon His Word.

Because when all is said and done, my final objective is to let go, to release my children into their own lives. For that, I must be able to trust that during all the preceding years, I did my best for them, bringing them up in such a way as to draw smiles from God: one for each of them, and one for me. \$\frac{1}{2}\$

tradition

Ways To Make Your Family Closer

Family ties can be strengthened with traditions that develop over the generations. These traditions are habits consistently repeated that spring from love and produce a feeling of belonging and unity among the family members. Here are a few "traditions" you may want to start in your family.

Designer Kiss. Develop a kiss that is unique to your family - a "trademark" - say, a kiss on the end of the nose.

Kid Fix. Request a "Kid Fix" (a big hug and kiss) whenever you feel the need. Let your youngster know it makes you feel much better.

Double Desserts. Once a month, or on special occasions (like seeing a rainbow, or memorizing a scripture verse) delight your children by announcing double-dessert night.

Silent Communication. Invent a silent means of family communication and camaraderie - for example, a wink or a gentle tug of an earlobe, to mean "I'm thinking of you" or "I care."

Season's Greetings. Designate a certain wall space or a door on which to hang or place the season's greetings. Celebrate a different season every month, like Season of Love, Easter, Summer, Back-to-School, Harvest, etc. Let the children make the decorations or over-sized greeting card to hang in this special space.

A Bit of Nonsense. Learn some nonsense verses with your children. Then use them when you can. For instance, if your child refuses to try a new kind of food, begin reciting Dr. Seuss' "Green Eggs and Ham"; your child will soon join you in chanting the verses and before he knows it, he will be eating the new food and enjoying it.

Signs of Respect. Many times we parents bewail the fading away of the traditional "mano" or "amen" with which children used to greet their elders. Why not sit down with your children and decide on a more "modern" sign of respect and greeting? With this begin your own family tradition. Your children will be proud to tell their children that they helped start this family custom.



My First Love Letter In 50 Years

Jess Sayoc, Alabang Chapter

On May 25, my wife and I will be celebrating our golden wedding anniversary. I guess people are curious what one has to say after almost 50 years of marriage. And so this morning (Alabang's February joint breakfast) I am taking this opportunity to surprise Nellie with what I hope will be something special - my first love letter in 50 years.

Dear Nellie.

It is now a family, as well as a BCBP joke that on Sunday evenings as I tell you "I love you", I follow it with a warning that in the event that I fail to tell you so again at the end of the week, then you should consider my declaration automatically renewed and will continue to be so until I revoke it.

Perhaps I may have been a lawyer a little too much too often, using a legalistic approach even in our relationship. For example, I have always thought that in the light of very strong supportive evidences, it should be most obvious that I truly appreciate all that you do and that you are important and precious to me - hence there is no need for me to tell you so. Besides there is the annual Valentine card that I so carefully select - that should be sufficient. But perhaps I was wrong.

Believe it or not, to this day I am not sure I know why you chose me over all your other suitors. You were very popular when I first met you in 1936 and I remember watching you from a distance. I took my time - four years to be exact - before courting you because I wanted to be sure of you and of myself. And it paid off. In the face of your family's expressed concern over your future with me, a womanizer's son coming from a broken family, you still took a chance, believed my promises that I will never leave you and make you unhappy, and agreed to marry me. I can never thank you enough for that trust; because of it I managed to stay honest and faithful to you. It gave me a reason to work hard to give you and children a life better than what my mother and I had.

I wonder how many young wives would do what you readily did for my sake; give up a very comfortable teaching job and security of a closely knit family to go to the city. With two young children, you agreed to be uprooted to be wife to a cochero by day and law student by night. I still remember leaving you at home to care for the horse and clean the stable while I went to office. Did I ever thank you for it?

Though I may never have mentioned it I have always taken pride in your resourcefulness in augmenting our meager income and stretching our budget, so that we were able to raise and educate our children in reasonable comfort. Sewing the girls' clothes, buying and selling goods, learning to play the stock market - you were a very energetic and busy wife and mother. It is good for me to remember this now, specially on

the evenings when you leave me alone to scout around for a dancing partner because you are too tired to dance.

Thank you for taking my mother in; for loving her even if it was not easy. You were incredibly patient in going with me to fetch her from relatives each time she would pack up and go, upset over the pettiest matters, and this was an almost annual event! I have always marveled at your self-control whenever she was unreasonably hard and strict with the children; not only did you refrain from taking sides, you actually managed to teach the children to respect their grandmother. I'm sure you were special to her - for she always came back to us, until the very end.

I am sure I can safely speak for all the children and say how much we have benefited from your cool calm and unruffled way of dealing with just about everything and everyone. Of course, the other side of this was the Siberian cold that would descend in our house whenever you were upset. Silence was your speciality and I must admit was most effective in getting everyone into an examination of conscience.

Thank you for teaching me to keep unpleasantness out of mealtimes; today, even with all the children marrried and with families of their own, mealtimes continue to be happy family reunions. Just about everyone, including the grandchildren, is glad you insisted that the children never be spanked in anger, but rather have their offense and corresponding punishment explained in reasonable tones.

Nellie, 50 years was a long time for me to have taken a chance that you knew what was in my heart. I am grateful for this day and this opportunity to change that. And so, my dear wife, in the presence of these duly designated witnesses, I hereby declare, upon my lawyer's oath, specificially,categorically, and without mental reservation, that you have always been and always will be MY ONE TRUE LOVE.

With all my love,

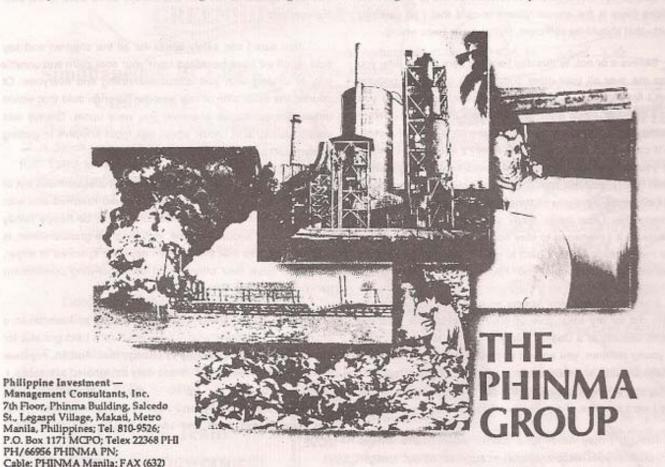
JESUS "Jess"

KAPAIIKAN April-May 1994

PHINMA:

Over 35 Years of Service in Professional Management

In 1956, Phinma started out with cement, Bacnotan Consolidated Industries Inc., as its first venture into project packaging and management. In the last three decades of Phinma's management, Phinma expanded this initial enterprise, translating the force of synergy to related operations in pulp and paper, agriculture, mining, steel fabricating, trading and export marketing, and other ventures such as oil exploration, property development and funds management through over 30 managed or affiliated companies.



PHINMA: Cement: Bacnotan Consolidated Industries, Inc. * Central Cement Corporation * Davao Union Cement Corporation * HI Cement Corporation * Rizal Cement Company, Inc. * Solid Cement Corporation * Philippine Paving Company, Inc. * Union Aggregates Corporation * Calabar Aggregates Corp. * Philippine Quarry Corp. Paper & Packaging: United Pulp & Paper Company, Inc. * Luzon Bag Corporation * Luzon Packaging Products, Inc. * United Industrial Bag Company Energy: Trans-Asia Oil & Mineral Development Corporation * Filmag (Phils.), Inc. * Catanduanes Coal Mining Company, Inc. Agriculture: Kabankalan Sugar Company, Inc. * Filagro Development Corporation * Phinma Fisheries, Inc. * G-Jan Fish Farm, Inc. Trading: Unimer Trading Corporation * Unimer Export Corporation * Union Packaging Corporation * Uni-Producers Company, Inc. * Asian Brothers International Garments, Inc. * Phil. Asia's Crafts & Garments Corporation Consultancy: Phinma Atchison Consultants Inc. Property Development: Phinma Property Holdings Corporation Insurance Brokers, Inc. Investments: Phinma Venture Capital Corporation

SURVIVE IN THEM

God of love,

I would like to pray for all the people who have something to do with one another:

friends, partners, lovers, brothers and sisters, children and parents.

You know how important these relations are, how life-giving they can be, but also how frail and vulnerable.

Give them all the strength to hold out, in full respect for one another,

that they don't jeopardize whatever opening towards your Reign.

Give them time, make them patient, survive in them.

Andre Quintelier

THREE GENERATIONS IN THE BCBP

Nelly V. Sayoc, Alabang Chapter

We are both proud and grateful that our family has been called to be involved in a special way in the Brotherhood. beginning wasn't easy, nor quite as The first to hear the call son-in-law Charlie my Carballo - a most unlikely and therefore more convincing "agent" Thanks to Fr. Gustilo's homily on the Transfiguration, he started to join the Men's Breakfast, and eventually attended the CLP 12 with his wife Josie. Very much impressed with it, they tried their best to recruit us. Jess was noncommittal while I was definitely not interested, having attended a Life in the Spirit Seminar some time earlier. What finally got us to attend CLP 13? Charlie's bribe to pay for our snacks during all the 13 weeks of the program! Strange are the ways of the Lord indeed!

Our oldest daughter Cora is the product of CLP 15, while another daughter Charit, and Nick our only son and his wife Carol, and Mikee, a grandson were graduates of CLP 16. When the Children's Formation was started, three of our grandchildren - Noelie, Carlitos and Diego participated followed later by another grandson Enrique. Angela, another grandchild, joined the Youth Formation when it was launched years later.

As adults, we are grateful to be part of a renewed community, to have been given the opportunity to find the Lord in a deeper manner. And it is with prayerful relief that we thank God for calling our children and grandchildren while they are still young so they can begin their spiritual growth and Christian service at an early age.

Involvement with the BCBP has definitely strengthened our family ties - we have shared experiences of living our Christian values, we celebrate the joys of our spiritual growth and support the difficulties in our journey. One of the more obvious blessings is the ease and freedom with which we communicate with each other, and the wide range of areas and depth with which we are willing to disclose ourselves.

Yes, like the Brotherhood, our family has become a community, too. \$\foatstyle{V}\$

ANNOUNCEMENT

The Alabang chapter marks the 10th anniversary of its men's breakfast with a special joint breakfast on April 30 at the Alabang Country Club. A chapter family day follows on May 1 at Southridge School for Boys.

THE DOCTOR Also PRESCRIBES

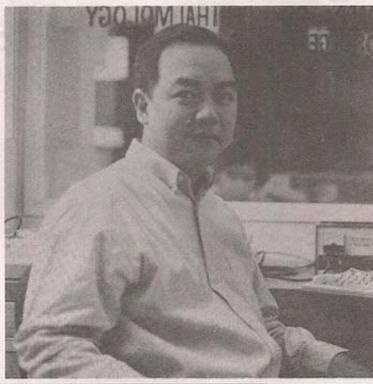
PRAYERS

At one time or another, we have marveled at the proficiency of medical practitioners when they perform "miracles" and cure all sorts of ailments. Notwithstanding cancer and the dreaded AIDS, with a poke of a stethoscope on your chest, a peep on your uvea with an ophthalmoscope and a stroke of a pen, doctors can almost immediately determine the cause of the sickness as well as a sure-fire cure. We can only relegate this prowess to years of pencilpushing, scouring volumes of books and thousands of hours in laboratory work and internship.

However, a growing number of medical practitioners are realizing that medical science is still an evolving discipline. That there are still medical cases which defy human explanation and cure. That when things take a turn for the worse, it may be good to look to that Someone supreme for the cure. That the absolute healing of one's disease does not depend entirely on human capacity alone but on the grace of the One who created everything.

Dr. Marte Sarenas professes and practices this kind of faith:, faith that the miracle of healing is a clear manifestation of God's will, love and power. At the moment of first encounter with his patients, Marte prays, not to have the magical power to heal but for divine guidance. "I pray and discern what the Lord really wants me to do with the patient and correlate it with clinical manifestations," Marte explains.

Marte graduated from medical college at UERMM in 1982 and finished surgery at Polymedic Hospital in 1989 just about the time he also graduated from BCLP 15 of the Makati chapter. Due to the proximity of his clinics and hospital affiliations he then transferred to the Greenhills chapter.



One new feature of the KAPATIRAN Magazine is the Interview Section where we will feature at least two Christian businessmen and professionals in every issue. In this issue Sammy Ulanday talks with Dr. Marte Sarenas of BCBP Greenhills who shares with us his experience with the healing power of prayer.

A typically straight-forward guy with a tinge of snobbishness, Marte admits that the BCBP has contributed significantly to his growth both professionally and spiritually. "I have mellowed and become more compassionate and concerned with my patients, dealing with them not as plain cases or diseases but in their totality as a person," he confides.

He believes that the Lord has given him much patience, too, especially with those people who cannot afford a surgeon's professional fees. While the rest of his colleagues are reaping their harvest in bunches, Marte confesses that his income has remained moderate, "just enough to support my wife Liza and my daughter." Marte however does not complain; he believes that this is a humbling experience that the Lord is giving him. "...the moment
I see the patient,
I pray for
guidance and
discern what
the Lord really
wants me to do
and correlate
this with clinical
manifestations."

Whenever feasible, Marte "injects" evangelization during patients' consultations. Aside from the usual medical prescriptions

he also prescribes prayers, especially the 3 O'clock Habit prayer. He asks his patients if they believe in Jesus Christ, then he offers them prayers, even to non-Catholics.

Marte prays over his patients and finds that this practice gives both himself and the patient confidence, peace and a whole-hearted acceptance of the Lord's will. Not surprisingly, many of his patients recover with only minimal medication. Marte is happy, too, that praying with his patients has led to conversions. "I'm truly glad that I have been successful in bringing Christ to my place of work and into the hearts of people I'm directly dealing with."

Even his colleagues in the hospital are not at all bothered by his "praying-over practice". Marte anticipates that some of them will soon find Christ and join the fold. This he believes was revealed to him in a vision: "When we were thinking of transferring to BCBP Greenhills, one night I had a vision that I was serving in a breakfast for doctors." Marte served the BCBP as the first breakfast head in Cainta, perhaps a preparation for the next assignment from the Lord - the doctors.

Sammy M. Ulanday

JSINESS

Felipe M. Mendoza is a successful architect and heads a firm of architects, planners and consultants. After Mang Ipe's joining the BCBP, his partners and staff have become members of the BCBP and Couples for Christ. His eldest son Eddie and wife Daisy are serving actively in the BCBP Greenhills chapter.

would like to tell you how I responded to the Lord's call through the Brotherhood of Christian and Businessmen to bring Christ into my respective marketplace.

The leadership of these activities is rotated among my staff members.

Next afterbeing inspired by a sharing by BCBP brother Jun Catan, I became an active steward of His material blessings

opening a bank account under the name of the "Lord's Foundation" with the Lord as Chairman, I am the President and signatory. The initial reaction of the bank manager disbelief, he thought that either I was crazy or I was trying to be funny.

I compute the tithing of 10% of the take-homepay as equivalent to 1% of the office gross income. I my tithing of 1% of my deposit

> office earnings everytime I receive a collection. This fund I distribute to the Brotherhood. to the Church, to those who evangelize and to a few charitable institutions.

I Brought Christ Into My Office

Felipe M. Mendoza, Greenhills Chapter

joined the BCBP, I had several reading materials for my employees - Penthouse, Playboy and Hustlermagazines. The interior walls of our drafting room were papered with large posters of the female specie in interesting postures. After lunch, the recreation of my employees was playing "pusoy" or black jack.

Long before I

Ten years ago when I joined the Brotherhood, I collected all those posters and reading materials and built a large bonfire. Then I gave each employee a Bible. We now have daily prayers, weekly Bible studies and a monthly Lord's Day Celebration.

...He is everywhere,,, even in your office. He is your loyal partner.

Because of this, overthese many years the Lord has always been true to his promises in Prov. 3:9-10, Sirach 35:9-10, and Malachi 3:10. The Lordneverfails. Every time our payroll date is about to come, our clients pay us. As one project is about to be finished, new projects come in. The Lord

returns seven to tenfold over what I give to Him...and...there is always a

surplus to give to others.

Praise God! 中

The BCBP is a non-profit, non-stock corporation duly registered with the Securities and Exchange Commission of the Philippines (S.E.C.Reg. No. 105182) on June 7, 1982. The BCBP is also a registered Donee Institution (B.I.R. Certificate of Registration No. 906) under BIR-NEDA Regulations No. 1-81 and is eligible to receive fully tax deductible contributions or donations.

NATIONAL COUNCIL Notes

Secretariat Has New Home

The BCBP National Secretariat has moved to a new home:

> Rm. 201, Concorde Condominium Bldg. B Benavides cor. Salcedo St. Legaspi Village, Makati, Metro Manila

As of press time, no telephone facilities had yet been installed but were expected momentarily. Willi Guzman, head of the secretariat, said that once the renovations are completed, that in addition to his office and the BCBP accounting staff, the office will be home to the KAPATIRAN's business office and a place where BCBP conferences may be held. The blessing is tentatively scheduled for early April.

14th BCBP Anniversary

The 14th BCBP Anniversary celebration will be held at the Philippine International Convention Center early in July reports Roy Calleja, Quezon City chapter head. No other details are available at this time.

Monthly Activity Schedules Needed

All chapters and outreaches are reminded (once again!!) to submit to the National Secretariat their monthly schedules for the entire year 1994. Together with these schedules should be the listing of all members of the chapter or outreach complete with the following information: name, addresses (residence and office), telephone numbers, position/profession, and blood type.

Disposition of Chapter Funds

The National Council has set out guidelines for the use of all funds received by the chapter or outreach. Since 1994 has been designated as an expansion year, 50% of the funds must be channeled to evangelization efforts such as breakfasts, BCLPs, and the establishment and strengthening of outreaches. 25% of the funds shall be available for chapter needs and chapter life programs; the remaining 25% goes to the BCBP National Office to be administered by the National Council in promotion of the BCBP vision and mission.

Policy Directives 21, 22, 23 Released

Three new policy directives were released by the National Council at its February 24, 1994 meeting. PD No. 21 sets out the structure of the unit, its purpose, and the role, duties and criteria for selection of the unit leader.

Policy Directive No. 22, entitled Chapter Structure Development, defines "what is a chapter" and the "role of the chapter head". Procedures for the appointment of a chapter head are given as well as the criteria for selection.

Mission Structure Development is discussed in PD No. 23. This directive explains the purpose of mission life, the makeup of outreach activities and the criteria for the selection and appointment of the chapter's mission director.

Golf Tourney Set

As part of the 14th Anniversary celebration of the BCBP, a golf tournament is slated, open to all. For details, contact Roy Calleja, Quezon City Chapter

A BCBP Unit is a grouping of four or five action groups whose members reside in approximately the same geographical location and are led by a Unit Leader. This is the definition contained in Policy Directive No. 21 approved by the National Council during its Feb. 24, 1994 meeting.

The Unit serves as a means of access for dissemination of information and feedback and as such, it encourages interaction and brotherhood among the members. The Unit is tasked with developing leadership potential, providing an environment for building relationships and developing teams for evangelization.

What is a UNIT?

A unit leader should meet with his action group leaders once a month and frequently visit the different action group meetings of his unit to acquaint himself with their activities and assure they are properly handled. He should get to know personally every member of his unit. Not only does he schedule teachings and other unit activities, but he also handles pastoral needs, problems and conflicts that may arise within his unit.

One of the duties of the unit leader is to scout for members who possess leadership potential for future assignments. He may initiate transfer of members from one action group to another within his unit. When required by his chapter head, he may give teachings and attend the chapter's governance meetings.

The unit leader must have served as a discussion group leader in a BCLP and as an action group leader; he must have completed the BCMR and all other BCBP teachings before being considered for selection as a unit leader. Not only should he be fully committed to the covenant of the BCBP but he and his family must be living the culture of the Brotherhood. And, he must have the time to take on the added responsibilities of the position.

Las Pinas governance team fellowship





Cainta joint breakfast

HEND SINGS

Makati Ladies

MEN'SBREAKFASTS (7:30 a.m.)

Wednesdays

MAKATI: Makati Sports Club, Salcedo Village, Makati

Thursdays

GREENHILLS: Club Filipino, Greenhills

Fridays

MANILA: Chateau 1771, Adriatico St., Malate, Mla.

Saturdays

ALABANG: Ayala Alabang Country Club

BACOLOD: Roli's Food Service

BAGUIO: Palace Hotel, Legarda Road, Baguio CAGAYAN DE ORO: Paolo's Ristorante

CAINTA: Brian's, Marcos Hiway beside Jacob's Supermart

CEBU: Fernando's Sunburst Restaurant

DAGUPAN: Pinkee's Restaurant (1st, 3rd Sat.)

DAVAO: Sunburst Restaurant ILIGAN: Pinausukan (2nd, 4th Sat.)

ILOILO: Amigo Terraces Hotel

LAS PINAS: Italia Club 500, BF Resort, Las Pinas

LAPULAPU: Cesar's Mansion MAASIN: Valtevian Restaurant

PUERTO PRINCESSA: Kamayan Restaurant

QUEZON CITY: Terrace Grill, 119 Roces Ave. near cor. Morato

TAGBILARAN: JJ Scafoods

MEN'S LUNCHEON (12:00 noon)

Fridays: QUEZON CITY: Republic Flour Mills, Pioneer St., Mandaluyong

MEN'S MERIENDA (4:00 p.m.)

Saturdays: TUGUEGARAO: Marilyn's Restaurant (2nd, 4th Sat.)

BROTHERHOOD VENUES

Saturday

MAKATI: Dates n' Nuts, Jupiter, Bel Air (Brunch, 2nd Sat., 9 -

11 am)

ALABANG: Ayala Alabang Country Club (2nd Sat.)

BACOLOD: Cafe Negrense (2nd Sat.)

CAGAYAN DE ORO: Paolo's Ristorante (3rd Sat.)

CEBU: Fernando's Sunburst (3rd Sat.) ILOILO: Amigo Terraces Hotel (last Sat.) LAS PINAS: Italia Club 500 (3rd Sat.) QUEZON CITY: Terrace Grill (2nd Sat.)

LADIES' LUNCHEON (12:00 noon)

LADIES' BREAKFASTS (7:30 a.m.)

Mondays

GREENHILLS: Makati Skyline, Greenhills

JOINT BREAKFASTS (7:30 a.m.)

Wednesdays

MAKATI: Makati Sports Club (1st Wednesday)

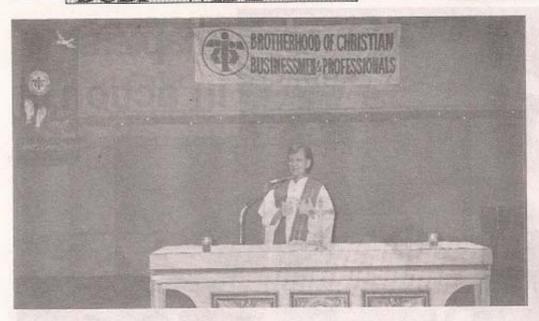
Saturdays

ALABANG: Ayala Alabang Country Club (4th Sat.) CAGAYAN DE ORO: Silver Court (3rd Sat.)

DAGUPAN: Pinkee's Restaurant (3rd Sat.)

LA NAVAL CAVITE: NAVSHIP Managers' Club, Ft. San Felipe, Cavite City (Saturday afternoon merienda)

LAS PINAS: Italia Club 500 (1st Sat.)



FAMILY DAY ON THE WAY

"...One Family, One Brotherhood"

The Metro Manila-wide celebration of this year's Family Day is all set for Sunday, April 17, 1994 at the Navy Gym, Bonifacio Naval Station, in Fort Bonifacio. In keeping with the International Year of the Family, the theme for the day's festivities is "One Family, One Brotherhood".

The program starts with registration at 7:00 a.m. followed by a Holy Mass at 7:30 a.m. Snacks and fellowship will follow and at 9:30 the games and fun for everyone will commence with BCBP president Manny

Banigan giving the opening remarks. Festivities are expected to last up to noontime with lots of prizes and surprises. Greenhills chapter head Rolly Aberion will deliver the closing remarks and prayer.

Sonny Marquez, a unit leader and in charge of BCBP-wide activities of Greenhills, the chapter tasked to lead the service for this activity, has been busy planning, organizing and meeting with the different committees to ensure the success of this family affair.

Turn to p. 31 pls.

Father Herb leads the celebration of the First Friday Mass sponsored by Greenhills Chapter on March 4, 1994

Greenhills Sponsors 1st Friday Mass

The First Friday Mass and general assembly of the Brotherhood last March 4, 1994 saw the BCBP members gathering at a new venue, the PCIB Tower in Makati. BCBP spiritual director Fr. Herb Schneider celebrated the Holy Mass which was followed by a period of fellowship complete with free sandwiches and soft drinks.

Sonny and Charise Marquez of the sponsoring chapter Greenhills extend their thanks on behalf of the BCBP to the following for helping ensure the success of the well-attended Eucharistic Celebration: Fr. Herb, PCI Bank for the Francisco Santiago Hall venue, the action group of Jun/Porky Puno who headed the service team, the Greenhills music ministry led by Ronnie Petterson, the lay ministers among whom were Danny Lazo, Ping Ramirez and Guz Leonardo, the chapter heads for serving as offerors, and Nap de los Santos for security and traffic assistance.

QUESTION AND ANSWER CORNER

F. de Larrazabal

Equal And Yet Different

Q. In Genesis we are told that we are all made into the image and likeness of God, yet we are each different with varied talents and opportunities. There are the rich and the poor, the intellectual and the retarded. Does God play favorites?

A. Dear Disturbed,

Disturbed

God is spirit and we are created with a spirit, and it is here where we are likened to his image. God has infinite attributes and qualities, perhaps each one of us is different because He has given each of us a different one of his attributes.

Try imagining a world where all are created equally. Who would lead? No one could learn from another if everyone had the same knowledge. There wouldn't be any need for opinions or discussions since all would think alike. To my mind, it would be a very boring world.

Aren't you glad you are unique and different from all others? Personally, I am glad the Lord made me the way I am, different from the rest. We are not peas in a pod, nor carbon copies of our predecessors. We did not drop off an assembly line or emerge from a mold. Each of us has been handcrafted, so to speak, by our Creator, made into his likeness, yet uniquely different from one another. We are one of a kind, original, each with different talents, although special and equally loved by God.

A smile is a curved line that sets things straight.

LA NAVAL CAVITE

25 Couples Finish BCMR

n March 5, twenty-five couples and 15 married women completed the first Brotherhood Christian Marriage Retreat of the La Naval Outreach. Speakers for the afternoon were Frank and Marissa Nuguid (Las Pinas) and Cheng and Lucy Legaspi (Mkti). The couples renewed their marriage covenant during the Holy Mass that capped the afternoon. After signing their covenant to each other, the husbands gifted their spouses with a red rose and a kiss. A potluck supper and fellowship followed at the Officers Club, Ft. San Felipe, Cavite.

Instead of the usual weekend BCMR, this BCMR was held on three consecutive Saturday afternoons from 1:30 to 6:00 p.m. beginning February 19. Rollie Ona and Emma Ona were speakers for the first day while Louie/Lilli Morales and Jess/Gigi Gallegos spoke on the second day. Course leader Jun/Nancy Catan said that holding the BCMR on three Saturdays was very successful since it allowed the participants to really assimilate the talks during the week. "We also gave them 'homework' to do," said Nancy Catan.

During the March 12 meeting of the outreach which was devoted to sharings, more than one commented that "this BCMR should have been given to us when we were first married, we learned so much."

Las Pinas

members attend the

unena me

Evangelization

Talk by

Louie

Morales on

February 11

at the

Benedictine

Abbey

School



TUGUEGARAO

BCLP2 Scheduled for May

The second BCLP in the Tuguegarao Outreach is scheduled for May with the Empowerment Assembly to be held on April 23 at the Marilyn's Restaurant in Tuguegarao. The Las Pinas mission team will conduct the course. Module I and II will be given on April 30 and continued on May 1. Module III talks will be on May 14 and 15 with Baptism in the Spirit taking place on the 15th. Culture talks will be given the weekend of May 28 and 29.



training
workshop,
February 26
at the
Archbishop's
residence

Tuguegarao

leaders

LAS PINAS Notebook

April, May Activities Announced

Governance Meeting. On April 14, an expanded governance meeting will be held at the Italia Club 500 to examine and assess the effectivity of the "Back To Basics" Program instituted in January 1994. The meeting will include the chapter head, heads of all service groups, unit leaders, action group leaders and the secretariat.

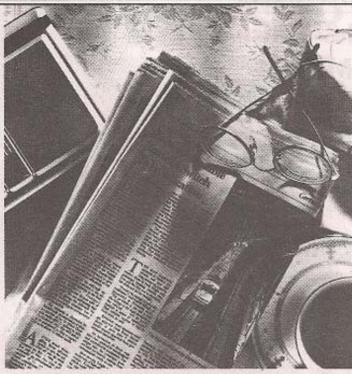
Summer Camp and Youth Retreat. Fr.
Bernie Taylor, Las Pinas chapter chaplain,
will conduct a Summer Camp cum Youth
Retreat on April 15, 16 and 17 at the Our
Mother Mary Formation Center in
Muntinlupa. The retreat is open to children of
BCBP members between the ages of 13 to 21
years old.

Lord's Day. On April 30 the chapter will celebrate the Lord's Day. Venue and details will be announced later.

Relationships Talks. A series of teaching talks on Christian Personal Relationships will be given to all members of the chapter at the Benedictine Abbey School on May 13, 20 and 27 beginning at 7:30 p.m. Members will form into their respective action groups immediately after the talks for more intensive discussions.

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- Pasig-Capitol Shaw Blvd., cor. Christian Route Pasig, Metro Manila Tel. No.: 634-0280
- · Rizal Ave. 8th Ave. 414 Rizal Ave. Ext. Grace Park, Caloocan City Tel. No.: 359-116

Soon available at more PCIBank branches.

One Fine Afternoon

The Children's Formation team, headed by Rico and Elsa Santos, held a special activity on Feb. 26 at the Navy Officers' Clubhouse and sprawling gardens at Ft. Bonifacio. Instead of the customary single-sheet registration form, there were five: one for couples, and one each for their children aged 4-6, 7-9, 10-12 and 13-16.

After the opening worship led by chapter head Jess Manalo, the children joined their respective age-groups, supervised by the Titos and Titas of the CF team - Dicky/Lel Jurado, Noel/Cecille Aboboto, Jun/Maan Tripon, Tani/Tess Kampitan, to begin their planned activities. The younger group enjoyed musical chairs; the older ones played charades, ala Pictionary, with the artistic assistance of Tita Beth Ginete, down on all fours, drawing clues to the children's delight. The teenagers discovered a common interest in music as the boys were involved with bands of their own.

Summer plans for the Children's Formation program include a swimming workshop in March, a trip to Algon Resort in Laguna in April. Other activities planned are kite-making/flying at the UP Sunken Garden, art and dance classes.

The fine afternoon was capped by the celebration of Holy Mass. Fr. Alex taught everyone a song: "Yes, Lord, yes. Yes, Lord, I will come and follow you, follow you wherever you go."

KAPATIRAN
Deadline for
June-July issue
is May 10
Ad Placements
Accepted from
Now
till May 15

MAKATI Notebook

Summer Outing Planned

A Igon Resort in Cabuyao, Laguna will be the site of Makati's Family Day and Summer Outing, set for Sunday, April 10. The whole day affair will begin at 7:00 a.m. and will include the celebration of Holy Mass and the sharing of potluck lunches. Preparations are being organized by Jun and Beth Ginete. In addition to fun and games, there will be swimming, fishing and canoeing to add to everyone's enjoyment.

New Venue for the Men's Breakfast

The Makati men's breakfast is set to move back to its original venue - the Makati Sports Club - in April. This is where the BCBP started in 1981 with 25 men attending the first breakfast. From this breakfast the Brotherhood grew in numbers and fervor attaining its present strength of five Metro Manila chapters, two provincial chapters and numerous outreaches throughout the Philippines.

Ladies Return to

The Makati ladies have returned to their former venue, Dates n' Nuts, in Jupiter St., Bel Air. However the breakfast has moved its time to become brunch, and the day has changed from second Wednesdays to second Saturdays. Eve Segui shares on April 9 and Cynthia Matas from La Naval, Cavite, will share on May 14. Ester Uychoco was the sharer for the March 12 brunch.

BCLP Upcoming in June

The next BCLP to be conducted by Makati is scheduled for June at the Makati Sports Club. Chapter members are enjoined to prepare their friends and family who are likely BCLP candidates by inviting them to breakfasts and other evangelization programs. BCLP 23's course leader is Andy Nanagas.

Blood Typing At Chapter Assembly

The chapter's monthly assembly on March 17th included a blood typing service to determine each member's blood type.



GREENHILLS News



BCLP and LSS team of trainors during Feb. 19 team training. Not shown is Danny Lazo, mission head

GREENHILLS Notebook

Simultaneous BCLPs
Underway

As planned, BCLP 22 started February 24 at the Xavier School in Greenhills with Roy Puno as course leader and Nane/Glo Arabelo as head servant couple. Cainta BCLP 1 began two days later on February 26 at the Lorenzo Ruiz de Manila School in Vista Verde Executive Village, Cainta, with Ping Ramirez as course leader assisted by Badong/Robie Laguda as head servant couple.

Lined up as speakers are Max Joaquin, Manolet Siojo, Eddie Mendoza, Eric Teotico, Jun Esposo, Roy Siojo, Alex Lavina, Nandy de Castro, Bobby/Marite Lavina, Sonny Marquez, Cesar Liza, Workers of Christ Greenhills, and Rolly Aberion.

BCLP/LSS Team Training, Empowerment

On February 19, 1994 at the Center For Peace in Mandaluyong, the mission team under Danny Lazo conducted a training workshop for DLs, ADLs and servants in the scheduled BCLPs for Greenhills and Cainta and corporate LSS at PWU. Almost 100 BCBP members from Greenhills chapter and Workers of Christ participated in the 8:00 a.m. to 9:00 p.m. sessions. Trainors and workshop leaders were Cesar Liza, Ruben Reyes, Gus Leonardo, Danny Lazo, Soc de Guzman and Susan Reyes. The mission team instructed the participants in prayers of intercession. They experienced the very strong presence of the Holy Spirit in front of the exposed Blessed Sacrament as they spent 2 1/2 hours of adoration, thanksgiving, cleansing and lifting up of petitions.

The day was highlighted with an empowerment mass celebrated by charismatic priest Fr. Domeng de Guzman of the Society of St. Paul. Everyone received Holy Communion by the hand and was instructed by Fr. Domeng to hold the Sacred Host until he returned to his seat. Everyone was asked to quietly talk to Jesus in the Blessed Sacrament in his palm for a while before finally taking Him into his heart.

After the mass as Fr. Domeng with some members of the mission team prayed over each participant, many were "slain in the Spirit" (see related sharing of Arlene Arcilla, below).

Slain By The Spirit

As I watched the persons in the front of the line fall side by side as the twere prayed over by Fr. Do mengand the rest of the Healing Ministry, I wondered, "Lord will be slain, will the Holy Spirit touch se?" Though I had heard so pruch about in the past, this was the first till a was actually witnessing such a powent.

Myheartpounded mylegsstook. Idianotthink Iwas worthy to betouched siustearlier in the ay hadhad ill feelings, resentments and bittemess toward those who had nurtime. "Lord, is it all right to fake it? Anyway, no body will know to tray self." Were doubting thoughtsentered my mind as anxiety creptin...

"Step!" Itold myself. And I called on the Lord to help me fully surrender to Him feither to abeside meand I calmed down. Then the wait that seemed eternity was over, Fr. Domeng was infront of me. Though still ne vous, I gave my cold and sweaty hands to him when he reached for them. I remember praying in the silence of my heart, "Lord I surrender my life to you. Holy Spirit, take control of me..."

I only heard the first few words Fr. Domeng uttered before I weakened and sank to the floor. At first I to seed and turned, then I was overwhelmed with peace and happiness for I knew the touch of the Spirit and His presence in me. My prayer had been answered in a most beautiful way!

Budget: A systematic arrangement for going into debt.

Greenhills Chapter Reorganized

At the chapter assembly on Feb. 18, 1994, chapter head Rolly Aberion announced a realignment and reorganization to meet the needs of the Greenhills chapter in line with the BCBP's vision and mission. He also provided each member with a pocket-sized copy of the BCBP Vision and Mission to serve as a ready reference and constant reminder of the objectives and direction for all chapter activities.

Aberion confirmed the appointments of Robi Sison as treasurer and Dante Magdangal as secretariat head concurrently serving as the chapter's coordinator for KAPATIRAN. Both positions report directly to the chapter head.

Strengthening the Teaching and Formation Program. Manolet/Carla Siojo were asked to concentrate their efforts as LIFE director in strengthening the formation, teaching and leadership development programs. These programs include BCMRs, chapter assemblies, retreats and recollections, and evangelization training programs.

Evangelization Stepped Up. Mission director Danny Lazo and his wife Prescy together with their 24-member mission team are tasked with leading the outreach and evangelization efforts of the Greenhills chapter. On the team are Workers of Christ coordina-



Nap de los Santos shares during Feb. 18, 1994 Greenhills Chapter assembly. Seated, l to r. are DAnny Lazo, Rolly Aberion, and Sonny Marquez.

tor Gus Leonardo, BCLP and culture talks coordinator Gil Abejo, Men's Breakfasts coordinators Johnny Filart for Greenhills and Rico Sevilla for Cainta, and the Ladies' Luncheon coordinator Dia Cruz.

Units Realigned. The chapter's four units are headed by unit leaders Sonny/Charise Marquez, Eddie/Daisy Mendoza, Romy/ Thelma Tocjayao and Willie/Sarah Pelino.

Aberion announced that in addition to caring for their respective units, the unit leaders will take on additional service functions. Eddie Mendoza will serve as guilds director, Sonny Marquez as BCBP-wide programs director, Romy Tocjayao as music ministry director and Willie Pelino as service ministry director. 21 action group leaders handle the chapter's action groups with the five discussion leaders of BCLP 21 set to augment the ranks of the AGLs.

Opportunities For Service De-

fined. To help members grow in the community and to relate to one another more fully, the chapter's governance team are encouraging all members to be involved in service. To this effect Aberion has tasked the service ministry director with the assistance of the chapter's secretary to organize various service teams. Service teams open for membership include the secretariat, phone tree team, music ministry, liturgical service team, food service team, physical arrangement service team, fellowship promotions team and the prayer warriors/intercessory ministry. The



Workers of
Christ
members
attending the
Feb. 19,1994
BCLP and
LSS Team
training
Opening
worship
for Cainta
BCLP



Bollind at source by

cont. fr. p. 22

AGL Formation Ongoing

To hone the skills of AGLs for more effective service, Manolet Siojo has prepared a two-pronged program of training in leadership and in evangelization techniques. Begun on March 5 at Xavier School, the monthly training workshop on leadership will be held every first Saturday of the month.

On April 23 and 24 the AGLs together with selected leaders-in-training will take a two days live-in workshop on Brotherhood Evangelization Training Program (BETP). The BETP is based on the Gospel message (Kerygma) and covers 14 topics. The sessions will be handled by CLAYE master trainers including Tita Cerdenia, Carms Caringal, Cesar Liza, and Sister Mike of the Agustinian Recoletos order.

CAINTA

ANTIPOLO BISHOPGIVES OK

The Bishop of Antipolo, His Excellency the most reverend Protacio Gungon, has given his official recognition and approval for the Brotherhood of Christian Businessmen and Professionals to carry out its activities and business of evangelization in his diocese. The approval was given during a courtesy call made by Fernando de Larrazabal of the National Council and Greenhills mission director Danny Lazo last March 4, 1994.

The diocese of Antipolo includes Marikina, Antipolo, Taytay and Cainta where the BCBP is currently holding its first BCLP in the area under the auspices of the Greenhills chapter. Presently quite a large number of the BCLP members of the Greenhills chapter come from this diocese. As a result, it is expected that soon a new chapter will spin-off from Greenhills once this outreach becomes sufficient in number and resources.

GREENHILLS Notebook

Breakfast Sharers Announced

Johnny Filart, breakfast coordinator for Greenhills chapter men's breakfast, has released the list of sharers for April and May. They are: Luis Farinas (Q.C.), Reynold Sy (GH), Nards de Guzman (Mkti) and Ramon Caballero (Ala-Mkti-Mla) for April 7, 14, 21 and 28 respectively; Gus Arguelles (GH), Cesar Liza (Workers of Christ), Willie Vergara (Ala) and Danny Carreon (LNP) for May 5, 12, 19, and June 2 respectively.

Ladies Luncheon To Have Guest Speaker

Ladies' luncheon coordinator Dia Cruz has announced that on April 18, 1994, the ladies will have a special guest, Mrs. Purificacion Montes, who will talk on a topic of concern to the ladies - Household Help.

LIGHT MOMENTS

How's Your Coffee?

- "This coffee is terrible," the customer said,
- "What kind is it?"
- "It's blended coffee," the waitress said.
- "Blended?" the customer asked. "What kind of blend?"
- "Last week's and this week's," the waitress replied.

The Bicycle

The parents of a difficult boy were discussing what to give him for a birthday present. The mother said, "Let's buy him a bicycle." Said the father, "Maybe, but do you think it will improve his behavior?"

"Probably not," she replied, "but it will spread it over a wider area."

Cainta Breakfast Sharers

C ainta breakfast head Rico Sevilla says the following are scheduled to share: Noti Castro (GH), Pancho Jamlig (QC), Rommel Tillah (Ala), and Robi Sison (GH) on March 12 and 19 and April 23 and 30 respectively. Teng Cruz (GH) and Loy Judan (QC) were the sharers on February 12 and 26.

First Saturdays at Cainta are joint breakfasts. February and March saw Ben and Beth Aganon (formerly GH, now with Tahanan ng Panginoon) and GH chapter head Rolly and Ady Aberion share. The line-up for April May and June includes Jun/Porky Puno. Punch/Rose Mamonluk and Roy/Irma Puno respectively - all action group leaders of the Greenhills chapter.

Overheard After Mass

Abe: I thought the sermon was divine It reminded me of the peace of God. It passed all understanding.

Babe: It reminded me of the mercies of God.

I thought it would endure forever.

What Was That Again?

Tony: My college has turned out some great men.

Daisy: I didn't know you were a college graduate.

Tony: I'm one they turned out.

Through Thick and Thin

On still another diet, a woman had lost a few pounds and a lot of her usual sunny disposition. After making a snappish remark to her husband, she apologized and reminded him that he was supposed to stick by her through thick and thin.

"I know," he said dryly, "but thick was easier."

Workers of Christ: LSS Announcement

- Community LSS at the Center for Peace in Mandaluyong on April 29, 6:00 p.m.; April 30, May 1 and May 7 at 8:00 a.m. to 5:00 p.m.
- * Corporate LSS at Development Academy of the Philippines, Pasig on June 24, 6:00 p.m., June 25 and 26 at 8:00 a.m. to 5:00 p.m.



BCBP Cagayan de Oro music ministry serenades BCBP Iligan during their BCLP 2 Commitment Day

DUMAGUETE

BCBP Opens In Dumaguete

M arch 19 marked the opening of the BCBP's activities in Dumaguete City, Negros Oriental with the first men's breakfast held at the OK Pension House in that city.

Earlier in the year a five-man team had surveyed the area to prepare the groundwork for the creation of an outreach in that Central Visayas province. Steven Lim, Tagbilaran BCBP mission director, headed the team which paid a courtesy call to Msgr. Ednard Espinas, chancellor of the Diocese of Dumaguete, as Bishop Julio Lagdameo was attending the bishops conference in Manila. Lim carried a personal letter of endorsement from Bishop Leo Tumulak of the Diocese of Tagbilaran.

The survey team was joined by Ed Lising, BCBP Cebu's mission director, on February 19 when an orientation for interested Dumaguetenos was held at the OK Pension House. The breakfast was tentatively scheduled for March 12 and later confirmed for March 19.

PALAWAN

Swing High, Swing Low, A 1993 Recap

In May 1993 the Palawan outreach's financial status was in a sorry state just when two BCLPs were planned within the year. BCLP 5 had been completed and BCLP 6 was to begin in November. Gina Gamboa-Tan, Palawan CLP 1, volunteered to coordinate the fund-raising efforts.

Phase I worked like a breeze. By August the executive committee (Fuji/Chit Rodriguez, Ding Reyes, Jun/Gigi Lumawag, Rowie Pareja, Edwin and Gina Gamboa-Tan) had decided on a Saturday night concert in the Asiaworld Ballroom in October with the entire BCBP community as sales force and with selected sponsors to help defray expenses.

Phase 2 also had a charmed life. Jose Mari Chan promptly agreed to an October 30 concert. Ticket sales were brisk and promising led by Ronnie Reyes, Celia Marcelo and Jerry Abrogar. Five major sponsors lent their support. TV, print and radio ads drummed up interest. The local front act were practicing enthusiastically.

Then as in all things human, as the concert deadline approached, tension and problems surfaced. Tickets were sold out but so many people still clamored for seats; no larger venue was available. Ana Marie Marcelo-Rodriguez, one of the lady singers, called from Guam to say she couldn't make it on October 30. And, to round out the growing headaches, nightly brownouts began occurring at precisely 7:00 p.m.!

Determination and faith, however, won the day! BCBP brothers and sisters gave up their seats so more guests could be accommodated. Marie did come home and performed as scheduled. Jose Mari and wife Mary Anne Chan charmed all with their simple and gracious ways. The concert played to a standing room crowd and was proclaimed a great success.

With the joys more than compensating for their pains, the entire Palawan outreach had their reward - BCLP 6 proceeded according to timetable. Praise God!

Gina Gamboa-Tan

TACLOBAN

Tacloban Breakfast Launched

March 12 marked the launching of the Tacloban breakfast at Don's Cabin in Tacloban City, Leyte. No less than Archbishop Pedrito Dean, Mayor Mate and PNP Supt. Pfleider (chief of Tacloban City PNP) attended the breakfast as guests of retired Gen. Primo Cordeta, a BCBP Makati member who now resides in Tacloban.

A joint effort of the BCBP Cebu chapter and Maasin outreach, the Tacloban breakfast launching was attended by 72 participants
- 18 from Cebu, 13 from Maasin, and 41 from Tacloban. Sharers for the breakfast were Larry and Dedit Veloso of BCBP Cebu

The Tacloban breakfast is now held every 2nd and 4th Saturday of the month at 7:30 a.m. at Don's Cabin at the Tacloban City pier.

CAGAYAN DE ORO

2Fellowship **Activities Held**

trengthening the family was the theme of the January and February fellowship gatherings held among the members of the Cazavan de Oro Outreach.

On January 23, 1994 was the Family Beach Outing at Gorospe's Beach House with most of the outreach's families attend-Some families even had two generations present like the Villarazas and the Canlases-Malferraris.

The second activity to promote strong and stable couple relationships, was a Valenme Fellowship held on February 12 at the WIP Hotel Embassy Hall. With the wives dressed in different shades of red and the assbands in their Sunday best, romance and love permeated the occasion. Before the dener/program began Msgr. Rodolfo Roa BCLP 3) blessed the affair. Ballroom dancmg lasted until midnight with more than 100 exciting raffle prizes including a live cow donated by the Pelaezes given away.

The Valentine Fellowship was organged by Unit III headed by Ernie and Linda Mondonedo. The program was choreographed the Charisse and Pepot Fortich with the 4th ID band providing the music. BCBP members Caloy Gorospe contributed "Elvis Presley" songs followed by Violy Saliid's solos. Emcees for the night were Jess Dingcong and our own version of Mitch Valdez .



BCBP Cagayan de Oro brothers and sisters celebrate Family Day with a picnic on January 23, 1994

TAGBILARAN

Premier BCMR Harvests 23 Couples

I he Tagbilaran outreach was blessed to harvest 23 Boholano couples who attended the first Brotherhood Christian Marriage Retreat held on Feb. 11-13 at the Hotel La Roca in Tagbilaran City. Renewal of marriage vows was held at the Immaculate Heart of Mary Seminary Chapel with Fr. Joe Sumampong, Jr., a BCBP member, officiating. Members of the Cebu BCBP led by Sadi Saguisag, Larry Veloso and Raymund Cokseng graced the retreat.

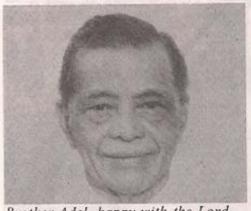
- Beng Pelaez. Davao BCLP 1 in session NOTHERHOOD : CHRISTIAN ESSMEN A PROFESSIONAL

The graduates of BCMR 1 were JJ/ Caloy Rubillar, Edi/Joey Borja, Patrick/ Maricar Rocha, Jun/Milet Amora, Manny/ Zeny Calubag, Charlie/Cynthia Ayco, Boy/ Abette Amodia, Caloy/Brigette Nitafan, Ariel/Emma Dominguez, Getty/Rhollie Escobia, Necy/Vaiky Caberte, Ning/Donnie Almedora, Jun/Nimfa Escobia, Boy/Linda Villas, Bill/Aleli Lapura, Pete/Mely Lungay, Rey/Narcy Tabel, Joe/Fe Pernia, Pepe/Oping Estrera, Jimmy/Vellie de Vera, Jimmy/Jing Obena, Jul/Badette Froilan and Nestor/Mae Virtucio.

A Valentine's Day get-together, "Love and Praise", followed the retreat. BCMR 1 graduates, Nes and Mae Virtucio, were the mini-sharers during the dinner/ ballroom affair at the Hotel la Roca.

Couple servants were Peter and Zarah Dejaresco with Vieto and Melmel Racho heading the secretariat. Al and Joy Uy, George and Gie Lao joined the speakers' bureau organized by BCBP Cebu under Raymond and Daisy Kokseng, BCMR coordinator. (

SPEAKING OUT



Brother Adel, happy with the Lord.

Much Did He Love Us

Adel is gone, only now do I realize how much he loved us. It was his way of showing us his love and concern. He died peacefully, although we were shocked by his sudden departure. But we have this consolation that he died in the grace of our Lord because his last experience was of praying and praising the Lord at the BCBP Malate breakfast. He felt no pain, no agony whatsoever, he just went to sleep and met his Creator. He spared us the pain and the trouble, the mental torture and bodily fatigue we would have endured if he had been sick, although we would still have been happy to serve him.

Dear Adel, we are happy, because we know that you are already with the Lord. We know that you are at peace. We know that the Lord had called on you, because your mission on earth has been accomplished very well and that the Lord has nothing more for you to do. All of us love you and will never forget you. May you rest in peace with the Lord.

Geny Sta. Teresa Makati Chapter

My Father

The greatness of a person cannot be measured by how much money he makes, or how many friends in the top 1% he has made. It is in one's humbleness of heart and service to others that he becomes great. That was how I saw my father-in-law, Totoy Tirona. To me, he was a quiet person, full of wisdom; when approached he always had just the right words.

I can recall many such words of advice from Daddy Totoy but one really touched me and I would like to share it with you. He told me, "If you want to keep your marriage strong and alive never forget to kiss your spouse when you wake up and before you go to sleep."

Marianne Tirona Las Pinas Chapter

In His Service

Last year my wife Beth and I were asked to serve in the Tahanan ng Panginoon. At that time the only thing we knew about TNP is that we as BCBP members were asked to buy raffle tickets each December. For eight months we prayed about this as we were happy in the BCBP and somewhat fearful about the unknown.

Then the Lord sent a message that jolted us. "Repent for the many times you have said 'No' to do service for me." So we said 'Yes' to serving in the TNP. Much to our surprise we were made an area head of more than 200 persons mostly youth in Barangay St. Joseph, Pinaglaban, San Juan. Armed with only my guitar and what we had learned in the BCBP we stepped out in faith in His service.

We are continually thankful for the all-out support of our brothers and sisters in the Brother-hood who help out as resource speakers and assist in CLPs, maturity courses and livelihood programs. Although Beth and I have encountered problems, the Lord teaches us to rely on His power and then He supplies us with what we need. We have learned to joyfully say "Yes" to serving the Lord.

Ruben C. Aganon Greenhills

How Can I Forgive?

A wife with her six children celebrated her 20th wedding anniversary last Dec. 30, 1993 without her husband who has a new home. More than the scandal, shame and loss that embittered and hardened her, she has been very lonely. She can't even talk to him anymore. There is a great fog between them, even if she calls out to him, the fog blurs the message. He has even disowned their children.

How can she take it? How can she forgive?

She used to head the worship ministry in their Catholic community, and recently joined the BCBP. She is a prayerful woman and knows Jesus' teachings on forgiveness (70 x 7 times). She knows true forgiveness includes forgetting the wrongdoing and being willing to communicate with the other party.

Memories abound of their many good years of togetherness for which she thanks God endlessly. These memories and other joys and blessings helped her release her negativity. She made the decision to forgive, trusting the emotions to follow. The journey in forgiveness has started.

If you were ... or I were this wife, can I make this decision to forgive?

Sally Ramos Makati Chapter

CAN WE OFFER HIM OUR LOVE? It's our

One Minute Meditations by F. de Larrazabal

(1)

"Father, forgive them; they do not know what they are doing." (Luke 23:34)

In the midst of suffering, Jesus calls on his Father to forgive his tormentors. Among those who were present in his crucifixion were people who had welcomed him in adulation a week before. Now, they are mocking and making sport of him. His blood is on their hands.

They did not know what they are doing, Jesus claims, but we know better, don't we? We also have his blood on our hands. When Jesus asked his Father to forgive, he also had us in his mind. Jesus' task was to die in exchange for our sins. Jesus has forgiven us, he holds no anger, no resentments - only love in its purest form. We can never repay Jesus for what he did, and the only thing he asks from us is our love. He offered his life, can we offer him our love?

choice.

(2)

"Father, if it is your will, take this cup from me; yet not my will but yours be done." (Luke 22:42)

Jesus leads apostles to the garden of Gethsemani and upon reaching it, withdraws from them and falls on his knees to pray. Jesus, foreseeing what awaits him, is afraid of the suffering he is to endure, and has second thoughts. However, he is obedient and abides by his Father's will. It was a difficult decision he chose, but it had to be done.

We at times are also faced with difficult decisions, the choice of doing God's will or ours. Jesus did not dodge his responsibility, he knew that if he did, mankind would be lost forever. But if you obey, you will also rise, like Jesus did. It's your choice.

DAGUPAN

Dagupan Chapter Reorganized

The reorganization of the Dagupan chapter was formally announced during the National Council meeting of Feb. 24 by BCBP president Manny Banigan. Ted Siapno is the new chapter head, Berns Jimenez the chapter life head, and Ted Fernandez the mission director.

Planned activities for the next quarter are a leadership training during March, a BCMR sometime in May to be held in Baguio, and a BCLP beginning in June.

BACOLOD

The news from Bacolod arrived by FAX during the last stages of layout. Unfortunately, the FAX was garbled. So the news from Bacolod will be printed in the June-July issue.

CEBU

6th Anniversary Celebrated

The celebration of six years of BCBP activities in Cebu was a special 2-day affair. A joint breakfast was held on March 26, Saturday, with Fr. Herb Schneider, BCBP spiritual director, as the sharer. This was quickly followed by a workshop for the various Vismin breakfast teams.

The Children's Formation Program team was busy with a recollection for the pre-CYAers, ages 11 to 14, held at a beach. The youngsters concentrated on dealing with their relations with each other and with the Lord. They were assisted by Jean Japitana and Annie Calalang of the CYA. CFP facilitators were Lisa Aviles, June Iway, Dollie Suzara and Che-Che Bernad.

Sunday was Family Day with over 300 chapter members and their families trouping down to Pope John XXIII Seminary in Mabolo for a day filled with fun, laughter and lots of food. Fr. Herb officiated at Holy Mass in the morning; during the mass the 1994 governance team of the chapter was installed.

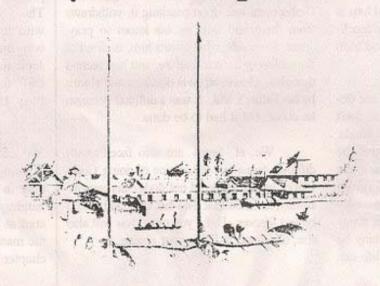
The day had something to tickle everyone's interest: popcorn, cotton candy, soft drinks, the works, relays, ball games, parlor games, tartanilla horse rides for the kids. The highlight of the day was the children's poster contest for the budding artists.

Music Ministry Reaches Out

The Cebu music ministry shares their music every first Sunday of the month in the 9 o'clock Sunday mass at the newly opened SM City Cebu. They presently also serve as the choir for the Sacred Heart Church on the 2nd and 4th Sundays of the month. Sharing their music with others is their way of helping spread the BCBP vision in Cebu.

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BCBP SONG BOOKS CALL BCBP SECRETARIAT THRU YOUR CHAPTER HEADS

from p. 18 ..

FAMILY DAY '94 Steering Committee: Chairman: Sonny Marquez (GH) Members: Ferdie Berna (Ala) June and Mins Obra (LP)

Beth Ginete/Rudy Flores (Mkti)

Pancho Jamlig (QC)

Working Committees:

Liturgical - Punch Mamonluk Logistics - Jun Prudente

a). Physical Arrangement - Gil Cabral

b). Food & Drinks - Louie/Girlie Abad

c). Security & Traffic - Bobby Sandico Finance - Nes Macaraniag Programs - Ronnie Petterson Prizes & Awards - Bong Cendana Secretariat - Danny Arcilla

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MORNING PRAISE: OUR DAILY RESURRECTION

Charles Spurgeon

[Charles Haddon Spurgeon was a popular English Baptist pastor in the mid-1800s whose preaching drew mammoth crowds. This excerpt is from his sermon "Morning and Evening

Songs" contained in his book entitled Twelve Sermons on Praise. In it he shows us a way to keep the joy of Easter daily in our hearts.-Editor]

"To shew forth thy lovingkindness in the morning." Psalm 92:2

There cannot be a more suitable time for praising God than in the morning. Everything around is congenial therewith.

Even in this great wilderness of brick [the city of London], the gleams of sunlight in these summer mornings seem like songs, songs without words, or rather music without sounds. And out in the country, when every blade of grass twinkles with its

own drop of dew, and all the trees glisten as if they were lit up with sapphire by the rising dawn, and when a thousand birds awake to praise their Maker, making harmonious concerts, all with all their hearts casting their entire energies into the service of holy song, it seems most fit that the key of the morning should be in the hand of praise; and that when the daylight lifts its eyelid it should look out upon grateful hearts. We ourselves have newly risen from our beds, and if we are a right state of mind we are thankful for the night's sleep.

A Daily Resurrection

Every morning is a sort of resurrection. At night we lay us down to sleep, stripped of our garments, as our souls will be of their bodily array when we come to die; but the morning wakes us...even thus shall we be satisfied when we wake up in our Master's likeness, no more to put on the soiled raiment of earth.

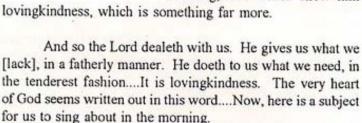
Now, as every morning brings to us, in fact, a resurrecfrom what might have been our tomb, and delivers us from the image of death which through the night we wore, it ought to be saluted with thanksgiving. As the great resurrection morning will be awakened with the sound of the trumpet's far-

> sounding music, so let every morning, as though it were a resurrection to us, awaken us with hymns of joy.

A Duplicate Deliciousness

The psalmist suggests that the best topic for praise on such occasions is lovingkindness....Was there ever such a word in any language as that word lovingkindness?... It is a duplicate deliciousness.

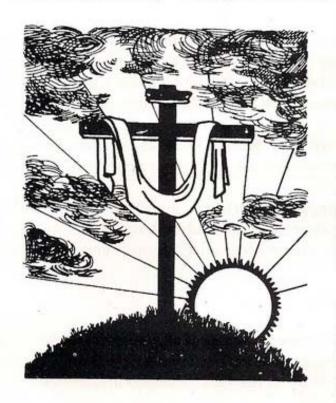
A man is picked up on the battlefield, put into an ambulance, and carried to the hospital, that is kindness. But oh, if that poor soldier's mother could come into the hospital and see her boy suffering, she would show him



Bathe in the Love of God

It is a good rule never to look into the face of man in the morning till you have looked into the face of God; an equally good rule always to have business with Heaven before you have any business with earth. Oh, it is a sweet thing to bathe in the morning in the love of God.

Set the morning watch with care, if you would be safe through the day; begin well if you would end well. Take care that the helm of the day is put right, look well to the point you want to sail to, then whether you make much progress or little it will be so far in the right direction. The morning hour is generally the index of the day.



PRAYER OF CONSECRATION OF THE FILIPINO FAMILY

O Jesus, most lovable Redeemer, who in coming to enlighten the world with Your life and teachings, chose to spend the greater part of Your life subject to Mary and Joseph in a humble home in Nazareth; graciously accept this consecration of the Filipino family which we now make to you.

Mary, most holy Mother of Jesus, and our Mother, through your powerful intercession make this consecration pleasing to God.

St. Joseph, Holy Patriarch, guardian of Jesus and Mary, help our families in all their spiritual and material needs, so that they may one day bless our Divine Redeemer, Jesus, forever in heaven.

Let us pray:

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Father in Heaven, Creator of all, you ordered the earth to bring forth life and crowned its goodness by creating the family, teach us the sanctity of human love, show us the value of family life, and help us to live in peace with all men.

Fill our families with your blessings. Increase your grace in each of us, and inspire us to follow the way of your commandments at all times.

Grant us continual growth in the knowledge of your law. Instill in our hearts a great love for you and make us always share in the joy and peace that you reward those who are dedicated to you.

Take our families under your protection and care, and help us to live as the Holy Family, united in respect and love.

We ask you, finally, Almighty and Eternal God, that after a long life here on earth, you bring us all to the joy and peace of our eternal home. Amen.