

THE TRANSFIGURATION

Are We Prepared to See God's Glory?

By: Bro Giovanni Getubig

As we enter in the forty days of Lent period, we try to recognize God's Glory in our lives by reflecting on Jesus' Transfiguration in the mountain (2nd Sunday of lent Gospel – Mk 9:2-10).

Let me site the following excerpts, from Catechism of the Catholic Church (CCC, 554-555):

"554. From the day Peter confessed that Jesus is the Christ, the Son of the living God, the Master "began to show his disciples that he must go to Jerusalem and suffer many things. . . and be killed, and on the third day be raised. "Peter scorns this prediction, nor do the others understand it any better than he. In this context the mysterious episode of Jesus' Transfiguration takes place on a high mountain, before three witnesses chosen by himself: Peter, James and John. Jesus' face and clothes become dazzling with light, and Moses and Elijah



appear, speaking "of his departure, which he was to accomplish at Jerusalem". A cloud covers him and a voice from heaven says: "This is my Son, my Chosen; listen to him!" 555. For a moment Jesus discloses his divine glory, confirming Peter's confession. He also reveals that he will have to go by the way of the cross at Jerusalem in order to "enter into his glory". Moses and Elijah had seen God's glory on the Mountain; the Law and the Proph-

ets had announced the Messiah's sufferings. Christ's Passion is the will of the Father: the Son acts as God's servant; the cloud indicates the presence of the Holy Spirit. "The whole Trinity appeared: the Father in the voice; the Son in the man; the Spirit in the shining cloud."

You were transfigured on the mountain, and your disciples, as much as they were capable of it, beheld your glory, O Christ our God, so that when they should see you crucified they would understand that your Passion was voluntary, and proclaim to the world that you truly are the splendor of the Father."

Reflections: (Adopted: Don Schwager (c) 2015, at www.dailyscripture.net) Are we prepared to see God's glory? God is eager to share his glory with us! We get a glimpse of this when the disciples see Jesus transfigured on the mountain.

What can blind us or keep us from recognizing God's glory in our lives? Sin and unbelief for sure! Faith enables us to see what is hidden or unseen to the naked eye. Through the eyes of faith Abraham recognized God and God's call on his life. Abraham is the father of faith because he put his hope in the promises of God. Faith makes us taste in advance the light of God's glory when we shall see him face to face (1

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A Cup of Passion

Bro. Jess Cagara
Chapter Head

A couple of days ago, I was reminded by a brother of a Christian duty – the duty to help others. But on that particular day, I was in no mood to think of any Christian duty. The days prior to that, I was so full of work related stress that it had affected me a lot. I was irritable, easy to anger and kept on blaming people for the miseries I suffered in my work and the community. I saw myself transforming from being good to not being good. During those tormenting times, I prayed for days that I will just become a better person.

It was during these testing times when I was reminded to just do the good works in whatever way I can. Scripture says:

“In the same way your light must shine before people, so that they will see the good things you do and praise your Father in heaven.” (Matthew 5:16)

Reflecting on the words of God, I slowly saw myself returning to see the light. I have to change my attitude towards my spouse, my children, my co-workers and fellow brothers and sisters in the community. This attitude will become a factor that will determine my eternal destiny. If I am to live the life of a true Chris-

tian, I must always have the right attitude about life – to be able to love even when I am not loved.

The Bible is replete of verses commanding us about what we should do for “one another” – the mutual obligation or responsibility that we in the community have towards one another. Perhaps the most well-known command God has given us is to “Love one another”. This command has become a fundamental statement of our Christian duty and which has been repeated several times in the Bible. It is not an easy task to do this command – for it is easier said than done.

In times of distress, specially in our service to God through the community, we sometimes lose sight of this command to love one another. When we lose sight of this command, we sometimes fail to tame our tongue. Scripture reminds us:

“So it is with the tongue: small as it is, it can boast about great things. Just think how large a forest can be set on fire by a tiny flame! And the tongue is like a fire.” (James 3:5-6)

We fail to love one another because our heart is full of jealousy, bitterness and selfish-

ness, sometimes we boast of our wisdom. We have forgotten that these things are not from heaven, but belongs to the world, causing disorder and every kind of evil.

When confronted with difficult situations, I have sought the wisdom that comes from above – for this wisdom is pure, gentle and friendly. When placed under stress, I likewise sought for the Spirit of Gentleness and Humility. When my heart becomes full of compassion, free from prejudice and hypocrisy, I will be able to do my Christian duty to help others.

My brothers and sisters, in serving the Lord, I have to change my attitude, I have to tame my tongue, otherwise, I might not be able to live an abundant life with Christ. In my walk with the Lord, I will never lose sight of the command, “We must obey God, not men” (Acts 5:29) – for if I will obey Him, I will reach the place where He had set before me. It is my continuous prayer that you too my brothers and sisters, will have a heart full of compassion because such kind of heart produces a harvest of good deeds.

To God be the glory. 

Lent and sacrifice....from page 5

Lenten activities.

3. List down all the people in your life who need your prayers for particular concerns. Pray for them daily.
4. Visit Adoration Chapels regularly.
5. Be more active volunteer in your own parish.

6. Write a thank you note to each family member daily.
7. Listen to Christian music /classical music more often.
8. Limit on-line time (FB, instagram, twitter)
9. Read bible stories to young children.
10. Help your children write thank you notes to their teachers (a good way to end the school year.)
11. Give up fast food/coffee and

- give money to charity.
12. Give up your most unhealthy habits (physical or otherwise) and continue on beyond Lent.
13. List down your blessings from day 1 -40 of the Lenten season and share these to family/Action group members.
14. READ YOUR BIBLE. 



Prayer Power

Bro. Anty mangubat
Intercessory Head

Managing Personal Crisis

By: Sis. Kathy Oyson

Each one of us somewhere, sometimes in our lives will experience personal crisis. It could be financial, health, relationship, job, or any critical problem that might undermine our inner being and our perspective towards the world. The truth is that all people face the fire and deep waters in life.

No matter what, Isaiah 43:2 assures, "When you pass through the waters, I will be with you: and through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, nor will the flame burn you."

This Biblical thought gave

me strength and inspiration when I became a widow eight years ago. I felt so sad and lonely. The memories of our togetherness kept flashing on in my mind. I regretted not doing the right things that I or we should have done while he was still alive. I told myself many times, "If only..." But God's love for me was overwhelming when I passed through the deepest water in my life. He lifted me up and gave me strength. In one moment of my aloneness as I talked to Him through my heart, He whispered to me to move on and not dwell in the past.

One day as if I woke up from a deep slumber, I called up my sister, Dr. Jo Ann Serafin and told her that I would like to join

the spiritual community that she and her husband, Rafael belong to – the BCBP (Brotherhood of Christian Businessmen and Professionals). Through God's intercession, I am now one of its members.

According to Laural Wiig-Milan, Ph.D., of "Owningpink website," dealing with a personal crisis is always difficult whether it is financial, emotional, or physical. Mounting debts, being physically displaced from your home, a struggling relationship, or illness can trigger an avalanche of emotions that can eat away at you until you reach a breaking point. It can recreate a chain of events that leads to nervous breakdown,

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Transfiguration....from page 1

Corinthians 13:12) as he is (1 John 3:2).

What is the significance of this mysterious appearance? Jesus went to the mountain knowing full well what awaited him in Jerusalem - his betrayal, rejection and crucifixion. Jesus very likely discussed this momentous decision to go to the cross with Moses and Elijah. God the Father also spoke with Jesus and gave his approval: This is my beloved Son; listen to him. The cloud which overshadowed Jesus and his apostles fulfilled the dream of the Jews that when the Messiah came the cloud of God's presence would fill the temple again (see Exodus 16:10, 19:9, 33:9; 1 Kings 8:10; 2 Maccabees 2:8). While this transpired Pe-

ter, James, and John were asleep! Upon awakening they discovered the transfiguration of Jesus along with Moses and Elijah.

How much do we miss of God's glory and action because we are asleep spiritually? There are many things which can keep our minds asleep to the things of God: Mental lethargy and the "unexamined life" can keep us from thinking things through and facing our doubts and questions. The life of ease can also hinder us from considering the challenging or disturbing demands of Christ. Prejudice can make us blind to something new the Lord may have for us. Even sorrow can be a block until we can see past it to the glory of God.

Are you spiritually awake? Peter, James, and John were privileged witnesses of the glory of Christ. We, too, as Disciples of Christ are called to be witnesses of his glory. We all, with unveiled face, beholding the glory of the Lord, are being changed into his likeness from one degree of glory to another; for this comes from the Lord who is the Spirit (2 Corinthians 3:18). The Lord wants to reveal his glory to us, his beloved disciples. Do you seek his presence with faith and reverence?

"Lord Jesus, keep me always alert and awake to you, to your word, your action, and your daily presence in my life. Let me see your glory." 

The breakfast Head

(An excerpt from the BCBP Community Manual dated August 2009)

Introduction

The men's breakfast is the most important evangelistic activity of the chapter. Nothing can take its place and without it the chapter does not fulfill its mission whatever else it does. A chapter can fulfill its mission without ever having a joint or ladies breakfast, but not without the men's breakfast. It is the venue where businessmen and professionals, who are decision makers and potential change agents, are introduced to the BCBP.

The Responsibility of the Breakfast Head

1. Responsibility for the breakfasts

His main responsibility is to oversee especially the men's breakfast. He takes responsibility as well for the joint breakfast and through one of the women Leaders for the ladies' breakfast. He does this in conformity to the Breakfast Manual of the BCBP.

2. Responsibility for breakfast sharers

He makes sure sharers are lined up for the upcoming breakfasts. He also previews and clears every sharing.

3. Recommends

He informs and recommends breakfast attendees to be invited to the BCLP to the Chapter Governance Team.

It is neither the responsibility of

the Breakfast Head nor the leaders of the Chapter to ensure the attendance of first timers. All the men of the Chapter are responsible for the Chapter's evangelization of businessmen and professionals. The responsibility to ensure that there are first timers belongs to all the men of the chapter, whether they are leaders or not.

Personal Qualifications

The qualifications for the major positions of the chapter also applies to the Breakfast Head, because as the point man between the BCBP and new comers, he is for the new comers the model of the BCBP member, the following should be present for this service.

1. He is a full member of the BCBP.
2. He has made the Vision and Mission of the BCBP his own and lives it out as evidenced by his faithfulness to the commitment card of the BCBP.
3. He is a member of the Church in good standing.
4. He is a businessman and professional, who either owns and is active in his own business or is employed in a position of responsibility. He should not be unemployed or retired for evangelistic reasons.
5. His business life is above reproach, marked by integrity, honesty, and transparency.

Service Experience in the BCBP
The following service experience is required for being appointed Breakfast Head:

1. He should have served successfully at least as an Action Group Leader.
2. He should be known for his faithfulness in attending the men's breakfast and for bringing first timers who are decision-makers in the business world and the professions to the breakfast. Preferably, he should have served some time on the men's breakfast team.
3. He should have shared at the men's breakfast at least once or given a sharing together with his wife at a joint breakfast.
4. He should be thoroughly familiar with the Breakfast guidelines.
5. He should have the time and prerequisite health to fulfill the responsibilities of Breakfast Head well.

Terms of Office

The Breakfast Head is appointed for a term of one (1) year with provision for extension for a maximum of three (3) years. In case of incapacity, a new Breakfast Head shall be appointed with the same qualifications.

Selection and Appointment of the Breakfast Head

The Breakfast Head is appointed by the Mission Director with the confirmation of the Chapter Head. The Chapter Head has the responsibility to make sure that the person for Breakfast Head fulfills the requirements for the service.



Pebbles

*Bro. Boy Villanueva
Area Managing Director*

Worry and Fear

As a Christian is it wrong to worry and fear? God has said that we must not be anxious about anything. As in Phil 4:6 it says and I quote "Don't worry about anything, but in all your prayers ask God for what you need, always asking Him with a thankful heart" end of quote.

Since the start of my service as your AMD for Eastern Visayas Area, I have so many concerns and apprehensions about my service. Can I do this service effectively for the Lord? The month of January started with the correlating various reports from the different chapters and outreaches, in the areas of Cebu, Leyte and Samar which have been requested by our BOT and MANCOM. After reading the reports and the adjustments I have to make fear and worry came into me.

Then came the test of faith. Request for evaluation and plans on how to guide the various chapters and members to be effective evangelizers will have to incorpo-

rate in our plans and on how to effectively implement so that we can follow our mission and vision. I started to rethink about my service and if the Lord really called me to be his effective servant with the new service that he has assigned to me.

Then came the activities that our national leaders are requesting for us to effectively implement and with this are my doubts if I can do it. I prayed and requested prayers from our members so that the activities that are being planned can be implemented effectively with God's grace.

Going into a place where we do not know a single person to evangelize, a place with a different language more so culture poles apart from us is a very big challenge of my faith. Can I do it? Can we effectively evangelize these people? Does my area have the resources (manpower and finances) to do it? Again fear and worry came into me.. Then a reading from Matthew 6:33 " Be concerned

above everything else with the Kingdom of God and with what He requires of you, and He will provide you with all these other things (all that we need)", entered into my mind and somewhat eased my worries and fear.. So I prayed hard and asked the Lord, Lord we will be doing these things for your greater Honor and Glory, please be with us all the way, take away my fears and worry... make us good evangelizers for your people in a place that you wanted us to be.

Then as I was reflecting on my fears and worry, as I go into my prayer time, I remember a passage from the book Healing Presence by Maribi Mapa-Garcia, which says and I quote "Come to me, my little child, I feel your heart so filled with fear,. I am gentle and kind of heart. Rest in my gentle presence. The night may be dark and cold but in your heart the light of my love shines brightly" and I answered, Yes Lord your servant is listening..... To God be the Glory..... 

Formation Note

*Bro. Boni Ramo
Formation Director*

Lent and Sacrifice

When I was a kid, I was told what to do and what not to do during the season of Lent like: not to play, not to have suroy suroy in the neighborhood, not to laugh out loud during the Holy Week because I might be "gaba-an", I would develop wounds which will not heal, and be called "Hudeyo". Mao na Hudeyo kang daku" the adults would reprimand us.

As a BCBP member, com-

ing to know Christ more, I realize that I have to do sacrifices during Lent to be a functioning catholic, to be one with Christ in His sufferings and specially to try to reciprocate His great love for me. How He lived and died for me. Some ideas taken from a website(<http://youngfogeys.blogspot.com/2012/02/still-need-lent-en-resolutions.html>) to make Lent more significant.

Let's start with a few questions to reflect on:

1. Do I spend too much/too little time on a particular aspect of my life?
 2. Do I have habits that "Starve" me spiritually?
 3. Am I too fond of material things /pleasurable activities?
- What we can do individually, as a family, or as an action group:
1. Attend Mass daily
 2. Attend all church organized

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Bisaya sab baya ang Diyos

*Lindog ni
Bro. Manuel Penas Dumdum*

MGA LAIN LAING NAWONG SA GUGMA

“Mahimo nga makasulti ako sa pinulongan sa mga tawo ug bisan sa mga anghel. Apan kon wala akoy gugma, sama ra ako sa saba nga agong ug sa piyang piyang nga nagtaginting. Bisag may hiyas pa ako sa pagpadayag sa langitnong mensahe, makabaton sa tanang kahibalo ug makasabut sa tanang tinago; bisag may pagtuo ako nga makapabalhin sa mga bukid – apan kon wala akoy gugma wala akoy kapuslanan.” Sulat ni San Pablo sa mga taga Corinto – 13: 1 – 3

A. Gugma sa Usa ka Inahan

Gisugilon kini sa akong Tatay ug miingon siya nga tinood kining nahitabo. May usa ka naninda ug isda, nga misuroy dala ang iyang igbabaligya nga bolinaw. Pag-agi niya sa usa ka balay, gikan sa taudtaud nga pahuway sa landing sa Kasia, gitawag siya ug gipangutana kon tagpila ang iyang bolinaw. “Tag diyos sentimos, ang caltek” (Caltex). (Wala pay mga timbangan nga madala dala niadtong panahona, ug pagbaligya pinaagi sa mga sudlanan. Ang paborito mao ang lata sa Caltex.)

“Kamahal, singko sentimos na lang.” “Uy, barato na kana kaayo, ang inyo gani nga silingan nga nagpuyo lang ug gamay nga payag (dayong tudlo sa payag), ningbayad dayon, walay hangyo hangyo.” “A, si Kulas, nga manananggot?” “Dili, babaye to ang mipalit”, ug gihulagway sa tintera ang mipalit.

“Ha, nakugang ang babaye, patay na man na. Gilubong namo sa ning aging semana.” Nangadto sila sa payag, nga manga duha ka gatos ka metros ang gilay-on. Pag-abut nila nakit an nila ang duha ka mga bata, mga anak sa bag-ong namatay. Ang maguwang mga tulo ka tuig ang pangidaron, ang manghud, kapin pa sa tuig. Ang duha nagkabulingit sa linugaw ug sa inun-unan nga bolinaw. Gipangutana nila kon kinsa ang nag pakaon nila. Ang maguwang ningtubag nga ang ilang Nanay.

Ning abut ang ilang amahan nga manananggot. Mihilak siya ug miangkon nga dili lang kadtong higayuna nga gipakaon sa iyang patay na nga asawa ang ilang mga anak.

Dili malupig sa kamatayon ang gugma sa usa ka inahan.

B. Ang Romantikong Gugma

Buntag ug hapon moagi sa tungod sa among balay sa Balamban kining magtiayon nga gitawag nga Tinang ug Goyot. Tingali moagi sab sila sa ubang mga oras pero dili na ko makakita kay didto na man ko sa eskuyalhan. Si Goyot mag pas-an ug mga bukong ug magsunod si Tinang nga naghayon hayon lang. Inig kilumkilum na, moagi sila paingon sa ilang payag duol duol sa sam – ang. Mag una si Tinang, nga magsayawsayaw sa kahubog ug magsunod si Goyot nga mora ug wala makainom. Ning ingon ang mga taga merkado nga kada hapon, mangaon ug puso ug adobo silang

duha ug si Tinang moinum ug usa ka garapon nga tuba.

Kini si Goyot kamanghuran nga anak sa usa ka adunahan ug tinahod nga pamilya sa among lungsod. Samtang si Tinang, maanyag nga mestisa apan palahubog na bisan pa sa dalaga pa siya. Gikan pa gayud sa kabus nga pamilya. Tungod sa iyang kaanyag, kay mestisa man, daghan ang nangandoy nga makaangkon kaniya.

Nagkaila si Goyot ug Tinang. Nagkahinigugmaay pero supak ang mga ginikanan sa lalake. Giingnan siya nga dili na siya bahinan sa mga katigayonan ug dili sab siya padayonan sa iyang pagtungnga ug magtuman siya sa iyang gusto.

Pero lig-on ang iyang paghigugma ni Tinang. Nagdayon gyud sila ug namuyo sa usa ka payag nga layo ra ang mga silingan. Sila ra ang nagpuyo duol sa samang. Duna silay mga anak. Bisan tuod sila kabus, malipayon man. Wala gayud biyai ni Goyot si Tinang bisan pag naghuwat lang ang iyang bahin sa mga katigayonan sa iyang ginikanan nga maangkon niya kon biyaan si Tinang.

Namatay ug una si Tinang. Kada hapon, mobisita si Goyot sa lubnganan, dala ang puso, adobo ug tuba. Wala dangti ug dugay, namatay sab si Goyot, tungod sa kamingaw ni Tinang, ning ingon ang mga tawo. Karon, tua na sila sa langit, nagsayaw si Tinang ug si Goyot nahimuot nga nag tan aw.

Ning ingon sila ang gugma buta.

C. Ang Gugma sa Isigkatawo

Dunay usa ka amang (mute) sa among lungsod nga ang panginabuhì, mag sag-ob ug tubig para sa iyang mga suki sa merkado. Wala pay tubig sa gripo (water system) sa among lungsod niadtong panahona. Ang mga tubig nga ipanglaba ug ipang hugas gikan sa usa ka halawom nga atabay, ug and mainom gikan sa usa ka tubod nga gibuhatan ug poso. Gani, usa sa akong mga buluhaton sa bata pa ako ang mag-sag-ob para sa among mga panginahanglan.

Usa ka adlaw, ning abut sa among lungsod ang usa ka babaye nga nalisuan sa iyang utok. Nagkabulingit lang. Ang problema, kay kuyog niya ang tulo ka mga gagmay nga batang babaye nga iya kunong mga anak. Mga naglago sab. Ang mga pagkaon nila mga hinatag ug dili pirmi. Diha lang sila nanimuyo sa merkado.

Usa ka buntag ana, nakurat ang mga taga merkado nga limpiyo naman ang mga bata ug ang inahan. Nakaligo na ug nagsul-ob ug mga bag-o ug limpiyo nga mga sinina. Barathon tood pero bag-o, gikan sa

gitawag sa una ug relip (war relief goods), pareha sa ukay ukay karon.

Sukad ato pirmi na silang limpio ug mokaon na sila katulo sa usa ka adlaw. Nakita sab sa mga tawo ang kakugi sa amang. Sa unang mga adlaw kaduha ra siya mohakut ug tubig, ug pahuway na. Niadtong higayuna, kalima ug kaunom mosag-ob. Duna na sab siyay bag-o nga mga suki. Nahibaw-an nila nga ang amang maoy ninggasto sa pagkaon ug mga sinina sa mga bata ug sa buang nga inahan. Miingon ang mga tawo nga wala magbinastos ang amang uban sa inahan sa mga bata. Gani dili matulog ang amang sa merkado.

Naundang lang ang pag atiman sa amang, kadtong gikuha na sa gobyerno (social welfare) ang inahan ug ang mga bata.

Nakita sa amang ang panginahanglan sa maong pamilya ug gituman niya ang sugo sa atong Ginoo;

“hubo ako ug imo akong gibistihan, gigutom ako ug imo akong gipakaon”, usa ka taas nga matang sa gugma.

D. Gugma nga Walay Paglubad

Among silingan si Noy Tonyo ug Nang Mina. May edad na silang duha pero nakita namo nga pinangga nila ang usag usa. Wala gyud ko kakita nga ninglakaw bisan kinsa nila nga mag inusara. Kada buntag sayo, mosimba sila ug kada hapon manuroy. Bisan gani kon anha lang sa silingan, kuyog gyud silang duha. Gani, nausab naman ang tawag nila. Dili na Tonyo ug Mina; kon dili Tonyomina. Para sa mga tawo usa ra sila. Hangtud nga nangatiguwang silang duha, kuyog gyud gihapon. Lahi sa ubang managtiayon nga dili magkatapad kon maglakaw kay mas kusog man molakaw ang bana. Sila tapad gyud. Magkuptanay pa ug kamot. Hinoon, wala silang duha manarabaho kay duna man silay mga yuta nga ang kita igo sa ilang panginabuhì.

Namatay si Nang Mina, pila ka adlaw lang, namatay sab si Noy Tonyo. Bisan sa kamatayon kuyog sila gihapon.

Ang ilang gugma sa usag usa bug-os ug walay paglubad.

E. Ang Gugma Sa Dios

“Mga igsoon, maghigugmaay kita kay ang gugma gikan sa Dios. Ang naghigugma sa iyang isigkatawo anak sa Dios ug nakaila sa Dios. Ang wala maghigugma sa iyang isigkatawo wala makaila sa Dios kay ang Dios gugma man. Gipadayag sa Dios ang iyang gugma kanato pinaagi sa pagpadala sa iyang bugtong Anak nganhi sa kalibutan aron makabaton kita sa kinabuhing walay katapusan pinaagi Kaniya. Ang matuod nga gugma mao kini: dili kita maoy unang nahigugma sa Dios kon dili siya maoy unang nahigugma kanato. Gipadala niya ang iyang Anak aron pinaagi Kaniya mapasaylo ang atong mga sala.” - Unang Sulat ni San Juan 4:7-10.



Treasurer's Report

Bro. Carlito Cabellon
Chapter Treasurer

Song of
the Month

Bro. Eric Sendrejas
Music Ministry Head

BCBP - CEBU SOUTH CHAPTER
CASHFLOW STATEMENT-For the Month of February 2015

CASH, BEGINNING BALANCE		P 698,083.50
A. CASH RECEIPTS		
Tithes/Pledges (49 units out of 105 or 47%)	P 95,400.00	
NAC35 collections	42,500.00	
Pre-valentines collections	36,500.00	
Love offering	7,010.00	
Snacks collection	6,200.00	
Advance liquidation	5,250.00	<u>192,860.00</u>
TOTAL CASH AVAILABLE		890,943.50
B. CASH DISBURSEMENTS		
NOF January	P 30,806.25	
Less: Chargeable expenses	(20,099.10)	
NET NOF	10,707.15	
ADMIN		
AMD expenses	13,562.50 *	
Governance meetings	4,450.00	
BCBP office electricity (Dec-Jan)	4,303.94	
Maintenance (Dec-Jan)	3,000.00	
TOTAL ADMIN	25,316.44	
MISSION		
Outreach expenses	51,435.00	
Breakfast subsidy	21,350.00	
TOTAL MISSION	72,785.00	
FORMATION		
1st Fri mass and teaching	8,200.00	
Assembly	7,200.00	
Priest stipend	1,500.00	
Intercessory subsidy	<u>1,250.00</u>	
TOTAL FORMATION	18,150.00	
PROGRAMS AND SERVICES		
Pre-valentines expenses	61,560.00	
Business forum	26,400.00	
NAC35 registration	15,000.00	
Kaigsuonan printing	<u>1,500.00</u>	
TOTAL PROGRAMS AND SERVICES	<u>104,460.00</u>	
TOTAL CASH DISBURSEMENTS		<u>231,418.59</u>
CASH, ENDING BALANCE		P 659,524.91
* chargeable to NOF		
Prepared by: Lito Cabellon-Treasurer Noted By: Jess Cagara-Chapter Head		

143. HOSEA

Intro: G – Em – D7

G GM7

1. Come back to me with all your heart.

C G

Don't let fear keep us apart

G GM7

Trees Do bend though straight and tall.

C G

So must we to other's call.

Refrain:

D D7 Em

Long have I waited for your coming

A7 G D7

G

Home to me and living deeply our new life.

2. The wilderness will lead you To your heart where I will speak. Integrity and justice, With tenderness, you shall know.

G Em

You shall sleep secure with peace

C G

Faithfulness will be your joy.

Managingfrom page 3

anxiety, or depression; so coping with it is crucial.

If you are now facing personal crisis, here are some tips on how to cope up with it as recommended by Jennifer Wolf of about "parenting.com:"

*Be determined. Decide right now that you will get through this personal crisis. Your life may not be the same as it was before. Some of the changes you are going through may indeed be permanent ones. But be deter-

mined that you will emerge from these circumstances stronger than ever before. Decide today that you will be a survivor.

*Talk it out. Share your feelings with someone you trust. It's very important to express your feelings of sorrow, anger, anxiety, and confusion. If it is helpful to you, keep a journal. You may also consider seeking professional help by talking with a counselor or therapist.

*Stay active. Keep yourself busy with the normal routine of your life. Also, consider being physically active by taking a brisk

walk once a day or incorporate some other form of exercise. This can make a huge difference in the way you emotionally or physically deal with stress.

*Have a positive attitude. Many people have experienced circumstances similar to yours, and have gone to lead vibrant, productive, and fulfilling lives. You cannot see the future at this time, but deciding now to be hopeful about this prospect will set you on a positive course. 

“Come, Have Breakfast.”- John 21:12

*Bro. Meddie Lapus
Breakfast Head*

FEBRUARY BREAKFAST SHARERS

FEBRUARY 7
CHAD & VIMLA CONDOR
BCBP CEBU SOUTH

FEBRUARY 14
FELIX ANGANA
BCBP CEBU - MACTAN

FEBRUARY 21
DANTE ERASAN
BCBP CEBU - BALAMBAN



The BCBP Logo

The cross in the BCBP Logo signifies that Jesus Christ is central to the BCBP. The outstretched arms of Christ symbolize the mission of the BCBP to evangelize business people and professionals and Jesus’ desire to embrace all people and care and concern for mankind. The two figures who bow to Christ in adoration symbolize the Business people and professionals. And the circle that surrounds the cross and the two figures symbolize the unity of the BCBP community in its dedication to Christ, way of life, and mission.

Announcement!

All Unit Leaders and/or Hosts for the month’s calendared breakfast are requested to inform the Governance & Breakfast Head (Cell#0917-577-2773) of the line-up (Emcee/OP/sharer/s & SCR/CP) not later than Tuesday.

Birthdays, Anniversaries & Schedule Of Activities

March 2015						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 A - Terry & Tessie Aleman	2 B - Ben Ycong	3 B - Lando Bacon	4	5	6 1st Friday Mass A- Eddie & Yenyen Eroy	7 Joint Breakfast B - Ed Blanco, Offie Laput, Myrna Limbaga
8 B -Fe Manreal	9	10 B - Eugene Lucas	11 B - Ed Lising	12	13	14 Men's Breakfast
15 B - Kathy Oyson, Tata Callora	16	17 Chapter Assembly B - Art Sevilla, Myrna Beltran	18	19 B - Lito Omega, Joey Villahermosa	20 B - Dindin Go	21 Simul Breakfast
22 B - Merla Stroud	23 B - Isabelle Casing	24 A - Boy & Myrna Beltran	25 B - Toby Panopio	26	27 B - Kee Eng Nee	28 Men's Breakfast Reg/Sec Breakfast
29	30 B - James Tan, Mark Tolentino	31				