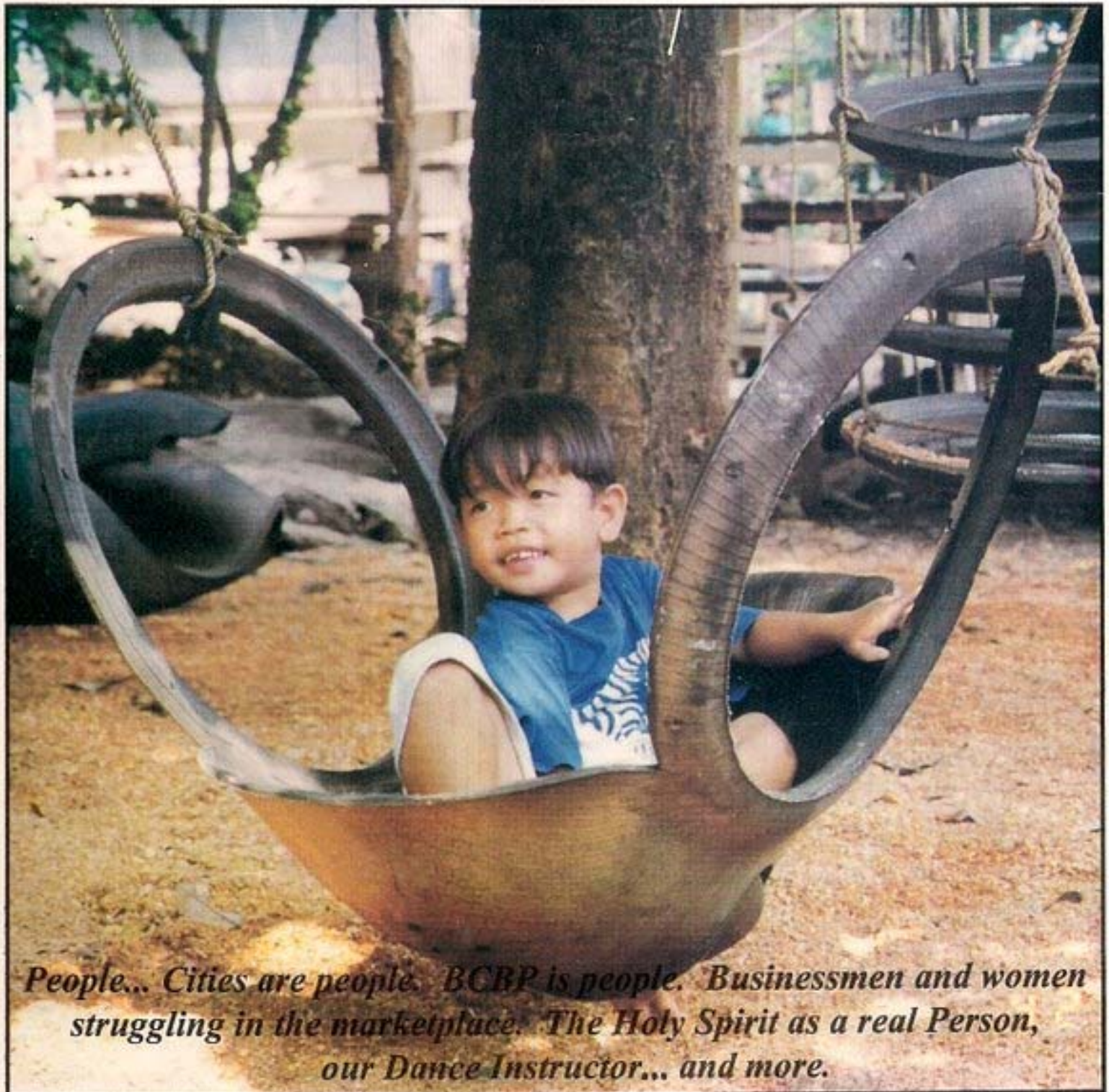


**BROTHERHOOD OF CHRISTIAN** MAY - JUNE 1996  
**BUSINESSMEN AND PROFESSIONALS**



# Kapatiran

**MAGAZINE**  
VOL. X NO. 3 PHILIPPINES

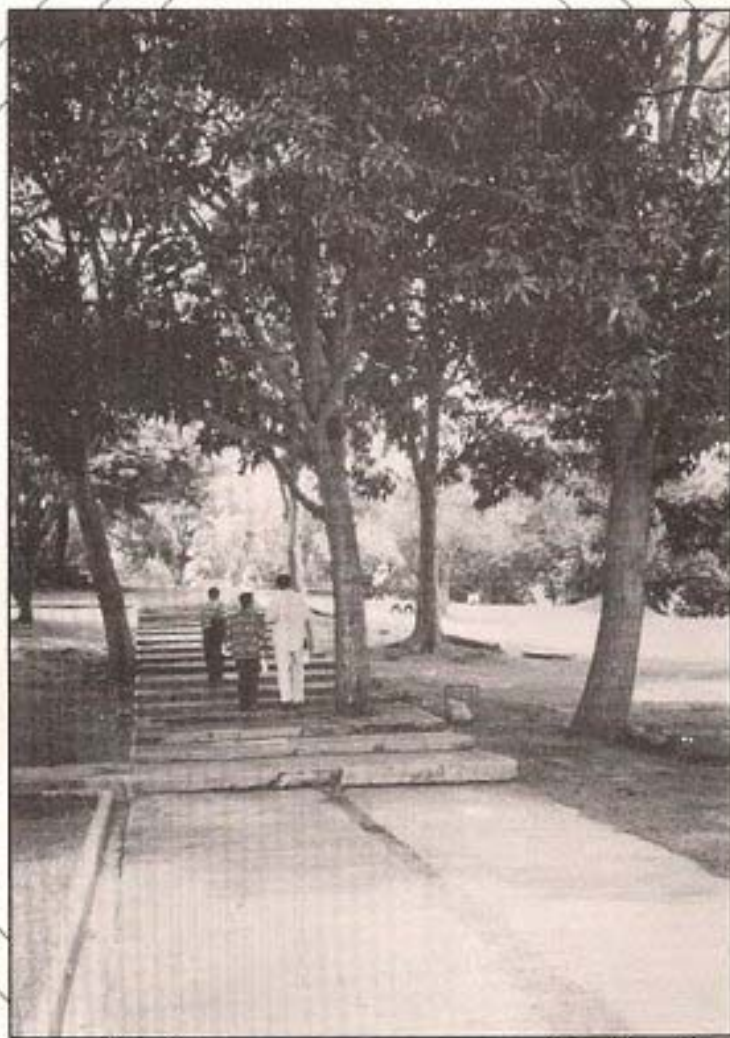


*People... Cities are people. BCBP is people. Businessmen and women struggling in the marketplace. The Holy Spirit as a real Person, our Dance Instructor... and more.*



# THROUGH A FILTER OF SACREDNESS

For the monk work is prayer, reading is contemplation, following orders is listening to the word of God, community is a foretaste of heaven, time is at least 50 percent determined by ritual, and celibacy is a positive prerequisite for service in the world. Ordinary details of life are always imagined through a filter of sacredness.



may seem odd to consider a similar sacralization for us all.

Yet, without imagination for the sacred in everyday experience, we are destined for a life without soul.

The two -- soul and the sacred -- go together. We don't have to become monks, but we can learn from their example how to bring the monas-

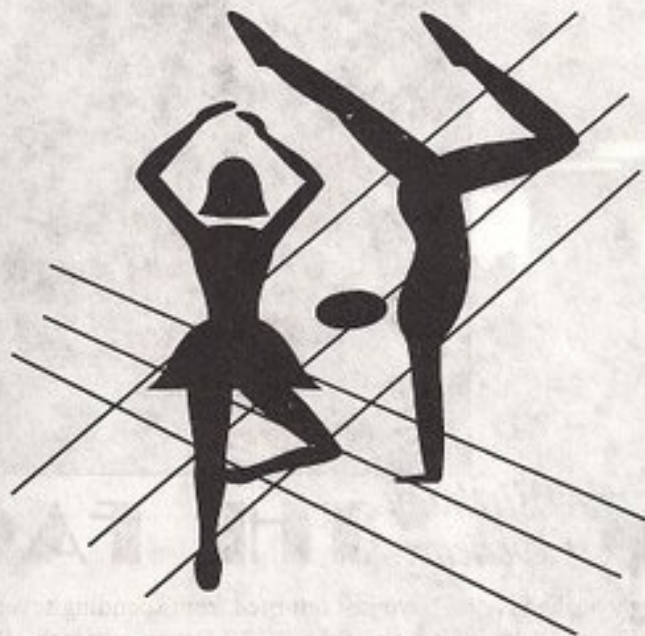
The secularization of modern sensibility is so unconscious that it

tic spirit, as a color and a flavor, into modern life.

Thomas Moore, *Meditations on the Monk Who Dwells in Daily Life*



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## *Editor's Note...*

*People... Cities are people, according to Fr. Ben Beltran. The faces of uncertainty and hope. A young boy enjoying the simple homemade pleasures of summer. Businessmen and women struggling in the marketplace. BCBP brothers and sisters and their families in Boracay. The BCBP is people. We are the BCBP. People...*

*As our journey continues during this Year of Jubilee, we move from seeing our pilgrimage as a time for renewal (Jan-Feb. issue), as a period of growth (Mar-Apr issue), to viewing our Christian experience through the eyes of people.*

*God emphasizes the need to get "personal" in our faith; He did this by sending His own Son to become Man, a person like us. Jesus made a point to personalize his teachings with life examples and practical visualization. Our Back to Basics article introduces us to the Holy Spirit as a real Person, as our Dance Instructor.*

*As people, as Christian people, we need to personalize Jesus Christ to others. We are Jesus to those around us. How well will other people come to know Jesus as personal Lord and Savior if their main contact with Him is through us? Will Jesus have to ask our friends and neighbors the question He asked Philip: "Have I been with you for so long a time and you still do not know me?" (Jn 14:9) How will their answer reflect on our evangelization efforts and life witness? -Nancy R. Catan*

*Prayer is our humble answer to the inconceivable surprise of living. -Abraham Heschel*

**COVER :** *To some, urban life can be a harsh reality. But others have found ways to alleviate their situations by sheer perseverance and ingenuity. This boy enjoys a leisurely afternoon on a makeshift swing made out of used tires. Will he experience the same joy if it was made out of expensive material?*





*A Birthday Experience:* **THE FACES OF HOPE**

**M**y husband and I have just returned from spending several days in Davao at the invitation of the BCBP Davao outreach. We gave a BCLP talk to their BCLP 6 participants and a couple sharing during their joint breakfast. We look on this as part of our commitment of tithing to the Lord -giving our time, our talent (sharing our experiences with the Lord), and our treasure (we pay for our own transportation and accommodations unless hosted) to witness to others how powerfully the Lord has worked in our lives.

We have found in visiting other places and sharing that we always end up being inspired by our brothers and sisters in those chapters and outreaches. Our trips are precious learning experiences in God's university of life. And our Davao trip was no exception!

While there one of the Davao sisters (she requested anonymity) celebrated her birthday in a most memorable way. We were privileged, together with some other Davao BCBPers, to share in her joy.

She gave a Jollibee party to about 26 battered and abused women and children at the Bay Dan-ag Girls Home. This clean and well-kept facility run by the Department of Social Welfare and Development provides substitute home care for women and children who are victims of abuse.

The children ranged in age from 8 years old upwards, many of them cradling their own infants that had been born as a result of incest or rape. Some of them refused to smile; others hugged us and held our hands. Their eyes begged for love and acceptance. Their faces reflected an uncertain hope in the future. Although the infants were quite healthy, their bewildered eyes touched our souls even as we cuddled and cooed over them.



We came away from that party enriched by the love and concern our Davao sister had shown as she talked with the home's residents, played with the children, and held the babies. This was one birthday celebration we will not soon forget.

This year the Brotherhood of Christian Businessmen and Professionals celebrates its 16th anniversary, its 16th birthday. We are asked to look at the Jerichos in our lives, the Jericho barriers that surround us in our marketplaces, and resolve that, with God's help, these Jerichos must fall.

We are asked to tear down the Jerichos in our daily business affairs, in our homes, marriages, and in our personal relationship with Jesus. We are asked to open up our lives to God's faithfulness and power and His enduring love. We are called to conversion, commitment, commissioning and caring.

At that Davao birthday celebration, we experienced God's love and concern for His children in a refreshingly new way once we had removed the Jericho barriers of insularity from the realities around us, of not wanting to get involved, of not wanting to leave our personal comfort zones.

On this 16th anniversary of the BCBP, we need to creatively look for life-changing ways to tear down the Jerichos in and around us so that God can surprise us with fresh, new ways of experiencing His love and faithfulness in our families, in the BCBP community and in our respective marketplaces.

The faces of those children mirrored their uncertain hope in what the future holds for them. As God's children, what do our faces reflect? As His children in the marketplace, what does the future hold for us?  
-Nancy R. Catan

*If you brood over your troubles, bigger troubles will hatch.*



*In The Marketplace*

Eddie Mendoza  
Greenhills Chapter

# WANTED: HEROES

**L**ast April our nation remembered her heroes of long ago, men and women who fought for what they believed was our sovereign right as a people, and who braved death against all odds. And like in the movies, the hero is the good guy who wins in the end. So, we celebrate our heroes not only because they won their battles, but more importantly because they are the ones who fight the battles which we ourselves cannot or will not fight.

Those that fight political battles are called heroes; those that fight spiritual battles are called saints.

Wouldn't it be nice if we had more heroes and more saints in our midst? A.W. Tozer in his book *Of God and Man*, says, "The fact is that we are not today producing saints." And George Verwer in his powerful booklet *Hunger for Reality* says, "Many Christians have admitted to me that what they claim to believe basically has little impact on their practical, domestic and economic lives."

Little impact. That's exactly the frustration of Fr. Schneider himself when he observes that the Christian businessman (and I think he meant us who are in the BCBP) has made little impact in the marketplace. **There are not enough Christian heroes in the marketplace.**

Heroes show us that life isn't about living; it's about dying. Our heroes remind us that life is not worth living if it is not given up for someone else.

For the Christian businessman therefore, life isn't about landing that big, juicy contract, or about gaining that promotion, or about exceeding our sales budgets. Life is about being a hero, about fighting

the day to day struggles that many people easily give up on. Life is about going against institutional evil, about making an impact for Jesus in the marketplace.

But we don't even have to reflect on the achievements of our national heroes to know this truth. Wasn't it Jesus who said, "unless the grain of wheat falls to the earth and dies, it remains just a grain of wheat?" Didn't Jesus ask, "what profit does a man show if he were to gain the whole world and destroy himself in the process?" And, yes, He also said, "Whoever would save his life will lose it, but whoever loses his life for my sake will find it."

Many of us often look for, and even pray for, the consolations or the rewards for hard, honest work: we pray for the much desired promotion, the raise in salary, the Christmas bonus, a winning bid for a big contract, a loan approval to construct a nice house in Tagaytay.



*Eddie Mendoza is vice president and head of Corporate Planning of one of the Philippines' prestige corporations, Phinma, and an active member of BCBP Greenhills. He regularly shares his reflections on the Christian in business during the BCBP Greenhills' weekly Men's Breakfasts, 7:30 a.m., at Club Filipino, Greenhills. You are welcome to attend.*

**There are not enough  
CHRISTIAN HEROES  
in the Marketplace**

Yet, if that isn't what life is all about, then why pray for it? No wonder James wrote in his letter, "You ask and you do not receive because you ask wrongly, with a view to squandering what you receive on your pleasures." (James 4:3)

Sure, we thank God for these worldly consolations when we get them, because they are a gift from Him, but shouldn't we rather pray for opportunities to be heroes everyday? Shouldn't we pray more intently for opportunities to be of service to someone each day? to die to ourselves for others? for opportunities to make life truly meaningful in the eyes of God?

I believe that when we do pray like this, then our eyes will be opened to all those providential situations when we can yield the right of way in traffic gladly, when we can gladly share credit with or maybe even give all of it to our colleagues, when we can gladly share a bigger





*Some suggestions to read on your journey with Jesus*

**Prayer and Common Sense** by Thomas H. Green, S.J. (St. Pauls Philippines, C1996)

Of all the qualities necessary for a genuine spiritual life, common sense is most often overlooked, maintains Fr. Green. "God is sensible, and our call to be like God, to be holy, is essentially a call to be people of good sense," he says. In this book, the 8th by Green, he discusses holiness, wisdom, contemplation and prayer in the light of what he terms "the common sense of God" concluding that we can show our common sense "by loving in the same way that we are loved by God."

**Your Family Prayer Book** by Carmen Rojas. (Servant Publications, Ann Arbor, Michigan, C1990) Reprinted by Word of Joy Foundation, Inc.

Family prayer is made easier with this handbook that provides a simple pattern of prayer — a psalm reading, a Scripture passage and brief intercessions — that your family can pray together on a daily basis. Special prayers for each liturgical season are included. Designed to appeal to all ages from youngsters to adults, this handbook is a MUST for families.

**Prophet** by Frank E. Peretti. (Crossway Books, Illinois, C1992)

To what extent should media, specifically the T.V. newscast in this book, try to "color" the news? Where does objectiveness end and prejudice begin? What really is the Truth? Peretti, the master storyteller that he is, has woven a fast-moving, highly readable prophetic tale for our times, one that penetrates to the very heart of the controversy on media responsibility vs. moral integrity. The winner? Read and see.

*Views At Large*



**Losing Our Minds**

"We don't realize how the world has sapped our ability to think. We move impulsively and more by feeling, desire, and ambition. The simple art of working an argument out from premise to conclusion has been lost. And unless we in the Church go back and teach our junior highers, for ex-

ample, to think again, we will lose them before they are in senior high. They may be cultural Christians, but they will not have a true allegiance of mind to a belief."

Ravi Zacharias, *Servant*, January 1995

**The Lie We Are Bombarded With...**

"The lie we are bombarded with by the media, business, and the Church is that we are here to be happy, we are here to be comfortable and fulfilled. Many churches actually imply that if you have it right with Jesus, there will be unending happiness and comfort. ...We are not here to be comfortable, we're here to learn, and I defy you in

your imagination to concoct a more ideal environment for human learning than this one. It is an environment filled with vicissitudes — horrible stuff, like Rwanda and Bosnia. Benjamin Franklin said, 'Those things that hurt, instruct,' and we learn here only because we're uncomfortable." —M. Scott Peck, *The Door*, Sept/Oct 1995

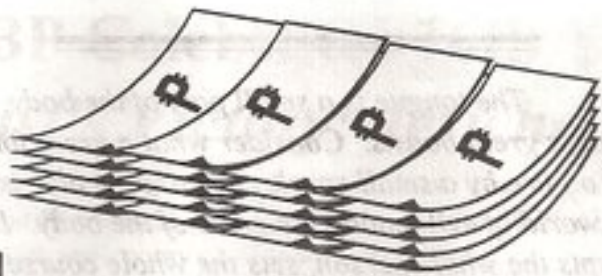
**WANTED: HEROES** from p. 3

percentage of our profits with those who are less capable and less fortunate.

These are some of the many things that make us saints in the eyes of God, even if we may look like foolish businessmen in the eyes of the world. Because that is where the difference lies between heroism and

sainthood. Men more easily recognize a hero than a saint. But God surely knows what is in the hearts and minds of all, and He sees the heroic act behind all our struggles even when mortal man is blind to the virtuous acts, and then He says, "Well done, good and faithful servant." #





**T**his was the thought reverberating in my mind as I considered the implications of whether or not to accept the tempting offer of the real estate buyer's representative in front of me. He wanted to buy one of my properties which was up for sale - a 14,000 sq.m. lot along a national road in the city fronting a high school of about 7,000 students and a public elementary school serving about 3,000 youngsters.

I was ecstatic, thinking about the P28 million I would have should this deal be closed. At the same time, I felt strangely reluctant to accept his offer.

Curious, I inquired about the purpose for this purchase. Would it be used for a high-rise commercial building or a first-class shopping mall? Visions of land value shooting up in the area boggled my imagination.

To my amazement I was told that a church would be built, complete with a kiddie playground, foot walks and a parking area. But the bigger surprise was that, then and there, I refused the offer. Why? I didn't know why then, and I also felt queer refusing such an attractive and tempting offer.

Later I learned why. I would have been too happy to be paid the P28 million, but how could I have faced my God when the church that was to be built was for a cult with rites probably Satanic and against the true Church! How many souls could have been enticed by them through their playgrounds, party giving, sports, and other forms of recruitment to lure students and other barrio folk to join them. I shudder to think of the souls that would have been led astray and who would be on my conscience.

Satan had tempted Christ to bow down, promising Him all the power and wealth in return. So had I been tempted, but with God's grace, His own words were put into my mouth so I could refuse the offer.

I was approached again a couple of times, even by one who was willing to buy the property from me and resell the same to the cult so I could be free of any obligations — but I cannot fool God!

Being in the BCBP community where we are constantly reminded of what is most important and valuable — the world or Him, and where we can call on the unceasing prayers of brothers and sisters, certainly strengthened me in this period of temptation.

But, most of all, I thank God for prodding me to outright refuse this deal. He gave me the words to say and the courage to say them straight out! Praise God! #

# P28 Million or nothing!



*Joe Marie Locsin,  
Bacolod Chapter*



*Joe Marie Locsin, an influential and respected businessman and land owner in Negros Occidental, has been a member of the BCBP for three years. Although health reasons (he is in his 70s) prevent him from taking up active service, he is a great inspiration and support for BCBP Bacolod's activities.*

*Some people are known by their deeds; others by their mortgages.*



# Put Out That Spark

*The tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole person, sets the whole course of his life on fire, and is itself set on fire by hell.*

*James 3:5-6 (NIV)*

**"D**id you hear the latest about Sara? She really makes me angry!" someone starts. "I wonder why Linda acts that way? Maybe because ...." another adds to the spark. "Do you know that just the other day Bert told me that Jojo hasn't reported for work since last week? I heard that he has another 'friend'!"

The fire of gossip. It starts with a little spark, but it can turn into a destructive blaze.

Christian writer Marlo Schalesky (DJ Issue 91) says that we all go into our action group meetings and prayer assemblies with two hypothetical buckets. One is filled with gasoline, the other with water. He asks us: when gossip starts, will we over-turn our bucket of gasoline, making the situation worse? Or will we put out the fire with our bucket of water?

Consider these suggestions offered by Schalesky for dousing the gossip in your group.

1. Respond with a positive comment. Point out a good trait about the person. Say, "I'm sorry you feel that way about Linda. What I really like about her is..."

2. Show sincere concern for the person being blasted. Demonstrate that the proper response to someone who may be stumbling is to love and support them. Say, "Jojo must be struggling with something right now. Let's stop and say a short prayer for him."

3. Point toward resolution by saying something like, "Have you talked to Sara about that? I'm sure she wouldn't want you feeling that way."

4. Disagree politely and turn away. For example, "I've never noticed that about him. I've always found him rather considerate."

5. Gently guide away from complaining and toward helping. Say something like, "How nice that you're concerned about Linda. Perhaps she has a need we can meet. How do you think we can help her?"

By keeping an attitude of love and servanthood, we can throw water on the complaints of others, and so save our group — and ourselves — from being burned by the fire of gossip.#



*A little oil of courtesy will save a lot of friction.*



# JESUS Is Our President

*Jun Catan, Makati Chapter*

Last December Gonzalo O. Catan, Jr., better known to BCBP members as Jun, was awarded the prestigious TOFIL (The Outstanding Filipino) 1995 Award by the Phil. Jaycees in the area of Science and Technology. He sees this award as a blessing from his president, Jesus Christ, and uses every opportunity to introduce his President to friends, business associates and employees.

We share with you excerpts from a talk on the "Christian Practice of Entrepreneurship" that Jun gave before a gathering of economists, government officials and members of the academe last March 14, 1996 in which he describes his marketplace evangelization efforts and results. For lack of space, Jun's sharing on his fight against graft and corruption in the marketplace has been excluded, perhaps to follow in the future.

Jun is an active member of the BCBP Makati chapter and currently is the mission team head for the La Naval Cavite outreach. He and his wife, Nancy, enjoy visiting BCBP chapters and outreaches and sharing their testimony and experiences with them.



*The MAPECON Community praying over the Catans. At MAPECON, praise and worship are never compromised.*

**I**n the early 1980's after having suffered three strikes and being besieged with numerous problems with dishonest employees, graft and corruption in business deals, I decided to give up. It was all too much for me, a technical person, with no formal education in business, only practical hands-on experience.

I turned everything over to Jesus Christ and made him the President and Chairman of the Board of my company. I stepped down to the position I now hold — gladly, willingly, and joyfully — that of Executive Vice President, with the responsibility of executing the will of our President Jesus Christ.

## That was the best decision I have ever made.

Now the "MAPECON" no longer means "Manila Pest Control" but it is a proclamation or prayer:

M	-	My
A	-	Almighty's
P	-	Plan to
E	-	Edify, Exalt, and Emulate
C	-	Christ
O	-	Operates
N	-	Now

My President has shown me that my neighbors are my employees and co-workers, that the flock He has given me are my employees and their families. He has also given me the charism and apostolate to employ many workers, using employment as a means to bring many people into a closer relationship with Him.

And so it becomes my responsibility as a Christian businessman to provide a Christian working atmosphere, one that will not only benefit my employees materially but one that will also benefit them spiritually. In carrying this out, I have received nourishment and support through the Brotherhood of Christian Businessmen and Professionals (BCBP) and the sharing of experiences and values in BCBP activities, especially in our action group meetings and assemblies.

## How do we in MAPECON build a Christian environment for our workers?

The MAPECON prayer and proclamation resounds every morning as all employees, in Manila and in

ESP p. 8

*An honest man is the noblest work of God. -Alexander Pope*



**JESUS IS OUR PRESIDENT... from p. 7**

all our branches, gather in the company premises promptly at 7:00 a.m. for community bible sharing and prayers. During this period of about 30 to 45 minutes that we call "morning formation", we seek God's message for the day through the key words in the daily liturgical scripture readings for that day and lift up the day's concerns in prayer. Every business unit reports on their performance the previous day and gives their plan of work for the present day. These plans are also dedicated to God in prayer.

Once a week, every Monday from 5:30 - 7:30 p.m. in Manila (with different times and days in the provincial branches) we hold a lively proactive prayer meeting, again required of all employees, with praise and singing, bible study, sharings, group discussions and prayers with the emphasis always on the practice of Christianity in our daily lives.

Once a month we invite a sharer, usually from the BCBP, to give his/her life testimony. Once or twice a year we conduct either a Christian Life Program or a Life in the Spirit Seminar (LSS) for new employees and those who have not yet undergone these programs. The Workers Of Christ help us give the LSSs.

In Manila we are divided into about 15 core or fellowship groups. Each group as part of its outreach mission spends one Sunday every quarter in what we call "Sunday Mission" activities: visiting the orphans, or prisoners, or refugee evacuation centers, or homes for the aged. The group sprays for pest control, then leads the recipient group in prayer, bible sharing and fellowship. They also bring along food items, soap, used books and clothing as well as bible verses and inspirational materials for distribution. Through these outreach activities each MAPECONian experiences Jesus' admonition to care for the least of our brothers and sisters, for we are all one in Him.

**We plant the seed, God helps it grow.**

Do not think it was easy! Many times many employees thought I was being too strict in requiring them to have their own bible, to attend morning prayers and weekly prayer meetings. But little by little, most of them began to look forward to these activities and the discipline it required of them. Little by little, as they began to experience the presence of Jesus in their own lives, they started to look forward to bible sharing discussions, Sunday missions and daily prayers.

It is always a joy to receive letters from those who have moved on to other work relating how much they miss these value formation activities and how greatly they were helped (even though, many times, they grumbled at the discipline).

These letters and testimonies from other employees have shown me that even though God provides the planting field, the seed and the nourishment for that seed to grow, He leaves it up to us to plant that seed!

**We expectantly claim God's promises on tithing.**

Not only do we exert effort to provide a Christian work environment with opportunity for spiritual growth for all employees, we practice tithing, both on the corporate level and on the individual level expectantly claiming the promises of God set out in Malachi 3:10, Luke 6:38, 2 Cor. 9:7-8 and Phil. 4:19.

On the corporate level, we set aside 10% of our profits or 1% of our gross revenues, whichever is larger, and place it into a separate account called the Lord's Account. This amount is reserved for use in activities and projects that the Lord directs us to, like for instance, Sunday missions, donations to charitable causes and institutions, helping out employees who have a death in the family.

Our employees have formed the META, MAPECON Employees Tithing Association, to which they tithe weekly and through which they help provide assistance for employees needing urgent funds, contribute to disaster relief and other worthy causes. In many instances where donations or contributions are ended, whatever contributions the employees raise, the company matches the amount from its Lord's Account.

As we tithe, the Lord truly provides what we need (payrolls, a new office building of our own, new projects and product lines, hiring new employees, etc.) when we need it with enough left over for helping others.

**Who are the least of my brethren?**

This is a question that each of us must address for in the end, we will be asked by God what have we done for the least of our brethren.

After my family, the Lord tells me to look after the welfare of my employees. I am therefore to serve them. I am not only the entrepreneur-boss, but in God's sight I must be their servant-leader. When MAPECON provides employment, we already provide their food, clothing, shelter and other basic necessities of life.

I am also asked by the Lord to make my employees disciples so that they, too, can enjoy eternal life while still here on earth with Jesus Christ as their Lord and Savior. Our daily prayers and bible readings during morning formation, our weekly prayer meetings, teachings and bible sharings, and our Sunday missions address my employees' spiritual needs.

In our proclamation of the MAPECON prayer, we vow to edify, exalt and emulate Christ every day in all our activities, to put Christ first in everything. And to do this NOW! *—p. 12*

# My Almighty's Plan To Edify Christ Operates Now.



Maan Aragon,  
Quezon City Chapter



# An Angel Helped Me

**P**resently, I am an administrative manager for the Philippine Toy Association which serves as the industry representative of the Philippine toy industry. Our objective is to effect development and growth for our sector in the local and international market. Being non-profit and non-stock, the Association's sole income is its members' annual dues and contributions.

In the five years that I have been with the organization, renewing its municipal license has always brought me a great deal of anxiety. Weeks before the January 20 deadline, I could already feel the tension building up inside me. This happens because the head of the assessor's office has difficulty believing that we are out to help, not to make money. We don't even have a permanent address, having decided to hold office at the office of whomever is serving as president that year.

My first encounter with the staff of the mayor's office was three years ago. I was personally asked to appear before the head of the assessor's office since it seemed he had a lot of inquiries about our organization. I really did not know what to expect but I certainly knew that I would have a lot of explaining to do and that I could expect a proposal to fix our license for a fee.

I started praying for guidance and strength. I did not only pray, I offered masses and recited daily rosaries.

Finally the day came. As I approached the assessor's office, I was even more terrified. The man behind the desk had thick glasses, a bulging stomach, and he was wearing jewelries all over — a thick bracelet and necklace with a matching ring.

I presented my case. Straightfaced he told me to come back and bring our financial statement.

Several weeks later when I returned, only a few days before the deadline, there was a long line of people waiting to talk to him. I guess they had the same problem as I had.



When I presented the papers and explained the figures, he still adamantly did not believe me. Finally because of the long line of people still waiting and his growing impatience, he called one of his staff to assist me. I thought to myself, here we go again, the same ordeal of explaining.

To my surprise, this guy was younger, polite and ready to listen. After hearing me out and explaining the government's policy in these cases, he re-computed the amount needed for our license. It was a reasonable amount with no favors asked. Relieved, processing went on very smoothly.

When I finally had the Association's new permit, I knew I had to thank this young man. As I did so, I asked his name. When I heard his name — Angel Gavito, I knew that the Lord had answered my prayers. During my ride all the way back to the office, I really thanked and praised the Lord for His help.

Since that time, renewing the permit each year has become a normal process as Angel Gavito is always there for any problems just as the Lord is always there.

Through this experience I have learned that we Christians, especially those of us in the BCBP, do not have to work in fear and anxiety or tolerate evil ways of graft and corruption in our marketplaces. As we make the Lord our shield, He will clear the way for us.

We must be Christian witnesses to those who have forgotten what the values of righteousness, integrity and honesty mean. When we do our share, it may seem nil but when done collectively, we can create ripples of change and realize waves of victories. #

*He enjoys much who is thankful for little.*



*Proclaiming Christ in the Marketplace*

*Fr. Ben, better known as the Smokey Mountain priest, calls us to a critical response to the turmoil wrought by the phenomenal urbanization of our country. He challenges us to expand the BCBP definition of the marketplace to include all urban dwellers — from businessmen to the shantytown dwellers.*

# the challenge of urbanization

*Fr. Benigno P. Beltran, SVD*

*“Come, let us build ourselves a city, with a tower that reaches to the heavens, so that we may make a name for ourselves.” Genesis 11:14*

In 1986, the late Rafael Salas, executive director of the United Nations Fund for Population Activities, in his talk in Madras, said:

*In about 19 years, the world will undergo a momentous change: for the first time in recorded history a majority of the world's*

*people will live in cities — primarily the cities of Asia, Africa and Latin America. These cities will be of enormous size and will be plagued by unemployment, over-crowding and disease, where services such as power, water, sanitation or refuse disposal will be strained to the breaking point.*

## *The urbanization numbers*

The Population Division of the United Nations Department of International Economic and Social Affairs has determined that 45 percent of the world's population lived in urban areas in 1990. Thirty-seven percent of the population of the less developed regions and 73 percent of the population of the more developed regions are urban dwellers. The division's projections indicate that the level of urbanization for the world is expected to increase to 51% in 2000 and 65% in 2025. The more developed regions are projected to be 75% urban in 2000 and 83% in 2025.

A significant number of the world's city dwellers live in large agglomerations. In 1990 there were 34 megalopolises with 5 million or more inhabitants; 23 were located in the less developed regions. Mexico City was the largest in the world with 20.2 million inhabitants and is expected to reach 26 million by the year 2000. Tokyo had 18.1 million, Sao Paulo 17.4 million. New York had 16.2 million. Others exceeding 10 million include Shanghai, Los Angeles, Calcutta, Buenos Aires, Bombay, Seoul, Beijing and Rio de Janeiro. By 2020, the UN projects that the Third World will be home to eighty of the 93 megalopolises.

## *Evidence of urbanization*

The results of rapid urbanization are evident everywhere. In New York, for instance, 50,000 homeless people live in the streets, another 27,000 live in temporary shelters, and an estimated 100,000 households are doubled up in apartments of friends and relatives. In Detroit, 72% of all the young employable adults in that city's poorest cannot find work and will probably never find it. In Bombay, India, 1,000,000 people live in a slum built on a giant garbage dump. In Manila, 15,000 children inhabit the streets. There are 40,000 child prostitutes in Bangkok. In Sao Paulo, 700,000 children have been abandoned in the streets by their parents to live by their wits, and thousands have been exterminated by death squads hired by those who consider these children as pests.

And these are only a few of the tragic facets of urbanization!



*Eating a banana for lunch, this young urban dweller ponders her future.*

*Compromise is the art of cutting a cake so that everyone believes he or she got the biggest piece.*



### *The dawn of a new era*

The Brotherhood of Christian Businessmen and Professionals, therefore, stands at the dawn of a new era — the urbanization of the earth.

Urbanization is a phenomenon which will profoundly touch the lives of each and everyone of us as more and larger masses of people will increasingly be concentrated in ever smaller spaces. It is estimated that by the year 2000, nearly one quarter of all people living on earth will live in the slums and squatter settlements of cities.

If the BCBP is called to proclaim the Word to the marketplace of a planet which is fast becoming urbanized, I believe it must rethink its strategies for pastoral ministry in its work of evangelizing the marketplace. A new vision should be launched by the BCBP to coincide with the dawning of an urban century to address the problems and needs of God's people in megalopolises all over the globe, people like sheep without a shepherd, who are disoriented and confused in trying to cope with too many changes in too short a time, totally unprepared for the world to come, lacking the wisdom to turn changes into opportunities.

### *Cities are people*

Cities are more than tall buildings, tattered shantytowns or mind-boggling statistics. Cities are people, and very often hurting people who have not yet heard of Christ or have not been sufficiently evangelized. A greater part of the city are areas which "break God's heart," regions where crowding, loss of values, poverty, disease and crippling powerlessness overwhelm hope. Renewed Christians are needed to evangelize, empower and equip the urban poor for self-determination and assist them in such a way that gradually they are able to arrive at better living conditions by means of their own resources and initiative.

Hard questions need to be asked: What is the role of renewed businessmen and professionals in transforming the city and improving the quality of life there? How do you train evangelizers for the marketplace to enable them to effectively work for and with the poor? How can a strategy for urban missions be rooted in the spirituality of the BCBP? How shall the BCBP read and react to God's saving plan for the city? What does urbanization mean in the framework of God's plan for humankind and how does this affect the BCBP?

A deeper reading of the signs of the city is an imperative for the Brotherhood if it is to interpret them as a sign of the divine plan for history. In the context of urbanization, one should take a long, hard look at the process of change, and see how change affects people and power systems; one should analyze the directions of change and find out where today's changes are taking us; and finally, one should focus on the control of changes to come and discover who will shape them and how and for what end. Shouldn't we approach the mandate of the BCBP in the light of the fact that majority of the poor and marginalized who are insufficiently or not yet evangelized live in cities?



### *Urbanization breeds secularization*

The phenomenal growth of cities has dislocated traditional values — cultural, tribal and especially religious — and the traditional patterns of Christianity are being changed by the massive migration of the cities. There is a very close connection between urbanization and secularization, in fact they go hand in hand. To understand the secularization process, one must come to terms with urbanization. This means that the BCBP cannot afford to cling to traditional patterns of Christianity because the accelerative changes propelling us into the 21st century will necessitate experimentation with new ways of being Church.

What is the way to becoming human in an urbanized, dehumanized, secularized situation? How can we appreciate the human in such a situation? What concrete forms should our strategies for evangelization take in such a situation? If God is leading us onward towards the ultimate Christification of the universe, should the Brotherhood not be the vanguard of evolution and become immersed in the marketplace?

✠ p. 14



*JESUS IS OUR ... from p 8***Our mission and vision is Christ!**

We state our commitment to our president Jesus Christ in our corporate mission statement:

*MAPECON Philippines, Inc., is committed to build the MAPECON Corporate Church with Jesus Christ as the Head. With members whose temporal and spiritual needs are attended to, MAPECON is able to serve its customers better and safer by way of award-winning patents, integrated and community pest control.*

**God calls us to action NOW.**

God gives us the talent, the resources and the people with which and through which we do business. He gives us the marketplace, too. He has designed the pathway to success for us businessmen, entrepreneurs and professionals. Jesus gave us the key when He said, *"Blessed are they whose greatest desire is to do what God requires, God will satisfy them fully."* (Matthew 5:6)

It is now up to us, as businessmen, professionals and Christians, to respond to God's call and initiate and/or continue the fight for justice, honesty, righteousness and good business practices in our own respective business and working environments. Working within the support of a Christian community like the Brotherhood of Christian Businessmen and Professionals helps us do this.

We have to make the decision to respond to His call and carry on this fight for Christian business practice and we need to make this decision NOW!

I stand here before you today and say, unequivocally and straight:

**Yes, this can be done. It is possible to be a Christian in today's business environment.**

**Yes, it is possible to transform your marketplace with the practice of Christian values into a more just, more honest and better place.**

**Yes, living as a Christian is definitely possible and for me, it is the only way I want to live and do business.#**



**RADIO MINDANAO NETWORK, INC.**

**PROUDLY PRESENTS**



**NOW SHOWING  
AT A TELEVISION SET  
NEAR YOU!**



*What crops up may not be what we wish we had planted.*



**M**ood feeling blue, depressed

**Food** whole grain bread

**Effect** more relaxed; in a upbeat mood

**Why?** Whole grain bread contains the amino acid tryptophan that signals the brain to boost levels of serotonin, the soothing, mood-elevating brain chemical. Several slices of whole grain bread can have much the same effect as taking a mild antidepressant.

**Mood** not in the mood for anything!

**Food** chocolate

**Effect** comforting; improved mood

**Why?** Chocolate also boosts levels of serotonin, the comforting brain chemical, and adds a little caffeine kick, too. As chocolate is often associated with gifts and rewards and other good things, the effect may be partly psychological as well.

**Mood** stressed out, tense, feeling drained

**Food** turkey, tuna, or chicken

**Effect** more energy; less stress

**Why?** This low-fat protein source (the best is turkey) is rich in an amino acid called tyrosine, which elevates levels of the brain chemicals dopamine and norepinephrine, and in turn promotes improved attention, motivation and reaction time. This generally lifts energy levels and helps the body to better cope with stress.

**Mood** feeling tired and weak

**Food** beef, spinach, food rich in iron

**Effect** improved energy levels

**Why?** The body needs adequate iron to keep its cells fueled with oxygen and, thus, energized. Low-level iron deficiencies make us feel tired and blue. As little as 3 ounces of beef a day improve the body's iron absorption by nearly 200 per-cent, potentially paving the way to more oxygen-rich blood.

**Mood** tired, easily fatigued

**Food** water

**Effect** less fatigue

**Why?** Mild dehydration is a common but often overlooked cause of fatigue. When the body dehydrates, blood flow to the organs decreases and the brain slows down. Most adults should drink six to eight glasses of water per day. Beware of soft drinks, however, as these act as diuretics and actually increase dehydration.

**Mood** tense; not sleeping well; experiencing mild muscle cramps

**Food** bananas; also beans, wheat germ, leafy greens

**Effect** improved immunity; increased energy

**Why?** Stress, both mental and muscular in nature, are closely linked to magnesium deficiency. Stress hormones — which flood the body during times of tension — leach magnesium out of cells, resulting in lower resistance to viruses. Eating two bananas a day has been found to significantly reduce stress anxiety and results in better sleep.



Is today a bad day?

# 10 Foods that improve your Moods

**Mood** nervous, jumpy

**Food** hot peppers, sili labuyo

**Effect** calming

**Why?** Capsaicin, the natural ingredient that gives chili peppers their "pow", burns the nerve endings in the mouth. In response, the brain releases endorphins, natural painkillers that produce a temporary high. It seems that the more peppers you eat, the stronger the soothing effect.

**Mood** exhausted, irritable, depressed, in a bad mood

**Food** citrus fruit like oranges and pomelos

**Effect** reduced irritability; increased energy

**Why?** Citrus fruits are among the richest sources of vitamin C, a key ingredient for boosting levels of the energizing brain chemical norepinephrine. This neurotransmitter regulates the body's ability to be alert, attentive and motivated. A lack of Vitamin C can also inhibit your body's ability

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1. Man on phone: "The head of the household isn't in. This is the chairman of the fund-raising committee."

**2. Daffy Definitions**

**Drunkard** — a man who commits suicide on the installment plan.

**Work** — the yeast that raises the dough.

**Profanity** — the crutch of conversational cripples.

**Suntan lotion** — toast guard

**Twin** — infant replay

**Housing Development** — a place where they cut down all the trees — and then name the streets after them.

3. Whatever else may be causing pollution, it's sure not the peace pipe. *-Readers Digest*

4. Drowning problems in an ocean of information is not the same as solving them. *-Ray Brown*

**It's Been a Long, Hot Summer**

After a particularly hot day this summer, my eight-year-old granddaughter who was visiting us for a few days, held out a box containing her prized Easter bunny, now a gooey puddle of melted chocolate. "He fainted," she said.

**10 FOODS... from p. 13**

to absorb the iron it needs to fight fatigue. The more Vitamin C you intake, the more upbeat you're going to feel.

**Mood** in a panic, anxious

**Food** Brazil nuts; also seafood, cottage cheese and fruit

**Effect** decreased anxiety; brighter mood

**Why?** Brazil nuts are loaded with selenium, a trace mineral linked to upbeat moods, a greater sense of happiness, more energy and a reduction in tension.

**Mood** head aches, lethargic, sleepy

**Food** caffeinated coffee, or cappuccino

**Effect** improved energy and mental alertness

**Why?** Recent research links the amount of caffeine in one to two cups of coffee with an improved ability to think clearly, make snap decisions and feel more energetic up to three hours after drinking. Concentration, energy and confidence levels improve after a cup of coffee. However, more than two cups of coffee a day can make you just the opposite — irritable and jittery.

*From an article by Jennifer Reid Holman, "Foods That Boost Your Moods", Ladies' Home Journal, Nov. 1995*

**THE CHALLENGE... from p. 11**

**The challenge of being Church**

Cities are where the power is. Cities are also places where changes could occur, in contrast to the conservatism of villages which is their central characteristic. This was true during the time of Paul and it is even truer now. St. Paul did not meditate in the desert nor wander from village to village. He preached in flourishing Hellenistic cities such as Petra, Gerasa, Philadelphia, Bostra and especially Antioch (Betz, Hans Dieter, *Galatians: A Commentary*, 1979). These cities were centers of political, military and commercial communication between Rome and the frontiers of the empire. Within a decade of the crucifixion of Jesus, the village culture of Palestine had been left behind, and the Greco-Roman city became the dominant environment of the Christian movement.

How, then, can we refashion the meaning of our call to the BCBP in the light of what we know about the consumer society, the breakdown of traditional community, growing individualism and oppressive authoritarianism?

We have to face the challenge of the city by standing up to the death-dealing forces of the world with the hope that God's redeeming activity is always present in this same world and is continually leading it toward fulfillment.

The prevailing thrust of today's progress and technological development does not answer the needs of the majority of the world's population, nor does it respond to gospel values. How can the BCBP make an impact here?

Salvation history begins with a garden and ends in a city (Rev. 21:2). We need to find a vision of evangelizing the marketplace that would result in the ever fuller activation of the incarnation impulse of the Brotherhood of Christian Businessmen and Professionals to work in the light of God's salvific plan.

*"They will call you the City of Yahweh, Zion of the Holy One of Israel." Is. 60:14*

**HOW DO YOU GIVE?**

*Many people give the tenth —  
the tenth of  
what they ought to give.*

*If you don't give according to your means,  
God will see that your means are according  
to your giving.*

*If your day is hemmed with prayer, it is less likely to unravel.*



*Hot sun, warm breezes, late mornings in bed, excursions and picnics, curling up with a good book, renewing and making friendships, overnights at the beach ... these are some of the things we remember about summer.*

*But there usually comes a time for us parents when the never-ending refrain echoes throughout the hours of the days (and nights) — "Mommy, what can we do?????"*

*From our scrapbook of clippings, we found these gems. Try them for a little bit different kind of summer. -Editor*

## Pretend ...

- Pretend you are living in a guest house and pay one of your teenagers for maid service. You get a pampered rest, your teenager experiences working a bit plus earns some spending money.

- Pretend you are all on a deserted island. Set up camp in a secluded corner of your backyard. Put up a tent (drape a blanket across several chairs) and let the kids sleep out under mosquito nets. Count the stars. Listen to the night sounds. Tell ghost stories. Build a small campfire, pop popcorn and roast hot dogs.

## Have good clean fun with soapsuds finger paint

Spread a plastic cloth on a picnic table or any hard surface outdoors. Put some Ivory Snow Flakes in a little warm water and beat until whipped cream consistency. Add a little food coloring if you choose, and let the kids "paint" their world.

## Sculpturing for the older kids

Is there any construction going on near you? Ask permission to haul away some of the leftover pieces of oddly shaped lumber and pick up some nails. Add a couple of cardboard boxes, old newspapers, and plastic containers. Get a small hammer, glue and perhaps some string. Help your older children set up a creative workshop in your garage where they can produce boats, birdhouses, and free-form modern sculptures during the summer vacation.

## Summer's Here:

# Mommy, what can we do??????

You might even get together with several friends and hold an art exhibit of "re-cycled" art sculptures.

## Skate through time

Which came first, in-line skates or roller skates? If you guessed roller skates, guess again!

About 1760 a strange story appeared in a Belgian newspaper. It described violinist Joseph Merlin entering a room to begin a private concert: "He flew against a mirror, dashed it to atoms, broke his musical instrument instantly, and wounded himself severely." Merlin had rolled in on his new invention: in-line skates with six wheels!

Let your kids research more about this fascinating pastime. And about other common things we tend to take for granted. Sponsor a question and answer contest between families for even more fun.

## Go on a pilgrimage

You don't have to go abroad and spend a lot of money to enjoy being on a pilgrimage. With the family, visit local shrines and cathedrals. This activity is especially meaningful during this Jubilee Year. Plan a picnic and time of reflection under a tree near the shrine.

You may call ASRP, the Association of Shrine Rectors and Promoters of Pilgrimages of the Philippines, tel. 48-52-92, for details regarding local pilgrimages. #



This 1819 skate is made out of wood—even the wheels.



The big wheels of this 1866 skate made it easier to balance.



You had to use lots of leg muscle to turn this swivel-wheeled 1876 skate.



This skate was used by roller-hockey players in 1910.



*From Cries to Kisses*

*Annie Salvador  
Makati Chapter*

# Boracay: Never Again and Always



**R**ewind tape: 1987, summer. Playback.

Boracay: white sands, blue sea, golden sun. Postcard pretty, picture perfect. In the midst of all that breathtaking serenity are Nelson and me. It is our first wedding anniversary, and having had 365 days together, which include our entry into the BCBP, we decide to mark the occasion with a holiday to beautiful Boracay.

And so, we spend five days in paradise. Everything is in slow motion and misted over: watercolored mornings, leisurely meals, sleepy afternoons, magical evenings. Despite all the tourists and beachcombers, it is really just my husband and me, celebrating ourselves. We walk on the beach, nap on a hammock, enjoy cool drinks and long talks.

*Fast forward: 1996, summer. Playback.*

Boracay: white sands, blue sea, golden sun. Save for a little more seaweed and a little less serenity, the island is still pretty as a picture. This time, we are cap-

ping our tenth year together, along with a good school year for our three older children. So, with six other BCBP families, we pack swimsuits, allergy pills and mineral water and troop to paradise.

We arrive first, having opted for the Super Ferry for added adventure. And adventure we got: we land in the Boracay beach front, proud survivors of three taxi rides, Tono's getting lost in the ship restaurant and a mid-sea transfer to a smaller boat, complete with life vests and a prayer.

Being a realist, I do not really imagine myself making a trip back in time, to the idyllic Boracay of my past. After all, with three boys in tow, I can hardly expect the days to pass in slow motion. However, I secretly nurture a wish to find at least some meals leisurely and some evenings magical. I hear a voice in the back of my mind, as if telling me in answer: we'll see about that, we'll see.

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*Annie is married to Nelson; the couple is blessed with five energetic children. They are active members of the Makati chapter of the BCBP.*

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As a group, we decide to cook some meals ourselves, so we market, we marinade, we chop. Often smelling of smoke and onions, we bless the food and we eat. For other meals, we pack ourselves and our children into tricycles and head for "downtown" to sample what the local restaurants have to offer. Altogether, what feasts! The rest of the time, we are sailing or swimming or surveying the island.

The boys are cooperative: they feed themselves, even 4-year old Anton who often prefers spoon feeding back home. They happily play with John Joseph Azarcon and Brian Ginete, making structures and pretend armies in the sand. They come when I call: out of the water when



*Keep your words soft and sweet. You never know when you'll have to eat them.*





the sun gets too hot, or back to the room for another dose of expectorant ("So, can we swim now, Mommy, huh, huh?"). They enjoy doing errands for us: Get some more chips from our room, ok? Please ask Daddy what time it is. Go bring Mommy a glass of juice. They balk at having to take naps, but do. They complain about sand on their skin and sun in their eyes, but love it anyway. They bicker and tell on each other, but they wait till they're complete before running off for a swim.

Was I really hoping for an idyll? No leisurely meals this time around: 36 hungry people make a lot of noise, and the slowpoke will never make it to Joey Avellana's delicious sawsawan. Afternoons are sleepy still, but the dreams are reserved for my boys. I need to de-sand shirts, sheets and soap. And then some adult conversation can just about fit in at this time.

The magic of the evenings is not so much in romance as in richness: we tell stories under the stars; sing and pray together; revel in the mere presence of family and friends; walk on the beach, just Nelson, the boys and me.

The action these days is brisk and planned: When's the best day for our sailboat ride? You take a shower, Nico, while

your brother's on the nebulizer. Hurry up, hurry up, or we'll miss the Mass/boat/sunset! The images are bright and vivid: neon swimwear hanging on the line; toothless smiles in between burnt cheeks; Tony Borbon hopping along with his bamboo cane; red-orange tomatoes and green mangoes. The sounds are crisp and clear: the Tagunicar trio and Danny Silbor take turns on the guitar; the jokes are witty; the laughter is loud; "Mommy, I'm hungry!"

And at night, after all the dirty clothes have been put out of sight, I take some time to stare at my sleeping sons: flat out on the double bed, oblivious to the world, looking like the angels they are. There's an extra smile to be harvested from this moment, and a sigh of gladness. The day has been good, God is even better!

Some things will never be the same again. The Boracay of my past is gone forever. Nelson and I will never be just-us-two again: we are a family now.

And then again, some things will never change. God's sea and sky and sunset will always be monuments to his majesty. One's happiness will always spring from what's within the heart. Paradise will always be available to the worthy seeker.

Living and loving will always be reason to celebrate. #

## Should parents help kids with homework?

**N**ow that school's about to open again, how can you best handle the homework wars? Californian child therapist Diane Ross Glazer, Ph.D., offers these tips: **Be available** if your child has questions or needs help, but don't get too involved: Your job is to monitor the work, not to do it.

**Assist with big projects.** Major assignments such as a science fair are different from regular homework — often, the school is hoping to get more parental involvement. Though the child should do the lion's share of the work, parents can help make the project look polished.

**Don't bail him out.** It's the night before a big test and your child hasn't studied? Let him face the consequences and learn from his mistake. Then work with your child on managing his time more effectively.

*-Ladies Home Journal, Nov. 1995*





# Dancing with the Spirit

Nancy R. Catan

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*Have you ever pictured the Holy Spirit as your personal Dance Instructor? As the Song Maker of the Trinity, the Spirit does this and much more if we let Him.*

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**L**ast Valentine's Day a miracle happened to me. It not only changed my life but it changed my way of thinking about the Holy Spirit. I'd like to share it with you.

Our BCBP chapter held its annual Valentine's fellowship and dance on Saturday, February 17. My husband, Jun, and I looked forward to going. He loves to dance and is a good dancer. Me, I have two left feet and the rhythm I sing in my mind never quite reaches the extremities of my hands and feet. In short, I can't dance. This is a great frustration to Jun because all these years he has been trying to teach me and still I can't dance!

I am a very logical person and need to follow the step sequence exactly — any deviation and I am lost in a maze of stumbling steps and missed beats. Jun, on the other hand, inventor that he is, as long as the rhythm is good, his dance steps sort of "invent" themselves as the music flows. Not my style at all!

That evening was different. We danced and danced and danced from beginning to end. I forgot the step sequences, I forgot to count the beat, I just listened to the music and followed Jun's leading. And I really enjoyed myself.

To underline the miracle, we were awarded the prize of being the Dance King and Queen of the evening! Were we surprised?!!

On our way home Jun told me that he had prayed to the Holy Spirit to help me dance and enjoy myself. What a wonderful answered prayer!!

## The Song Maker of the Trinity

Shortly after that we began preparing for a BCLP talk on the Holy Spirit which we were to give in the Baguio Outreach. As I was doing some preparatory background reading for the talk, I realized that as Christians, many of us depend too much on the logic and the instruction book and too little on the Holy Spirit.

We are prone to follow the step sequences while ignoring the music. We master the doctrine, intellectually outline the chapters in the Bible, memorize our catechism, debate the rules, and stiffly step out on the dance floor of our life with no music in our hearts. We measure our steps, calibrate each turn, and flop into bed every night exhausted from another day of dancing by the book.

One Christian writer, Max Lucado, in his book *A Gentle Thunder* (Word, Inc., Texas, c/1995), calls the Holy Spirit the Song Maker of the Trinity. The Holy Spirit is the One who writes the music, puts the rhythm of God into our feet, the love of God into our hearts, and the joy of the Risen Christ into our lives.

## Dancing with the Spirit

Our lives take on a new energy, a renewed spirit as we dance with the Holy Spirit. St. Paul emphasizes this life-giving ability of the Holy Spirit when he states in his letter to the Romans, "If Christ is in you, then the Spirit gives you life" (Rom. 8:10, NCV).

It is not enough to hear the music, to know the steps, to feel the beat. We must also surrender ourselves into His arms and



*Work is the yeast that raises the dough.*



let Him lead us in the dance. Never mind if He improvises as we go along. Since He writes the music, He knows the direction and the rhythm that best interpret the dance. As His dance partner, we just trustfully follow His leading. And let Him surprise us with miracles and wonders as we dance with Him.

### The Holy Spirit is ... ??

Can you picture yourself dancing with the Holy Spirit? No? Maybe because you aren't sure what He looks like...

If you were asked to describe God the Father, you could do so, maybe as a stern, bearded kingly judge regally sitting on a heavenly throne. If you were asked to describe Jesus, this would be even easier. But how would you describe the Holy Spirit? As a dove, or a wind, or tongues of fire, or as the oil of anointing? But these are only impersonal manifestations of the Spirit; they are NOT the Spirit Himself!

Perhaps the most common mistake regarding the Holy Spirit is perceiving Him as power or a thing and not as a person.

The Spirit is a Person. The Spirit is not an "it".

The Spirit has knowledge (1 Cor. 2:11). He has a will (1 Cor. 12:11). He has a mind (Rom. 8:27). He has affections (Rom. 15:30). You can lie to Him (Acts 5:3-4). You can insult Him (Heb. 10:29). You can grieve Him (Eph. 4:30). These are all qualities of a person, not a thing!

The Holy Spirit is not an impersonal force or power. He is God within us to help us. Jesus tells us, "The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you" (Jn. 14:17, NIV).

## The principle of God's dwelling place

As the Spirit of the Lord, the Holy Spirit is the key to our having a vital relationship with God. From the beginning of time, it has been God's desire to dwell with people and have fellowship with them.

Originally, He prepared a garden where He apparently met with Adam and Eve on a regular basis. Later, He gave Moses the plans for the Tabernacle, and His glory rested in the Holy Place in the center of His people. When the Tabernacle wore out with age, Solomon built a temple, which again was filled with the glory of God.

Then, in the fullness of time, "The Word became flesh and dwelt among us" (John 1:14). As Jesus prepared to leave, He promised He would send another Helper. In this age, the Holy Spirit is the means by which God dwells in and among people.

-Elmer L. Towns, *The Names of the Holy Spirit*, p. 31.



### What does the Spirit do?

His name alone, Holy Spirit, has a two-fold implication in our lives. First, when we take the Holy Spirit into our lives, He will do His best to make us holy, to make us worthy temples for Him (1 Cor. 6:19). Second, He will make us spiritual, because we become like Him.

Lucado summarizes the work of the Holy Spirit into three essential areas, referring to John 16:7-13. The Spirit comforts and encourages the saved. Hasn't God ever brought you peace when the world was surrounding you with pain? Then you have heard the music of the "Helper".

He convicts the lost and reminds us of God's laws when we sin. If we are alert and our "antenna" is spiritually attuned, when we stumble and fall down in sin along our Christian journey, our conscience pricks us into acknowledging our sin and turning back to God. This is the Spirit working in us to make us holy.

Thirdly, the Spirit conveys the Truth. He prods us to study more. He opens our minds and reveals the mind of God to us (1 Cor. 2:10-13). He gives us "spiritual" eyes with which to see God's plan at work in our lives. Jesus tells the Samaritan woman at the well that "God is Spirit, and those who worship him must worship in Spirit and truth" (Jn. 4:24). The Spirit helps us find the balance between the dancers' instruction manual and the rhythm of the music.

### Joining the Dance

The music has already begun, the dance has already started. God does not ration His gift of the Spirit (Jn. 3:24) and so we have unlimited access to the Dance Instructor.

As BCBP members, it is our mission to bring others to the dance floor. Now that we know that God is playing the music and the Holy Spirit is our dance instructor, it should be a lot easier getting people to join the dance, don't you think? #



*Bible Sharing*



# Who is the Holy Spirit

1. More than 100 names or descriptive phrases are used in the Bible to describe the Holy Spirit, the third Person in the Trinity. The following list gives just a few. For each reference, discover what the name or descriptive phrase used for the Holy Spirit is, then reflect, discuss and share on what that name reveals about the Spirit's function or nature.

- |               |                   |
|---------------|-------------------|
| Genesis 1:2   | Zechariah 12:10   |
| Nehemiah 9:20 | Romans 8:2        |
| Job 33:4      | Romans 8:15       |
| Isaiah 4:4    | Ephesians 1:13-14 |
| Isaiah 61:1   | 2 Timothy 1:7     |
| Ezekiel 11:19 | Hebrews 9:14      |

2. The seven-fold names of the Spirit are found in Isaiah 11:2. They are:

- |                                    |  |
|------------------------------------|--|
| The Spirit of the Lord             | - His identity name, describing who He is.                       |
| The Spirit of Wisdom               | - His ability to discern people and motives.                     |
| The Spirit of Understanding        | - His ability to distinguish the authentic from the counterfeit. |
| The Spirit of Counsel              | - His ability to make the right decisions.                       |
| The Spirit of Might                | - His ability to carry out His decisions and purposes.           |
| The Spirit of Knowledge            | - His knowledge about God.                                       |
| The Spirit of the Fear of the Lord | - His work in helping people approach God.                       |

What do these names reveal to you about the Holy Spirit and His relationship to God the Father and to Jesus Christ?

3. What new discoveries and insights about the Holy Spirit have you made in this Bible Sharing? In what ways will these fresh insights affect your life?

Reference: *The Names of the Holy Spirit* by Elmer L. Towns. (Regal Books, California, c1982)

*Group Dynamics*

# Try These!

## *You Are What You Eat*

Need a great idea for a summer picnic in your garden? Ask each of your action group members to bring a food that in some way describes their personalities. For example, vanilla ice cream (sweet and simple), chili (hot and spicy), sweet and sour fish (Jekyll and Hyde). You may end up with an odd assortment of food, but you'll have fun explaining why you brought what you did.

An alternative to this is to bring a food that fits their job.

## *Putting the 4th "C" into Action*

Last issue, Jane Manalo said that we should add the 4th "C" to our BCBP — CARING. Here is a suggestion to put this into action.

When a person in your group is absent because they're going through a hard time (illness, death of a loved one, job crisis, etc.), bring a bunch of post-cards and some note paper to your action group meeting. Set aside a few minutes for each person to write an encouraging note. Then the leader can mail one or two notes a day to the hurting group member.

## Ligaya is a Partner In Mission

We would like to clarify that Ang Ligaya ng Panginoon is a Partner In Mission of the BCBP and the other PIMs mentioned in the "Partners In Mission" article, pages 10-11, KAPATIRAN Magazine, Mar/Apr 1996 issue. We apologize for any misunderstandings arising from this oversight.

-Editor



**One Minute Meditations**

Fernando de Larrazabal

**Empowered  
by the Spirit**

*"The Paraclete, the Holy Spirit whom the Father will send in my name, will instruct you in everything and remind you of all that I told you." John 14:26*

Jesus made this promise to his apostles, the core of his Church, which he instituted. It is through this Church that the Spirit empowers the knowledge of everything Jesus taught.

Before he ascended into heaven, he commissioned his apostles to teach and make disciples of all men. The Catholic Church, the Church that Jesus founded, continues to apply those teachings. It is through his Church that God's word is preached and interpreted.

There are those who through ignorance, although with the best of intentions, are misleading their followers into believing their own erroneous interpretations. This has led to different conflicting interpretations, seeding confusion among some of the Lord's flock.

It was the Lord's wisdom that led him to appoint and authorize the Catholic Church as the fountain of truth to preach and interpret everything he taught and to make disciples of all men.

**Prayer**

*Dear Lord, your disciples and your Blessed Mother  
were praying in the upper room  
when your Holy Spirit descended on them.*

*It was at that very moment when their timidity vanished  
and a change came over them.*

*From fearful they became courageous;  
enlightened, no longer afraid to preach the risen Christ.  
They preached love, forgiveness and repentance.*

*Your Church needed them at that time.*

*Your Church continues to need men and women these days  
to preach your Gospel to many who yet need to know you.*

*Holy Spirit of God, guide and teach me  
how to lead others to Christ.*

*Bestow upon me your gifts that I may become  
a true disciple of Jesus.*



*Reprinted with permission from **Where Are My  
Hands and Feet**, by F. de Larrazabal, available at Chris-  
tian bookstores and the BCBP booktable.*

**Just  
For  
Today**

Just for today I will know  
that I am God's child,  
under His protection  
and that no plague  
can come nigh my dwelling.

Just for today  
I will remember that God is Good.  
That God is Love, and  
He knoweth them that trust Him.

Just for today I will know  
that I have the strength  
to meet and conquer  
every claim of error;  
that under the guidance of Divine  
Principle  
I will be led to throw open the door  
for the entrance of Truth,  
and know that through that same  
door  
error is cast forth.

Then with a sweet sense of God's  
nearness  
I will know that  
yesterday has gone and left no  
bitterness;  
that today is here and is big with  
blessings;  
that tomorrow belongs to God;  
and to realize this today eliminates  
worry and trouble and pain  
and brings us peace.  
-Mom's Scrapbook



**Join!  
Join!  
Join!**

# Kapatiran

## Magazine's "Picture A Service" Photo Contest

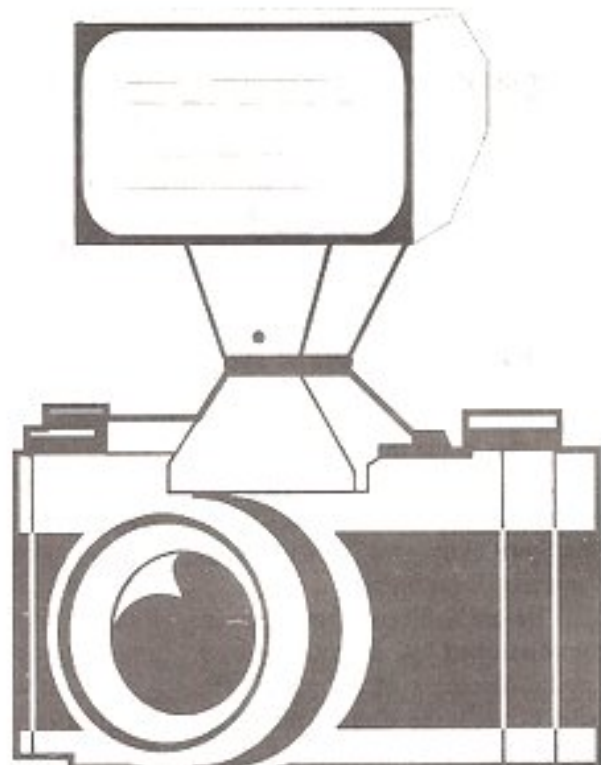
In conjunction with the BCBP 16th Anniversary celebration, the KAPATIRAN Magazine launches "Picture A Service" photo contest that focuses on the different service activities in the BCBP community.

All entries will be on display, and winners will be announced, during the anniversary celebration on May 25, 1996. Special prizes are at stake, plus the distinction of having your winning picture featured on the cover of the up coming issue of the KAPATIRAN. Submit entries on or before May 15, 1996 at the BCBP National Secretariat office.

Open to all members of the Brotherhood of Christian Businessmen and Professionals. Pictures must show actual and real service/s as rendered by members. Creativity and composition in the presentation of the snapshot is vital. While posed pictures are valid entries, much weight shall be given to candid or "stolen" shots.

Scenarios may be taken from any major or minor services in the Brotherhood community, such as Mission, Life, Action Group, Music Ministry and all other ministries duly recognized by the chapter/outreach.

*"Serve the Lord with gladness."  
Psalm 100:2*



### Mechanical Requirements:

1. Photos must be 5" X 7" in size and in COLOR.
2. All photos submitted must be given a Title or a simple description, underneath, the name of the photographer should be written. This must be followed by a brief, one-paragraph explanation.
3. The pictures should be mounted on an illustration board.
4. All pictures coming from a chapter/outreach must be grouped together and should be presented as a chapter-wide entry. No individual entry will be accepted.
5. All pictures submitted will automatically become Kapatiran property.



## BCBP Celebrates 16th Year

### *Christ's Victory: Jericho Must Fall*

The Brotherhood of Christian Businessmen and Professionals (BCBP) will celebrate its 16th anniversary on May 24 and 25, 1996 with simple but festive activities at the Ateneo High School covered courts on Katipunan Avenue, Loyola Heights, Quezon City. Greenhills, headed by chapter head Manolet Siojo, was designated last February by the BCBP National Council as lead chapter for this year's celebration with Nane and Glo Arabelo of BCLP 20 as the overall coordinators.

The theme for this year's celebration is: *Christ's Victory: Jericho Must Fall*.

Delegations from the BCBP's seven provincial chapters and more than 20 outreaches are expected to augment the members from the six Manila chapters, promising a record turnout for the two-day affair.

Friday's activities include golf and bowling tournaments. Business meetings among the chapter and outreach heads, mis-

sion directors, chapter life directors and music ministry heads are planned for the afternoon.

For the main celebration on May 25, visiting chapters/outreaches will be hosted and accompanied by sponsoring Metro Manila chapters to five separate Metro Manila BCBP breakfast meetings held at the regular breakfast venues of the Alabang, Las Pinas, Paranaque, Quezon City and Rizal chapters.

Registration will begin at 1:00 p.m. Saturday afternoon, simultaneous with a product and food bazaar inside the Ateneo covered courts. Raffle draws will be held throughout the afternoon and evening.

A 5 p.m. Holy Mass will be held after which delegates will enjoy getting to know each other better during the informal dinner fellowship. A one-hour program will begin at 7 p.m. followed by non-stop ballroom dancing with live music provided by Gloria Gatmaitan and Her Band.

## NC meets with Vismin Council

The National Council held a meeting with the Vismin Council last May 11, 1996 in Tagbilaran City.

Headed by BCBP national president Manny Banigan, the National Council delegation was composed of Rolly Ona, director for Vismin, Fernando de Larrabal, director for Luzon, Sadi Saguisag, deputy director for Vismin and Sammy Ulanday, BCBP secretary general.

Banigan said that this NC-Vismin Council meeting signals the start of a series of quarterly out-of-Metro Manila meetings which the Council hopes to undertake in the future. The move is intended to foster better relationship and communications between the national governance and the local executives of the Brotherhood.

The joint NC Vismin Council whole day affair started with a joint breakfast held at JJ Seafoods Village owned by Bro. June Caturza with Sammy Ulanday as the sharer.

☞ p. 24



Manny Banigan, BCBP president and Sadi Saguisag, Deputy director for Vismin, alternately handled the meeting /workshop.



# WHAT'S UP

Full coverage of the anniversary activities, messages from the bishops in BCBP areas and other anniversary features will be included in the July-August KAPATIRAN Magazine.

pp. 24-27 - Metro Manila and provincial news.



## NC MEETS... from p. 23

Later, the members of the Vismin Council together with the National Council motored to Jul's Beach Resort owned by Lyndon Boiser, BCBP Tagbilaran member, for the meeting proper.

The meeting focused on at least two major concerns: "Towards one BCBP Culture", whereupon differences in practice in the areas of mission, life and services were tackled using a workshop format, presided by Sadi Saguisag; and, National Council update, presided by Manny Banigan. Other members of the National Council acted as panelists to answer questions.

Some of the issues taken up by the group were:

- Breakfasts should primarily cater to first timers; no "heavy" music; sharing should also emphasize victories in the marketplace aside from personal conversion; response should be limited to Scriptural readings.

- BCLP - talks should be enhanced and there seems to be a need to combine some culture talks together: Baptism and commitment rites should be well planned, and encourage to the participants.

- Action Group Meetings - worship, Bible sharing and the use of gifts must be practiced.

- The process of using "discernment" in appointing leaders and sharers both in breakfast and assemblies should be done with utmost care. Some members tend to abuse or misuse "discernment" in addressing some areas of concern.

The workshop also clarified that only BCBP members should be allowed to give talks in the BCLP, BCMR and Culture talk series. It was also noted that music ministries tend to make preference to style rather than to the notes. Music ministries are encouraged to stick to the notes provided in the songbooks.

Ministries for the children/youth and intercessory/prayer will be studied for formalization and implementation.

Other concerns taken up were: financial reporting to the members; the appropriate honoring of members; caring of members; Church liaison; partners in mission; handling of conflicts among leaders



Members of the Vismin Council at work during the workshop/meeting. At the background are Sadi, Manny and FDL facilitating the needs of the participants.

and members; and, preference of the Kapatiran magazine as a national publication vis-a-vis local bulletin.

The National Council update included the announcement of the elevation of Mactan Outreach to Chapter-in-Training status together with the appointment of Casi Nadela as Chapter Head - in training; the approval of the recommendation for Bobby Borromeo, Allan Barga and Buddy Gerona as Iligan outreach head, mission director and life director, respectively.

Banigan also announced the approval of Bacolod split into Bacolod North and Bacolod South. Nene Gamboa was appointed as the Bacolod South chapter head while Art Legarde is retained as chapter head for Bacolod North. Together with this, Jun Vargas and Ed Pama will be designated as mission director, and Ricky Lim and Od Gamboa as chapter life directors, respectively.

The split shall be effected sometime in July of this year.

The Council also announced the favorable developments of the plan to hold

next year's anniversary celebration in Cagayan de Oro.

Sammy Ulanday, discussed issues pertaining to the 16th anniversary celebration in behalf of Greenhills chapter, as well as matters concerning Kapatiran magazine, National Secretariat office transfer and communication facilities.

Rolly Ona and F. de Larrazabal alternately answered questions posed by the members of the Vismin Council.

Those attending the meeting were Larry Veloso, Lloyd Limbaga, Roly Villa of Cebu; Bobby Borromeo, Allan Barga, Tex Durias, Dodong Alemanig, Randy Ong of Iligan; Joe Coruña, Onard Salva, Alex Obnial, Pepot Fortich of Cagayan de Oro; Greg Alento of Valencia, Bukidnon; Jayvi Imbo of Dumaguete; Orly Ramos of Davao; Casi Nadela of Mactan; J.T. Barrera of Iloilo; Cromwell Fernandez of Antique; Art Legarde, Nene Gamboa, Tony Garcia of Bacolod; and Peter Dejaresco, Mannie Calubag, Forting Lim, Steven Lim, Al Uy of BCBP Tagbilaran - the host chapter.

The group agreed that next Vismin Council meeting will be held on August 10 and is tentatively planned to be held in Davao City.#



## 46 couples complete BCMR 4

Forty-six couples of the BCBP Cagayan de Oro chapter completed the chapter's fourth BCMR (Brotherhood Christian Marriage Retreat) the weekend of March 8-10, 1996, at the Searsolin, Lumbia, Cagayan de Oro City.

Course leaders Cris and Rica Alatraca were assisted by Jun/Mayette Pangilinan, with Ray/Reggie Abas as head servants. The service team was supported in full force by chapter members. #

## Marian talk ends in healing

Laurice Guillen of the Marian Movement of Priests discussed the messages of Mary, the act of consecration to her Immaculate Heart and the cenacle of prayer as relayed through internal locutions to Fr. Stefano Gobbi of the Marian Movement of Priests during a special BCBP assembly on March 15. Her talk culminated with a healing session conducted by the chapter's mission team and led by Laurice Guillen herself.

Held at the Grand Ballroom of the Conchita Hotel in Cagayan de Oro city, the affair was organized and coordinated by BCBP Sis. Nena Paras and sponsored by the Marian Movement of Priests of Cagayan de Oro. #

**Remove from work premises anything that is not of God, and replace with things of God (as far as your authority allows).  
NSPR, 1995**

## CAGAYAN DE ORO

## Chapter celebrates 2nd year



The BCBP Cagayan de Oro chapter celebrated its second anniversary as a chapter on April 19-21, 1996, with the theme: "Jesus Christ: the Way, the Truth, the Life". The 3-day festivities included a chapter assembly, joint breakfast, sports events, a rummage sale, and a beach party.

The celebration began with the chapter assembly on April 19 at the Mt. Carmel Parish Church, Carmen, in the city. The following morning saw Art/Lucille Legarde, the BCBP Bacolod chapter head couple, sharing during the joint breakfast. Saturday events included bowling, basketball and golf tournaments coordinated by Ditto dela Serna, Jimmy Zamora and Guilly Parrel.

The chapter ladies, spearheaded by Hedy Coruna, held a rummage sale Satur-

day afternoon at the city's band stand as part of their socio-civic involvement activities.

Sunday, April 21, saw the chapter members gather for the Eucharistic celebration at the Paras Beach Resort, Agusan, Cagayan de Oro City. Rev. Msgr. Rodolfo Roa, VG, PA, officiated at the thanksgiving mass. This was followed by lunch and a variety program with each unit presenting a lively number.

The anniversary activities were well attended by not only the chapter members but saw the participation of Louie Morales (Alabang), Sadi Saguisag (Vis-Min coordinator), and other brothers and sisters from BCBP Cebu, Iligan, and Valencia, Bukidnon.

Overall coordinators for this year's anniversary were Pepot and Charisse Fortich. #

## Bible appreciation held

Over 50 members of BCBP Cagayan de Oro successfully finished a four-session seminar on Bible Appreciation conducted by Bro. Mike Fabello of the Kahayag Sa Dios community. The seminar, held ev-

ery Thursday from January 18 to February 8, 1996, was geared toward giving the members a better understanding and appreciation of the Word of God through bible reading.

*An ounce of "I AM" is worth more than a hundred weight of "I WAS". -Genoese Proverb*



## MAKATI

## Twenty three BCLP 25ers join attend discerners chapter training

On April 16, 23 Makati chapter members participated in a discerners training workshop organized by Beth Ginete and given by Nancy Catan. This first-of-its-kind workshop kicked off the chapter's 1996 training program activities.

Designed to inform and inspire members to improve their Spirit-given discernment talents, the 3-hour workshop included such subjects as how to prepare for discernment, what to include to make a discernment interesting and thought-provoking, and tips on actual delivery.

The workshop included a lively question and answer forum plus hands-on practicum exercises that discovered many talents among the participants. All who attended were unanimous in their appreciation of what they learned.

The evening workshop was held at the MAPECON Training Room. #

Forty men and women of BCLP 25 joined the Makati chapter on April 25 in simple and meaningful Commitment Night ceremonies held in the Parish Hall of the Santuario de San Antonio, Forbes Park, Makati.

Fr. Chito Dimaranan, the chapter's chaplain, celebrated the Holy Mass and officiated over a Salt and Light Ceremony. This was followed by the Commitment Night program highlighted with sharings from the graduates.

Course leader was Nelson Salvador, assisted by Oca Ballares. Jun Tripon was the head servant.



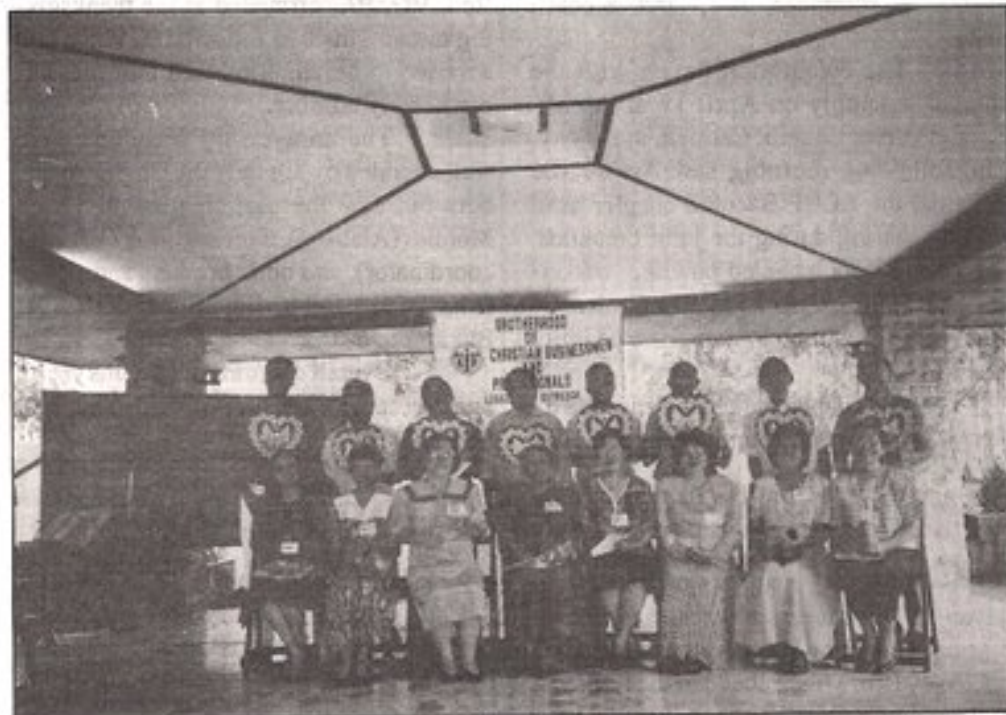
## WELCOME

### BCLP 25 Makati Chapter

Abbot, Stephany  
Ablaza, Alma  
Alonso, Jo  
Antiporda, Allan/Ging  
Arellano, Raul  
Atacador, Manny, Jr.  
Cadacio, Loy  
Calabia, Wilma  
Calimbahin, Cynthia  
Chanco, Yvonne  
Clemente, Sabrina  
Crisostomo, Gener  
Cruz, Marlo/Maribel  
Encarnacion, Philip  
Flores, Ramon/Rose  
Hilario, Milo/Miriam  
Kabigting, Marita  
Laguiman, Larry  
Limcaoco, Anna  
Magalona, Nestor  
Medillo, Orlando  
Mendoza, Jojo/Ana Maria  
Ortega, Rey/Myrna  
Palaca, Honorato  
Penaloza, Orlando  
Peralta, Martin/Tet  
Sambile, Rosendo  
Serina, Anna  
Soriano, Danny  
Suzara, Philip  
Tolentino, Ador/Rachel  
Valdez, Anna Viola

## LEGASPI

Eight couples from the Legaspi Outreach completed the BCMR held at the El Retiro Retreat House in Cabid-an, Sorsogon, March 8-10, 1996. They are: Noel/Amy Bolinas, Opel/Vinieng Clutario, Dave/Ching de Ocampo, Rudy/Sally Sabal, Ely/Tety Salazar, Benjy/Beni Santiago, Fedy/Amy Siapno, and Manny/Chit Vargas.



*There is no tranquilizer in the world more effective than a few kind words.*



## TUGUEGARAO

## Red letter day in Tuguegarao

April 10, 1996 saw the culmination of months of participation by the BCBP Tuguegarao outreach members in three red-letter events in the archdiocese.

The outreach joined the parade of the faithful from the Cathedral grounds to the new Shrine of the Sto. Nino. BCBP brothers Diddi Perez and Buddy Cagurangan and sister Ofel Cagurangan together with other Papal awardees from Cagayan rode on another float. Located in San Gabriel Village, the Shrine is expected to become a MUST for pilgrims.

The results of a year of dialogues, renewal consciousness and evangelization activities were consolidated and presented to the archdiocese during fitting rites. Many BCBP members had been part of the several teams empowered by Archbishop Talamayan to conduct barangay pastoral assemblies. The inputs of these dialogues formed the input for the FAPA, First Archdiocesan Pastoral Assembly held November 1995. The output of the FAPA — various decrees and programs — were then formalized and released for action during the April 10 ceremonies.

The third red-letter event saw the whole region rejoicing on the occasion of the 10th year anniversary of the Most Rev. Archbishop Diosdado A. Talamayan as the head of the Archdiocese of Tuguegarao. #

## Outreach holds 2nd BCMR

Originally set last March 1-3, 1996, the second Brotherhood Christian Marriage Retreat, BCMR, of the outreach finally materialized last April 13-15. Although the postponement affected the attendance of participants, it did not dampen the enthusiasm and zeal of the service groups from Tuguegarao and Paranaque headed by Paranaque chapter's formation leader Rene/Lulu Leandro. #



## DAVAO

## Joint breakfast overflows

More than 130 members and their guests attended the April 27, 1996 joint breakfast at the Terrasa Millea, filling the breakfast venue to overflowing. "This is the largest crowd so far," said outreach head Tony Garcia as he and the breakfast service team scrambled to find chairs for everyone.

Sharers for the morning were Jun and Nancy Catan from BCBP Makati chap-

ter who enthralled the listeners with the inspiring story of how they met, the miracles God has worked in their lives, and their fight against graft and corruption in the marketplace.

Attendance included most of the 50 participants of Davao's ongoing BCLP 6, who had heard the Catans give BCLP talk #4 on Repentance and Faith the previous Thursday evening. #

## Letter Box

Congratulations! The KAPATIRAN has indeed come a long way. We all learn a lot from the articles, aside from the news and entertainment found inside. See you in Davao!

Rey and Mabel Acosta  
BCBP Davao

*Letters such as this surely give us the boost to do even better in every issue. Please let us know what's on your mind regarding KAPATIRAN Magazine, positive or otherwise. - Editor and Staff*



**BROTHERHOOD OF CHRISTIAN BUSINESSMEN AND PROFESSIONALS**

# **KAPATIRAN** *Magazine*

**Vol. X, No. 3 MAY - JUNE 1996****"Answers the call for INFORMATION, INSPIRATION and FORMATION, nationwide"****EDITORIAL BOARD**

Manny Banigan

Fernando de Larrazabal Nancy R. Catan

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*The KAPATIRAN Magazine is the official publication of the Brotherhood of Christian Businessmen and Professionals. It is published once every two months in the Philippines with editorial and business offices at Rm 22 P & L Condominium, #598 South Super Highway cor. Arellano Ave., Palanan, Makati City, Metro Manila with Tel. Nos. 804-0611 to 12 loc. 209 and Fax No. 521-5645. Contributions are encouraged, however, they shall be subject to editing and selection. Pictures and illustrations are welcome.*

## **UP NEXT**

**JULY - AUGUST Issue**

Deadline: June 10, 1996

Features:

BCBP 16th Anniversary

Serving in the BCBP

Spiritual Gifts

Readers Survey:

What service in the BCBP have you received the most enjoyment and inspiration from?

**SEPT. - OCT. Issue**

Deadline: August 5, 1996

Features:

Business and Money

A Look at Serious Sins

Readers Survey:

What do you feel is the most critical factor in practicing your BCBP commitment in your business or profession?

*For adult education, nothing beats children.*



**MEN'S BREAKFASTS (7:30 a.m.)**

*Wednesdays* - MAKATI: Makati Sports Club, Makati  
*Thursdays* - GREENHILLS: Club Filipino, Greenhills  
*Fridays* - MANILA: Chateau 1771, Adriatico St., Malate, Mln.

*Saturdays*

ALABANG: Ayala Alabang CC  
BACOLOD: Roli's, La Salle, Bacolod  
BAGUIO: Trellis Rest., Session Rd., Baguio (2nd & 4th Sat)  
CAGAYAN DE ORO: Paolo's Ristorante, CDO  
CEBU: Ding Qua-Qua Rest. - Gen. Maxilom Ave., Cebu City  
DAVAO: Terraza Millesa (2nd/4th Sats.)  
DUMAGUETE: OK Pensione House (1st/3rd Sats.)  
ILIGAN: Pinausukan (2nd, 4th Sats.)  
ILOILO: Amigo Terraces Hotel  
LAS PIÑAS: Italia Club 500, BF Resort, Las Piñas  
LAPULAPU: Cesar's Mansion, Lapulapu Cebu, (2nd/4th Sats.)  
LEGASPI: Bistro Albay - Legaspi City (2nd Sat.)  
LIPA: Club Lupeño, Lipa City  
MAASIN: Tomas Oppus Elem. Sch., Leyte (1st Sat.)  
NAGA: Grand Imperial Hotel (2nd/4th Sats.)  
PARAÑAQUE: Kamlung Rest. - Pres. Ave. BF Parañaque  
PUERTO PRINCESA: Asiaworld Resort Hotel  
QUEZON CITY: Terrace Grill, 119 Roces Ave.  
near cor. Morato  
SAN FERNANDO: Rotary Skills Center, Greenville Subd. San  
Fernando Pampanga (1st/3rd Sat.)  
RIZAL: Valley Golf and Country Club, Antipolo  
TACLOBAN: Don's Cabin, Justice Rumualdez St.,  
Tacloban City (2nd/4th Sats.)  
TAGBILARAN: Mel's Kainan (2nd/4th Sats.)

**MEN'S LUNCHEON (12:00 noon)**

*Saturdays* - DAGUPAN: Pinkee's Restaurant

**MEN'S MERIENDA (4:00 p.m.)**

*Saturdays* - TUGUEGARAO: Marilyn's Restaurant  
(2nd, 4th Sats.)

# VENUES



*The April 27, 1996 Joint Breakfast of Davao Outreach saw a record-breaking attendance of 130 members and guests.*

# VENUES



*The newly opened Butuan Breakfast venue at Jet Pop Garden. The tandem of Cebu and Cagayan de Oro chapters joined forces to make possible this newest addition to BCBP breakfast venues.*

**LADIES' BREAKFASTS (7:30a.m.)**

*Wednesdays* - MAKATI: Makati Sports Club (2nd Wed.)  
*Saturdays*

ALABANG: Ayala Alabang Country Club (2nd Sat.)  
BACOLOD: Quan, La Salle, Bacolod City (2nd Sat.)  
CAGAYAN DE ORO: Paolo's Ristorante (2nd/3rd Sats.)  
CEBU: Nang Masa Rest. (1st/3rd Sat.)  
ILOILO: Amigo Terraces Hotel (1st Sat.)  
LAS PIÑAS: Italia Club 500 (3rd Sat.)  
PARAÑAQUE: Shakey's Rest. Pres. Ave., BF Parañaque  
QUEZON CITY: Terrace Grill (2nd Sat.)  
RIZAL: Valley Golf and CC, Antipolo (1st Sat.)

**LADIES' LUNCHEON (12:00 nn)**

*Mondays* - GREENHILLS: Casa Nila, Fe-Luisa Bldg,  
Greenhills Commercial Center (3rd Mon.)

**JOINT BREAKFASTS (7:30 a.m.)**

*Wednesdays* - MAKATI: Makati Sports Club, (1st Wed.)  
*Thursdays* - GREENHILLS: Club Filipino (1st Thurs.)  
*Saturdays*

ALABANG: Ayala Alabang Country Club (4th Sat.)  
CAGAYAN DE ORO: Silver Court (3rd Sat.)  
CAINTA: Valley Golf and Country Club, Antipolo (3rd Sat.)  
DAGUPAN: Pinkee's Restaurant (3rd Sat.)  
LAS PIÑAS: Italia Club 500 (1st Sat.)  
LEGASPI: Bistro Albay (4th Sat.)  
PARAÑAQUE: Kamlung Rest. Pres. Ave. BF (2nd Sat.)  
QUEZON CITY: Terrace Grill, (4th Sat.)  
RIZAL: Valley Golf and CC, Antipolo (3rd Sat.)

**JOINT LUNCHEON**

*Saturdays* - CAVITE/LA NAVAL: Jack 'n Jill,  
Cavite City (3rd Sat.)



## A Planet at Prayer



Here we are, Lord —  
a planet at prayer.  
Attune our spirits  
that we may hear your harmonies  
and bow before your creative power,  
that we may face our violent  
discords  
and join with your Energy to make  
heard  
in every heart a hymn of peace.

Here we are, Lord —  
a militarized planet.  
Transform our fears  
that we may transform our  
war fields into rice fields  
arms into handshakes  
missiles into messengers  
of peace.

Here we are, Lord —  
a polluted planet.  
Purify our vision  
That we may perceive ways to  
purify our beloved lands  
cleanse our precious wastes  
de-smog our life-giving air.

Here we are, Lord —  
an exploited planet.  
Heal our hearts, Lord,  
That we may respect our resources,  
hold priceless our people  
and provide for our starving  
children  
an abundance of daily bread.

O Lord,  
give us such a love  
for Thy creation,  
that love may cast out fear,  
and all Thy creatures  
see in man  
our priest and friend,  
through Christ Our Lord.

*Joan Metzner, MM,  
and George Appleton*  
Taken from an Earth Day program.