

# KAPATIRAN

M A G A Z I N E

March 2009

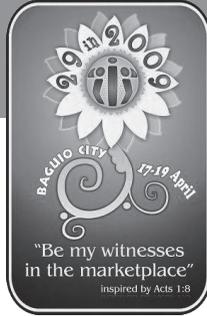


# Winners All!

# BCBP's 29th NATIONAL ANNIVERSARY

April 17-19, 2009 • [www.nacbaguio.com](http://www.nacbaguio.com)

## In this issue



### BCBP Website

**New BCBP Community Portal  
Debuts at 29th NAC – 3**

### Random Insights

**Stretching Your Life For  
God – 4**

By Bobby A. Atendido, BOT Chairman

### Listen to Him

**Reflect, Repent, Reform, Radiate – 5**

By Larry Veloso, BCBP President

### Be Honest Oratorical Contest

**Winners All! – 6**

By Rusela R. Rubin, BCBP Makati

### Regional Winners – 8

Pictures, More Pictures

### **Champion: Choose To Stand For Truth – 10**

Abby Niles Cuenco, Mandaue, Cebu

### **1st Runner Up: Let Us Be That Spark! – 11**

Jessica Marielle D. Clemente, Quezon City

### **2nd Runner Up: Be Honest! – 13**

Jairus Cris La Vega, Molo, Iloilo

### Regional Council Directors – 14

### Formation

**Formation Directorate: Function, Goals... –16**

By Art Legarde, NSC Formation

### Back To Basics

**Eucharist: What's In A Name – 18**

By Nancy R. Catan, BCBP Manila

### **Bible Sharing: The Bread of Life – 20**

### Editorial

**Mountaintops – 21**

By Nancy R. Catan, Editor

### BCBP Breakfast Venues – 22

## Editor's Note

**T**hese are certainly exciting times for the BCBP!

We are all looking forward to going up to Baguio for the 29th Anniversary of the Brotherhood, April 17-19. And during the weekend of celebration, the new BCBP Community Portal and interactive website will be unveiled, connecting BCBP brothers and sisters wherever they may be. Now we can say that BCBP goes global!

February was also an exciting month culminating with the national finals of the Be Honest Oratorical Competition on Feb. 28. This issue not only reports the event, but includes the oratorical pieces of the top three winners. Of course, with plenty of pictures, too.

We introduce you to the BCBP's 17 Regional Council Directors. Then NSC-Formation Art Legarde orients us about the Formation Directorate's functions and goals for the next three years. Back To Basics discusses the Eucharist as known by its various names. In my editorial I talk about my Lenten reflection on mountains and relate two of my mountaintop experiences.

We look forward to a new era for the Kapatiran as we are targeting to do the June issue, and all subsequent issues, on line. As more of you contribute articles and sharings, who knows?? we may be able to increase the number of issues to every other month.

Baguio, here we come! See you there! --  
*Nancy R. Catan*

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# New BCBP Community Portal Debuts at 29<sup>th</sup> NAC

**E**xciting times are ahead for the BCBP as the members welcome the new BCBP Community Portal and interactive website during the 29<sup>th</sup> BCBP National Anniversary in Baguio this April, announced NSC-PSD Joey Avellana.

Immediately after the first BOT-MANCOM meeting early this year where the project was approved, a task force composed of brothers and sisters who had experience in I.T., editorial and design areas was assembled to begin work on the project.

The BCBP website team, under the direction of Bro. Joey, is composed of Bro. Larry Arceo and Bro. Ronnie Caballero from the Makati Chapter, Sis. Nancy Catan, Kapatiran Editor-in-Chief from the Manila Chapter, Sis. Annie Salvador from the Baguio Chapter, Bro. Art dela Cruz, National Treasurer, and Bro. Loy Judan from the National Office. They are assisted by a web program and design team led by Kenneth Mandar and Ina Cruz.

The BCBP portal can be accessed via its new website address: [www.bcbp-phil.com](http://www.bcbp-phil.com). The portal is our window to the world through which BCBP brothers and sisters, wherever they may be, can connect to the BCBP community. The site includes a Home Page, BCBP Community Map, History, Organizational Structure, Vision and Mission, and other information on activities, directorates, and important events in the community, according to Bro. Joey.

The site also contains a current listing of all chapters and outreaches (with links to those chapters having their own websites) and breakfast venues so that interested

web surfers can get information and even register to join the BCBP breakfast most convenient for them.

Daily Scripture readings and reflections are provided plus several additional sources for selected Scripture readings are available. A Gallery section features selected photos and videos of BCBP activities, which can be sent to the portal editorial team via e-mail.

Another special feature of the portal is the KAPATIRAN on line, in a readable and downloadable format for easy accessibility and convenience. BCBP members are encouraged to submit articles, sharings, features and letters to the Editor through the site. The Kapatiran online issues will also be archived for easy reference.

[www.bcbp-phil.com](http://www.bcbp-phil.com)

The portal encourages feedback and interactivity from its readers. All feedback, comments

and opinions will be directed to the Portal Editorial Board, who will edit and clear all content, prior to its posting on the site.

All BCBP members are encouraged to register and make accessing the BCBP Community Portal a daily habit. "With the new BCBP web portal, we can now communicate with each other in an instant. Let us use this new medium to reach out to each other more regularly. Better yet, let's make the BCBP portal our default home page in our own computers," Bro. Joey suggested.

Registration kiosks will be made available at the 29<sup>th</sup> NAC venues. 



## Random Insights

By Bobby A. Atendido, BOT Chairman

### Stretching Your Life for God

Like the word 'stretch'. A rubber band is naturally limp but gains strength when stretched. Stretching enables a rubber band to do many things like propel projectiles, bind loose things together, folders, envelopes, and documents. Engineers use the concept of stretch in constructing long span concrete beams in factories. Before installation, they pull and stretch the steel wires embedded in the beams before they are finally fixed in place. This gives these beams the structural strength that allows them to hold up immense loads without a single pillar in between.

Athletes desiring to attain greatness stretch themselves to the limit when they train. They push their bodies with some of them exceeding the limits of what seems to be humanly possible. For many years, people talked about the 10 second barrier for a 100m dash as humanly impossible to break. That seemed to be the gospel truth until a certain James Hines, an American, ran the 100m dash in 9.9 seconds in 1968. Today, it is no longer extraordinary for runners to break the 10 second barrier.

The point, when applied to our Christian lives, is this: if we want to live a full and effective life, we, each one of us, must stretch ourselves in doing what the Lord wants. Whatever state of life we are in, we must strive to consistently do better – to be a better husband or wife, to be a better parent, to be a better employee, to be a better businessman, to be a better boss or manager, to be a better member of a community, to be a better leader, to be a better person, to be more holy. The quest to stretch our lives is really about continuing the work of our personal transformation so that we become more and more like Jesus Christ. It is about consistently trying to become more like Christ. It is about the pursuit of perfection in Christ.

It is said that the bible is a guide to life. For instance, the ten commandments, they tell us what to do. The question is – when you have fulfilled the Law, have you really lived a Christian life? Apparently not. Recall the story of that young man who asked Jesus how to find eternal life. Jesus advised him to follow the laws of Moses, and the young man said, "I have done all these." Then Jesus said, "If you really want eternal life, then sell everything you have and give to the poor." The young man felt sad and walked away.

What Jesus was asking of this young man was to stretch his life. It is not about following rules and staying within the rules. A true Christian life is about loving God more and more by loving others more and more. It is going beyond the minimum. It is not just about telling the truth. It is about using the truth to promote justice and the dignity of man.

One thing I have learned all these years as a member of BCBP is that God wants the best for us. If God is truly who He says He is, He will never give us second best. He does not want us to live mediocre and unfulfilled lives. He wants each one of us to reach our full potential as He intended it to be. He wants to increase and grow us, to do more through us. He didn't create us to be average. He does not want us to settle for just "good enough". He wants us to stretch and keep pressing forward onto higher and higher ground.

During this period of Lent and beyond, let us be mindful of how the Lord wants to use us as His instruments to stretch us beyond our comfort zones into new insights and a better service to the Lord and the community. God bless us all. 



## Listen to Him

By Larry Veloso, BCBP President

### *Reflect, Repent, Reform, Radiate*

**F**irst of all, I would like to thank our BHOC Project Partners (DepEd and CBCP), our Sponsors (PCSO, NPC, BDO, KBP, Metrobank Foundation, Security Bank and Philippine Daily Inquirer) all the participating schools/contestants/coaches, all the BCBP Chapters and Outreaches, all BCBP brothers and sisters/staff who were involved in the Be Honest Oratorical Competition Project. Thank you for your support to the BCBP BHOC Project that, by the grace of God, culminated with the successful staging of the National Finals on February 28, 2009, at the University of Makati. May God bless you all.

Even though in the end, only 3 contestants were declared winners, I believe that all the contestants were really winners. In fact, all those who participated in this activity can be considered winners, for the BHOC succeeded in creating a major impact in the areas where the local and regional competitions were conducted.

However, the more difficult part starts now-

- for the contestants – “walking your talk”
- for the rest of us who were involved in and touched by the BHOC project – upholding the virtue of honesty as a way of life in our home, schools, business and profession, community and society

As I was reflecting on what the Lord’s message would be for all of us at the closing of the BHOC National Finals, I realized that the BHOC National Finals was actually held at the start of the beautiful season of Lent. I believe the message that the Lord Jesus wants to convey to us is that during this season of Lent, we need to:

- Reflect on our lives, especially on the times we have failed to uphold His truth
- Repent for the times we failed Him Who is the Truth
- Reform our lives and uphold the virtue of honesty
- Radiate His light by being His witnesses and models of honesty and integrity wherever He has placed us.

I truly believe it was the Holy Spirit who inspired and called our community, the BCBP, to take on the BE HONEST advocacy. I pray that the Holy Spirit will empower us and enable each one of us to put into practice the call to BE HONEST, even if others are not, even if others will not, even if others cannot.

Difficult? Impossible? On our own, it would be impossible, but with God all things are possible.

To God be the glory! 

## ***Be Honest Oratorical Contest***

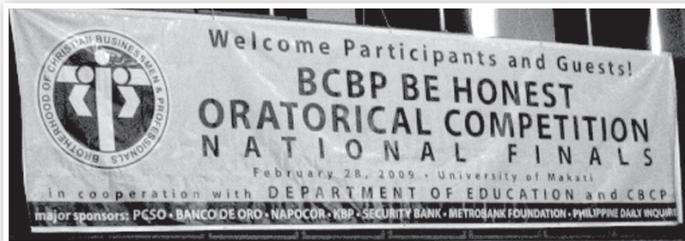
By *Rusela R. Rubin, BCBP Makati*

# **Winners All!**

**H**ave you ever stood up for what you thought was right? Have you ever gone against the flow, just because you told the truth? Were there times when you thought you were all alone because everyone was going in one direction – except you? This is probably because you were going on the road less traveled ... the road that leads to God ... the road of HONESTY!

Webster defines HONESTY as a refusal to lie, steal or deceive in any way. And it was so amazing how our eleven contestants in the recently concluded BCBP Be Honest Oratorical

City, Alabang, Rizal, Camanava, Calamba, Makati, Manila, Parañaque, Las Piñas, Pasay and Greenhills. The Steering Committee members were the Chapter Head and PSD of each chapter with the group headed by Joey Avellana, NSC-PSD, together with BCBP BOT Chairman Bobby Atendido. Each chapter actually ‘adopted’ the contestant as its own, from the time they landed in Manila, to their departure back to their home town. One finalist remarked that she was so touched with the way BCBP members showed their warmth, welcome and hospitality not only to them, but also to all the coaches as well.



We had a chance to meet the eleven contestants, representing 11 regions, on February 27 during the Fellowship Night, the night before the D-Final Day. It was a relaxing evening of getting to know each other, as the contestants were treated as breakfast “first timers” and were asked to introduce themselves and

their coaches – some short and simple, others almost made a speech!

Competition national finals defined the word differently. One word, a lot of interpretations! Yet there is one common definition from all of them – Honesty is about telling the TRUTH.

Joey Avellana then gave a briefing on the mechanics and rules of the contest finals, after which he answered questions posed by the contestants and their coaches.

There were eleven finalists who competed in the National Finals of the Brotherhood’s Be Honest Oratorical Contest, held on February 28, 2009, at the Mini Theater of the University of Makati, Metro Manila, representing 11 participating BCBP regional clusters. Beginning in October and November 2008, a total of 533 public and private high schools under the auspices of the local BCBP chapters, held chapter and regional level competitions. The theme of the oratorical competition was “How To Live the Virtue of Honesty as a Filipino Youth and Student.” So the 11 national finalists were winners all, twice over!

Here are some of their comments: “Wow Manila! At last I can go somewhere beyond Cebu, because that’s the farthest I’ve been to!” enthused Allison Ray Rosell Ladaga from Holy Spirit High School, BCBP Tagbilaran North.

Each contestant and his/her coach were hosted by one of the eleven chapters in the greater Metro Manila area: Quezon

When asked why he had joined the competition, Sam Zabala from St. Paul’s Foundation School, BCBP Ormoc said, “I thought that I will just deliver my piece, but when I understood the meaning and the reason why BCBP organized this competition, I was driven to give away the message – for people to learn what HONESTY is and why it is important. I joined because I want to help

in the campaign for HONESTY.”

To some of the contestants HONESTY is a virtue that very few are practicing. Jessica Clemente from Miriam College, BCBP Quezon City, thought that people are not just doing it because they are afraid to be judged, while Abby Niles Cuenco, Sacred Heart School, BCBP Mandaue, remarked, “Yes, it is a dwindling virtue. There are too many hypocrites and there is widespread graft and corruption around the world. People become desperate and use dishonest means to get money.”

On the other hand, Menandro Isagani Daella, Jr., San Beda College, BCBP Alabang, insisted that though it might be a dwindling virtue, he still believes there is goodness in every man. He said that a competition such as this one is like a wake-up call especially to the youth to revive that virtue in their hearts.

I asked some of the contestants before the Fellowship Night what they thought was the most difficult thing about the competition. The majority of them gave the same answer – the time limit – a minimum of 6 minutes and a maximum of 7 minutes 30 seconds with point deductions for under time and over time. So much to say, and so little time to say it in. (By the way, every single one of them eleven finalists kept within the prescribed time



limit and no point deductions were made.}

As I looked at each contestant, I wondered how important really was winning to them. One of the young ladies said that at first she cried because she was afraid to lose and disappoint her mom and her aunts. But later on she realized that winning isn't everything; win or lose, she knows that her family will still love and accept her unconditionally. Some admitted they wanted to win to give honor and pride to the school that has nurtured them.

Then there was this finalist who said that being able to share his best makes him a winner already. He added, “Victory is not necessarily a fulfillment, but fulfillment is always a victory!” To all the finalists, fulfillment meant being able to stand up and tell the youth of today: “Be Honest, even if others are not; even if others cannot; even if others will not.”

The Mini Theater was packed; it was SRO! Family, friends and relatives gave moral support to their contestants with hugs, prayers, flowers and calming words. After the opening prayer by South Luzon AMD Manny Jimenez, Bro Art Legarde, former NSC-PSD who was the inspiration and moving force behind the BHOC, gave a brief background of how the Be Honest Campaign came into existence.

The afternoon program was ably emceed

by Beth Ginete, BCBP Makati, and Boy Alina, BCBP Quezon City. The orators took their turn in two batches, with intermission numbers performed by Lara Mague, a soprano, of BCBP Quezon City, and by sibling Franco, classical guitar virtuoso.



# Winners All!

(left to right, 2nd line in pix collage)

## Pius Sto. Domingo

Mindanao, BCBP Davao  
Ateneo de Davao High School

## Ma. Ysabelle Clarisse Ann Bonoan

Central Luzon, BCBP Bulacan  
San Miguel National High School

## Alisson Ray Ladaga

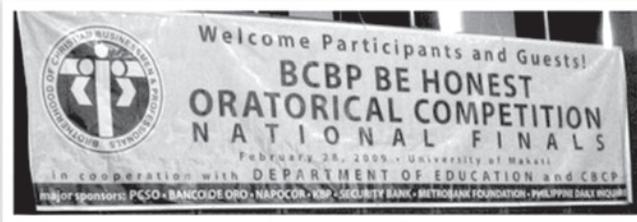
Tagbilaran Dumaguete, BCBP  
Tagbilaran North  
Holy Spirit High School

## Sam Dale Zabala

Southwestern Leyte, BCBP  
Ormoc  
St. Paul's Foundation School

## Edellyn Aurelio

North Luzon Region, BCBP  
Dagupan  
Dagupan City National High School



The Board of Judges was chaired by the Honorable Jesli Lapus, Secretary of the Department of Education, who also delivered the keynote inspirational talk. Other members included Roberto Atendido, BCBP Chairman, Sister Lumen Dunca from St. Scholastica's College, Mario Garcia from the Kapisanan ng mga Broadcasters ng Pilipinas (KBP), and Atty Andrew Fornier. The high quality of the orators surely gave the judges a difficult time choosing the Best among the Best.

The 2nd runnerup was Jairus Cris La Vega, Zarraga National High School, BCBP Molo of the Negros/Panay Region. 1st runnerup was

Jessica Marielle D. Clemente, Miriam College, BCBP Quezon City of Metro Manila North Region. The national champion was Abby Niles Cuenco, Sacred Heart School, BCBP Mandaue, Cebu City.

Secretary Jesli Lapus in his inspirational address reaffirmed the message that all the contestants strived to impart – that what is important is not what they said within the walls of the Mini Theater, but what they will do after leaving the venue. HONESTY must become a way of life, with each one of us living it, and walking the talk. He said that we should not only spread the value of HONESTY through



**Menandro Isagani R. Daella Jr.**  
 Metro Manila South, BCBP  
 Alabang  
 San Beda College, Alabang

**Gazelle Eslabon**  
 Southern Tagalog, BCBP  
 Calamba  
 Calamba Institute

**Iana Virna Ang**  
 Northeast Leyte & Samar, BCBP  
 Tacloban  
 St. Therese Christian Dev. Center  
 Foundation, Inc.

**National Champion**  
**Abby Niles Cuenco**  
 Cebu, BCBP Mandaue  
 Sacred Heart School

**1st Runner Up**  
**Jessica Marielle D. Clemente**  
 Metro Manila North, BCBP  
 Quezon City  
 Miriam College

**2nd Runner Up**  
**Jairus Cris La Vega**  
 Negros/Panay, BCBP Molo  
 Zarraga National High School

words, but through our everyday lives. His challenge: Let the Youth of today be the spark of light, as we only need a flicker of light to keep that fire (of HONESTY) burning!

The afternoon ended with closing remarks of BCBP President Larry Veloso, who thanked the BHOC Project Partners DepEd and CBCP, our sponsors PCSO, NPC, BDO, KBP, Metrobank Foundation, Security Bank and the Philippine Daily Inquirer, for their generous support. (Bro Larry's talk is summarized in his column "Listen to Him" in this issue of the Kapatiran.)

We believe and know that the eleven finalists were and are all winners. The BHOC was not just a competition; it was a way of building bridges, of trying to connect with one common goal – to spread the virtue of HONESTY. We in the BCBP are all so proud of these students who spoke so eloquently from their hearts with confidence. May they continue to be the LIGHT in proclaiming and living the BCBP advocacy:

**BE HONEST  
 EVEN IF OTHERS ARE NOT,  
 EVEN IF OTHERS CANNOT,  
 EVEN IF OTHERS WILL NOT.**



# Choose To Stand For Truth

or

## How to Live the Virtue of Honesty as a Filipino Youth and Student

by **Abby Niles Cuenco**  
*Sacred Heart School, Mandaue, Cebu*  
**National Champion**

I am a sixteen-year-old student who grew up being taught by my parents and my school the value of honesty. But before I go any further, I would like to define honesty. Honesty is always telling the truth. This means not cheating nor stealing nor hiding the truth or facts about something. An honest person need not be famous or somebody special. He or she can be an ordinary person like you and me.

Yet ladies and gentlemen, what is the reality? Often we have heard these words spoken: "Lie, because everyone else is doing it. Cheat, because it is the easiest way to achieve your goal. Manipulate because through it, you will survive in this world and become powerful." And the sad fact is, there are people who believe in these words, and worse, even consider these a virtue rather than a vice. There are people who believe that dishonesty is part of the Filipino culture and is therefore, difficult to purge from our system.

If we look around, we realize that fragments of this dishonest world are scattered everywhere. They range from minor dishonest acts to the very questionable ones. A teenager lies to his parents about where he and his friends spent time. A student cheats in her examinations. Young professionals lie about their achievements in their resumes to get promotions. Drivers violate traffic rules, and then pay off the arresting traffic enforcers.

We may not think that these acts are destructive. We may even laugh these off or brush these aside like some dirt on our jeans. But when the practice of dishonesty becomes common, it loosens the moral fiber of our society. Why do you think graft and corruption, which is one of the worst forms of dishonesty, has become so common in our government? When people bribe government officials for questionable ends, they are as dishonest as the government official who accepts the bribe. That's how the cookie crumbles.

Indeed, dishonesty is now even hindering the progress of this country. A segment of our society has become immoral and corrupt because of this. Sometimes, people no longer trust each other. Laws are not respected; human rights are abused. We are dangerously veering into chaos and anarchy, all because at the very basic levels, we have forgotten the value of honesty.



Ladies and gentlemen, I know it seems like I am only painting a picture of

gloom here. But lest I be misunderstood, hope still abounds. Because when there is darkness, there is also light. While dishonesty is observable everywhere, Philippine society is also not lacking in honest men. There are still many who practice the virtue of honesty, who uphold the truth in their thoughts, words, and deeds.





# Let Us Be That Spark!

OR

## The Importance of Being Honest

by **Jessica Marielle D. Clemente**  
*Miriam College, Quezon City*  
**1st Runner Up**

**F**riends, ladies and gentlemen, good afternoon! Honesty. We have been told since our younger years that honesty is the best policy; and that we have to be honest in all of our dealings; that we have to **be honest even if others are not; even if others will not; even if others cannot.** But what really is honesty?

Is honesty returning a fifty peso bill to the *sari-sari* store when it was erroneously given to you as change? Is honesty telling a person that she smells bad or does not look good in the dress she is wearing when she asks you for your comment?

Is honesty not copying the answers of the person at your left or right in a Physics exam? Or is it not keeping your Queen in a card game to win *Pusoy Dos*?

Is being honest equivalent to doing what is right or lawful? Is it telling the truth?

I stopped and looked around, and friends, I realized how big and complicated life is –that honesty is deeper than those that I have mentioned.

A young boy at 13 was in jail. Why? He took a bottle of cough syrup from a drug store then ran away without paying for it but was later on caught by the police. Why did he do that? Did he not know what honesty is? Well my friends, that young man did not know what else to do when his mother was in bed sick and coughing up blood. What choice did he have? He had to sacrifice his honesty for the sake of his mother's life because he did not

*continued on next page*



There are taxi drivers who return large amounts of cash left in their taxi cabs. There are students who return expensive cell phones that they find in the corridors. There are teachers who acknowledge their mistakes and correct them lest they teach the wrong concept to their students. These people are like the lighthouses in the storm, providing light and guiding ships safely to the shore. By practicing honesty, they are breaking the hold of dishonesty in our society.

I am young, but I can still make a dent on the culture of dishonesty that some people believe in. I can do this by telling the truth even if it hurts. I can be true to myself by accepting my limitations. I can follow rules and procedures not only in school, but also in society. I can return lost money to the rightful owner even if it is merely a peso. I can

answer exams honestly even if I do not know the answer. And if I have time to spare, I will support organizations that preach basic values, including honesty.

My fellow young Filipino citizens, let us become role models of honesty in our society. We can and should be honest, even if others are not, even if others will not, even if others cannot. Then perhaps, those who are living a life of lies will follow our good example. I know this is hard to do, but imagine if we all do this together. We will surely make a difference! As they say: "Tiny drops of water make a vast ocean."

Jesus said: "You are the light of the world!" I choose to be that light for others in this dark world. I choose to stand for the truth. Will you stand with me? 



## Let Us be...

have options. This is life in the Philippines. Being honest when others are not, will not, and cannot has become close to an impossibility to many Filipinos not only because of fate but also by personal choice.

This predicament has made dishonesty more popular than honesty. Dishonesty has become a virus that silently kills its prey. This virus mutates into a potent monster that eats the dignity and conscience of its victims, turning their hearts into stone. One dishonest person harms another who harms another and so on and so forth.

Our country is suffering from this widespread virus such that the root cause cannot anymore be traced. What saddens me most is the apathy of many Filipinos which has helped spread the virus of dishonesty and turned it into a norm. Although we cannot and should not blame the society that has succumbed to effects of the virus worsened by poverty and corruption, we have to do something about it now----today --- because if not now, when? If not us, who will? I know some of you are thinking that we are not Supermen yet there is so much in the Filipino spirit which can allow positive change to take place. Otherwise, the virus will continue to hinder moral recovery and progress of Philippine society.

If we cannot be the force to effect change, then let us be the light that affects life. Just a spark of light is all that we need. Let us be that spark. Start with small things. Big things come from small things. Let us begin with ourselves. We should do our own homework without asking the assistance of an expert and claiming his idea as our own. This might be considered trivial by many students but plagiarism or intellectual theft is a serious matter. Doing your academic work honestly can develop your character and help you become an independent thinker.

Then, we can proceed with the person next to us. We shouldn't start nor entertain gossip about the people around us because it does

not only destroy another person's reputation but also his dignity and worth. Spinning stories just to pass the time or just to have fun may seem harmless but the impact can be very injurious especially if innocent people are involved.

William Shakespeare once said, "Honesty is the best policy. If I lose mine honor, I lose myself." Let us lead an honorable life. We can channel our youthful energy towards meaningful preoccupations such as being involved in community activities. Be a conscientious and responsible class officer, a member of the student council, or a Sangguniang Kabataan official who exercises good governance. Influence others positively by being honest enough to admit a mistake if you make one, by telling the truth despite personal consequences, and by being straightforward in your dealings with others.

Being a beacon of honesty can do so much to reverse the culture of lies and deception that prevails in the comforts of our homes, in the academic walls of our school and in the varied sectors of our nation. We must pass on something positive to the person next to us who in turn will act positively towards the persons they deal with along the way. You see, we are the potent antibodies that can extinguish the viral symptoms of dishonesty.

Finally, with all the things I have said before you today, I have come up with my own definition of honesty – Honesty is knowing and admitting that you need God's help in all things that you do, especially when you are in a situation where you have no options or when you are aggrieved. I challenge you to be honest when others are not -when others will not – and when others cannot.

Let us be the light! Friends, ladies and gentlemen, good afternoon! 



# BE HONEST

by **Jairus Cris La Vega**  
*Zarraga National High School*  
*Molo, Iloilo*  
**2nd Runner Up**

**“B**e honest. Even if others are not. Even if others cannot. Even if others will not”. Distinguished guests, members of the board of judges, friends, ladies and gentlemen, good afternoon.

To a young, idealistic person like me, who looks at the world through rose-tinted glasses, this is what honesty is all about...this should be what honesty is all about.

Yet, who among us could say with all honesty that he has constantly observed this tenet all throughout his life? No one among us, I believe, could claim that he had never ever lied even just once in his life.

My dear friends, honesty has been taken for granted in our homes, in our school, in our community and in our society that many of us grew up thinking that a small dose of lies, or white lies as some of us would call them, could never harm our soul. Yet, we have to bear in mind that big things always come out from small things. From our small lies emerge big lies that gnaw at the very foundation of our being, eroding our hearts, corrupting our minds, and compromising our very own future, the future of the next generation and the future of this nation.

That dishonesty has been dominating the Filipino's way of life is a shameful truth to accept, but, whether we like it or not, dishonesty is always around us, lurking in our hearts and homes, waiting for an opportunity to show its distorted face. From our cradle to our grave, we are bombarded with lies, and we, in turn, have also bombarded the world with them.

In our personal relationships as young adults, dishonesty becomes the norm if only to boost a friend's morale or restore his self

confidence, or to aggrandize ourselves in the eyes of others. How many of us would praise a friend or a superior just to gain favor, even if what we are saying is a form of flattery? Why can't we be like child in the story "The King's New Clothes" who felt no scruples in saying that the King was, indeed, naked?

And when we get employed, we arrive at the office late and leave early, yet, we still have the compunction to demand for overtime pay, for a raise or for a promotion. And what is most alarming is that dishonesty is oftentimes dressed in coat and tie, or in formal gowns, impeccably made up so as to gain the confidence of the world. If lies could easily be presented as truths, then, we, the young people of today, would have a lot to fear in the future.

I fear that in the near future, our country would be buried in the quagmire of lies and deceit, and we, the youth of today, would be plunged into an abyss of chaos and anarchy. It is this fear that forces me to turn my eyes away from my seatmate's paper, no matter how I wish I could have even just one correct answer. It is this fear that gives me the strength to face my parent's wrath for my indiscretions rather than hide behind the white lies that I could easily fabricate and tell. For I believe I do not have the power to change others, to change the world, to bend men according to my will but that I have the power to change and bend myself.

There is a story about a candle, taken out from a box one night and lit by its master, a watchman in a lighthouse. The man took the lighted candle up the winding stairs of the light house. "Where are we going?" the little candle asked.

*continued on next page*



## REGIONAL COUNCIL DIRECTORS (RCDs) - Business / Profession 2009

	Name	Service	Business / Profession	Chapter Membership
1	Oscar A. Gannaban	RCD Northeastern Luzon	Businessman	BCBP Tuguegarao
2	Nelson S. Salvador	RCD Northwestern Luzon	Marble Business	BCBP Baguio
3	Pancracio C. Jamlig	RCD Central Luzon	Businessman	BCBP Camanava
4	Luis Jose P. Ferrer	RCD Metro Manila North	CPA / Lawyer (SGV)	BCBP Quezon City
5	Benito A. Obra, Jr.	RCD Metro Manila South	VP Finance/Admin	BCBP Las Pinas
6	Melchor S. Rebutica	RCD Southern Tagalog I	Realty & Tours Business	BCBP Binan-San Pedro
7	Roberto S. Masiclat	RCD Southern Tagalog II	International Pilot	BCBP Lipa
8	Edmundo E. Aragon	RCD Bicol	Local Government Officer	BCBP Legaspi
9	Wilfredo Varona	RCD Northeastern Leyte & Samar	Medical Doctor	BCBP Tacloban
10	Meneleo Dilao	RCD Southwestern Leyte	PNOC-EDC Manager(Retired); Realtor	BCBP Ormoc
11	Leo R. Cabrera	RCD Tagbilaran & Dumaguete	Physician & Farmer	BCBP Dumaguete North
12	Hector T. Tina	RCD Cebu	Petroleum Retailing / Service Station Dealer	BCBP Mandaue
13	Nelson R. Legaspi	RCD Negros	Poultry & Livestock Business	BCBP Bacolod
14	Rene I. Del Rosario	RCD Panay	Fishpond & Restaurant Business	BCBP Roxas
15	Eduardo F. Pelaez	RCD Northern Mindanao	Businessman	BCBP CDO West
16	Emil A. Sison	RCD Southern Mindanao	Real estate & industrial bakeshop	BCBP Davao
17	Jesus C. Atoc	RCD Western Mindanao	Lawyer	BCBP Mactan

### Be Honest...

“Just keep on lighting,” the man replied. Soon, they reached the topmost portion of the light house. The man wiped clean all the reflectors and using the little lighted candle, lit the lamp of the lighthouse. Light beams were caught by the reflectors, sending golden beams of light across the sea.

My fellow Filipino youth, let us be like that tiny candle flame, allowing the little light that we have to be reflected by others, producing light as bright as sunshine. Let us never cease to be honest even if others are not, even if others will not, even if others cannot. And we will be amazed to see that the bright light of truth emanating from our hearts will be reflected in the hearts of others and like the golden rays

of the sun, would embrace all of us in its warm glory.

Let us all begin to light the candle of honesty in our young hearts, nurture it in our homes, treasure it with our friends, relatives and loved ones, practice it even if we are in a dungeon amidst the greatest liars on earth and one day, we will just be amazed that wherever we turn and wherever we go, there, we see, an honest person!

For like a tiny seed carried by the birds and blown by the winds, honesty could grow and survive even in the harshest conditions and environment because honesty is God, waiting for us to welcome Him in our hearts! 

## Regional Council Directors (RCDs)



**Oscar A. Gannaban**  
*RCD Northeastern Luzon*



**Nelson S. Salvador**  
*RCD Northwestern Luzon*



**Pancraccio C. Jamlig**  
*RCD Central Luzon*



**Luis Jose P. Ferrer**  
*RCD Metro Manila North*



**Benito A. Obra, Jr.**  
*RCD Metro Manila South*



**Melchor S. Rebutica**  
*RCD Southern Tagalog I*



**Roberto S. Masiplat**  
*RCD Southern Tagalog II*



**Edmundo E. Aragon**  
*RCD Bicol*



**Wilfredo Varona**  
*RCD Northeastern Leyte & Samar*



**Meneleo Dilao**  
*RCD Southwestern Leyte*



**Leo R. Cabrera**  
*RCD Tagbilaran & Dumaguete*



**Hector T. Tina**  
*RCD Cebu*



**Nelson R. Legaspi**  
*RCD Negros*



**Rene I. Del Rosario**  
*RCD Panay*



**Eduardo F. Pelaez**  
*RCD Northern Mindanao*



**Emil A. Sison**  
*RCD Southern Mindanao*



**Jesus C. Atoc**  
*RCD Western Mindanao*



# Formation

By Art Legarde, NSC Formation



## Formation Directorate: Function, Goals and Plans 2009-2011

The coming years look to be exciting and challenging in terms of goals and plans, especially in the directorate that I am newly heading. But before I acquaint you with what will be happening, I would like to refresh your knowledge about the functions and roles of the Formation Directorate.

### Function and Roles

As a policy, Formation is defined as the internal evangelization of the BCBP Community through its network of Chapters whose primary function is to provide a continuing formation and growth process of members, leading them to conversion, commitment, and being commissioned to service in the community. As your National Service Coordinator for Formation I am tasked with the proper conduct and program development of all areas of membership formation including Leadership Formation, Assemblies, BCMR, BCBR, and Action Group meetings as well as all other activities that contribute to the formation and growth of members.

At the National Level, Community Formation guidelines are formulated and approved by the ManCom upon the recommendation of the NSC for Formation. At the Regional Level, the Area Managing Director directs the Regional Council Directors to implement the requirements and programs in the Formation process in their respective regions, chapters and outreaches. The NSC for Formation supports the RCDs and the Chapter Heads in this process by ensuring that proper ways and means, technical know-how and additional support are in place to achieve the desired Formation objective.



At the Chapter level, the Chapter Head is the principal authority on the Community Formation process in his chapter, under direction from his RCD. His Chapter Formation Team is composed of the Chapter Formation Director, Teaching and Training Head, Course Leaders, Intercessory Ministry Head, Music Ministry Head, Liturgical Ministry Head and Assembly Ministry Head.

### Goals and Action Plans 2009-2011

We have four major goals of the Formation Directorate for the next three years. Firstly, we want to ensure that all BCBP members are securely rooted in their relationship with Jesus Christ. Secondly, all Formation programs and teachings shall, either directly or indirectly, focus on strengthening member commitment to the BCBP's Vision and Mission. Thirdly, emphasis will be placed on building and nourishing a culture of discipleship among members, with this discipleship being lived out in the





member's daily activities. Lastly, we will be concentrating on leadership development at all levels of our community – chapter, region, area, national – working toward having a strong, committed, and capable leadership that is anchored on discipleship.

To achieve these four goals, we have targeted six areas for Formation. Underway already is the New Basic Formation Program wherein associate members (who have completed the BCLP) will undergo a year of intensive, guided formation before making a commitment to the BCBP Way of Life. The NBFP also includes adequate preparation for those who will guide associate members through this program.

Components of the Leaders' Formation Program that will embrace all levels of leadership in the BCBP community focus on Discipleship and Stewardship. Discipleship modules include Principles of Christ's Method of Forming Leaders, How to Prepare Leaders before any service, Pastoral Planning and Service Review. Stewardship of Leaders focuses on Being Responsible for one's life, developing and living out one's Personal Vision and Mission, Time Management, and Commitment to Others.

Please note there are some changes to the Formation Tracks for members. Initially all existing members shall go through the NBFP; in other words, they will go back to basics. Action Group Leaders and members will take turns in giving the BCLP and Free To Follow the Lord talks in their AG meetings. As for Teaching Nights, topics may be given from any of the other teaching tracks as deemed appropriate and necessary by the Chapter

Head. Teachings of the Catholic Church such as the Nicene Creed (summary of Scriptures), Faith Practices (Sacraments, Faith, Prayer, Worship), and the Commandments will be included in the chapter's teaching schedules.

The fourth area of focus is the BCBP Family. Family programs supportive of the BCBP member's evangelistic work will be developed, strengthened and fully implemented. Principal among these are the BCMR, the Family Encounter Weekend, and Youth Programs. Other family-focused programs are also being considered.

Assemblies and Action Group Meetings are the next area of focus. Emphasis will be on appropriate format and having a discerned theme supported by worship songs based on the theme. We look forward to experiencing more powerful chapter assemblies and action group meetings that are participative, upbuilding, spirit-filled and spiritually nourishing for all members, thus encouraging all members to regularly attend.

Last, but certainly not least, one of the action plans of the Formation Directorate is to establish Training Centers for Trainers. With our more than 100 chapters and outreaches all seeking qualified and competent speakers to give talks, conduct various workshops and facilitate recollections and retreats, we need to develop and train selected members in every region to support our BCBP Formation activities and programs, speakers who will be able to project the BCBP values, vision and mission, and Way of Life, not just by word, but by example as well. Such Training Centers will also be able to assist the Chapters in raising up their own speakers and sharers. 



## Back To Basics

By Nancy R. Catan



### EUCHARIST:

# What's In A Name?

*A name usually expresses some quality or characteristic of the person, place or thing that is named. We look at some of the names given to the Holy Eucharist to help us better understand the nature of this Sacrament to enable us to truly embrace the Risen Christ this Easter season with full faith and love.*

**T**he greatest treasure in the Catholic Church is, without question, the Holy Eucharist. The New Catechism of the Catholic Church calls it “the source and summit of the Christian life” (CCC 1324). For in this sacrament is contained the whole spiritual good of the Church, the person of Jesus Christ Himself, present in our midst yesterday, today and tomorrow.

At the Last Supper, Jesus instituted the Eucharistic Sacrifice of his Body and Blood, to be entrusted to the Church as a **Memorial** of

his death and resurrection, as a **Sacrament of love**, a sign of unity and bond of charity, as a Paschal banquet in which Christ is consumed and the mind is filled with grace, and, as a **Pledge of future glory** for those who believe. (CCC 1323; Catechism for Filipino Catholics, CFC 1676)

#### Thanksgiving Worship

The Greek words *eucharistein* and *eulogein* come from the Jewish ceremony of blessing during meals where the blessings both



praise and thank God for the good which He has given all men. This act of thanksgiving to God proclaims the wholeness of God's works – creation, redemption and sanctification. This thanksgiving worship is directed towards the Trinity – God the Father, through Jesus Christ, in the Holy Spirit. Moreover, Vatican II insists that the Eucharistic Celebration must not be removed from daily life, that all our works, prayers, family life and livelihood, if done in the Spirit, become spiritual sacrifices acceptable to God through Jesus Christ (Rom 12:2). When these acts are offered together with the Eucharist, we, the laity, consecrate the world itself to God (CFC 1688).

### The Lord's Supper

Jesus instituted this sacrament during the supper on the eve of his Passion. By this decisive act in which He entrusts to food the eternal value of His redemptive death, Jesus consummated and established for all ages this homage of Himself and of everything to God as an essential part of His work of salvation. The name "Lord's Supper" also anticipates the wedding feast of the Lamb in the heavenly Jerusalem.

### The Holy Sacrifice

There are several terms involving "sacrifice" associated with the Eucharist. It is called "holy" as the ceremony was instituted by

Jesus Himself. The terms "holy sacrifice", "sacrifice of praise", "spiritual sacrifice" recall all the sacrifices of the Old Covenant that are completed and united into this one act of New Covenant sacrifice.

The Eucharist is a sacrifice because Christ, with His perfect saving Love, offers himself for us as a sacrifice to the Father. As St. Paul tells us in Hebrews, chapters 9 and 10, "but now once for all he has appeared ... to take away sin by his sacrifice." The Eucharist is not a sacrifice separate from the Cross; rather, in the Eucharist, the Death and Resurrection of Christ are not just remembered, but effectively proclaimed and made present. The uniqueness of His sacrifice is that it does not end in death but in a new and glorious life, thus giving the faithful a living hope. (CFC1689-1697)

### Communion-Sacrament

Known also as the "breaking of the bread", the Eucharist is a sacrament of love and a sign of unity among the celebrators/participants. In this meal we satisfy much more than physical hunger; we also address our deep hunger for understanding, love, and companionship. A shared meal involves a coming together, a dialogue, and a sharing of food and drink, similar to the family meal at home. We come together during the Holy Mass; the Eucharist is a dialogue between God and His people through Scriptural Readings with the faithful responding by their profession of faith; and, we share the Body and Blood of Christ in the bread and wine offered in this sacrament.

Close your eyes. Imagine that you are reclining at the table of the Last Supper. Jesus talks with you, He gazes into your eyes, He listens to you. He reaches over and touches your arm to emphasize the point He is talking about. He understands because He loves you; you try to understand Him because you love Him.

*continued on next page*





**EUCHARIST...**

This is “communion” – a sharing of love, intimate conversation, a participation in each other’s life. And it is this intimate coming together between us and Jesus that happens as we receive His Real Presence in the moment of Holy Communion during the Mass.

This term “Communion” takes on an even larger aspect when we consider the universal Church. For it is through this sacrament we become one with the entire Body of Christ, His Church. Our prayers, our love and our faith are united with other Catholics throughout the world in the Eucharistic celebration. From this we also have the first meaning of the phrase “communion of saints” – a gathering and sharing in love of all God’s people.

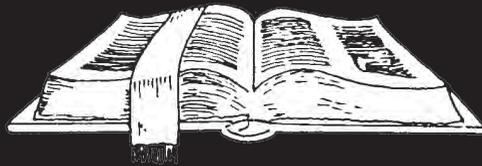
**A Sacred Mystery**

By whatever name we refer to this Sacrament, the fact remains that its depth of meaning is inexhaustible; thus it is called a Sacred Mystery.

When I was a new convert to Catholicism (way back in the early 1960’s), I tried and tried to understand by intellect, reason and logic just what was meant by this phrase “sacred mystery”. The more I studied, it seemed the less I understood. Finally I realized that in the word “mystery” is revealed the secret of faith. I was not meant to understand – that is why it is a mystery. I just need to accept the mystery in faith, in the faith that God will reveal it to me bit by bit as I become ready to receive such enlightenment. And so I receive in faith the gift of Jesus’ Presence in the Eucharist with the prayer for Him to increase and strengthen my faith. 



**Bible Sharing**



*The Bread of Life*

Read Jesus’ “Bread of Life” discourse in John 6:22-58 and St. Paul’s discussion on the tradition of the Lord’s Supper in 1 Corinthians 11:23-32.

1. What type of bread are you today: All natural? Moldy? Crusty and hard? Fresh? Easy to “butter up”?
2. How would you describe your daily spiritual diet: Junk food? Frozen food? Baby food? TV microwave food? Leftovers or fresh from the garden? Canned or processed food? Rice and dried fish? Bread and wine?
3. Why are the crowds searching for Jesus? What is Jesus to them? What is Jesus to you? Why are you searching for Jesus?
4. Remembrance, proclamation, and participation are three realities of the Lord’s Supper. How can you best experience these realities in the Eucharist? Individually and in community?
5. Jesus is the “Bread of Life” to us. How can we be the “bread of life” to others?
6. How has Jesus touched you through the Eucharist? In what way/s has the Sacrament brought you closer to God?

# Editorial

By Nancy Russell Catan

## Mountaintops

**T**his Lenten season I came across a biblical reflection on mountaintop experiences by Fr. Thomas Rosica. He states that mountains are often used in the Bible as the stages of important encounters between God and his people. It was on Mt. Sinai that God gave Moses the 10 Commandments. It was on Mt. Carmel that the prophet Elijah was victorious over the 700 prophets of Baal. Mt. Tabor was the scene of Jesus' transfiguration. The Garden of Gethsemane was located on the Mt. of Olives. Jesus' Sermon on the Mount took place on the Mt. of Beatitudes. And we all know what happened on Mt. Calvary.

I began to think of my mountaintop experiences, those peak times in my life that continue to inspire me until today. There was this time when I was attending a retreat at Highlands Resort in Mabinay, Negros Oriental. I woke up early in the morning and walked out all by myself to sit by the lake for my morning prayers. Just then the dawn began to lighten the sky and I saw the lake covered by a thick white mist. As the sun rose over the hills and its rays caressed the lake, the mist swirled and moved over the surface of the lake, finally disappearing. I felt like I was watching a moment of creation as in Genesis 1:2-3 and in my heart I knew God had created that moment especially for me alone to show His love for me. Totally Awesome!

Another mountaintop experience occurred one weekend as I was preparing to facilitate a contemplative retreat for BCBP Makati. I had checked in early at the retreat house in Calueraga to settle my spirit after a busy week at the office. It had been raining heavily all day and the evening was dark and

windy. As I walked along one of the pathways from the dining area back to my cottage, I wondered if the participants would be able to brave the approaching storm and arrive on time. Just then the lights along the pathway were turned on, and suddenly in the inky darkness raindrops sparkled like diamonds on the bushes along the pathway. It was as if God was saying, "My child, no matter how black the darkness is, I am with you and all is well." Needless to say, I was reassured and we had a very spirit-filled weekend retreat.

Many more mountaintop experiences have inspired and encouraged me to persevere in my faith journey during my years in the BCBP. I am sure that each of us has had at least one or more significant mountaintop experiences in our life. It is these experiences that shed light on the shadows and darkness of life. It is these experiences that give us the hope, strength and courage to move on with confidence. It is these experiences that open our inner sensitivity to be able to hear and listen to God's voice.

Then, as in the story of the Transfiguration, we go back down the mountain and return to our daily routine in the valleys of our everyday lives where oftentimes it is difficult to hear His voice. Looking back on these and my other mountaintop experiences I realize that before the Light illuminates, we need to pass through darkness. Without the darkness, we would not really appreciate the Light. And without the Light, we would not be able to endure the darkness. It is these counterpoints of Light and Darkness, mountains and valleys, that give fresh meaning to our life as we walk with Jesus in the Way of Life of the BCBP. 

# BCBP BREAKFAST DIRECTORY, MARCH 2009

CHAPTER/OUTREACH	VENUES	DAY	1st	2nd	3rd	4th	CONTACT PERSON	CELL PHONE
<b><u>METRO MANILA</u></b>								
CAMANAVA	Max's Restaurant, EDSA, Cal.	SAT	M	J	M	S	Galo Arias	09178588105
GREENHILLS	Club Filipino	THU	M	J	M	S	Danny Lazo	09053407385
QUEZON CITY	Max's Restaurant, Sct. Tuazon	SAT	M	J	M	S	JR Lionag	09189037411
RIZAL	Max's Restaurant, Taytay	SAT	M	J	M	S	Marius Sienes	09175457341
MARIKINA	Max's Restaurant, Blue Wave Mall	SAT	M	J	M	S	Ronnie Avelino	09273065077
ALABANG	Ayala Alabang Country Club	SAT	M	J	M	S	Lito Pascual	09173287785
LAS PIÑAS	Max's Resto, Alabang-Zapote Rd	SAT	M	J	M	S	Bong Valdez	09175299384
MAKATI (Wed)	Max's Restaurant, Glorietta 3	WED	M	J	M	S	Rudy Orino	09275244687
MAKATI (Sat)	Chateau 1771, Greenbelt 5	SAT	J	J	J	S	Dindo Ibazeta	09175136667
MANILA	Jade Vine Resto, UN Ave., Ermita	FRI	M	J	M	S	Ferdie Correa	09176271009
MANILA NORTH	City Steak Café, 2848 Abad Santos Ave	SAT	M	J	M	S	Lino Chu	09274104483
PARAÑAQUE	Jollibee, Santana Grove, Sukat	SAT	M	J	M	S	Jun Ignacio	09175272392
PASAY CITY	Chowking, Macapagal Ave cor EDSA	SAT	M	J	M	S	Evans Opina	09268494025
PTO PRINCESA NORTH	Linda Hall, Skylight Apartelle	SAT	J	-	S	-	Ferdie Galang	09209021797
PTO PRINCESA SOUTH	Ardent Hotel, San Miguel	SAT	-	S	-	J	Nelson Caabay	09178196768
<b><u>NORTHERN &amp; CENTRAL LUZON</u></b>								
BAGUIO	Supreme Hotel, Magsaysay Ave	SAT	M	J	M	S	Ver Colcol	09064903928
CANDON, Ilocos	Max's Restaurant, Candon City	SAT	J	J	J	J	Butch Mascarinas	09217348389
DAGUPAN	J*-Star Plaza, S (M-Pinkies, L-Jam)	SAT	J*	-	S	-	Abing de Venecia	09064735953
URDANETA	Ciudad Ferdinandina	SAT	-	J	-	M	Ariel Noranda	09179676671
LAOAG	M-Michoico Resto, J-Palazzo dLaoag	SAT	-	M	-	J	Sydney Santiago	09175700100
SAN FERNANDO, L.U.	Sea & Sky	SAT	J	-	S	M	Allan Avila	09173501091
TUGUEGARAO	Crown Resto & Hotel	SAT	M	M	S	J	Gary Hernandez	09173902413
SANTIAGO, ISABELA	Hotel Amancio	SAT	M	J	J	M	Nash Lagman	09228692221
BAYOMBONG	Governor's Palace, Solano	SAT	-	J	-	J	Oscar Bacena	09187809316
APARRI	ST. Patrick Hotel	SAT	J	-	J	-	Angel Rabago	09279437744
ANGELES	KM 86 Food Rest. Sta. Maria	SAT	J	J	J	J	Meng Evestro	09189401614
BALANGA Bataan	Crown Royale Hotel	SAT	J	J	J	J	Oca Banzon	09175760982
BULACAN	Max's Rest., Guiginto, Bulacan	SAT	J	M	J	S	Jess Perilla	09173980148
BULACAN North/Pullilan	Café Narciso, Pullilan	SUN	J	J	J	J	John Garingarao	09228136108
CABANATUAN	Village Inn, Mabini Homes	SAT	M	J	J	J	Ed Mateo	09209538540
OLONGAPO	Max's Restaurant, Magsaysay Drive	SAT	J	J	J	J	Nestor Publico	09209519791
SAN FERNANDO, PAMP.	Villa Conchita R/ McDonalds (S/Mens)	SAT	J	S	J	S	Tolong Andin	09189204998
GAPAN	Luz Kitchenette, Poblacion	SAT	-	M	-	M	Ferdie Liwag	09175664726
<b><u>SOUTHERN LUZON</u></b>								
BACOR	Don Enrico's Restaurant	SAT	M	-	M	-	Nookie Umali	09189489234
BATANGAS CITY	Alpha Hotel	SAT	M	J	S	M	Manny Rosales	09178443295
NASUGBU	Nasugbu Parish Hall	SAT	J	J	J	J	Dan Pasia	09209035490
BIÑAN-SAN PEDRO	Max's Restaurant, Pacita SP	SAT	M	J	M	S	Jimmy Mitra	09194476029
CALAMBA	Riverview Resort	SAT	J	M	S	M	Henry Francisco	09282934395
CALAPAN	Chowking, Calapan	SAT	M	J	S	M	Rod Umali	09175040832
CAVITE-IMUS	Jollibee Makro, Imus	SAT	M	J	M	M	Nookie Umali	09189489234
DAET	Golden Palace & Restaurant	SAT	-	J	-	J	Buddy Madarang	09214811275
GEN TRIAS	Tempura Resto, Gov Drive, Manggahan	SAT	J	M	S	M	Boy Castro	09195714042
GUMACA	Chowking Restaurant	SAT	M	J	M	J	Hector Babista	09209028461
LIPA	Luntian Restaurant, Lipa City	SAT	M	J	M	S	Jun Latay	09178566345
LOS BAÑOS	Chowking, Vega Ctr, Grove LB	FRI	-	M	-	M	Mar Perilla	09283038341
LUCENA	Guisseppe Restaurant	SAT	M	J	M	S	Joji Aranilla	09209095545
SABLAYAN	Kainan sa Kubo Resto	SAT	M	-	J	-	Boy Abeleda	09209245826
SAN PABLO	Coco Palace, Nat'l Hi-way	SAT	M	J	M	J	Vic Longno	09178132200
STA ROSA	Rose & Grace Rest., Sta Rosa Estates	SUN	M	J	M	S	Ting Gomos	09178888554
STA CRUZ	Jollibee, Sta Cruz	SAT	J	J	J*	J	Vic Apale	09209181515
TAGAYTAY	Talena Restaurant	SAT	M	M	M	M	Boyey Cabonce	09178016409
TANAUAN	Darasa Fiesta Resort	SAT	M	J	M	M	Pol Hernandez	09188872352
LEGAZPI	Quick & Hearty	SAT	-	J	M	S	Ric Quiambao	09182430637
NAGA	Champagne Garden	SAT	S	J	M	M	Tony Concepcion	09286354000
SORSOGON	Jollibee Sorsogon	SAT	M	-	J*	-	Gie Diaz	09178051687
PINAMALAYAN MINDO	Floras Resto	SAT	-	-	M	-	Bon Lim	09189364081
SAN JOSE MINDORO	Sikatuna Beach Hotel	SAT	-	M	-	L	Bong Espiritu	09279919775

# BCBP BREAKFAST DIRECTORY, MARCH 2009

CHAPTER/OUTREACH	VENUES	DAY	1st	2nd	3rd	4th	CONTACT PERSON	CELL PHONE
<b><u>VISAYAS</u></b>								
BALAMBAN	Balamban Nat'l High School	SAT	-	J	-	M	Boy Beltran	09159849839
BOGO Cebu	Pizza Pub	SAT	J	-	J		Rolly Caballes	09285080760
CEBU NORTH	City Sports Club, Ayala	SAT	J	M	S	M	Jojo Cinco	09189378476
CEBU SOUTH	Sacred Heart Ctr., D. Jakosalem	SAT	J	S	M	S	Nato Licayan	09284892200
CEBU CENTRAL	Casino Espanol de Cebu	SAT	M	S	M	J	Jay Aviles	09217673574
CONSOLACION	San Narciso Pastoral Council	SAT	-	J	M	M	Siegfred Lanticse	09282632189
MACTAN	Crown Regency Suites	SAT	M	J	S	J	Lando Buctuanon	09209015864
MANDAUE	UP Cebu College, Lahug	SAT	M	J	S	J	Mar Sequino	09263125821
TALISAY Cebu	Chowking Gaisano Tabunok	SUN	M	J	-	S	Lino Canete	09173673780
BAIS	PPC	SAT	-	M	-	J	Eden Garcia	09276839648
DUMAGUETE-NORTH	Bethel Guest House	SAT	J	M	S	-	Terry Orbeta	09205135618
DUMAGUETE-SOUTH	Plaza Ma. Luisa	SAT	S	M	J	-	Don Teves	09196474530
SIQUIJOR	Webs Legacy Inn	SAT	J	-	J	-	Tata Quilicot	09169638026
SAN CARLOS	Carmel's	SAT	-	M	-	J	Joy Tambis	09085907794
TAGBILARAN NORTH	JJ Seafood	SAT	-	J	S	M	Chuck Tarac	09208200120
TAGBILARAN SOUTH	La Roca Hotel	SAT	-	J	M	S	Bill Lapura	09192228315
TALIBON	Talibon Pension House	SUN	-	J	-	J	Cleto Garcia	09208016808
TUBIGON	JJ Rest., 2/F Pub Market	SUN	-	J	-	M	Boy Caga	09202321369
NAVAL, BILIRAN	Marina's Seaside Inn	SUN	-	J	-	M	Juan Pastor	09153647226
BORONGAN	JRC Bldg, Brgy Songco	SAT	-	J	-	J	Sonny Uy	09177222803
CALBAYOG	I's Plant Hotel * / Breadmix **	SUN	J**	M*(Sat)	L*	-	Dado Callosa	09216304902
CATBALOGAN	Maqueda Bay Hotel Rest.	SAT	J	-	J	-	Egan Gabon	09209241699
CATARMAN	DCC Annex	SUN	-	J	-	J	Jess Laodeno	09168763219
TACLOBAN	Le Jardin Garden Resto	SAT	-	S	M	J	Alder Medalla	09296411380
BAYBAY	Parish Center	SUN	-	J	-	S	Tom Londina	
MAASIN	Ampil Function Hall	SUN	J	-	S	-	Rex Austria	09107830347
ORMOC	Pongos Hotel	SAT	-	J	M	J	Boy Fiel	09189207074
SOGOD	Sogod Bay Lodge	SAT	J	-	J	-	Adrian Alquiza	09185702685
HILONGOS	Holy Name Society Social Hall	SAT	J	-	J	-	Maning Fulache	
PALOMPON	PACCI	SAT	J	-	M	-	Edwin Cortez	
BACOLOD NORTH	Quan / Pearl Manor*/Jollibee-La Salle**	SAT	M	M	S**	J*	Marlon Geriane	09279919307
BACOLOD SOUTH	ExecInn / L'Fisher /JollibeeLS*	SAT	M	M	S*	J	Pepe Ledesma	09177070057
BACOLOD EAST	BCBP Activity Center	SAT	M	-	M	-	Ogie Ascalon	09209269851
BINALBAGAN	Sn Teodoro Hall	SAT	-	J	-	J	Liby Frias	09173008968
KABANGKALAN	Snackee Restaurant	SAT	-	J	-	M	Albert Garcia	09228115476
SILAY	BCBP Center, Santan , Rizal St	SAT	M	M	S	M	Nonoy Catugas	09212406882
VICTORIAS	VMC Fastfood	SUN	-	M	J	-	Martin Osano	09275192490
ILOILO	Amigo Terraces Hotel	SAT	J	M	S	M	Sean Pilapil	09177511914
MOLO	Jollibee UPV	SAT	J	M	S	M	Tom Cheng Chua	09193007978
KALIBO	Nazareth Home	SAT	S	J	M	M	Jack Acaling	09186978112
BORACAY	Tropical Guest House Stn 3	SAT	J	J	J	J	Rey Tagua	09194903590
ROXAS	Pizza Junction, Rizal St.	SAT	J	M	S	M	Jess Diaz	09209213448

## **MINDANAO**

BUTUAN	Luciana Convention Center	SAT	M	J	-	J	Lazer Lapa	09198840839
CDO EAST	Mindy's Restaurant, Yacapin	SAT	M	M	J	S	Oscar Salcedo	0915308359
CDO WEST	VIP Hotel	SAT	M	S	J	M	Pepot Fortich	09177071240
DAVAO	Royal Mandaya Hotel	SAT	M	S	M	J	Pepe Agulo	09165092401
DIGOS	CAP Building	SAT	-	J	-	J	Macy Directo	09052805519
GEN. SANTOS	East Asia Royale Hotel	SAT	J	-	J	-	Danny Hamoy	09177154289
SURIGAO	Gateway Hotel	SAT	J	-	J	-	Jun Bayana	09208344407
TAGUM	CAP Bldg., Tagum City	SAT	-	J	M	J	Boy Galagala	09177197790
VALENCIA	Mindy's / * Paulican FH Maramag	SAT	*J	M	-	J	Nick Baliguig	09067714431
DIPOLOG	Top Plaza Hotel	SAT	-	J	M	S	Ike Gamalinda	09189223172
ILIGAN	Ma. Cristina Hotel	SAT	M	J	M	S	Rolly Obach	09185042630
KAPATAGAN	Arcinas Resto	SAT	J	-	J	-	Fernie Legaria	
OROQUIETA	Kamayan sa Oro	SAT	J	-	J	-	Marchito Gonzales	09192205515
PAGADIAN	Pinchik Restaurant* Jollibee **	SAT	-	J*	M**	J*	Joe de Pedro	09178194168
ZAMBOANGA	Astoria Hotel	SAT	J	-	M	-	Lino Genel	0929539171
IPIIL	Sibugay Hotel	SAT	-	J	-	J	Bogs Din	09177081432

## **ABROAD / CALIFORNIA USA**

SOUTHERN CALIFORNIA:	Maynila Resto/ Maegans Grill	SUN	S	J	J	-	Nelson Ynion	310-3579973
NORTHERN CALIFORNIA:	Fresh Pizza & BBQ Sn Lorenzo CA	SAT	-	-	J	-	Manny Florendo	1-650-867-1510
VALLEJO / NORCAL	Max's of Mla, Sonoma Blvd, Vallejo CA	SAT	J	-	-	-	Dennis Galvez	510-325-1064



**BCBP**  
**BE HONEST**  
**ORATORICAL**  
**COMPETITION**  
 NATIONAL FINALS



# HONESTY IS THE BIG WINNER!

DepEd Secretary Jesli A. Lapuz

Champion Abby Niles Cuenco

Last Saturday, February 28, 2009, eleven high school students, all finalists in the Be Honest Oratorical Competition (BHOC), representing 11 regional clusters all over the Philippines, gave a standing-room audience of over 400 family, friends and members of the Brotherhood of Christian Businessmen and Professionals (BCBP) some practical lessons on the virtue of honesty.

The BHOC National Finals was the culmination of the project which started in mid-2008 which saw the participation of 60 BCBP Chapters and Outreaches all over the Philippines inviting a total of 533 public and private high schools to the competition.

In the National finals, each of the eleven finalists were required to deliver their oratorical masterpiece on the same topic within a specified timeframe of between six to seven and a half minutes: Be Honest. How to live the virtue of honesty as a Filipino youth and student.

The competition's board of judges was composed of distinguished personalities in their respective fields of endeavor:

Atty. Andrew Fournier, representing the youth and legal professions, a member of the Ateneo Law School Team that won the World Championships in the Jessup International Law Moot Court competition.

Mr. Mario Garcia, representing the broadcast media industry, an award-winning television and radio personality, producer, executive and director of the Subic Bay Metropolitan Authority.

Sis. Lumen Dunca, representing the religious and the academe, former National Champion of the Voice of Democracy Oratorical Competition and sub-prioress of the Missionary of the Benedictine Sisters in the Philippines.

Mr. Roberto Atendido, representing the business sector, investment banker and Chairman of the Board of Trustees of the Brotherhood of Christian Businessmen and Professionals.

Hon. Jesli A. Lapuz, representing government and the education sector, technocrat, banker and 3-term Congressman from Tarlac province, the Hon. Secretary of the Department of Education also chaired the Board of Judges.

After almost two hours of competition that had the audience riveted on the sterling performance of the eleven finalists, the top three winners were announced:

Champion: Mr. Abby Niles Cuenco, representing Cebu sponsored by BCBP Mandaue. Abby is a student at the Sacred Heart School was coached by Ms. Nancy Toledo. Cuenco received a cash prize of P100,000.00 and the Championship trophy, while his coach won P 50,000.00.

Second place: Miss Jessica Marielle D. Clemente representing Metro Manila North sponsored by BCBP Quezon City. Jessica is a student from Miriam College and was coached by Ms. Grace Soriano. Clemente received a cash prize of P50,000.00 and a trophy while her coach won P25,000.00.

Third place: Mr. Jairus Cris La Vega representing Negros/Panay sponsored by BCBP Molo. Jaruis is a student from Zarraga National High School and was coached by Ms. Evelyn Noriega. La Vega received a cash prize of P30,000.00 and a trophy while his coach won P15,000.00.

The Be Honest Oratorical Competition was organized by the BCBP and co-presented by the Catholic Bishops Conference of the Philippines (CBCP) and the Department of Education (DepEd).

The BHOC was fortunate to gain sponsorship support from generous institutions such as Philippine Charity Sweepstakes Office, Banco de Oro, National Power Corporation, Security Bank, Kapisanan ng mga Brodkaster sa Pilipinas, Metrobank Foundation and the Philippine Daily Inquirer.

The Be Honest advocacy of the BCBP was launched in 2004 to address the worsening culture of corruption prevalent in Philippine society.



Champion Abby Niles Cuenco together with his coach, Nancy Toledo from Cebu

Prior to the Be Honest Oratorical Competition which was launched in mid-2008, earlier initiatives undertaken by the BCBP community included a nationwide motorcade and dissemination of the Be Honest campaign slogan in posters, streamers, billboards and t-shirts.

The BCBP also teamed up with the COMELEC and PPCRV to advocate for clean and peaceful elections by putting up posters and distributing fliers in polling centers nationwide.



**BE HONEST. Even if others are not. Even if others will not. Even if others cannot.**