

BROTHERHOOD OF CHRISTIAN BUSINESSMEN AND PROFESSIONALS

MARCH - APRIL 1995



Kapatiran

MAGAZINE

VOL. IX No. 2

PHILIPPINES



In This Issue:

The Beauty of Being Still ✕ Is There A Catholic Vote?

Are Sacraments Necessary? ✕ Fasting: An Essential Spiritual Discipline

15th BCBP Anniversary Plans ✕ Corporate Catchwords

WEEKENDS



**Come and break
bread with me.**



Clockwise from
top: Tuguegarao
Joint Break-
fast; Dagupan
Joint Break-
fast; Marilyn's
Reastaurant,
Tuguegarao
venue; Terrace
Grill, Quezon
City venue



MEN'S BREAKFASTS (7:30 a.m.)

Wednesdays

MAKATI: Makati Sports Club, Makati, Metro Manila

Thursdays

GREENHILLS: Club Filipino, Greenhills

Fridays

MANILA: Chateau 1771, Adriatico St., Malate, Mla.

Saturdays

ALABANG: Ayala Alabang Country Club
 BACOLOD: La Salle, Bacolod City
 BAGUIO: Palace Hotel, Legarda Road, Baguio
 CAGAYAN DE ORO: Paolo's Ristorante, Cagayan de Oro City
 CAINTA: Brian's, Marcos Hiway beside Jacob's Supermart
 CEBU: Ding Qua-Qua Rest. - Gen. Maxilom Ave., Cebu City
 DAVAO: Sunburst Restaurant (1st/3rd Sats.)
 DUMAGUETE: OK Pensione House (1st/3rd Sats.)
 ILIGAN: Pinausukan (2nd, 4th Sats.)
 ILOILO: Amigo Terraces Hotel
 LAS PIÑAS: Italia Club 500, BF Resort, Las Pinas
 LAPULAPU: Cesar's Mansion, Lapulapu Cebu, 2nd/4th Sats.)
 **LEGASPI: Vista Al Mayon (2nd Sat.)
 MAASIN: Tomas Oppus Elem. Sch., Leyte (1st Sat.)
 **NAGA: Grand Imperial Hotel (2nd/4th Sats.)
 PARAÑAQUE: Elorde's Sports Center, Sucat, Parañaque
 PUERTO PRINCESSA: Kamayan Restaurant
 QUEZON CITY: Terrace Grill, 119 Roces Ave. near cor. Morato
 TACLOBAN: Payag Kawayan Restaurant (2nd/4th Sats.)
 TAGBILARAN: Mel's Kainan (2nd/4th Sats.)

** Newly Opened

MEN'S LUNCHEON (12:00 noon)

Saturdays

DAGUPAN: Pinkee's Restaurant

MEN'S MERIENDA (4:00 p.m.)

Saturdays

TUGUEGARAO: Marilyn's Restaurant (2nd, 4th Sats.)

LADIES' BREAKFASTS (7:30 a.m.)

Wednesdays

MAKATI: Makati Sports Club (2nd Wed.)

Saturdays

ALABANG: Ayala Alabang Country Club (2nd Sat.)
 BACOLOD: Cozy Nook Restaurant (2nd Sat.)
 CAGAYAN DE ORO: Paolo's Ristorante (2nd/3rd Sats.)
 CEBU: Ding Qua-Qua Restaurant (3rd Sat.)
 ILOILO: Amigo Terraces Hotel (last Sat.)
 LAS PIÑAS: Italia Club 500 (3rd Sat.)
 QUEZON CITY: Terrace Grill (2nd Sat.)

LADIES' LUNCHEON (12:00 noon)

Mondays

GREENHILLS: Makati Skyline, Greenhills (3rd Mon.)

JOINT BREAKFASTS (7:30 a.m.)

Wednesdays

MAKATI: Makati Sports Club, (1st Wed.)

Thursdays

GREENHILLS: Club Filipino (1st Thurs.)

Saturdays

ALABANG: Ayala Alabang Country Club (4th Sat.)
 CAGAYAN DE ORO: Silver Court (3rd Sat.)
 CAINTA: Brian's Restaurant, Marcos H'way (3rd Sat)
 DAGUPAN: Pinkee's Restaurant (3rd Sat.)
 LAS PIÑAS: Italia Club 500 (1st Sat.)
 LEGASPI: Vista Al Mayon (4th Sat.)

JOINT MERIENDA

Saturdays

CAVITE/LA NAVAL: Philippine Fleet Multipurpose Hall,
 Sangley Point, Cavite

**BROTHERHOOD OF CHRISTIAN
BUSINESSMEN AND PROFESSIONALS
KAPATIRAN
Magazine**

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PLDT

KEEPING YOU IN TOUCH

CHURCH & STATE: Are They Separate?

Should the Church tell us how to vote and who to vote for? Can priests and clergy get involved in the campaign? What about the Constitutional mandate of separation of Church and State?

These issues bothered me until I read Bishop Teodoro C. Bacani, Jr.'s book *Church In Politics*. He sees the political participation of members of the Church, including its priests, as a response of faith especially in matters political that affect public morals and Gospel values.

Bacani quotes PCP II documents saying that the basic principle is that "politics, like all human activities, must be exercised always in the light of the faith of the Gospel; and the requirements of the Gospel in regard to human dignity, justice, charity, the common good, cannot be sacrificed on the flimsy pretext that 'the Church does not engage in politics.' Concretely, this means both clergy and laity must be involved in the area of politics when moral and Gospel values are at stake."

PCP II documents also state, "In the Philippines today, given the general perception that politics has become an obstacle to integral development, the urgent necessity is for the lay faithful to participate more actively, with singular competence and integrity, in political affairs."

Separation of Church and State does not prohibit Church leaders from involvement in political activities. I understand it more to mean that Church leaders should not step into the shoes of State officials, and vice versa. Each has its own jurisdiction.

But after all is said and done, both institutions are supposed to serve one and the same Filipino people. This sameness of goal, then, should promote a spirit of unity and cooperation rather than of separation and enmity. But does it?

We are touted to be the only Christian nation in this part of the world. And yet come election time, it seems that the worst in us Christians surfaces on the campaign platforms and in the balloting precincts. Backbiting, public defamation of character,

vote buying, empty promises, gold, guns and goons — just name it and you can surely find it along the campaign trail.

We blame the politicians, the people, the system, Filipino culture. Do we ever blame ourselves? Why should we scatter the blame elsewhere when we ourselves keep silent and decline to be involved?

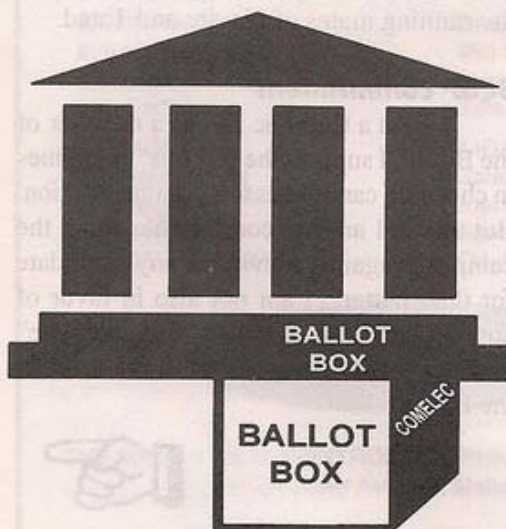
We, the laity, comprise more than 99% of the Church membership. We must get involved if we want to see things change.

One of the resolutions of PCP II states: "Lay men and women in responsible positions in our society must help form the civic conscience of the voting population and work to explicitly promote the election to public office of leaders of true integrity."

The call is clear. As Christians we have a moral obligation to ourselves, to our children and their children, and to our countrymen to do everything we can to promote clean, honest elections, guided by Gospel values, and to vote accordingly.

Nancy R. Catan

*Our
participation
and our vote
must be a
response of
faith.*



Brooding over troubles is a good way to make them hatch.

Views At Large



Ver Sagun
Quezon City Chapter

Is there a "Catholic Vote"?

The bishops in their recent pastoral letter called on Catholic faithful to vote this coming May elections for candidates who are pro-God, pro-life and pro-family.

While the pastoral letter did not mention any name in particular, it was aimed at former Health Secretary Juan Flavio Velasco who is running for senator. Though he has repeatedly declared that he is against abortion, Flavio is still perceived to be anti-life because of his open endorsement of artificial family planning methods.

Even before he filed his certificate of candidacy, the bishops had openly announced that they would campaign against the former Cabinet official of President Ramos. Not only for the condom but Flavio has been found "guilty" for twitting Cardinal Sin, and maybe, from the bishops' standpoint, he "should be punished" by not elevating him to the Senate.

And, in what I thought was an attempt to rally the Catholics to unite, one church official even called on the millions who flocked to Rizal Park and its vicinity for Pope John Paul II's World Youth Day mass to display the same oneness come election time.

As a Catholic, I am quite bothered by this concerted effort to put Flavio down. Why? Because in the event Flavio wins, might it not mean a repudiation of the so-called Catholic vote?

Voter Ethics

Twenty years ago, a friend tried to convince me to join the Iglesia ni Cristo after I commended the INC's outreach projects, e.g. free dental services even to non-members. I turned him down and bluntly told him that I was a thinking animal and, therefore, I could not just obey and vote for candidates chosen by Mr. Manalo.

My stand here is similar to the result of the survey made by the Social Weather Stations Inc. in February 1992 (*Manila Chronicle*, Feb. 5, 1995). "Around 87% of voters then surveyed said they would vote according to their conscience... A majority prefer to be left alone to decide whom to vote for. They react negatively to endorsements by His Eminence Jaime Cardinal Sin; priests or ministers;..."

On May 11, 1992, the SWS made another survey and showed that 80 percent of voters chose candidates mainly based on their convictions while only 12 percent were influenced by media, friends or relatives and 7 percent, by the candidates' party machinery.

Flavio vs. Tatad

If all Catholic voters would heed the pastoral letter, then it is safe to say that reelectionist Sen. Francisco Tatad, who is running under the Lakas-Laban coalition with Flavio, will be number one in the bal-

lot of every Catholic voter. An Opus Dei member, Tatad can rightly claim to be the genuine candidate who is pro-God, pro-life and pro-family.

At the Senate session hall one time, Tatad severely criticized Flavio when the latter jokingly said that he would give three condoms each to the government officials who were then going to Bangkok on a mission. Tatad said Flavio was promoting prostitution and asked him to resign for his impropriety. But Flavio countered that he was just reminding his colleagues to play safe and avoid AIDS since Bangkok is noted for its brothels.

During the Cairo conference on population last September 1994, Tatad taped Flavio relating to foreign delegates a joke about Cardinal Sin. And again, Flavio drew flak from the Church and the media after Tatad played the tape back in Manila. For his tirade against Flavio, Tatad was accused of gaining political mileage for his reelection. Now, they are together under one ticket!

This is interesting if we will take into account the bishops' pastoral letter. If Tatad tops Flavio, then this would be a vindication of sort for the bishops. But what if not?

As for Cardinal Sin, it would be better for him if he maintained his silence on Flavio's candidacy. With his recent admission that he voted for President Ramos in the May 1992 elections after openly endorsing former House Speaker Ramon Mitra, people may do the opposite if the Cardinal says do not vote for Flavio.

Incidentally, Mitra is now one of the running mates of Flavio and Tatad.

BCBP commitment

As a Catholic and as a member of the BCBP, I support the bishops' guidelines in choosing candidates this coming election. But again, I am not comfortable about the campaign against Flavio or any candidate for that matter. I am not also in favor of coming up with a so-called "Catholic vote" because this is going down to the level of the INC.



As a splendid palace deserted by its inmates looks like a ruin, so does a man without character, all his material belongings notwithstanding. - Gandhi

If at first you don't succeed, try, try a grin.



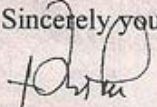
CATHOLIC BISHOPS'
CONFERENCE OF
THE PHILIPPINES

12 January 1995

Dear Sirs:

This is to acknowledge receipt of and thank you for the five copies of the KAPATIRAN Magazine which you sent us. God bless your magazine and I take this opportunity to send you the assurance of our prayers for the success of your apostolate.

Sincerely yours,


+NESTOR C. CARIÑO
Secretary General

In choosing my candidates, especially for senator, I have decided to consult my BCBP commitment card. For instance, who among the reelectionists did "respect company assets and properties and use them solely for the company's business operations"?

Translated, who among them (Tatad, Arturo Tolentino, Gloria Macapagal-Arroyo, Nikki Coseteng, Rodolfo Biazon and Raul Roco) wasted the people's money through junkets? And who used their countrywide development funds (pork barrel) truly for the interest of their constituents?

Ditto with the come-backing senators (Juan Ponce Enrile and Aquilino Pimentel) and the wannabes (Ferdinand "Bongbong" Marcos, Gringo Honasan, Sergio Osmena III, Franklin Drilon and Rosemarie "Baby" Arenas). These candidates can be assessed based on their track records and other things they have done for the Filipino people.

And of course, there is my conscience to contend with, and the Lord's guidance that I will pray for before going to the polling place on May 8. ☩

In The Marketplace



E. A. Mendoza
Greenhills Chapter

Investing Wisely

What do training programs, total quality management programs, pollution prevention, community relations projects, customer-oriented practices, and profit-sharing policies have in common? Almost everyone agrees that they are nice to have, supposed to be good for the firm in the long run, but are usually very expensive. And it is often hard, if not impossible, to quantify the return on investment.

The Jesus Investment is like that. Most of us agree that applying Christian principles in our business will cost us money — resulting in higher prices, loss of market share and customers, maybe even loss of our job or our business. Making the Jesus Investment can give us many opportunities to suffer, not only money-wise but also in shame and ridicule.

Take for example the practice of total honesty as admonished in Proverbs 3:32 and 4:24.

Honesty can cover a wide range of issues, from stealing to misrepresenting the truth. The bible tells us that dishonest people are an abomination to the Lord.

"But," you say, "if all my competitors do it, and I can get away with it anyway, why pay the right taxes if it will mean a competitive disadvantage to my firm, or the loss of my job?" I can almost hear Jesus saying, "Such a man who earns money by being dishonest has already received his reward. That's all you get, buddy."

Bribing others is also deceitful, dishonest and an abomination to the Lord. "Why, it's not as if I like doing it," you might

say. "In fact, I hate to do it, but it's the only way." The truth is, brothers: it's the world's way, but it is not God's way. It is not the only way.

"Anyway, I set aside my tithe on this profit, and I'm sure the Lord will forgive me," you rationalize. I can almost hear Jesus saying, "Not all those who say, 'Lord, Lord,' will enter the kingdom of heaven." To such as these, Jesus will say, "Go away, I do not know you."

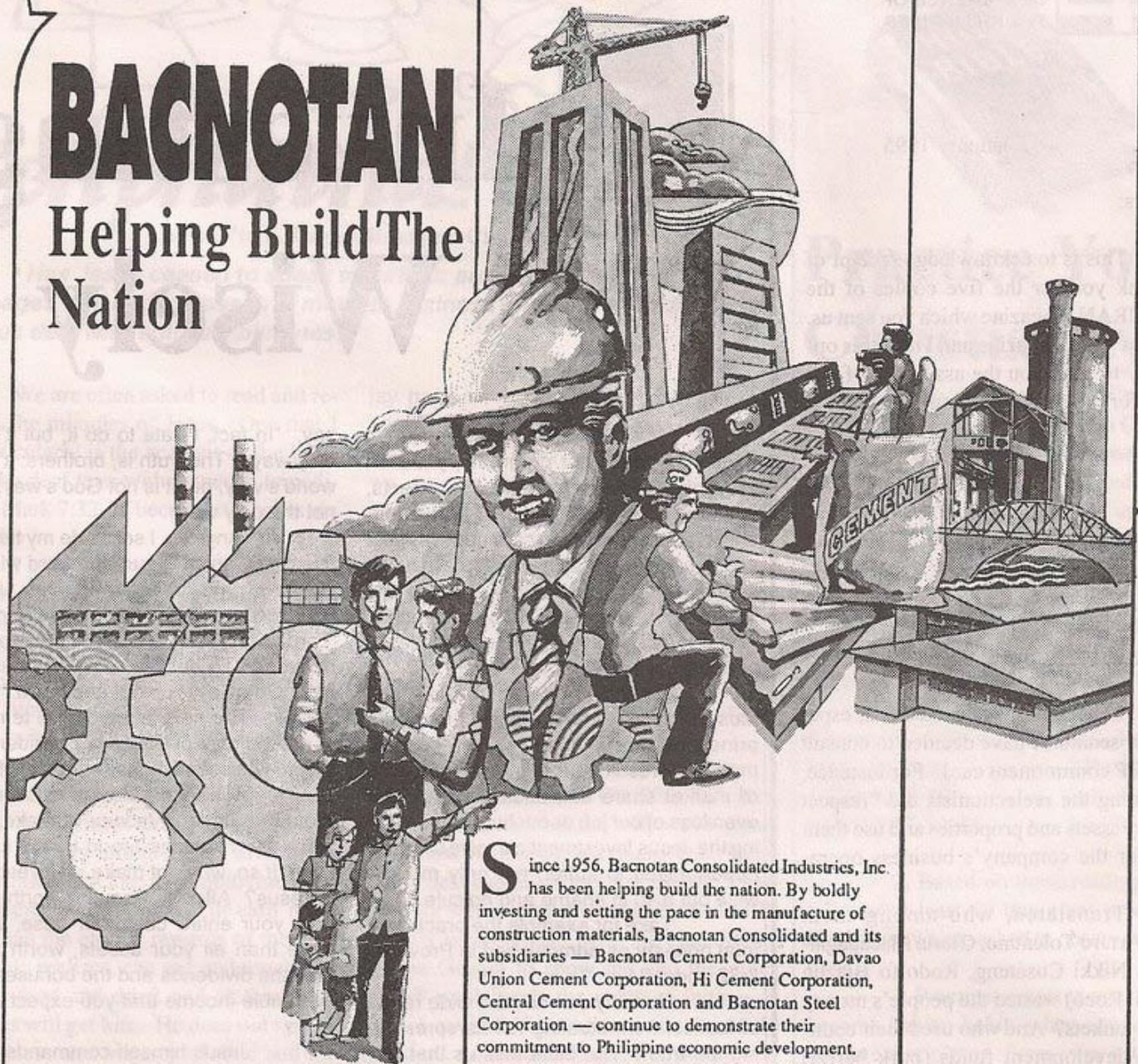
The next time you are tempted to cut the cost of honesty, consider this: Would you spend money to go out of your way to please your best customer? Would you spend money to make sure that your machines are in tip-top condition? If so, why not make an investment in Jesus? After all, Jesus is worth more than your entire customer base, worth more than all your assets, worth more than the dividends and the bonuses and the stable income that you expect to receive.

Jesus himself commands us in Luke 12:33-34 to "get ourselves purses that do not wear out, and make safe investments with God, where no thief comes and no moth destroys." And being wiser than New York's best investment adviser, Jesus continues, "for where your investments are, there will your heart be also."

Eddie Mendoza is vice president and head of Corporate Planning of one of the Philippine's prestige corporations, Phinma, and is an active member-leader of the BCBP Greenhills chapter.

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There seems to be something about saying, "I'm not going to eat today," that causes anxiety in many Christians.

In this article Nancy Catan sheds light on this misunderstood spiritual discipline. She says that fasting in faith adds a unique dimension to our spiritual life and helps us to be more receptive to God's guidance and grace.



What Fasting Is Not

Fasting is not a way of bribing God to answer our prayers. It is not a crash diet or a "do-or-die" weight loss program. It is not a way of impressing God with our spirituality and earning His approval.

Fasting is not a spiritual hunger strike to attract God's notice of our plight. It is not a sure-fire method that insures God's forgiveness of our sins. In fact, it is a perversion of fasting to try to use it to balance a sinful part of life that we want to keep on doing.

Fasting is not, per se, an ascetical adventure nor does it guarantee us the attainment of a state of religious exaltation, saintliness or holiness.

Why Should We Fast?

To Strengthen Prayer. Firstly, fasting is closely associated with prayer. Nehemiah, David and Daniel fasted and prayed when they pleaded with God. The church in Antioch fasted and prayed before selecting Paul and Barnabas for their first missionary journey. Jesus himself said that certain healing miracles could only be accomplished through fasting and prayer.

cont. on p. 8

FASTING

An Essential Christian Discipline

Life doesn't come with an instruction book — that is why we have fathers and mothers.

FASTING... from p. 7

To Seek God's Guidance. Throughout the Old Testament we read that when Israel prepared for battle, the people sought guidance from the Lord. And more victories were won when they prayed and fasted than when they merely prayed for guidance. In Acts 14:23 Paul and Barnabas prayed with fasting to receive God's guidance before making key appointments in the early church.

We can fast before undertaking an important task or making a difficult decision. Fasting does not ensure the certainty of receiving clear guidance from God. Rather it makes us more receptive to the One who gives us guidance. Fasting does not change God's hearing so much as it changes our praying, our receptivity to His voice. Testimonies of saints say that fasting opens one's mind to divine light and prepares oneself to stand in God's presence.

To Express Grief and Repentance. When the king of Nineveh heard Jonah's prophecy about the impending destruction of Nineveh, he humbled himself in sackcloth and ashes and declared a national fast of repentance. In Joel 2:12, the Lord specifically commands us to "return to Me with all your heart, with fasting and weeping and mourning."

Sometimes fasting can communicate our grief over our sin (or the sin of our nation or community) in a way that mere words cannot. It can serve as a voluntary, heartfelt part of confession. It is also as a sign of repentance, a signal of commitment to obedience and renewal of purpose.

However, fasting without repentance, like faith without action, is a "dead work". We must be careful that we do not use this spiritual discipline as a smokescreen to try to prevent God from seeing the still existing sin in our lives.

To Seek Special Favors, To Overcome Temptation. One of the most common fasts in biblical times was a fast to seek salvation from enemies or circumstances. Queen Esther and her followers fasted for three days and nights before she dared to risk her life appearing before the King uninvited to appeal for mercy for the Jews (Ester 4:16 ff). Jesus went into the desert and

fasted for forty days and nights before beginning his ministry.

Have we considered fasting as one of our first-line defenses against temptations, business problems, family crises, persecution from our competitors, in times when we need extra spiritual strength?

Fasting does not change God's hearing so much as it changes our praying, our receptivity to God's voice

To Express Humility, Love and Worship. When we fast, we humble ourselves before God. Fasting does not make us humble — it is only one expression of our humility, similar to kneeling or prostrating ourselves in prayer before God.

For many devout Christians, fasting becomes an act of devotion to God, an expression of dedication to Jesus' way of life. It is a way of honoring God by saying that our stomach isn't our god as it is with some (Phil. 3:19). By fasting we show that we are willing to sublimate our physical desires to those of the Spirit.

How Should We Fast?

With a God-centered purpose, not with a self-centered objective. In humility, not bragging about how strict our fast is or how often or long we fast. In private (unless a public communal fast is declared) without causing uneasiness or embarrassment to others. In a spirit of true contrition and repentance for our faults, failures and sins. With faith, satisfaction and joy in being able to draw closer to God.

What kind of fast should we undertake? One meal or more, abstaining from one kind of food or many kinds of food, avoidance of all kinds of food and liquid? There are fasts not only from food but also from sexual relations or other kinds of enjoyable necessities and luxuries.

What kind? That is a matter between you and the Holy Spirit. Like other spiritual disciplines, fasting is not a legalistic routine. Instead of looking for reasons not to fast, try anticipating the ways that God's grace will bless you during your fast.

God commanded every Israelite — of every age, condition and circumstance — to fast for one whole day each year on the Day of Atonement (Lev. 16:29-31). Jesus assumes that we will fast (Matt. 6:16-17).

So, we need to set for ourselves times of personal fasting that can symbolize our dedication to the Lord and our willingness to experience His discipline in our spiritual growth. What better time to start than this season of Lent? **-Nancy R. Catan**

Compromise is the art of cutting a cake so that everyone believes he or she got the biggest piece.

I WAS ONE of those who joined the music ministry right after committing myself to the BCBP covenant through Christian Life Program #15 in 1989. I can vividly recall the feeling that I had. I was on fire!

My wife and I owed this to our first and only action group leaders, Noli and Bong Tiongson. They were very observant and they knew we were experiencing the transfiguration state of our faith. We had experienced our Lord's glory. And Noli and Bong wanted us to remain for a while, just like Peter, James and John, in that transfiguration state through the grace we could get in the service of the music ministry before eventually going down to the plain of reality, the rigors of life.

Tremendous joy overflowed in our hearts whenever we sang with our brothers and sisters in the music ministry. Hectic practice schedules never seemed to tire us. Though we had no car then, rain or shine, we attended the practice sessions.

Simultaneous with our commitment to our chapter's music ministry we were called to be part of the first BCBP-wide choir organized for the 10th BCBP Anniversary in 1990 and had to attend the practices in Makati. Though we lived north of Quezon City in Kalookan, physical fatigue and spiritual burn-out were never problems for us. God's joy being poured in our hearts gave us the strength of Christ Jesus. Truly, we were afflicted with the St. Paul Syndrome (Phil. 2:13, 4:11-13).

The more I sang, the more God's presence was revealed to me. I became more zealous and often sang at the top of my voice in praise of our God. This didn't seem to bother my co-members in the chapter's music ministry since they, too, were preoccupied with God's glory and overpowering presence whenever we sang. We were all united in mind and in heart in God's service.

Eventually, the seal of God's spirit was noticed by other BCBP chapters. Their eyes were on us. The BCBP leadership frequently assigned our chapter to handle the music ministry service during BCBP-wide assemblies. They said that our chapter's music ministry was overflowing with talents.

And because of the challenge, I eventually fell into Satan's trap. I became more conscious of the correct notes and tones to hone my God-given talents. The praises of other chapters and the belief that our talent was overflowing opened the door to temptation. Proper voice modulation became my rule. Soon, God's service became a performance.

The fear that I didn't have before set in. I didn't want to bungle during "performances". I felt everyone watched each other's correct note and voice projection. Attending practice



Some members of the Quezon City Music Ministry - Photo by Ver Sagun

I Lost ST. PAUL'S SYNDROME

Jojo Odina, Quezon City Chapter

What happens when your service for God becomes a performance? Jojo Odina shares with us his experience as a music ministry member and tells us how to regain St. Paul's Syndrome in our service.

sessions became tiresome and I incurred many absences.

The St. Paul Syndrome was gone. I felt the music ministry found it hard to lift up the spirit of the chapter members during assemblies. I believed God had given us a different kind of affliction so that we could not boast.

I can only recall the story of Mike Joseph, Jr. (Servants of the Word) during one of his teachings. He narrated how he once attended a big prayer assembly in India. They were singing the same songs we had in our songbook but they sang them to different tunes. But the music ministry led the assembly in singing from the heart and so everybody was lifted up.

Nowadays, I believe that God is slowly healing me and our chapter music ministry. Fresh recruits have joined in great numbers and old members have renewed their commitment. Our "performance" is slowly becoming God's service again.

The Lord has led me to this realization. **"Yes, it is important to sing right. But it is more important to sing from the heart."** Thus, any existing music ministry or even choir of angels following this line will rightly serve God's purpose. ☒

What crops up may not be what we wish we had planted.

From the Austrian Alps' Eagles' Nest, Fr. Herb landed in another eagle stronghold, Loyola Heights in Quezon City, home of the Ateneo Eagles. We learn about the BCBP spiritual director's mountain-top mystic experience and his resulting life style in this interview by Bong Lodero.

HIS STORY BEGAN almost twenty-five years ago high up in the Bavarian Alps at Berchtesgaden, the "Eagle's Nest", famous for having been the retreat hide-out of Hitler and Eva Braun during the war years. Fresh from ordination to the priesthood, Fr. Herb Schneider had volunteered to serve with American occupation troops assigned to Berchtesgaden. This was to be his mountain of salvation.

Fr. Herb recalls that one night after he had retired to his room, he felt an engulfing sensation of peace and serenity never before experienced in his life.

A flood of light. A profound sense of a Presence. Time stood still. Eternity existed. "I saw the universe and my life falling into a pattern like pieces of a puzzle assembled by a mighty hand," he says as he recounts his mystic experience.

Coming down from the mountain carrying the vision and mission he had received, he returned to Innsbruck, Austria, where he finished his theological studies.

In 1973 he came to the Philippines. His task was to carry out his mountain vision of renewing all things in Christ through community building. Since then he has had only one direction: to empower and inspire others to serve Church and society through community. This, in essence, defines and identifies his work in the Brotherhood of Christian Businessmen and Professionals, the Ligaya Ng Panginoon, and its Partners in Mission.

Fr. Herb is direct, engaging and understanding. His teachings and talks instruct, titillate and encourage action. He enjoys stirring up the placid waters of others' consciences with disturbing and penetrating questions that bring one to a better understanding of himself and of his neighbors. Rather than

give a direct answer to an issue, he invites discussion, gently leading the inquirer to formulate his own answer.

There is, however, one dimension of the priest that does not easily show — his insatiable search for truth that has brought him far and wide in his reading. He engages in constant dialogues with authors and books that are formidable to ordinary persons. He is on familiar terms with philosophers, theologians, novelists, playwrights and other great writers whose names read like a litany of "greats".

He describes "Kristin Labransdatter", his favorite book, as an engrossing novel of a woman's odyssey through suffering to triumph that won for its Norwegian author, Sigrid Undset, the Nobel Prize in Literature in 1928.

Although a voracious reader, Fr. Herb follows St. Ignatius of Loyola's example and reads only those books that help him attain his goals and mission in life.

His goal in life? "Simply, to do the job given to me,"

says Fr. Herb. Presently, he is a staff member of the East Asian Pastoral Institute, Professor of New Testament Studies at the Loyola House of Studies, and spiritual

director of Ligaya Ng Panginoon, the BCBP and Partners in Mission.

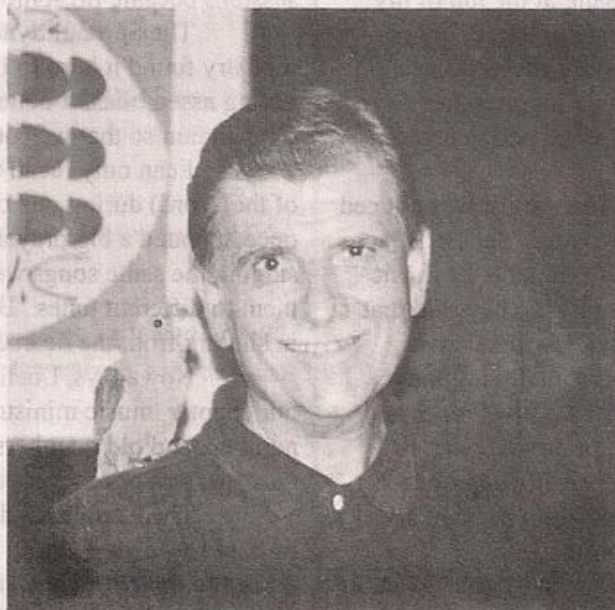
How does he relax? Listening to the kind of music that raises the spirit high above and far from the hustle and bustle of everyday life. His

favorite piece is Handel's organ concerto entitled "The Cuckoo and the Nightingale".

Music stirs up memories of his early childhood in Furth, Germany, where he was born on March 25, 1936 to Martin and Frances Schneider and spent his early years during the war. In 1951 the whole family moved to New York where he entered the Jesuit House. Ten years later he was sent to the Philippines where he finished the required philosophical studies at the Jesuit's St. John Berchman Seminary in Cebu. From Cebu he returned to Europe to Innsbruck, Austria for his theological studies. He was ordained a priest of God on June 11, 1970.

Now almost 25 years later, as God's partner in the process of renewal and change, Fr. Herb endures. —Bong Lodero

FR. HERB: BUILDING COMMUNITIES FOR GOD



He who swims with God never goes to the bottom. -Polish Proverb

JESUS' Lost Writings Found

A news report by reporter Sam Martin published November 29, 1994 in the Sun, a U.S. publication, claims that the notes for several of Christ's sermons, including the Sermon on the Mount and several unknown ones — *all in Jesus' handwriting* — have been found.

Christian leaders are especially intrigued by one sermon that refers to Jesus' coming again after 99 generations, a period that is estimated to be around the year 2000.

The notes, handwritten in first century Aramaic, were found among the Dead Sea Scrolls and are attributed to the Teacher of Righteousness, who is mentioned repeatedly in the scrolls.

Church scholars are still seeking further confirmation among the bits and pieces of the scrolls that these teachings are in fact those of Jesus, since some of the notes suggest a belief in reincarnation, and in space travel during the Golden Age to follow the Second Coming. ☩

Inner Kill

The most insatiable killer is not heart disease, cancer, or alcohol. It's "Inner Kill." This is the art of dying without knowing it. It's when routine living seems to have dulled your emotions. It's feeling like you're coping without being fully alive.

Inner Kill is not growing. It's taking the safe way. Always covering for yourself instead of taking risks. It's reacting, instead of thinking. It's giving up control of your life to whatever or whomever is around you. Inner Kill is the death of self-respect.

You have Inner Kill when you: Avoid decisions. Daydream about early retirement. Talk a lot about what you're going to do, but do nothing. Lay awake nights, sleepwalk by day. Experience unusual irritability as the norm. Talk to friends about the same things week after week.

Condensed from Richard Leider's "Living A Life of No Regrets", World Executive Digest, Dec. '94. ☩



ARTIST'S conception of an angel, as described by Barbara Wiltshire who had a notepad, but no camera, during her interview with the heavenly spirit.

INTERVIEW WITH AN ANGEL

A leading religion writer from Atlanta, Georgia, U.S.A. claims to have gotten the world's first interview with an angel from Heaven. The newswoman Barbara Wiltshire, 58, a devout Christian Methodist, says the shimmering entity gave mankind a stunning message of hope in preparation for the Second Coming of Jesus Christ in the year 2000. She also says the angel told her that 1995 will be the "Year of Miracles".

Miss Wiltshire said the angel appeared to her around 5 p.m. on November 17, 1994 while she was visiting her mother's grave west of Atlanta. The entity appeared to be female and wore flowing white robes that literally shimmered in the waning afternoon sun. She took out a notepad from her purse and jotted down what the angel told her in the 10-minute interview.

In 1995, the Year of Miracles, the

angel said the sick and dying will be healed, the desperate and downtrodden will be lifted up. Heathens will hear the word of the Lord and live by it.

The angel told Miss Wiltshire that people "must clear their minds and hearts of worldly concerns and listen to the guiding voices of Heaven."

From now until the Second Coming, there will be many trials, wars, plagues, earthquakes and wild extremes of cold and hot weather. But the angel reassured her that Jesus Christ will usher in an era of "perfect peace — and Heaven on Earth."

Miss Wiltshire said the experience changed her life and prays that it will change others' lives as well.

This news was contained in a special report by Rex Wolfe, appearing in the Weekly World News, January 10, 1995 issue. ☩

If your day is hemmed with prayer, it is less likely to unravel.

Pope John Paul II has said that "sacraments ... create in man the seed of eternal life." This article by Nancy Catan examines the fundamental reasons why we, as Catholics, treasure the sacramental life of the Church.

Are the SACRAMENTS NECESSARY?



THROUGHOUT his life on earth, Jesus not only proclaimed the Good News of salvation but also demonstrated it through many outward signs of grace — healing the sick, forgiving the paralytic's sins, raising the dead, giving sight to the blind, comforting the weary. This he did by touching them with easily seen gestures and by words. Jesus touched his followers with his love.

Pope John Paul II radiated this love during his visit to the World Youth Day in Manila last January. Even while watching T.V. I saw the Jesus-like way the Pope reached out to people, especially to the youth, the way he embraced them, listened to them and spoke to them with such visible love.



Jesus' words and actions during his lifetime were already salvific but Jesus had in mind something even more precious to leave to the Church of the faithful. He laid the foundations for and left us the sacraments, outward signs instituted by Him to give grace. He wanted us to be able to feel his healing touch and salvific grace even after He had returned to His Father in heaven.

Sacraments are "powers that come forth" from the Body of Christ. They are ever-living and life-giving. They are actions of the Holy Spirit at work in the Church yesterday, today and tomorrow. They are Christ's gifts to us, "the master-works of God" in the new and everlasting covenant. (Catechism of the Catholic Church, #1116)



Sacraments of Faith. The purpose of the sacraments is to sanctify men, to build up the Body of Christ and, finally, to give worship to God. Because they are signs, they also instruct. They not only presuppose faith, but by words and objects they also nourish, strengthen, and express it. That is why they are called 'sacraments of faith'. (Catechism, #1123)



Sacraments of Salvation. The fact that Christianity is a religion of salvation is expressed in the sacramental life of the Church. Christ, who came "so that they might have life and have it more abundantly" (cf. Jn 10:10), discloses for us the sources of this life ... in the sacraments, states Pope John Paul II in his book "Crossing the Thresh-

old of Hope". He continues by saying that when the Church celebrates any of the sacraments, it is actually Christ who celebrates them.

The sacraments, by reason of Christ's presence in and through them, are acts of transformation as well as salvation. As fire transforms into itself everything it touches, so does the Holy Spirit through the sacramental graces inherent in the sacrament infuse the breath of divine life into the recipient, transforming the faithful partaker into a living union with the only Son, the Savior.



Sacraments of Eternal Life. In the sacraments of Christ, the Church receives the seal of the promise of its final destiny — eternal life — which will be fulfilled in the Kingdom of God. Through these same sacraments we receive the seeds of eternal life which we must nourish until harvest time.



Embraces of Love. In my readings sometime ago, I remember coming across a statement by Bishop Bacani (I copied it in my notebook but forgot to note the reference.) He said, "Think of the sacraments as embraces or hugs from Christ manifesting and conveying to us his love and the love of the Father."

And this expression of love is what, I believe, makes the sacraments necessary in our lives. It is okay to talk about, discuss and teach about God's love for mankind, but as humans, we need to experience the touch of this divine love.



A Firm and Sure Anchor. To me, the sacraments are Christ-instituted signs and gestures that signify God's love for us in a very special and intimate way. They tell us that God is love. That Jesus cares for us personally. That the Holy Spirit is ready, waiting and wanting to guide us in our journey of faith. They give us strength, courage, hope, and the grace of His forgiveness and mercy.

The sacraments — Baptism, Confirmation, Reconciliation, the Eucharist, Holy Orders, Marriage, and Anointing of the Sick — are a firm and sure anchor of Divine Love on which to moor our lives in the churning seas of today's uncertainties. -Nancy R. Catan

World Youth Day

All fourteen of us boys and girls and three parent chaperones took the plane for Manila that Monday, January 8. Months of preparation for the big event, then there we were finally. Waiting for us in Manila were the Vargas family and two other host homes. That afternoon we registered at Don Bosco, our Catechesis site and attended the orientation. Thus began a weeklong experience we will never forget.

Living with one another for one week brought us closer to each other. Friends became brothers and sisters as we prayed together and experienced the overpowering presence of the Holy Father. We sang and laughed together, looked after each other in the crowds, explored new adventures in the Big City, and shared the anxieties of a bomb scare on the way home.

The Catechesis experience was very informative and interesting. Archbishop Foley, the emcee of the GMA TV official coverage for the Visit, was one of the speakers. We met new friends from different countries, watched the Bayanihan dancers during the Barrio Fiesta and went on a pilgrimage to the EDSA Shrine.

Serving one another — this became a real experience to us when we lived with four boys at a condo generously lent by some special friends. Without any house help, it meant cooking our own breakfast, cleaning the rooms, washing clothes — all these in between schedules and long tiring trips. It meant hard work and aches and eyebags, but in the end, it was all worth it!

We experienced so many other special blessings. A prayerful send-off Mass and the constant prayers of our family members and the BCBP community. Generous friends and benefactors who helped finance the trip. The warm and generous hospitality of host families. Finding the right parking place so we had a shorter hike. Minimal and tolerable traffic in our chosen routes. A very well prepared Catechesis site at Don Bosco Institute. Daily opportunities for praise and worship and prayer. A safe haven during the Luneta Vigil Mass which we found in a tree-shaded area surrounded by food vendors. The unexpected gift of a comfortable viewing place during the Sunday Mass of the Pope. A safe plane trip despite the bomb scare. No untoward accidents and no illness (till we got home).

Truly, the Lord is so extremely generous!

It was amazing how the crowds came and gathered without causing any major riots or disturbances. The Pope made all of us, the young people, feel so special. When he sang and swayed to the music and twirled his cane, he seemed to have regained his energy.



We Had A Total Experience

ACTS 2 World Youth Day Delegates were: Analin Bantug, Agnes Benares, Jojo Celis, Nino Gamboa, PJ Jochico, Bonn Laino, Jako and Kerwin Legarde, Anton Magalona, Rica and Rian Lim, DJ Taruc, Michael Tan, Noela and Tonito Vargas, CJ Regino, Paul Lopez. Parent Chaperones were: Paul Jochico, Sar Regino, Ginny Vargas, Annette Tan and Jun Vargas.

ACTS 2 members are children, ages 11-18, of BCBP Bacolod members. Organized in August 1993, ACTS 2 members hold their own action group meetings, assemblies, prayer meetings, recollections and prayer breakfasts.

Seeing everyone there waiting for a glimpse of the Holy Father who was only an inch tall from where we all stood, it was so inspiring. With grateful hearts, we will treasure the memories and always remember how privileged we were to share this moment in history — the young people and the Pope, together.

If you want more roses, you must plant more bushes. -Michelet

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POPE JOHN PAUL II

Speaks About Prayer

WHAT IS A PRAYER? It is commonly held to be a conversation ... (that) *begins with God*. We begin to pray, believing that it is our own initiative that compels us to do so. Instead, we learn that it is always God's initiative within us, just as Saint Paul has written. This initiative restores in us our true humanity; it restores in us our unique dignity.

Prayer is a search for God, but it is also a revelation of God. Through prayer God reveals Himself as Creator and Father, as Redeemer and Savior, as the Spirit who "scrutinizes everything, even the depths of God" (1 Cor. 2:10) and above all "the secrets of human hearts" (Ps. 43:22). *Through prayer God reveals Himself above all as Mercy* — that is, Love that goes out to those who are suffering, Love that sustains, uplifts, and invites us to trust. ... A person who prays professes such a truth and in a certain sense makes God, who is *merciful Love*, present in the world.

Man achieves the *fullness of prayer* not when he expresses himself, *but when he lets God be most fully present in prayer*.

How does the Pope pray? You would have to ask the Holy Spirit! The Pope prays as the Holy Spirit permits him to pray. I think

he has to pray in a way in which, deepening the mystery revealed in Christ, he can better fulfill his ministry.

Source: Crossing The Threshold Of Hope by His Holiness John Paul II. (Alfred A. Knopf, Inc., New York, 1994)

THE POPE gets up at 5:30 a.m. and by 6:15 is in his private chapel to pray. His day ends at 11:30 p.m.

The testimony is universal that prayer, more than food or liquid, is the sustaining force of this Pope's life. He makes decisions 'on his knees,' says Monsignor Diarmuid Martin ... Sometimes John Paul will prostrate himself before the altar. At other times he will sit or kneel with eyes closed, his forehead cradled in his left hand, his face contorted intensely, as if in pain ...

At this time, too, he brings to his God the prayer requests of others. His prie-dieu, at the front of the chapel, has a padded armrest. It lifts up, and underneath there is a small container for a couple of prayer books and a big stack of intentions, written on yellow sheets. Last month the stack was 200 sheets thick, and the one on top had nine different names written on it.

Source: Time Magazine, Jan. 2, 1995. ☩

You can do what you wish only when you cease wishing to do what you can not. -St. Augustine

What Is A Friend?



A friend is someone with a big heart, someone whom I can turn to when the going gets rough in my life. Someone who would not go around blabbing about my life. Someone who is always there for me, no matter what happens in my life. Jesus is my best friend, always there. I have entrusted my whole life to Him. - *Mariette Ch. Atienza, Cagayan de Oro Chapter*

A friend is a safe shelter, a treasure. A true friend knows your faults but thinks of your virtues. A friend understands, tolerates, listens, corrects and is there when needed. - *Baby Raypon, Cagayan de Oro Chapter*

One can rattle off a litany of qualities that a friend should possess. But for me, there's only one perfect paradigm of a friend: trustworthy, faithful, loving, honest, vulnerable, non-judgmental, humble. He is one "who comes in when the whole world has walked out on you."

Being a friend is just as important as having a friend. And difficult to be because it requires a drastic change within ourselves — in our points of view, attitudes, principles, priorities and habits. The ultimate gauge of friendship is one's willingness to put one's life on the line for his friends - like Jesus did. - *Cleve Manlunas, Cagayan de Oro Chapter*

A friend gives color and depth to happiness, brings out the best in me yet understands the worst and accepts me for what I am. A friend has "no strings attached". I need a friend because I need to be strong for someone. A friend makes me complete. - *Grace L. Nery, Cagayan de Oro Chapter*

Survey

The Most Important Part of My Prayer Is ...

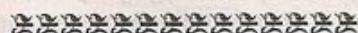
- * Thanksgiving and contrition. -*Bong Tiongson, BCLP 9, Q.C.*
- * The words "Lord Jesus, mercy!" -*Boy Sering, BCLP 17, Alabang*
- * Words of thanksgiving and praise. -*Jojo Gana, Tet Gana, Agnes Estagle, Bobby Atendido, BCLP 15, and Virginia Sering, BCLP 17, Alabang*
- * Lifting up my concerns to God. -*Fe Atendido, BCLP 15, Alabang*
- * Praying and interceding for others. -*Chelin Estagle, BCLP 15, Alabang*
- * I cannot imagine praying without praise and worship; it opens my communication lines with God. Praise and worship establishes my relationship with Jesus Christ and acknowledges His kingship over my life. It also sets the tone for my other prayers of contrition, thanksgiving and supplication by preparing me to come to the Lord in humility and obedience. -*Rowena G. Odina, BCLP 15, Q.C.*

More sharings please...

I liked the January-February issue of the KAPATIRAN Magazine especially because of the variety of subject matter and its timely articles on the youth and the Pope. But I would like to see more witnessing about BCBP members' Christian conduct of business and the practice of their professions. -*Rem Gopez, Parañaque Chapter*

Every issue of the KAPATIRAN Magazine is enjoyable. Always worth reading a second time (for greater understanding, too!). Could we have more sharings from among our youth or a parent-youth sharing on how they discovered one another through Christ? - *Rey Feria, Las Piñas Chapter*

Congratulations to the KAPATIRAN Magazine! The articles give me some "realistic" points of view on spiritual growth and they have answered many of the questions I have in mind.
Henry S. Dy, Cagayan de Oro Chapter



Thank you so much for your comments. It is only through your reactions and comments that we can know how to better meet your needs as BCBP members. About having more sharings and business witnessing — we will be happy to print them. But YOU must send them in to us ... we do not "invent" sharings. How about it, brothers and sisters? Will you share your experiences with us for the greater glory of God? -*Editor*

Keep your words soft and sweet. You never know when you'll have to eat them.

RESERVATIONS PLEASE

During the presentation of the program of activities at the January meeting of the National Council in Manila, Ed Lising of Cebu reported that they have reserved all the rooms in the Verbena Pension House and the Angelica Hotel for BCBP members. They have stand-by reservations in 14 other pension houses and tourist inns. Ten hotels have also been contacted.

Available rooms include single, double, triple, 4-person, 5-person and 6-person rooms, with and without aircon. Room rates range from around P200/person to P2000 up. The details on room types and rates are now with the National Secretariat.

Except for the Verbena Pension House and Angelica Hotel where all rooms are reserved for the BCBP, the rest will not guarantee availability unless there is a one-day deposit.

Reservations MUST BE RECEIVED by Cebu on or before April 1, 1994, to guarantee that you get the room you request. ●

Where are my hands and feet?

This is the title of a newly published 184-page book by BCBP National Council member Fernando de Larrazabal. The collection of brief reflections centers on how we Christians of today can be Jesus' hands and feet every day.

Some four years ago, de Larrazabal writes in the foreword, Henry Canoy asked him to write thoughts to be aired daily on his Radio Mindanao Network, covering forty-eight stations nationwide. These were followed by similar thoughts written for the "Makati Village Voice" and the BCBP's KAPATIRAN. This book is a compilation of some of these one-minute reflections.

Each piece is prefaced with a scripture passage and ends with a reflective prayer encouraging the reader to Christian action.



Nat'l Council, Chapter heads and KAPATIRAN editor meet to discuss plans for the BCBP's 15th Anniversary celebration to be held in Cebu on May 12 - 14, 1995.

CEBU HOSTS BCBP 15TH ANNIVERSARY

Shoemart Trade Hall is venue

Everything is "Go, Go, Go" for the 15th anniversary of the Brotherhood of Christian Businessmen and Professionals (BCBP). The May 12-13 weekend affair is being organized by the host chapter for this year, BCBP Cebu, under the direction of Sadi Saguisag, Larry Veloso and Ed Lising of that chapter.

The newly opened Shoemart Trade Hall with a capacity of 1,500 has been booked for all the May 13 activities. Not only are the physical facilities excellent, but there is sufficient parking space and the adjacent SM mall is convenient for children and companions not attending all the functions.

The proceeds from this book will be donated to St. Theresa's Center for the Special Child in Cagayan de Oro City. "Where Are My Hands And Feet?" is available in Christian bookstores, and through the BCBP National Secretariat. ●

The weekend program of activities tees off with the annual BCBP golf tournament in the morning of May 12. Other sports activities are also being planned. A program of fellowship, praise and worship will be held on Friday evening.

Saturday will begin with a joint breakfast immediately followed by a symposium that will feature well-known speakers on topics of interest to all members. The anniversary program will begin at 5:00 in the afternoon with Holy Mass, the main celebrant expected to be His Eminence Ricardo Cardinal Vidal. Dinner and regional presentations will follow. The evening will be capped by ballroom dancing.

On Sunday, no formal activities are being scheduled. However, the Cebu brothers and sisters promise a day full of fun and surprises, touring the city or just relaxing at one of the nearby beaches. ●

Blessed are those who give without remembering and receive without forgetting.

NATIONAL NEWS

First Fridays to emphasize teachings

First Friday assemblies for 1995, although they will include Holy Mass, will be held mainly for teaching purposes. BCBP members may attend masses elsewhere but are requested to attend the Catholic Teachings that will follow the mass.

The schedules for sectoral assemblies for 1995 follow. The designated lead chapters will be responsible for the venues within their sectors or Metrowide as advised. Chapter assemblies will be held on the unlisted months.

North Sector

March	Greenhills
June	Quezon City
July	Joint All Chapters — Lead Chapter
September	Quezon City
December	Joint All Chapters — Lead Chapter

South Sector

Alabang
Las Piñas
Greenhills
Parañaque
Makati

1995

MEETING SCHEDULES

National Council: Every fourth (4th) Thursday. Venue — BCBP Secretariat.
Jan 26, Feb 23, Mar 23, Apr 27, May 25, Jun 22, Jul 27, Aug 24, Sep 28, Oct 26, Nov 23, Dec 28.

Chapter Heads (Metro Manila): Every third (3rd) Thursday. Venue — BCBP Secretariat.
Jan 19, Feb 16, Mar 16, Apr 20, May 18, Jun 15, Jul 20, Aug 17, Sep 21, Oct 19, Nov 16, Dec 21.

Luzon Chapter/Outreaches Heads Council: Once every quarter to be simultaneous with the MM Chapter Heads meeting.
Jan 19, Apr 20, Jul 20, Oct 19

Vis/Min Chapter Heads Council: Once every quarter usually on a Friday. Venue — to be advised, in the Visayas/Mindanao area.
Jan 13, Apr 21, Jul 14, Oct 21

Dates to Remember

National report to the members: Organization/Finance aspects for the year 1993-1994. Deadline: February 1995. Lead chapter is Las Pinas.

BCBP Anniversary 1995: May 12-14. Venue — Cebu City. Lead chapter is Cebu.

LOOK
for these
UPCOMING
EVENTS

Planning and Coordination Meetings. The National Council will hold national planning and coordination meetings twice a year, in the months of June and December. Required to attend these meetings are members of the Council, all chapter heads, mission directors and chapter life directors. Venues for 1995 will be announced soon.

Youth Summer Conference. A 1995 Youth Summer Conference for all BCBP youth is being planned. It will be hosted by the Las Pinas chapter. Details will follow.

Grand Breakfast. The second grand breakfast for captains of business and industry is scheduled for June 14, 1995. The National Council also decided that since the venue of the grand breakfast will always be in Makati, the Makati chapter of the BCBP is designated as the permanent host of the affair.

Expanded Breakfast. In preparation for the grand breakfast, the Makati chapter will host an expanded breakfast every quarter. All chapters are asked to support this breakfast by sending high profile guests. Dates and sharers will be announced upon their confirmation.

BACOLOD

Bacolod To Have A BCBP Center

The Bacolod chapter of the Brotherhood of Christian Businessmen and Professionals has received a donation of a 2000 sq.m. lot and funds for a building from an anonymous donor. This will become the future BCBP Center in Bacolod where all Brotherhood activities and programs will be held.

Ray Garcia, chapter head, reported to the National Council that the donor stipulated that the lot located at the back of St. Scholastica's Academy in the vicinity of the University of St. La Salle shall be used "to build a place for worshipping, praising, and glorifying God, and for evangelizing and spreading the words of our Lord Jesus Christ through community meetings, worship, seminars and the like, performed for His greater honor and glory."

An additional stipulation says that "if ever the Brotherhood (in Bacolod) shall cease to exist, the property/ies will go to the Diocese of Bacolod which will in turn pass on the same to another lay organization of similar mission, purpose, movement or persuasion."

The building is to be dedicated to Our Lady of Guadalupe.

The BCBP's National Council formally accepted the donation during their meeting on January 27, 1995. •



BCMR Cana weekends initiated

Three Cana weekends in January and one in February were conducted by the Bacolod BCBP as follow-through recollections for couples who had previously attended the Brotherhood Christian Marriage Retreat (BCMR). Participants evaluated the 24-hour, live-in activity as "very successful", saying that it helped them recommit to their BCMR action plans, and to reclaim the grace and blessings of the Lord on their marriages.

Concerned with the "follow-through" after BCMRs, the Bacolod chapter leadership in 1994 drew up the Cana 1995 program. Tasked to take the lead was the chapter's Marriage and Family Life Program head couple Tutay/Marissa Corral under the guidance of Life Director Art/Lucille Legarde.

Why the name? Jesus performed his first miracle in Cana at the wedding feast (John 2:11). The choice of name was con-

firmed when, without knowing it beforehand, the Gospel for the second day of the first Cana 1995 activity was precisely the story of the wedding in Cana.

The objectives of the Cana recollections include 1) to provide an opportunity for couples to refresh their marriages in an atmosphere of prayer, learning and reflection; 2) to review the basic teachings of the BCMR and their application to their lives; 3) to evaluate their action plans for their respective families and draw up their pastoral plans for their family for 1995; and, 4) to recommit their plans and marriages to the Lord.

The written Cana 1995 program was presented to National Council president Manny Banigan during the February Vismin meeting in Iligan for the council's consideration. It was recommended that this program be made a part of the prescribed BCBP teachings. •



*There's so much good in the worst of us,
And so much bad in the best of us,
That it ill behooves any of us,
To find fault with the rest of us.
Anon.*



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(Member: IATA, PIATA, PTAA)

Chapter starts 1995 with BCLP 24

Gil and Edith Beltran are the course leaders of BCLP 24 that started on February 18 at the Social Development Center of Ateneo in Quezon City. They are assisted by Jojo and Weng Odina as assistant course leaders and Benju/Edna dela Paz as servant couple. ●

QC celebrates breakfast anni- versary

BCBP couple Ric and Edith Galing were chosen "Fishers of men" for the year 1994 during the 8th breakfast anniversary celebration of the Quezon City chapter on February 11, 1995 at the Terrace Grill in Rocas Avenue, Quezon City.

Topi Topacio and Gigi Sambalido received an award for having the best break-

QUEZON CITY Music ministry acquires keyboard



The Music Ministry is headed by Raiben Maigue (at the keyboard) - photo by Ver Sagun.

The Quezon City chapter's music ministry realized a long-time dream of upgrading its musical instruments last December 31, 1994 when it purchased a brand-new Yamaha keyboard through the proceeds of their Christmas caroling.

One of the senior members of the music ministry, Lita Ecalnir, said they were able to raise P30,000. However, fifty percent of this was donated to

fast attendance, while Dave Inocencio was recognized for his headship of the men's breakfast team last year. ●

the Calamity Fund of the chapter (see related story below).

According to Ecalnir, the caroling project was suggested by Chito Masayan, worship head of the chapter, and backed Raiben Maigue, music ministry head. This early, the group is looking forward to a "repeat" next December. ●

Calamity fund richer by P15,000

Chapter head Roy Calleja received a P15,000 donation from the chapter's music ministry for the chapter's calamity fund last December 28, 1994. This amount was fifty percent of the funds raised by the music group's Christmas caroling.

Started early 1994 the Calamity Fund is intended for chapter members who may need emergency assistance. The Fund evolves through the P20 monthly voluntary contribution of the Quezon City BCBP brothers and sisters. ●

WELCOME

Bacolod BCLP 9 Sept.-Dec. 2, 1994

Jose/Ninfa Ramos
Carmelo/Norma Geroso
Nonaldo/Salvacion Chua
Demetrio/Leonor Alburo
Antonio/Eva Llamas
Adolfo/Mely Leonardia
Edwin/Tessie Lobaton
Jose/Rosalie David
Joselino/Evelyn Panaligan
Daryl/Susan Patrimonio
Eduardo/Beth Puey
Juanito/Illuminada Jacinto
James/Ana Marie Ledesma
Lino/Myrna Uy
Edwin/Ma. Vicenta Rio
Emilio/Ma Teresa Camon

Elmer/Marilou Aragon
Alfred/Nelfa Gamboa
Nicolas/Ma. Lourdes Rodriguez
Antonio/Babette Pastoral
Chito/Marilyn Villanueva
Hernando/Ma. Carmela Samson
Michael/Ma. Emilia Ermac
Sinson/Mely Tolin
Franklin/Josephine Fuentebella
Runces/Carmela Ababao
George/Margaret Grace Gamboa
Rolando/Bernadette Velasquez
Rafael/Honey Grace Catalan, Jr.
Phillip/Ann Go
Antonio de Leon
Johnny de Veyra
Artemio Carolino
Eugenio Lecias
Jessie Ramil Defante

Imelda Garcia
Alicia Villanueva
Rosario Montalvo
Gilda Litonjua
Adela Ferraris
Elfa Ledesma
Ma. Erlinda Serra
Corazon Maravilla
Erlinda Ledesma
Lydia Montinola
Conchita Yap
Josefina Cruz
Perla Leonardia
Josephine Casanova
Victoria Cabaluna
Fanny Jalawig
Gloria Navarro
Teresa Hinolan
Elizabeth Ballesteros
Evelyn Uy

Pick your friends carefully instead of to pieces.



Charlie Carballo listens intently during a governance team meeting.

Charlie Carballo: doing things in a BIG way

Complete turn arounds characterize Alabang's new chapter head, Charlie Carballo. He shares with us his plans for BCBP Alabang in this interview with Maris Cardema.

Kap: How were you introduced to the BCBP?

Charlie: Friends from the Advertising industry invited me. The person I finally said "yes" to after two years of constant invitations was Ricky Estrada of the Makati chapter. I was curious to hear the sharer at that time since I couldn't believe he would be in this type of organization. Plus he was an acquaintance from school. He was the owner/manager of Gerard Peters, a group that organized bold fashion shows.

Kap: How did attending the Brotherhood's Christian Life Program (CLP) affect your life?

Charlie: Mon Murillo and Louie Morales invited me to the CLP. My wife and I were having marital problems and we saw the CLP as a court of last instance, hoping it might help. It was during the CLP that I realized that Jesus was my God and this led me to a 180 degree turn. I turned completely to God — and so did Josie, my wife — as fast as we could.

My relationship with my wife was the big turn around. Our marriage was saved and my relationship with her continues to grow as we grow closer to God, as individuals and together as a couple. We now have good relationships with our children.

Kap: How does being a renewed Christian affect your office relationships?

Charlie: In the office my turn around was instantly noticed. I made a decision to say "No!" to wine, women and song. I used to be the person who brought our foreign visitors around, this changed immediately. I stopped organizing "parties".

In my workplace I turned from being the "atheist" to being the "Monsignor" of the division. Whenever any matters regarding religion would come up, they would bring them to me.

In the past I had problems with the president of the company and constantly thought of resigning. However, the power of prayer, especially praying for him, gave me the strength to go on. He has since been removed from the company. That experience was very transforming for me.

Kap: What do you think is the message of God to you personally?

Charlie: To bring my family with me to His House.

Kap: As chapter head of the BCBP Alabang, what are your plans?

Charlie: I want to focus on the chapter's family life through teachings and activities. Immediate plans include the conduct of two Brotherhood Christian Marriage Retreats (BCMRs), a BCMR deepening program, the initiation of a Family Encounter Program, and the strengthening of our Children and Youth Formation programs.

The chapter intends to conduct two CLPs this year, BCLPs 25 and 26. More BCLPs and Culture Talks will be given in Dutch Boy and Coca-Cola, our corporate outreaches. And we will continue with our Naga outreach.

Kap: Do you have any particular message for our readers?

Charlie: We should be guided by the scripture verse: "To whom much is given, much is expected." Let's work together in the Lord's service, building up our BCBP community with love as its focus - the Love of God!
-Maris Cardema

As the purse is emptied the heart is filled. -Victor Hugo

ALABANG

Governance Team completed

Alabang's chapter head Charlie Carballo recently announced the composition of the "reorganized" governance team for the coming year. Teks Espiritu takes over mission activities as Mission Head and Manny Jimenez will direct chapter life activities as Chapter Life Head.

Treasurer is Bobby Atendido with Agnes Estagle helping out as assistant treasurer. Bobby dela Paz heads the chapter's secretariat.

Outreach head is the team of Boboy Aquino and Orly Neri with Buddy Dimacali as the coordinator of outreach activities in Dutch Boy. Men's breakfast head is Ed Adriano; ladies' breakfast head is Fe Atendido.

Benru Macairap joins the team as head servant. Head of the chapter's music ministry is Bobby Atendido. Johnny/Tere Borja are responsible for Family Life programs with Bert/Nini Bugayong taking charge of children's formation activities. The chapter's unit leaders are Bobby Atendido, Bobby dela Paz, Teks Espiritu and Manny Jimenez. •

Dutch Boy gives gifts

The graduates of Dutch Boy's first Christian Life Program in cooperation with company's management extended the joys of Christmas gift-giving to a group of poor people living along the railroad tracks near the back of the Dutch Boy building. On December 29, 1994 they distributed to the poor different kinds of goods that had been donated by the employees of Dutch Boy and its management. •

Alabang's "reorganized" governance team members. From left to right: Teks Espiritu, Mission Head; Bobby de la Paz, Secretariat; Boboy Aquino, Outreach Head; Benru Macairap, Head servant.



The Alabang team gives out bags of food and necessities to victims of the Calapan, Mindoro Oriental earthquake on Dec. 27, 1994.

Earthquake victims get assist

The action group of Mon and Josie Sedilla observed the Christmas holidays by giving assistance to earthquake victims in Calapan, Oriental Mindoro on December 27, 1994. They were assisted by the Calapan Kabalikatan Civicom.

Team members who went to Calapan were Joey/Mely Cailipan, Jess Capiz and Boyet Paredes of the Alabang chapter, and Caloy/Irma Pineda of the Parafique chapter. •

BCLP 25 begins Kobe visitors

February 18 saw the beginning of Brotherhood Christian Life Program (BCLP) 25 at the Alabang Country Club. Sessions are being held every Saturday for eight Saturdays. Course leader Joe Ferreria is assisted by assistant course leaders Danny Perez and Boy Sering.

Benru Macairap heads the service team. Ernie Cardema serves as intercessory prayer head and Ted Diaz is head of the course's music ministry. •

Balikbayans Francis and Marilyn Sogono, BCLP 21, returned from Kobe, Japan on home visit. They attended the Alabang chapter's joint breakfast on January 28, listening to the sharing of Bobby and Fe Atendido.

They reported that they are planning to introduce the BCBP to businessmen in Kobe, Japan through a BCLP by late April or early May as soon as the people have recovered from the effects of the earthquake. •



Espiritu



De la Paz

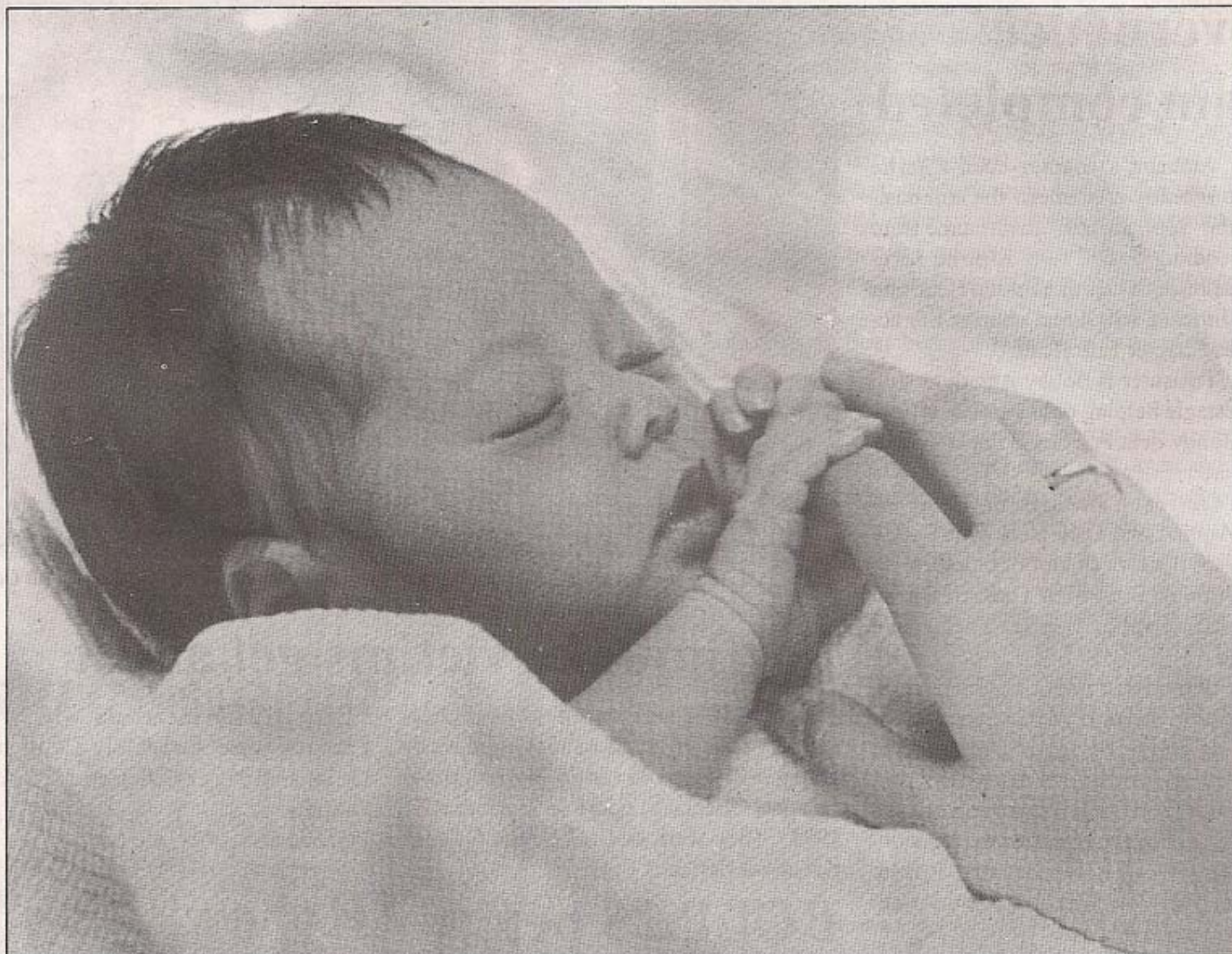


Aquino



Macairap

An ounce of "I AM" is worth more than a hundred weight of "I WAS". -Genoese Proverb



LOVE AT FIRST TOUCH.

He couldn't see you. But he could feel you. And when you touched him the very first time, he knew you loved him more than anything.

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Only a mother's touch is gentler.

First Teach-in held

Whole families of BCBP Makati members got together last February 4 at the Magallanes Parish Center for 'first-of-its-kind' teach-in. Following the opening praise and worship, activities were held simultaneously for the younger children, the older children and the very much older kids, a.k.a. parents.

Kids seven years old and below joined in a lively drawing session encouraged by Elsa Santos, Beth Ginete and Odette Nanagas. Their masterpieces were then displayed for the parents' viewing.

The teach-in for older children was conducted by Fr. Manoling Francisco, a noted composer of Liturgical and Charismatic songs. He told the enthralled youngsters stories of how praise and worship songs were composed by people inspired by living in Christ.

Fr. Chito Dimaranan, the Makati chapter chaplain, urged the members to find joy in their Christian service. He said that we must all take the Pope's exhortation "Be not afraid" to heart and reach out to others with Christ's message.

The afternoon ended with an anticipated Mass joined by all the age groups. Ronnie Caballero, mission director of the chapter, explained that the February 4 teach-in is only the first in a series of First Saturday teach-ins. "The series has the objective to strengthen the third "C" of our BCBP Vision—the "Commissioning" of the members to spread Christ's values to others. During this series, we expect that every member of our chapter will be led to make his or her own personal mission statement," he said.

The activities for the children which will be held at the same time as their parents' teach-in are programmed as part of the chapter's children's formation activities. ●

Bon Voyage!

After serving the Brotherhood for three years, Lino and Diane Mejorada are emigrating to San Francisco, USA.

MAKATI



Tango King and Queen - Vic and Rita Cuna.

Red was the color of the evening

Makati BCBP members could not wait for February 14 so they celebrated on the tenth at the Bonifacio Naval Station Officers Club with a dinner and dance. It was a most heartwarming interaction between units within the chapter. Each wife received a lovely rose candle to mark the occasion.

Emcee Beth Ginete in a black evening dress had everyone participating in Valentine games. The award for the most Valentine-colored couple (those dressed in matching red outfits) went to Mike and Mee Reyes, Rico and Elsa Santos and Andy and Odette Nanagas. Danny and Tess Silbor won a blindfolded "feel your partner" game. Nancy Catan won a prize for wearing the only red pair of shoes for the evening.

The couple joined the BCBP in September 1991 via CLP 18 under discussion group leaders Jun and Nancy Catan. They then served as assistant discussion leaders in CLP 21, becoming action group leaders after BCLP 22, 1993.

Lino's trademark is his two little notebooks fully packed with painstakingly hand-copied Bible verses, and notes

Arnold and Veron Madelo were unanimously voted as the sweetest and most inseparable couple of the evening.

The music ministry, renamed "Elderly Brothers" for the occasion, sang love songs from the sixties and the seventies.

Walter and Sonia Briones taught everyone the L.A. Walk. Tango King and Queen of the affair were Vic and Rita Cuna with their gracious, sensuous and flowing version of the dance for lovers—the Tango.

In this night of impromptu numbers, the best was saved for last. Andro Legaspi, Kundirana 1995 member, sang a duet with BCBPer Joey Avellana of Kundirana batch 1974. ●

for various BCLP talks. These little notebooks are his own version of the BCBP songbooks as they include his trademark song "Diana."

Diane left on February 25th with kids Jenny and Jojo. Lino will follow in a few months.

Can we look forward to another Brotherhood outreach in the U.S.A., Lino? ●

So, they're reading the KAPATIRAN after all. Wait, why are they laughing?



The "BIG" guys of BCBP. They, too, are laughing. Did they get the joke?



Now, Joey "Elvis" Tagle, Louie "Victor Wood" Morales and Pepot "Michael Jackson" Fortich are singing about it.



It seems Roy Calleja is not too happy about it. Can he really play that thing? Oh, come on! But he's serious.



Ah, now Tito Manny is ecstatic about it! He's even dancing with joy!!! Careful now, you might step on the lady's toes!

He must be gearing up for the BCBP Anniversary celebration in Cebu.

Well, early bird gets the first dance.

Swing it, Manny!

Hush up now, Tito Larry wants to say something.



Our brothers from Legaspi are really serious, aren't they?



And this is serious. They couldn't decide whether to register or not. Would they? Find out in the next issue.

A sense of humor is like a needle and thread — it will patch up many things.

KAPATIRAN to handle 15th Anniversary Publication

Focus: BCBP Mission and Vision

In keeping with the Symposium style of BCBP's 15th anniversary celebration, the National Council approved the recommendation of the KAPATIRAN staff for the anniversary publication to be in the form of a "kit".

This Anniversary '95 Edition will consist of three (3) main sections, each of which will be separately bound. The three sections will be contained in a Cover Folder with expandable inside pockets.

The three sections are: a Registry of Members; the Anniversary Issue of the KAPATIRAN Magazine with the anniversary program, messages, BCBP highlights and news;

and, a Special Supplement on the BCBP's Mission and Vision with interviews, sharings, chapter histories and evangelization features.

Each section has its own deadlines, advertising pages and publication dates. By doing this, the staff hopes to

avoid last minute hassles and 48-hour days at the printers. If everyone cooperates by meeting scheduled deadlines, no one will be overly pressured in their task, says managing editor Nancy Catan.



KAPATIRAN Business Manager, Sammy M. Ulanday takes a breather to look at the camera before going back to do the magazine's layout.

Every chapter and outreach has been assigned a target quota for advertising solicitations. The funds raised will not only cover the cost of the KAPATIRAN but also contribute to the costs of the anniversary celebration itself. Chapter targets have been set at P44,000 or the equivalent

of 11 full pages of advertising. Outreach targets are P12,000 each or the equivalent of 3 full pages of ads. These figures are **MINIMUM TARGETS**.

Sammy Ulanday, KAPATIRAN's business manager, has prepared an Advertising Primer that details all aspects regarding advertising solicitations for the anniversary kit. These have been forwarded to all BCBP chapters and outreaches. Please read the Primer carefully for complete details, advertising rates and Special Bonus Offer To Advertisers. As has been the practice in past years, chapters and outreaches will receive 10% commission on ads they solicit.

WE NEED YOUR FULL, ENTHUSIASTIC AND UNQUALIFIED SUPPORT in making this 15th Anniversary Edition a publication worthy of the name BCBP, appealed editor Catan during a planning meeting.

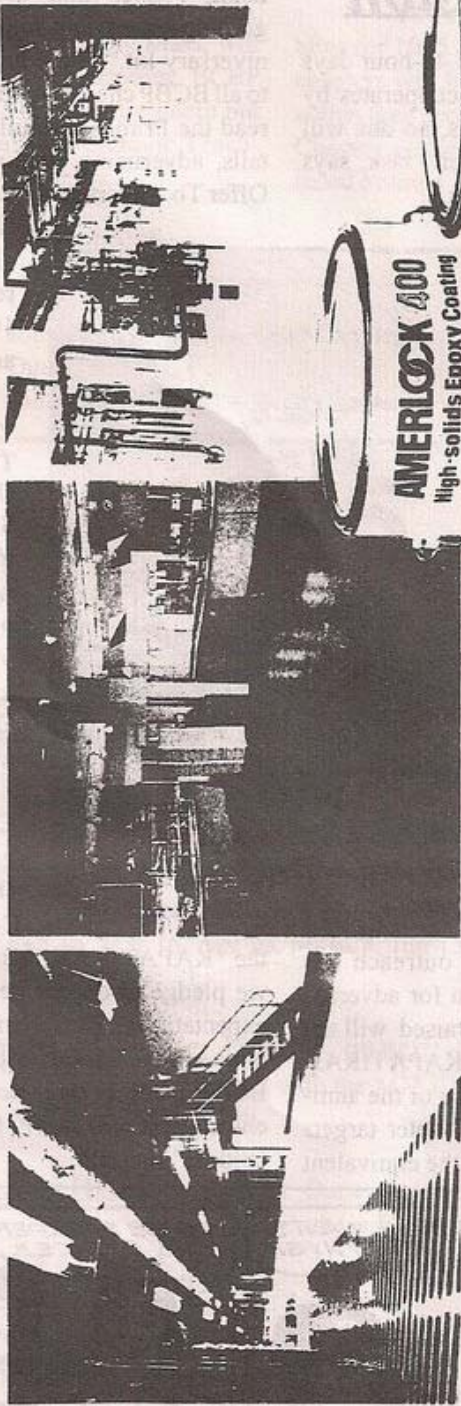
"We thank the Cebu Chapter organizing committee and the National Council for giving

the KAPATIRAN this responsibility and we pledge to do our best in meeting their expectations. But, we must emphasize, no matter how complete plans are, if every BCBP member does not fully support the endeavor it will surely fall short of expectations," she said.

BRO'



Those who know do not speak; those who speak do not know. - Lao-tse



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TEL. NOS.: 8923761 TO 72 PABX LINES, FAX NO. 8178980
CEBU OFF.: R. SENIDO BLDG., A. CORTIZ AVE., 6014 MANDAUE CITY, CEBU
TEL. NOS.: 818336, 83503, 83593 FAX NO.: 460548

BENJIE HAD A STRONG PERSONALITY. He had the ability to lead and train people to be leaders and servants. Most of the members of the action groups he led became unit leaders, mission directors, chapter heads or went on to do mission work.

He exhorted one to serve the Lord in a very straightforward way. He trained you to serve the Lord even if hardships were encountered, producing leaders who were "sanay sa hirap."

Benjie gave you courage to face life by the way he coped with a lot of trials and sufferings during his service as chapter head of the Quezon City BCBP. The things he endured could have snapped the patience and perseverance of a lesser person but not Benjie. One of the readings during his wake was 2 Timothy 1:7-8, a passage that aptly describes Benjie.

Another trait that I remember about Benjie was how he showered his love on people. He was not very demonstrative or affectionate but he practiced the type of love that would lead you to heaven even if it meant giving you hard love or correction. He talked without any frills and always gave it to you straight. Some people at times got hurt by Benjie's being a frank person but I saw how later in their lives, they became better and stronger Christians.

Benjie influenced people to learn and love music. He helped form the BCBP chorale at Alabang. Members of his first action group all played different musical instruments. Three out of 4 members of His last action group now play the guitar. What's amazing is that these people learned to love music only during the latter part of their lives.

However to me, what distinguished Benjie from others was that he lived by faith. He believed that God had a plan and a mission for him in life. He tried his best to persevere, to live out and follow God's plan in his life as a BCBP warrior in the market place, as a father, and as head of the Quezon City BCBP chapter.

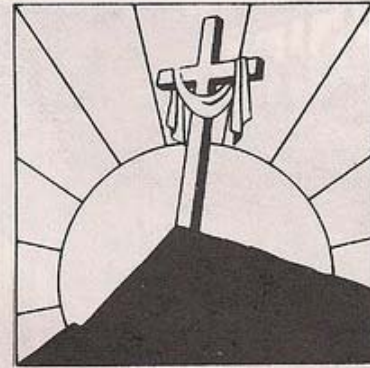
Led by conviction Benjie turned the chapter's sights on Baguio as an outreach. He started a lot of corporate evangelization programs. One year we held 3 CLPs. Some of these programs weren't very successful and complaints were received about the wisdom of so much mission activity. This discouraged me but not Benjie. He practiced his faith in line with Hebrews 11:1-2, 13-16, living with the assurance and conviction of the future God had prepared for him.

Benjie died but he saw with eyes of faith that what he started was God-led and is beginning to bear fruit today in the mission work of the Q.C. chapter. During his life, he did not obtain the success of the programs he started but saw them from afar. The chapter is now stronger because of him.

When I heard the news of his death from a sister, my first reaction was to tell Benjie, "Brother, tingnan mo ang nangyari, inatake ka kasi masaydong serious ka sa buhay. You did not enjoy yourself."

But as I pondered these words, I realized that where he is right now, he is enjoying himself for all eternity. He chose to be in a better heavenly home. He exchanged the pleasures of the world for an inheritance that is unblemished, undefiled and unfading.

As BCBP brother Cesar Liza and I talked during Benjie's wake, we asked Benjie to intercede for us. We told him that when he reached heaven, he should volunteer to be in the registration



Rest in Peace



Benjie Quinto (left) discusses BCBP matters with BCBP president Manny Banigan during the Family Day celebration last year.

Benjie Quinto: Our Victorious Brother

Roy Calleja, Quezon City Chapter

Roy Calleja, present Q.C. chapter head, served as mission director under former chapter head Benjie Quinto. In this short tribute Roy reflects on the qualities that made Benjie a truly victorious BCBP brother in Christ. Benjie, 46, suffered a massive heart attack — his first — and died on January 24, 1995. He is survived by his wife, Ninette, and children Julo and Katrina.

table. We asked him to place our names and those of all BCBP members in the Book of Life, to welcome each and every brother in heaven and to be the one to pin the membership card.

The BCBP has now an active intercessor in Heaven.☒

The better part of valour is discretion. -Shakespeare



Roy Calleja, B.D. (before diet)!

Roy's Guide To "Value For Money" Meals

Roy Calleja, Quezon City Chapter

During a BCBP gathering, the subject veered onto diets (Roy Calleja was just starting his diet), food and good places to eat. Roy recounted his experiences with eating places encountered in his job involving real estate development projects in Metro Manila and Regions III and IV.

We learned that Roy had a list of those eateries that offer good food at reasonable prices. One thing led to another and we asked Roy to share his list with us.

In his comments accompanying his list, Roy says that he should have written this article before he went on his diet. "Having lost 63 pounds so far, reminiscing what I used to do in the past and the places I used to go causes a lot of pain and suffering," he remarks. He continues, "I have discovered places to eat that may not be the best but fit just right under the criteria 'value for money'."

Here is his (very subjective) list. We hope you enjoy.

P.S. If you have your own favorite "value for money" spots, why not share them with us, too?

Roy's guide to "Value for Money" Meals

Area	Name	Location	Specialty
Cavite	Aling Nene's	New Carmona Town Proper	Binalot
	Buho	Aguinaldo H-Way near Tagaytay Boundary	Tawilis
	Mushroom Burger	Tagaytay H-Way	Hamburger
	First Chapel	Going to DAP Tagaytay	Various, Chicken Liver Pate
	Shell Yellow	Aguinaldo H-Way near Tagaytay	Coffee
	Hotoy's	Governors Drive Dasmariñas	Various
	Digman	Bo. Digman, Bacoor	Halo Halo
	DCMV2	Bacoor	Tapsi
Laguna	Bulalohan	Sta. Rosa/Binan B'dary	Bulalo
	SM Balot Balot	Carmona Exit to Sta. Rosa	Binalot
	Bulaluhan (Generis)	Calamba	Bulalo
Pasay	Vietnamese Kitchenette	near Pasay City Hall	Vietnamese food
	Mr. Ho Tsing Ho	near Domestic Airport	Noodles/Congee (Prawn Congee)
Manila	Broasted Chicken	near Luneta	Chicken
	Empress Garden	Roxas Blvd.	Siopao
	Ocean Dragon	Binondo	Dimsum
	Wah Sun	near CM Recto	Filipinized Chinese food
	Toho	Escolta	Filipinized Chinese food
	Deluxe Cafe	Escolta	Pata Rice
Makati	Friends and Neighbors	near Church on Makati Ave.	Bicolano Turo-turo
	Good Earth Tea Room	Berenguer/Topacio Gallery, Magallanes	Everything!

Top cats often begin as underdogs.

Murphy's Laws of Motherhood

1. If anything can go wrong...Mom will be expected to fix it, change it, or call someone who can!
2. When the going gets tough...the tough get their mommies!
3. A mother may not always be right, but she is never wrong!
4. Child's Creed: If it moves, bring it home and ask if you can keep it. If it doesn't move, bring it to show-and-tell.
5. The one who owns it is never the one who had it first!
6. There is nothing so small or unimportant that it can't be fought over!
7. Never tell a child not to get into something that you don't want him to get into.
8. Hell hath no fury like a child ignored!
9. Never say anything in front of a child that you wouldn't want repeated in front of your mother-in-law.
10. It always hurts you more than it hurts them!



Some Makati parents and kids enjoy a fellowship night.

Roy's guide to "Value for Money" Meals

	Vito Cruz Barbecue Shinjuko Emers	Vito Cruz Makati Ave., Pasong Tamo Mkti. Cinema Square	Barbeque Japanese Noodles Cuapao
Quezon City	Hu Yuan Ongpin Delights Oriental Park Rudy's Mami House Dimsum and Dumplings Rasa Singapura Ulo-ulo Bulalohan at Goto Bulalo at Kambingan Le Ching Tea House Little Quiapo Trellis Ambrosia	Timog West Avenue Timog Timog Tomas Morato Tomas Morato back of Veterans Hosp. Timog Timog Del Monte Ave. Q.C. Hall Q.C. Hall Xavier Ville	Chicken Abalone Congee Noodles Deep Fried Fish Belly, Others Pares Chinese Dimsum Singaporean Ulo -ulo ng Isda Bulalo Bulalo at Kambing Noodles/Congee Palabok Sisig/Bangus Sardines Various
Rizal	Original Bahay Pawid Balaw-balaw Filipino Rest.	Cainta Angono along Sumulong H'way going up to Antipolo	Sinigang na Kanduli sa Miso at sa sariling itlog ng Kanduli/Dalag Filipino exotic food Baboy Damo/Sawa Sinigang sa Bayabas
Bulacan	Stores in front Bocaue Church Any Bakery Bulaluhan	Bocaue Malolos Bocaue North Express Exit	Chicharon Bocaue Inipit Bulalo/Pesang Isda



Swift

Get Into The Meat.

THE POWER OF

When it comes to budgeting, cost cutting or project proposals, the one question that management zeros in on is, "How can you improve the profit picture (or the return on investment, as the case may be)?"

The better way to do this is to start with the number one. Appreciate its power. It's a good way to make improvements to profits at the lowest level of risk.

One may seem insignificant, but reducing costs 1 percent in a \$6 billion business saves 460 million a year! Reducing an airline's flying cost by one cent for each seat-mile provides \$600 million a year in additional profit for one U.S.-based airline.

You can find potential improvements everywhere when you value the power of one. In many manufacturing businesses, quality costs may run 35 percent of sales. What if you reduced it to 34 percent?

The power of one can make contributions millions of times over in the form of one more product sold every day, one additional percentage point of sales or profits every week, one less step in a manufacturing operation or office process, or one less day required to collect accounts receivable.

Take a good look at your business areas that contain measurable values. Some of these are product-development cycles, inventory costs, speed of order entry, reject and scrap rates, downtime rates, product movement from warehouses, process scheduling accuracy and customer services. Apply the power of one in these areas; while you subtract time, cost and headaches, you will improve quality, customer satisfaction, employee morale and benefits, and, of course, the bottom-line profits.

Condensed from Mack Hanan's book "Consultative Budgeting" (Amacom Books, NY, C1994)



Where Can You Improve Profits Right Now?

Remember the power of one. Regularly ask two questions of your operation:

1. Where can we contribute 1 percent to management's revenue objectives?
2. Where can we contribute 1 percent to management's cost-containment objectives?

The following lists should spark ideas for you.

Revenue-expansion Ideas

- * Add volume.
- * Reduce customer returns.
- * Extend product life.
- * Expand into new markets.
- * Increase distribution.
- * Reduce or eliminate unprofitable products or customers.

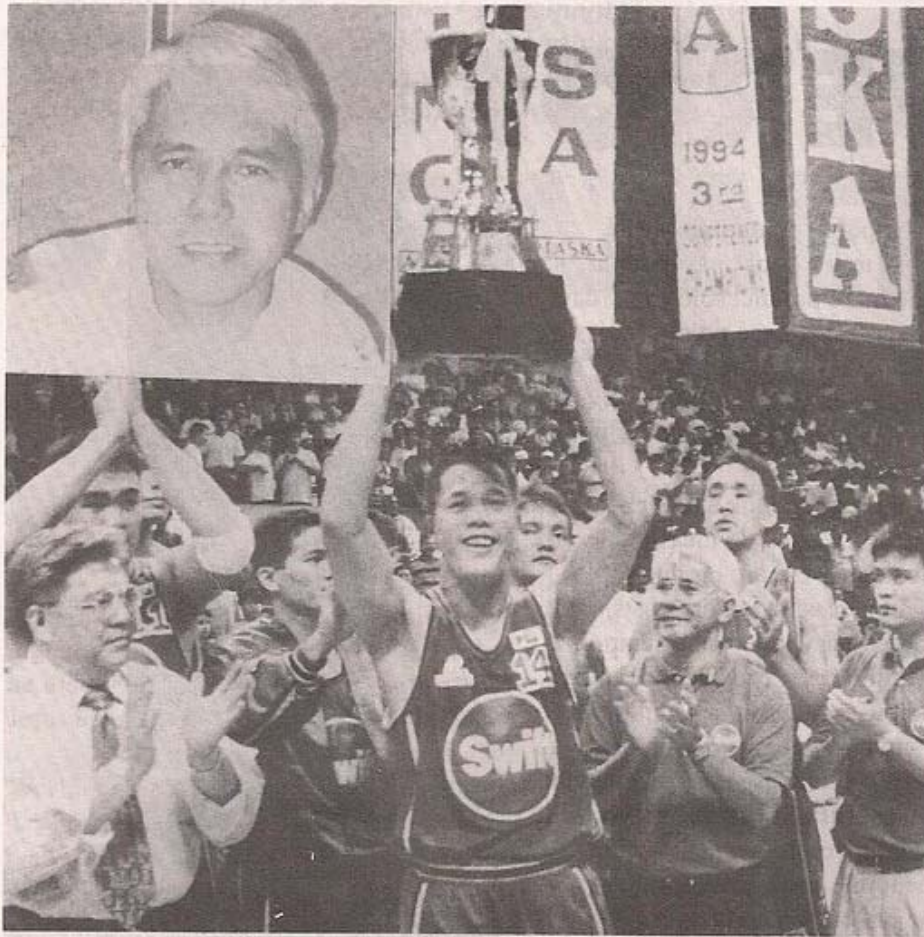
- * Speed up production.
- * Apply creative sales-promotion strategies.

Cost-reduction Ideas

- * Reduce articles in stock.
- * Standardize preferred items.
- * Conduct make-or-buy studies.
- * Reduce the number of operations.
- * Combine operations.
- * Improve scheduling.
- * Reduce material consumption.
- * Recycle materials.
- * Substitute less-expensive materials.
- * Reduce parts inventory.
- * Simplify product and package designs.

- * Plan ahead to avoid rush buys.
- * Install a preventive maintenance program.
- * Shift the burden of carrying inventories to suppliers.
- * Shop for optimal supplier quality, delivery, and cost.
- * Correlate forecasting data between marketing and production.
- * Speed disposal of slow-moving inventories.
- * Stage freight shipments to reduce overtime.
- * Reduce insurance costs.

Source: "Consultative Budgeting" by Mack Hanan.



a dynamic renewal community would be established within the company. But established it was. RFM's "Living Bread Prayer Community" celebrated its second year last September 28, 1994 bannering the theme: "Building a Christian Community."

Elmer recalls that he, together with a handful of his colleagues in RFM's management staff, tried to bring Christ into the center of their business operations. "It was a roller coaster ride," Elmer explained. "When the spirit was high, the prayer room was filled. But there were also times when there was practically no one attending."

Elmer believes that "all things happen with God's consent." Even then he felt that God wanted him to continue on trying and that he intended to do, even though the enthusiasm of the employees towards "building a Christian community" was meager, even so minute at times.

His endeavors got a big boost when, four years ago, no less than Jose Concepcion III, RFM president and CEO, stepped into the picture and gave full company support for the efforts of Elmer and his group of business colleagues in reintroducing Christ to the staff.

Elmer Yanga: His Wish Came True

Two years later, the RFM Living Bread Prayer Community was born and formally established.

"I believe that God really loves us here at RFM," Elmer commented during the interview. "Although the Community members are just a small fraction of the total company staff, so far we have not encountered any incidents that could have deterred us from pursuing His works."

He continued. "In many instances, we've heard of other prayer communities which have simply died down due to intrigues, contradiction and conflicts between the members and non-members." He noted that, so far, none of these incidents had happened to them. "But if they do, I believe the LBPC is ready for them," he said.

Even in his personal life Elmer believes that God has been with him all along. "The acceptance of Christ as Savior was not even a struggle for me. I know that all the blessings my wife, Esper, and children Elmer Joseph, Erwin Jason and Emily Lourdes, have been receiving all these years are God's manifestation of His love and care for me and my family."

A common question asked by businessmen is "How do I go about bringing Christ into my marketplace?" Elmer Yanga, V.P. for Corporate Affairs of RFM, recounts for us his experiences in organizing a prayer community among RFM employees in this interview by Sammy Ulanday.

And what has he done about all these in return?



IT WAS A LONG, winding trek of struggle before Elmer Yanga, Republic Flour Mills, better known as RFM, Vice President for Corporate Affairs, would see the day when

ELMER YANGA... from p. 34

Elmer got involved actively in renewal groups when he took a Life in the Spirit Seminar (LSS) given by the Makati chapter of the Brotherhood of Christian Businessmen and Professionals. Due to circumstances at that time, however, he was unable to continue on in the BCBP.

But God was waiting with another evangelization assignment for him. He shared what he had experienced with his colleagues and employees of RFM and began working for the establishment of a Christian community right there in his own workplace.

In the process of evangelizing their employees, Elmer revealed that God showed him the way, a more enriching way than what he had been doing all along. This way is found in Matthew 7:12: "Therefore all that you wish men to do to you, even so do you also to them..."

"And I wish they can all find Christ," Elmer said. He added that if you do wrong to others, you are actually executing such wrong doings against Christ.

Even in day-to-day dealings with employees, Elmer lives in the belief that all men are created equal by God, that every employee is honest unless proven otherwise. This aura of trust emanating from him has spread, influencing each member of the staff.

Sometimes problems cropped up in the process of introducing Christ to the RFM employees, however, these were accepted as part of the spiritual battle by the 150 regular attendees of their Wednesday prayer meeting. When these things happen, Elmer returns to the Scriptures. "All we have to do is call on Him, and He will respond," Elmer affirms, quoting the Matt. 7:7 promise "Ask and it shall be given..."

For Elmer a day can never begin without first hearing the message of God. He describes these daily messages of God in Scripture as the track on which your day will run. "Without these tracks you may find yourself in the ravine of darkness and confusion," he explains.

Aside from the prayer group at RFM's main office in Pasig, Elmer is happy that there are now "outreaches" in other company areas: at the Cosmos Bottling premises and at their plant in Manggahan, Pasig.

"When you do God's work, the feeling of accomplishment can never be compared to anything else on this earth," he claims. Elmer's outlook on life and his enthusiasm and perseverance in bringing Christ into his marketplace have given him a sense of fulfillment that proves his claim. -Sammy M. Ulanday

The Harvard people say that by redefining value and delivering it consistently, a company stands to retain customers, increase its market share, strengthen its revenues and profits and retain valuable customer loyalty.

Which Value Discipline Do You Follow?

Today corporations are into reengineering, vision and mission workshops and definition of the strategic values of the business. What do they expect to achieve? "Command Performance: The Art of Delivering Quality Service", a book published by Harvard Business Review, c1994, points to three areas of "value" disciplines: operational excellence, customer intimacy, and product leadership.

Harvard posits that firms excelling in one of these value disciplines and meeting industry standards in the other two outpace competitors by a wide margin. They cite General Electric, Home Depot and Johnson & Johnson as examples.

The few firms who have mastered two of these three value disciplines have also reaped benefits. Toyota, for instance, excels in both operational excellence and product leadership. Mastery of one discipline carries you far; two puts you in a league of your own.

When you choose a value discipline, you're not only striving for a particular standard of performance, you're choosing a category of customer to serve.

Operational Excellence

When you choose operational excellence, you are most likely a company that specializes in providing customers with reliable products or services at competitive prices. You make buying convenient. Such companies work hard to minimize overhead, reduce transaction costs, and optimize processes.

You target customers that value convenience, quality, and price. They shop at warehouse clubs, buy by mail order, and purchase stocks from a discount broker.

Customer Intimacy

Customer intimacy means segmenting and targeting markets carefully to offer products or services that match the niche exactly. Customer-intimate firms create custom products or handle special requests cheerfully, and they do everything they can to keep customers loyal.

cont. on p. 44



KUDOS

Chito Masayon.

Chito as Territory Manager of Bristol-Myers received the Most Valuable Performer (MVP) Award from the company last January 5, 1995. Aside from a plaque, Chito also received P60,000 cash award plus an all-expenses paid local trip.



Masayon

Chito is presently the Worship Head of the Quezon City chapter of the BCBP.

Tito and Choleng Robles. This lovely couple, members of BCBP Makati, observed their Golden Wedding Anniversary on November 6, 1994 in simple but elegant ceremonies at the Skytop Restaurant, Hotel Intercon, Makati. Bishop Ted Bacani celebrated Holy Mass. Dinner was followed by a program and film showing participated in by most of their 7 children and 22 grandchildren. Their three daughters, Marite,



Lulu and Maruja, and their husbands Johnny Calixto, Allan Valencia and Sonny Lardazabal respectively, are also active BCBP Makati members.



Corporate Catchwords

Empowerment. A magic wand management waves to help traumatized survivors of restructuring suddenly feel engaged, self-managed, and in control of their futures and their jobs.

Paradigm shift. A euphemism companies use when they realize the rest of their industry has expanded into Guangdong while they were investing in Orange County.

Reengineering. The principal slogan of the Nineties, used to describe any and all corporate strategies.

Restructuring. A simple plan instituted from above in which workers are right-sized, downsized, surplusd, lateralized, or in the business jargon of days of yore, fired.

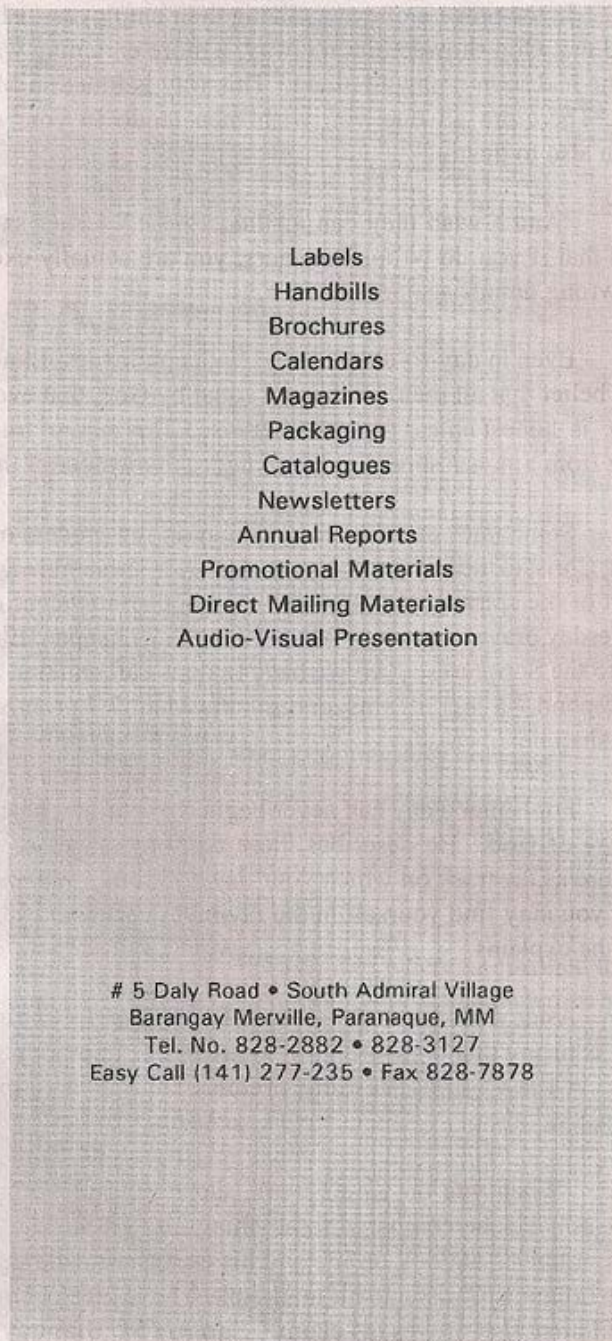
Team player. An employee who substitutes the thinking of the herd for his own good judgment.

Vision. Top management's heroic guess about the future, easily printed on mugs, T-shirts, posters, and calendar cards.

Source: Fortune Magazine



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With permission we are reprinting this article by Gil C. Cabacungan, Jr. that appeared last year in the Business Section of the Philippine Daily Inquirer. Bobby Atendido is an active member of the BCBP Alabang chapter and has recently been appointed as the chapter's treasurer.

Like most of his peers in the corporate world, investment banker Robert Atendido, 46, likes to play golf. But unlike them, Atendido has been able to temper his golfing passion by spending more time on things that add more meaning to life.

"I've reached a point when I now seek for more balance in my life, to do the things which I've overlooked before," he said.

Atendido, president of Insular Investment and Trust Co., a wholly owned subsidiary of the Insular Life Assurance Co. Ltd. engaged in mergers and acquisitions and financial advisory, said his weekends were now spent sharing a piece of himself to colleagues and friends wanting to change their material ways.

Atendido is a unit leader in the Ayala-Alabang chapter of the Brotherhood of Christian Businessmen and Professionals — a charismatic group aimed at "evangelizing the market place" or "giving a Christian perspective" to the business environment. The group, made up of middle-age executives and yuppies, meets every weekend for spiritual nourishment. Atendido's unit has 60 members.

"It's not your typical singing-and-chanting Christian community — we're more subdued," Atendido explained.

Living in a foreign land for several years — three and a half years in Hong Kong and five years in Jakarta — led him to take a closer look at life.

He said, "Life had never been so good back then — work was easy, the pay was good and there's a lot of time for playing golf. But still I found myself looking for more."

After years of playing the greens of Jakarta, Atendido found his life too routine and bereft of meaning. "At the end of the day, when the music stops, I found myself asking what the meaning of life is."

He said he found his life too focused on "secular" or worldly pursuits and he then realized he has forgotten all about the spiritual side of living. "Now I can say I have found peace with myself."

When Atendido and his family came back to Manila in 1987, a friend invited him to join the fledgling Christian organization. Initially, he was skeptical about joining because of the reputation of some charismatic groups.

But he gave it a try and from the first meeting, he was hooked. "It gave me a new perspective in life. I realized life was not just about succeeding in your career, there was a lot more." Atendido is now one of the more active members of the organization. He organizes seminars for companies and often acts as a resource speaker for "lost souls in the business world."

In his talks, Atendido urges his colleagues to put the pursuit of money in the proper perspective. Managing for profit is like playing golf with your eye on the scorecard and not on the ball, he often says.



Atendido: Finding the spiritual side of living

Gil C. Cabacungan, Jr.

He tells them that money should not be the "all-consuming objective" in their careers. Atendido tries to pound in them business ethics — stressing that here are values or immutable principles that should be respected no matter what. Integrity is a must for any self-respecting businessman, Atendido said.

He admitted that having scruples in the dog-eat-dog world of business could be a big disadvantage. But so far Atendido said his ideals have not been a snag as his company remains one of the top movers in the country.

Atendido still spends four to five hours each weekend playing golf at the Alabang and Sta. Elena golf clubs. He said golf has a "therapeutic" effect as it helps him cope with his 12-hour-a-day work schedule. "You're so absorbed in hitting the ball, you're in the company of friends and the air is so fresh," he said.

He gave up tennis and basketball a long time ago for some irons which he found more challenging and very useful to his job. "Imagine holding captive a prospective client, exchanging business views and friendly chats and before the game ends, you've clinched a deal," Atendido said.

cont. on p. 43

There is no tranquilizer in the world more effective than a few kind words.

BCBP

15TH ANNIVERSARY

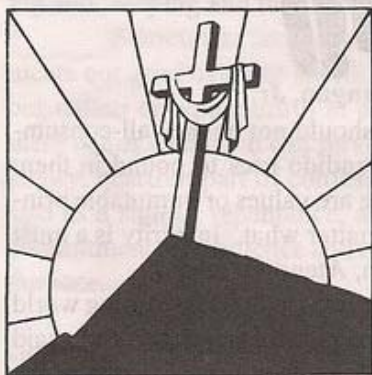
MAY 12 - 14, 1995

CEBU CITY

Theme: "I will make you
the light of the nations."

The KAPATIRAN is now accepting ad placements for the 15th Anniversary Edition. Please see your chapter coordinators or call the KAPATIRAN office: 892-4274/892-4275, for details.

Alabang - Boy Bombais * Greenhills - Sonny Marquez * Las Piñas - Nick Calpo
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Please see your respective chapter secretariat or call BCBP Secretary General,
Willi Guzman in the above numbers, for Cebu Bookings.



Rest in Peace

Bishop Pelayo joins our Creator

As of presstime, we received word that His Most Reverend Fr. Severino Pelayo D.D., Military Bishop passed away last Feb. 26, 1995.

Bishop Pelayo endorsed, approved and supported the opening of the military services to the evangelization program of the Brotherhood of Christian Businessmen and Professionals (BCBP), particularly the Navy and Air Force at La Naval Cavite.

We enjoin all our brothers and sisters to offer prayers for the eternal repose of his soul. - Editor



Death is some delightful journey I shall take when all my tasks are done. - E. W. Wilcox

BECOMING

A New Chapter

As the dynamic organization that it is, the BCBP continually expands and forms new organizational units. This discussion paper by Kytt Mier on a new chapter's first business was used by Rem Gopez, chapter head of the new Paranaque chapter, as a framework for community "gel-ing". We are sharing it with you believing that the principles laid out are not only applicable for new chapters but also for chapters undergoing reorganization and strengthening.

BECOMING A NEW chapter under the BCBP organization has its benefits and challenges. One distinct benefit is the opportunity to plan out well the path that the chapter will take as a twig on the branch of the living Vine, Jesus. A major challenge, however, is to ensure the "gel-ing" of members into a community.

There is no better framework for this than the BCBP Vision and Mission. But for this framework to be complete, there are four fundamental questions, the answers to which may well define the way the new chapter will "operate" in the future.

Question No. 1: What do we want to be, a community or a club? Table No. 1 gives us an idea of the characteristics of the type of entity we may choose.

If we choose to be a community, we must now ask **Question No. 2:** Are we going to be a Christian or a Secular community? Table No. 2 tells us the characteristics of the type of community we may choose.

If we choose to be a Christian community, Question No. 3 relating to "what kind of Christian group we want to be" is practically answered by our affiliation to the BCBP whose Vision and Mission we necessarily share.

Questions No. 3 and 4 are strategic: Where do we go? How do we get there? Our Vision and Mission direct us to go to the marketplace. We can get there through two basic strategies. Firstly, we can evangelize by deed and example, making the chapter's Christian life a practicing Christian witness. Secondly, we must make the chapter's love overflow to others through the breakfasts, BCLPs and outreach activities.

The first strategy hews to common sense which tells us that we cannot give what we do not have. The key word here is LOVE. We cannot reach out and share LOVE with others (strategy no. 2) if we cannot love each other in community.

The attractiveness of a community is directly proportional to the degree of love that exists in its midst. When love is true and abundant in the chapter, there will be no lack of "new recruits" in the BCBP breakfasts and BCLPs.

"Gel-ing" of members into a BCBP community with a specific mission in the marketplace need not be a struggle if these questions and strategies are sincerely addressed. And the twig will grow and in turn branch out and in God's own time bear fruit, the fruit of LOVE. -Kytt Mier

	COMMUNITY	CLUB
Governance Approach	Democratic & Consultative Consensus Building	Autocratic or Totalitarian
Mechanism of Governance	Commitment of Members	Organizational Structure Systems of Management and Authority
Problem Solving Tools	Brotherly Concern expressed through Exercise of Gifts	Exercise of Technical or Managerial Expertise or Skills
Output	Emotional & Spiritual Support	Relaxation, Amusement, Pleasure
Outcome	Fullness of Human Life	Consumer Needs Satisfaction

	CHRISTIAN	"SECULAR"
Foundational Principle	Love	Competitiveness
Goal	Common Good	Individual Good
Motivation	Service	Profit/Fame/Power
Characteristic of Action	Consistency & Gentleness	Mindless Aggressiveness
Beneficiary of Gift Sharing	Community	Self

Reckless youth makes rueful age. -Benjamin Franklin



Ephphatha!

Ju"ani"to F. Lagao, Dagupan Chapter

Has Jesus ceased to speak to us? Or are we deaf and blind to His message? Ani Lagao speaks of motives, laziness and faith as factors that help us deal with spiritual blindness.

We are often asked to read and reflect on the miracles of Jesus. One that I like particularly is the account of the healing of the deaf man with a speech impediment in Mark 7:32-35 because it touches me personally.

I once knew a hardworking laboring man who was always up before 6 a.m. on weekday mornings preparing for his day's work. But on Sundays he slept until afternoon, neglecting to go to Mass. When I visited him and remarked that I had missed him at church that morning, he replied, "I was very tired."

What induces him to conquer on a Monday the laziness that proves fatal on Sunday? He is unwilling to offend his earthly master and lose his employment, he esteems the few pesos he will earn more highly than the eternal rewards of the next world. He realizes, can see and touch and taste the food and drink and clothing that his wages will get him. He does not realize the greatness and majesty of God and the abundance of God's heavenly storehouse. He is spiritually blind.

Jesus Christ came to cure this universal blindness and deafness. He commanded, "Ephphatha!" and immediately the man's ears were opened, his speech impediment was removed, and he spoke plainly. Many still listen to the voice of God but it must be confessed that large numbers have fallen away from their first fervor and have become spiritually deaf and dumb.

It is not that Christ has ceased to speak. He still speaks through his ministers here on earth — the Pope, bishops, priests,

lay persons, yes, and through the BCBP brothers and sisters. It is just that many of us do not heed God's message that we receive through others. Many have become deaf or insensible to the voice of God.

I, too, am deaf, physically deaf. I cannot give my attention at the same time to two different speakers, nor can I listen with equal readiness to both. However, by concentrating on one speaker at a time, I can reach an understanding of what he is trying to say.

After completing Dagupan's BCLP #7 (Brotherhood Christian Life Program), I realized that not only was I physically deaf but that I was in many ways spiritually deaf and blind, too. I praise and thank God for sending his messengers, the BCBP Manila mission team, with the glad tidings of the Gospel to show me and the other BCLP participants the value of faith — a sound, vivid faith — as the radical remedy for deplorable conditions of the mind and heart.

How can we acquire this vivid faith which is at the root of all sanctity? By earnestly imploring it of God, "Lord, increase my faith!" (Luke 17:5). By meditation and loving contemplation on the mysteries of faith. By reading books that enlighten. By showing God that we are sincere in strengthening our faith.

I accept my disability, I am anxious to be cured, and I am searching for the Physician. I need to concentrate on what He says and to respond when He tells me, "Ephphatha!" ☒

BIBLE SHARING



Practice Your Christianity

Some say that being a Christian is a state of mind. Some believe in Christianity but not in Christians. St. James tells us that "faith without actions is dead." Other New Testament Epistles advise us to practice being followers of Christ, to train or discipline ourselves in the right way.

1. Read and reflect on these scripture passages that instruct us in Christian discipline and practice.

Romans 12:1-21	Phil. 4:4-9
Matt. 25:35-40	1 Thess. 5:16-18
1 Tim. 6:17-19	Eph. 4:25-32,
Heb. 12:47, 11-15	5:6-20

2. Based on these readings, make a list of at least 10 important practices or disciplines we are asked to observe as Christians.

3. Practices repeated over and over become habits; habits when actively lived become disciplines. From your list identify the practice that you feel is most important in living as a follower of Christ. How can you strengthen this practice and make it a discipline?

4. Prepare a plan of action for you — and together with your sharing group or action group for the group — to monitor and nourish these practices and disciplines.

Suggested readings:

Practicing the Presence of God, Thomas Merton. **Imitation of Christ**, Thomas a Kempis.

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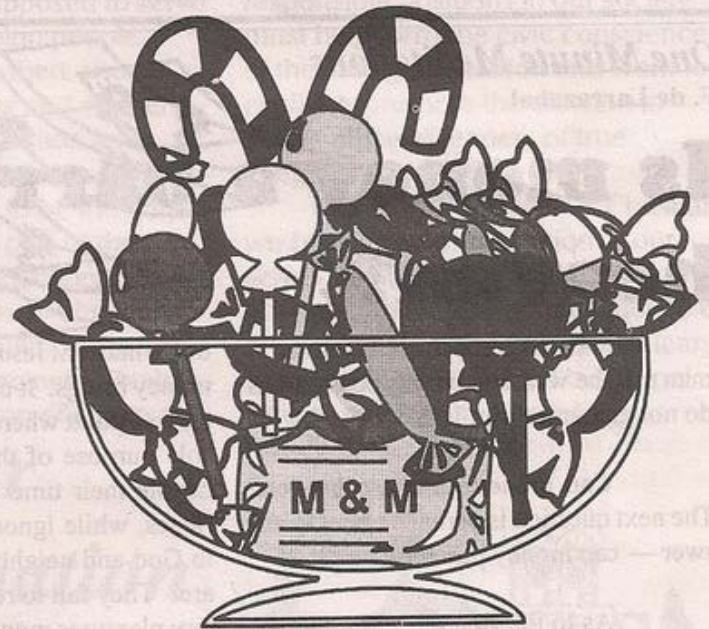
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Chocoholics Beware!

Interaction among members in an action group is vital for growth. This means going beyond the period of praise and worship, beyond the study of God's Word, beyond the members' sharings to enter into a phase of being able to find out what makes each member tick. Here are a few activities that promote interactive fellowship.

Quotables: Cut out or copy several pages of "Quotable Quotes" from old Reader's Digest magazines. Pass these pages around and have each member select their favorite quote. Then have them tell why or how it relates to them.

Collections: Most of us collect things at one time or another in our lives. Have each member bring one of their collectables and tell about how and why they began to collect that particular

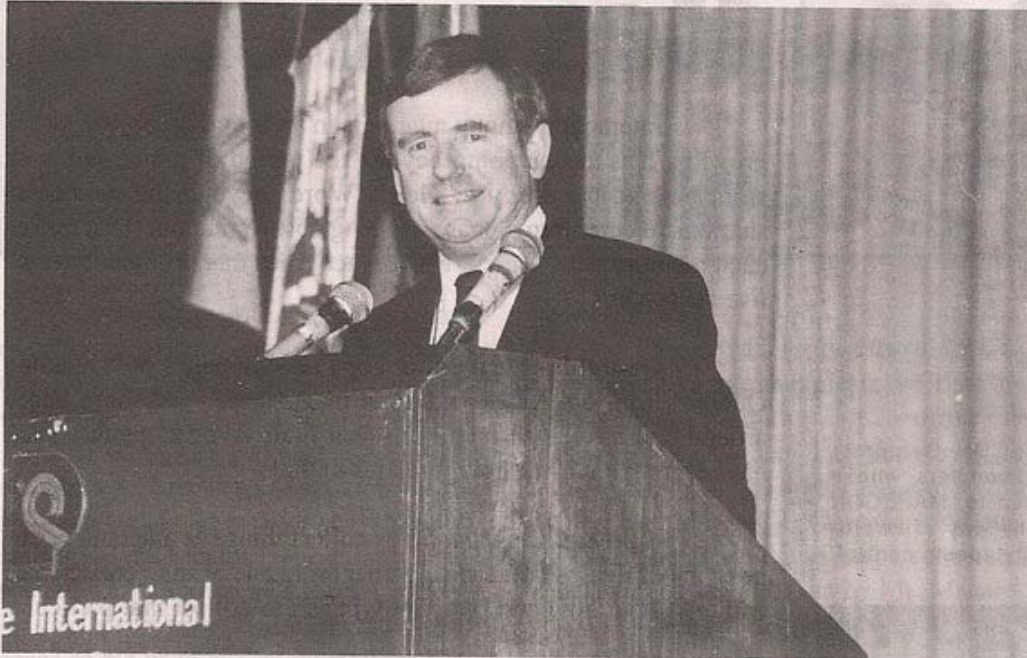


item. If they do not have a collection, ask why not, and what item they would like to begin collecting.

Chocoholics Beware! After everyone has arrived, pass around a bag of M&Ms or other small candies. Warn the members to take enough for the next hour or so as merienda will be delayed, but NOT to start eating yet. When everyone has grabbed a few (or a lot), have each person tell one fact about himself/herself for each piece of candy he took. You may want to specify that the information should be something the group doesn't already know.

ROOTS' AND WINGS'

Condensed from the Main Address of Mr. Charles Whitehead, President, International Catholic Charismatic Renewal Council, given during the National Prayer Breakfast, January 12, 1995



YOUNG PEOPLE are described as "The Church of Tomorrow", or in the words of the 2nd Vatican Council "The Hope of the Church." They're the ones who will play a leading role in shaping the world in the third millennium. But in a great many countries, including the Philippines, they already represent more than 50 percent of the population.

So it's not enough to think of them only in terms of tomorrow. Young people are as much the Church of today as old people and middle-aged people. The youth have as much to contribute to the Church today as anyone else.

Today more than ever before, young men and women the world over are facing challenges and temptations unheard of in former times.

At the same time many people, mostly of the adult generations, are desperately searching for answers to problems of addictions, sexual promiscuity, an apparent disregard for others, increasing crime rates. I am convinced that the surest answer to the problems we face with our young people today, lies in leading each and every one of them into a personal living relationship with our Lord Jesus Christ. Such an encounter, properly supported and followed up, will be life-changing, just as it has been for countless men and women for almost 2,000 years. Sadly, many of our young people have not been properly evangelized. They are nominal, or cultural Christians. But there are some young people who encounter Jesus, but don't want to be part of Church life. Why not?

We need to look at our own attitudes, and ask if we really want these youth in our local Church. It can be very difficult to work with young people. Are we older people going to allow them to contribute to the life of the Church? Or are we often jealous of their enthusiasm, their gifts, and their ideas? Do we expect them to come on our terms, accepting our ideas and ways of doing things?

When they encounter Christ, our young people will expect a local Church which is welcoming with good scriptural teaching, lively worship and celebrations, and an active community life. What will they find? **cont. on p. 44**

One Minute Meditations

F. de Larrazabal

Is money a barrier to heaven?

"Avoid greed in all its forms. A man may be wealthy, but his possessions do not guarantee him life." Luke 12:15

Can money purchase heaven? The next question is perhaps easier to answer — can money purchase hell?

As to the first question, the answer is yes and no. No one can buy heaven, but the blessed fruits of money can help attain it. Wealth is a gift from God and if used to obey his tenet to love neighbor, especially the less privileged, it will go a long way to buying that ticket to heaven.

The second question is a lot easier to answer. Wealth can become

one's master. Jesus warns of the danger money brings. It can hypnotize its owners to a point where money becomes the sole purpose of their existence. They devote their time and effort to pile up riches, while ignoring their obligations to God and neighbor. What fools they are! They fail to recognize the momentary pleasures money brings, against the hazards that it provides.

Money has no value beyond the grave. What is important is to focus on what lies beyond. Let those foolish ones be aware of that warning in Luke 9:25: "What profit does he show who gains the whole world and destroys himself in the process?" Take heed, avoid greed and the consequences it brings.

How do we know what God wants us to do? Jo-Ann Siapno of BCBP Dagupan shares with us a personal revelation from Jesus. He gave her seven disciplines to follow in her journey toward holiness. These admonitions can also apply to us as we strive for growth in our spiritual lives.

My spiritual journey took a turn for the better in 1987 when Jesus revealed to me six principles to guide me in my search for holiness.

In June 1987 as I was visiting the Blessed Sacrament in the tabernacle of our church the face of Jesus appeared to me on the white veil covering the tabernacle. There seemed to be three faces overlapping each other. His sorrowful Face, sad because of so many sinners and so few people praying. His prayerful Face, pleading for the forgiveness of our sins. His analytical Face, listening, weighing and considering everything.

The image of his Holy Face continued to appear to me daily for about a month as I intensified my prayers before the Blessed Sacrament. Most of the people I brought to see it were able to see Jesus' Face, although some couldn't see anything.

On July 4 his Face seemed to move its lips and speak to me. He gave me six admonitions to help me improve my spiritual life. They were:

1. Take care of my people.
2. In parties, stay with the poorest of the poor and I AM in their midst.
3. Watch your language.
4. Never get angry without valid and strong reasons.
5. Work hard, even if you know that I AM helping you. Follow your work schedules.
6. Let them come to Me, pray to Me, be sorry for their sins and I will listen to their prayers.

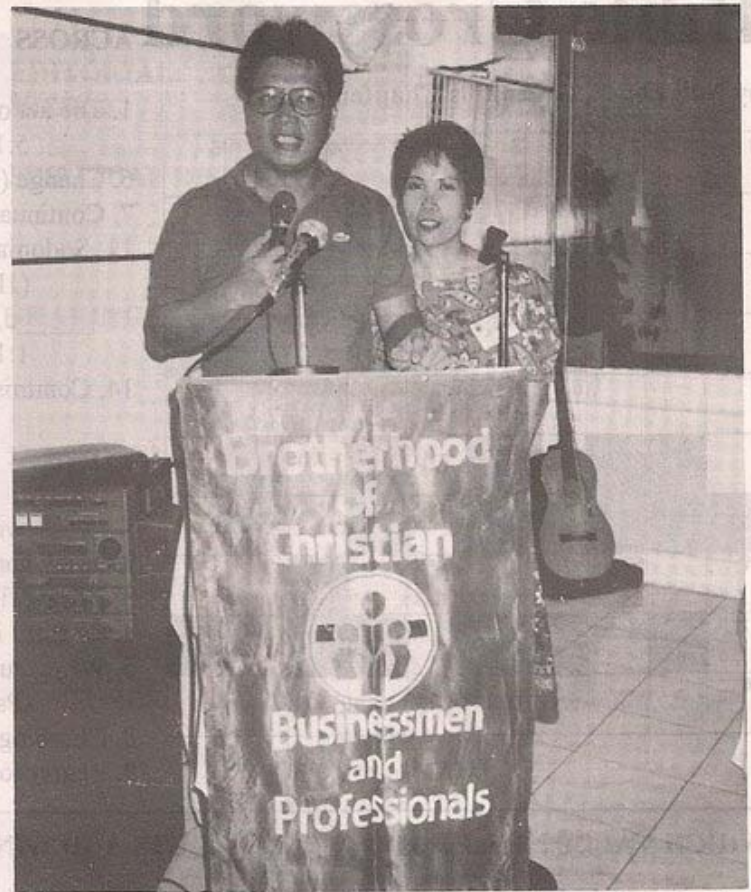
I tried hard to live these six principles in my life. They were a great challenge to me, so I tackled them one by one, all the while praying for His help and continued guidance. Gradually my patience and tolerance of others increased. I began to find joy and peace in working with other BCBP brothers and sisters in our Dagupan outreach on Pugaro island.

In 1993 the seventh message, a message of the need for consecrating my life to Jesus, was received in a dream of a big, big radiant cross with a woman in a blue cape standing in front of the cross rising out of the destruction caused by some kind of catastrophe. A priest-friend, Fr. Caloy Yden, said that this dream

ATENDIDIO... from p. 37

Since his "reawakening," Atendido said he has been adamant about keeping his weekends free for his family and community activities.

When he has the time he tries to read books — biographies are his favorite — but these are mostly related to his work as



Jo-Ann with Teddy, her husband and Dagupan Chapter head during a joint luncheon.

FACE TO FACE

Jo-Ann Siapno, Dagupan Chapter

made it seven messages in all which authenticated that they were really from God.

If I could live these seven messages, I guess I would not miss seeing God one day, really face to face. I praise and thank Him for giving me this 7-fold guide for my life.

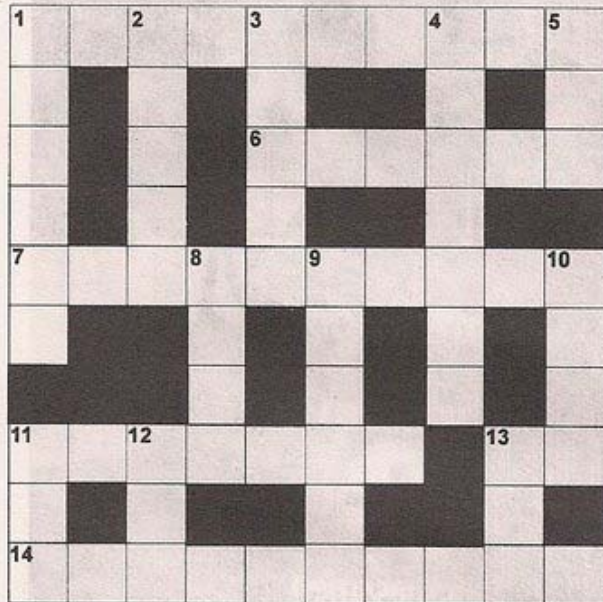
I believe that Jesus loves everyone of us so much that He will gladly reveal to us our own rule of spiritual discipline as we persist in prayer and devotion to Him as our Lord and Savior. Truly, holy, holy, holy is our God. ☒

an investment banker. "It helps me keep in pace with my peers in the industry who are getting younger and more aggressive," he said.

For Atendido, one can only enjoy life to the fullest by maintaining a delicate balance between what one wants and must do. ●

Bible Crossword ACROSS

by Noli Lopez, Greenhills Chapter



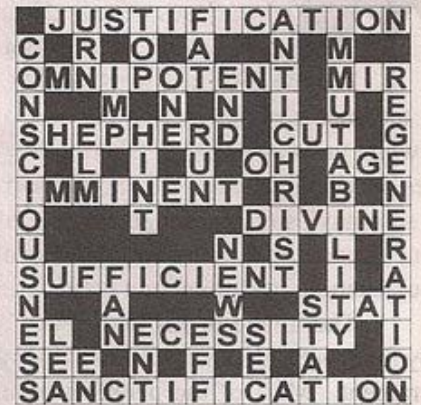
- 1. The act of committing (2 Cor. 5:19)
- 6. Change (1 Tim. 3:6)
- 7. Continually (Mt. 26:11)
- 11. Sodonian wife of King Ahab (1Kings 6:31)
- 13. ____d, color blood (Isa. 1:18)
- 14. Commission (Mat. 19:9)

DOWN

- 1. Public worship (Mt. 16:18)
- 2. Grief, sorrow (Mt. 5:4)
- 3. Effigy, figure (Gen. 1:26)
- 4. To form in mind (Eph. 3:20)
- 5. Wi____, use for flying by bird (Ps. 17:8)
- 8. Climbing plant (jn. 15:1)
- 9. Regret for something (Job 42:6)

- 10. Character, distinction (Isa. 40:26)
- 11. ____ob, second son of Isaac (Gen. 26:26)
- 12. ____ri, King of Israel (1Kings 16:9-20)
- 13. ____d, to flee, fast walking (Jn. 1:3)

Solution to previous puzzle



WHICH VALUE... from p. 35

When you choose customer intimacy, you sell to those who will sacrifice price or convenience to get what they want. Such customers may shop at stores that customize their goods for a regional clientele, or from speciality boutiques.

Product Leadership

Companies that provide product leadership strive to produce a continuous stream of state-of-the-art products and services. They are creative, they excel in commercializing ideas quickly, and they pursue new solutions relentlessly, even if doing so renders their products or technology obsolete.

By choosing product leadership, you target customers that value new and unusual products. They buy trendy clothes, or, as industrial buyers, new technologies that promise breakthroughs. ●

ROOTS AND WINGS... from p. 42

If they are to discover the treasures of the Christian faith, and to see the formation and discipleship that will secure them in their faith, they will need to be rooted in local Church life.

In my own experience, the Holy Spirit is very active today throughout the Church. He is clearly at work among our young people, who are always the best evangelizers of their peers. But we must be sure we are not obstructing his work.

The greatest gift we can ever give to our young people, is to lead them to a personal relationship with Jesus Christ. Our failure to properly evangelize our young people is the cause of many of the social problems we face today.

When our oldest daughter was 15 years old, we came across a poster which expressed an important truth. It was a picture of a bird, soaring above a forest of strong, tall pine trees.

The caption read: "There are 2 things we can give our children: **Roots and Wings**".

How true that is! The roots that provide stability, the wings that give freedom. Rooted in the love of a family, accepted no matter what they may do, but free to be themselves. And rooted in Christ, with the freedom to fly in the power of the Spirit.

In our human wisdom we may devise many courses and programs, aimed at helping our young people become responsible members of society. But there is no better way than by ensuring they meet Jesus Christ personally. The immediate results will be exciting and encouraging. The futures of our countries will be much safer in their hands.

Ladies and Gentlemen, we who know the joy of living with Jesus and in His light, are called to make disciples of all nations. Let's make sure we begin by leading our own young people to Jesus. ●

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There is a big difference between free speech and cheap talk.

Be still and know that I am God," says the Lord.

"Silence is the great revelation," said Lao-Tse.

Yet the modern man is unfortunately plagued by things, and thoughts that make it almost impossible to calm his mind. Being still is indeed a luxury for the modern man. To silence his mind is an extremely difficult task. How hard it is to keep the mind from thinking, forever thinking, forever producing thoughts in a never ending stream. It is so hard to empty one's thoughts, to empty one's heart and **JUST BE.**

Impossible as it may seem, being still brings a deeper sense of contentment and inner peace. It is only in letting go of one's present day concerns, anxieties, burdens, worries and thoughts that one can keep still and feel the greatness of God's love and wonders.

It is only in keeping still that one can deeply listen to God communicating with him. It is in the silence of one's heart that God speaks. It is in silence when one feels an inner peace and inner joy which one will never give up for the fleeting and confusing moments in the outside worlds of the self.

What, then, is silence?

Silence is a solitude where one can commune with the universe and the deepest realm of his being. Silence is peace. Silence is noisy. Silence can be a deafening state of the mind and heart.

Silence is bittersweet. It is frightening but is refreshingly awakening. Awakening to the confusions of the mind? To the pains of the heart? To the unspoken words that the heart utters?

Silence can be the language of love. When the love



is deep, it often cannot be expressed in words or gestures. It can only be expressed in maniacal silence. But it is with the heart that one can see rightly that what is essential is invisible to the eye.

The heart is the seat of the animation of God's greatness; it is the seat of life, the seat of human emotions. The heart is the seat of the greatest universal power...love! It has an infinite capacity for love. It is the heart that feels the pangs of pains, piercing hurts and frustrations, but it is also the heart that has reasons that reason itself cannot understand.

Quiet yourself and listen to your heart for love and you will find that the world is indeed a very loving place after all.

The real awakening of love is the

knock at the door of one's heart.

And that knocking is frightening...for we do not want to be awakened. We are terrified of the unknown, we fear rejection and failure, not realizing that the loudest knock one can hear is that of our greatest friend, Jesus. And yet, even then we do not want to listen and follow Him into the night of the unknowing.

Silence is a solitude where one can listen to the eloquence of one's heart and be awakened that human love and God's love even more, does bear it all out, even to the end of time... and beyond!

"Be still and know that I am God." Man sees the appearance of another man — but God sees our heart.

So now is the time to give oneself a fleeting glimpse of eternity, a fleeting chance to abandon thoughts and just be ... for just by being, one gives glory to God.

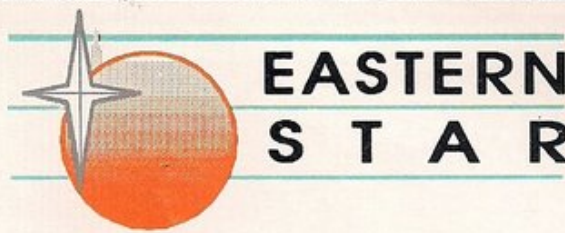
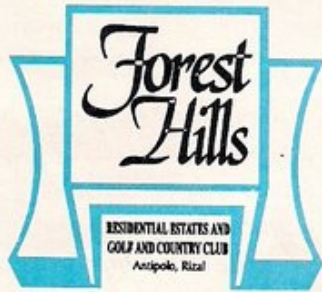
One must simply BE, with the realization that YOU ARE, and that GOD IS.

It is here, in the silence of the heart, in the infinite beauty of stillness, that we can know the power of God's love.

The Beauty Of Being Still...

Pinky Lim, Cagayan de Oro

One necessary discipline of being a Christian is that of being able to experience the presence of God in one's life. One way of knowing God and the power of His love is in the beauty of silence.



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