

MARCH 2015

Volume#1



SIDLAK

“Bringing Christ into the Marketplace and Winning the Marketplace for Christ”

BCBP CONSOLACION CHAPTER

Recommitment Night

On January 2, 2015, about 80 members of BCBP Consolacion lit their candles as a sign of their renewed commitment to serve God and the BCBP community. The ceremony was led by no other than the Chapter Head, Marvin Soco and his wife Juda Soco.

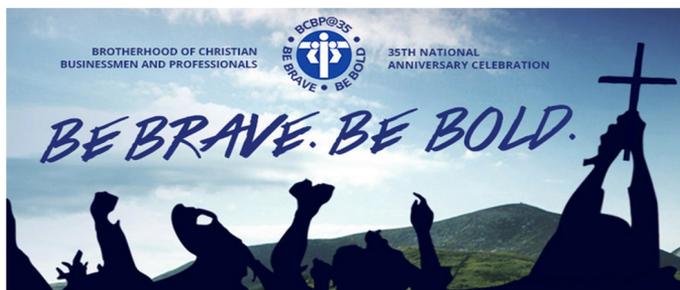


The solemn rites of recommitment night

What's inside?

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NAC35 Countdown



Everyone is excited to celebrate BCBP's 35th anniversary. A month from now, BCBP members will be flocking the World Trade Center in Manila. Consolacion chapter by far has the biggest delegation to join the said event! Celebration will begin on May 1, 2015 with our typical NAC activities and will be culminating with grand festivity on May 2, 2015. For more details, please visit the NAC35 website <http://bcbpnac35.org>

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“And I say unto you, that you are Peter, and upon this Rock I will build My church; and the gates of hell shall not prevail against it. And I will give unto you the keys of the kingdom of heaven: and whatsoever you shall bind on earth shall be bound in heaven: and whatsoever you shall loose on earth shall be loosed in heaven.” - Matthew 16: 18-19

EDITORIAL



Jules and Melody Foronda

Welcome to our very first quarterly SIDLAK publication and it gives us great pleasure to bring you highlights, messages of hope and love, and important events that shape our community today and the future. As we progress, we are encouraging all members of the Consolacion chapter to share their interesting messages, articles and ideas that would help make our publications a wonderful source of inspirations.

We started the year by renewing our commitment to serve God and the BCBP community and it was further amplified with the very first visit of our Pope Francis to our country. His presence marked a significant milestone for most Filipinos and his message of Mercy and Compassion can't be more relevant as major events unfolded during and after our Beloved Pope visit. An early lent came for those families who lost their loved ones in pursuit of their mission. Let us continue to pray for healing and peace for our country. The BCLP 9 and 10 graduates attended the Free to Follow the Lord Seminar on January 24 which aims to equip participants with Christian values and principles in walking and living the life of true committed members of the community. Who could forget the "Winter in February - Love Knows No Season" a celebration that lit the night with glamorous party of love and joy that warms everyone's hearts. Though my wife and I missed a great portion of the merriment, I could say that none came close to the uniqueness of theme and the program was so engaging.

As the Lenten week draw closer to an end may we all find ourselves in a deep self-examination for the purpose of being spiritually renewed and strengthened in faith. Let us all strive as united BCBP family, to discern carefully and decide wisely on the challenges and opportunities that present themselves to us as disciples in today's world. May the Lord bless all our efforts to grow spiritually and spread the mission of the BCBP community for the greater glory of God and salvation of mankind.

Love Is In The Air by Ann Roiles

February is usually known as the LOVE month and many would exert effort to celebrate February 14 - Valentines' Day.

BCBP Consolacion wouldn't want to let go of the opportunity to be one with the rest of the world -celebrating LOVE.

WINTER IN FEBRUARY - "Love Knows No Season" was the theme for the celebration. It was a fusion of celebrating Christmas and Valentines' day of the community. Indeed, the event proved to be very memorable and romantic for all . The night was filled with merriment and unique numbers which most us experienced for the first time.



A pose with their White and Red Theme Attire

Couples were highly encouraged to dance the sweet and jolly music. Putting on the corsage became reminiscent of our JS Promenade wherein each couple passed through a heart-shaped arc and men put on the corsage on the ladies' wrists while swaying to the tune of King and Queen of Hearts. Surprised Valentines gifts were given by the husbands to their wives as they give

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BATANG PINANGGA by Vida Fernandez

December 14, 2014 became a memorable day when we visited the Batang Pinangga Foundation located at Barangay Triumfo, Carmen Cebu. It was my first time to visit the place and it shelters children who were abused, neglected and abandoned by their families. A foundation that has kind and generous hearts and with compassion to help. As we enter the room, the children and their Nanays welcomed us with their sweetest smiles. It was a heartfelt experience seeing the happy faces of the children and Nanays as they received the gifts from BCBP. The Christmas gifts meant so much for them that I felt lucky that I was able to represent our chapter as the Santa Claus and became an instrument of charity. One of the touching moments was when a 3-year old girl caught our attention as she received the bag filled with toiletries, I could not imagine how much joy she felt and was very excited to open the simple bag. I heard from one of their Nanay's that the little girl was abandoned by her parents because they cannot sufficiently provide for them.



BCBP members with the kids of Batang Pinangga Foundation

I felt so touched and "*nalooy ko*", as I relate this to my childhood experience when my mother left me to my uncle's care when I was newly born for she needed to go abroad. "*Maluoy jud ko niya kay imagine 3 years old pa lang siya ing ana na siya karon wala na sa kamot sa iya ginikanan.*" One thing I have learned in this experience is the realization how lucky I am that my kids and I are together. Even though I came from a broken family, I still thank God for not abandoning me for He has blessed me with people who were willing to take care of me in the absence of my real parents. I can't thank God enough for bringing me to BCBP.

Love Is *continued from p2*

thoughtful messages.

The Music Ministry serenaded the community with love songs. Some members showed their talent in dancing while others enthusiastically joined the fun games. The presence of the band added more color and life to the occasion.

Special awards were presented to:

- Early Birds Award: Hubahib Couple
- Congeniality Award: Maglasang Couple
- Dancing King & Queen Award: Loren Couple
- Best Dressed Award: Galola Couple
- King & Queen Of Hearts Award: Ragasajo Couple
- Couple of the Night Award: Gomez (Jr.) Couple



Valentines Day Party of BCBP Consolacion

Truly the entire evening made every member extra special. Being part of the community with enriching activities like this provides us holistic opportunity to nurture and deepen our relationship with others especially with God. The celebration ended with joyful hearts and genuine smiles in everyone faces expressing the abundance of love.

No One Is Left Behind by Nestor Gloria

“Once a knight is always a knight” is a dictum I keep in mind as a worthy fourth degree member of the Knights of Columbus (Mt. Pangasugan Council 7507). I associate this with our Community, “Once a BCBP is always a BCBP!”.

Every BCBP member is accounted for by the Lord. Inspired by the Parable of the Lost Sheep (Mt 18: 10-14 & Lk 5:1-7), we claim that “no one is left behind”. It is along this line of thinking that we consider our brothers and sisters who have **not** been in touch for quite some time to be “**on leave**” but “**not in-active**”. By and with God’s Grace and through our fervent prayers, hopefully they will be back and recommit themselves for service to continuously know, love and serve the Lord through BCBP Consolacion.



Planning Session for 2015

The **Annual Planning Session 2015** held at Copenhagen Suites, Mandaue City last January 3 had the following aspiration and driving desire:

“Spiritual strengthening of active members, bringing back “on-leave ones” and establish a BCBP Outreach in Danao City for 2015”.

Measures were identified and formulated to evaluate active individual involvement to wit:

- A 50% attendance in AG meetings, Chapter Teaching and Worship Assembly and Breakfast Fellowships.
- A 100% consistent and regular monthly “tithe-giving” regardless of the amount but basically on one’s “generous giving”. We believe that “Whoever had much did not have more and whoever had little did not have less” (2 Cor 8:15).
- Consistent personal prayer time without ceasing (1 Thes 5:17); presence in scheduled Intercessory Prayers by Action Group and constant attendance for those who commit to serve through the Intercessory Ministry.
- Action Group Leaders (AGL) should see to it that every member has his/her **service** assignment. “No one is left behind without a service to promote belongingness.”

The above-mentioned four measures of active individual involvement will be implemented and be carried on with the revision of the Monthly Report by Action Group. This includes a record of attendance in various activities, God’s Messages, action plans and the progress or development of the implementation of action plans.



Serious discussion of the leaders

The programs and service director (PSD) and the formation director (FD) have their respective programs in place.

At this point in time when you are not sure of your service assignment, contact and confirm with your Action Group Leader. “No one is left behind without a service”. It is voluntary based on one’s talent and availability and choice. To choose from, we have the Music Ministry, Intercessory, Mission Team, Breakfast Team, etc. The extraordinary service we can offer to glorify the Lord is our “life testimony” or as “sharers” in breakfast fellowships to be coordinated by the Breakfast Head.

The monthly report is prepared by the Action Group Leader (AGL) to be submitted during the first Friday of the month for confirmation by the Unit Leader (UL), Chapter Secretariat and finally by the Chapter Head. A duly signed copy will be filed by the AGL, UL and Secretariat for reference purposes. Regular monthly reports are necessary like in any organization. We are managers, stewards and shepherds of God’s flock.

Everyone is encouraged to do his/her share and be actively involved in the “work of the Lord”. With thanksgiving, we call on our “God of all encouragement” (2 Cor 1:3-7)

Free To Follow The Lord by Julie Ann Despi

“Then Jesus said to His disciples; ‘If anyone wants to become my follower, he must deny himself, take up his cross, and follow me. For whoever wishes to save his life will lose it, but whoever loses his life for my sake will find it.’ - Matthew 16: 24-25

On a windy and humid Saturday morning of January 24th, I woke up and prepped up early to participate in the much awaited **“Free to Follow the Lord”** seminar. I remember the night before how fervent were the encouragements of our Chapter leaders to get all of the BCLP 9 & 10 graduates attend the seminar. Although for some it felt like a mandatory obligation but for my case, I looked forward to the event with much anticipation. As I drove towards the venue, I said a little prayer for guidance and protection, for the success of the event, and for the well being of all the people who would be involved in the process.

The venue of the seminar was set on the top floor of a hotel and I found it elegantly setup yet cozy and solemn that takes your attention off from the hustle and bustle of the city streets. Upon reaching the place, it was such a joy to see our committed servants giving their warm greetings and refreshing smiles in spite of being busy in setting up the equipment & registration materials.



Participants in action

The event started off with an invigorating Praise & Worship session led by kuya Wilbert Ang followed by the first talk from BCBP North’s very own Kuya Jourdan. The first topic alone has garnered a lot of “Ahh” reactions and FYI moments from the audience. As we delve towards examining our faith & establishing a personal connection with God, it is deem necessary to affiliate oneself to a religious community while considering the entailed responsibilities and its mission that we need to embody.

As the seminar continued, the talks became more interesting. We were very much privileged to have a powerhouse cast of speakers from the BCBP South chapter who graciously accommodated our requests to share their time and provide talks without hesitation. If I were to enumerate the contents of each topic, then this article alone would not suffice. Nonetheless, the talks were equally valuable and informative. Every topic ended with a group discussion to allow each participant to share their experience and key take-aways in reference to the talks. During lunch break some of us took time relish the venue and get acquainted with other members to know each other’s interest.

The afternoon session was equally alive and engaging in spite of the struggle to keep up and be awake. Kuya Marvin led the Praise and worship as he steered us to the second part of the seminar towards deeper understanding of the BCBP culture and our involvement in the community. The talks about Time and Financial Management of Kuya Rod Ngo became the highlight of the seminar as it greatly emphasized the importance of living a life of faith, trustworthiness and service. We are all called to be a great example of a true Christian leader, Businessman or Professionals in our own respective market places.

Towards the end of the seminar, a Holy Eucharist was offered and presided by our resident priest, Fr. Ruel Desamparado. As per Father Ruel; *“It was no accident that we are here today. The wind is a manifestation of the Holy Spirit, while the warm atmosphere is an indication of God’s burning passion and His presence in our midst today.”*

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Free to Follow *continued from p5*

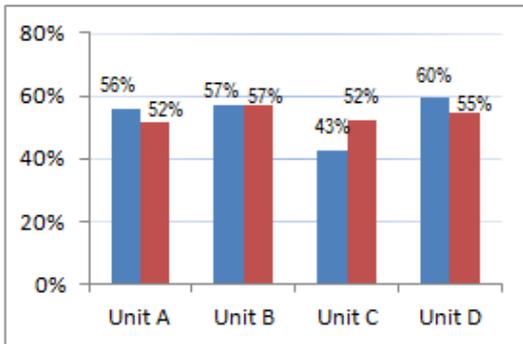
It was indeed a successful and fruitful seminar. All of these became possible because of the unwavering commitment and support from all the organizers, speakers, servants, and participants. This life-changing event gave me more than what I have expected. I came to the event not knowing what to will happen but I came out with a new found knowledge and a deeper appreciation of the Christian faith.

Having a religion is not enough, neither does having an affiliation to a certain community. It's always easy to acknowledge that one is a Catholic Christian. However, living a Christ-like life is a constant challenge that each of us need to face every day. Only one thing is certain, our God's love has no bounds and He is always within us. All we need is to constantly reach out to Him and ask for His guidance and protection. Most of all, if we keep a heart of gratitude and a burning desire to serve for His greater glory, then the obstacles and trials we face would be easier to bear.

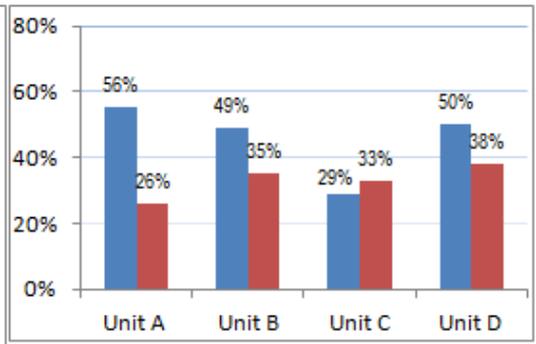
God's message

1. Be faithful in life, seek the Lord with simplicity, and remember that He hates arrogance.
2. God is assuring us of His presence. The Lord promises that He will be with us all the way through. And God will never leave us - His children
3. Trust the Lord, and do good at all times. The Lord will giving us peace in our hearts

JAN'15 ATTENDANCE



FEB'15 ATTENDANCE



■ Teaching Night ■ Assembly

Intercessory Schedule for Q2

| Date | Unit | Action Group | Date | Unit | Action Group |
|--------|------|----------------------------|--------|------|----------------------------|
| 11-Apr | C | Allan & Vangie Incorporado | 23-May | B | Rasmil & Michie Rallos |
| 18-Apr | D | Wilbert and Girlie Ang | 30-May | C | Norman & Tita Advincula |
| 25-Apr | D | Jun & Vida Fernandez | 6-Jun | C | Allan & Vangie Incorporado |
| 2-May | A | Nestor & Judy Gloria | 13-Jun | D | Wilbert and Girlie Ang |
| 9-May | A | Mar & Fe Soco | 20-Jun | D | Jun & Vida Fernandez |
| 16-May | B | Dodong & Letty Abenio | 27-Jun | A | Nestor & Judy Gloria |

Facts about Pope Francis

We just couldn't get enough of Pope Francis. Here are some interesting facts about him taken from GMA News

1. He is a Pope of many firsts

The pontiff is the first of his chosen name, Francis, in the entire history of papacy in the Catholic Church. He is also the first Latin American and Argentine pope, and the first of the Jesuits to lead the Vatican.

2. He had a part of his right lung removed in his youth

Because the pope's predecessor, Pope Emeritus Benedict XVI retired due to poor health, the fact that Pope Francis has only one whole and fully functioning lung had been a cause for concern for many during his election in March 2013. The pontiff had a part of his right lung removed in his youth due to an infection, but he appears to be in good health even at the ripe age of 77.



Pope Francis with his signature smile

3. He is a huge fan of football

Coming from the homeland of football star Lionel Messi, the pope is a huge supporter of local Argentine club San Lorenzo. He has cheered for the team as a young boy, and is actually a card-carrying fan who still pays his dues on time up to this day.

4. He loved to dance tango

A true-blooded Argentine through and through, Pope Francis loved the South American dance which originated in Buenos Aires. But it takes two to tango, so the pope confessed that he had a girlfriend whom he danced with as a teen before he became a priest.

5. His father was a basketball player, and he played hoops in his youth

When the pope visits the Philippines in January, he will probably understand the Filipinos' love for basketball. Influenced by his father, who played basketball for San Lorenzo, he played the sport with friends as a young teen. Since his papacy, the pope has received signed jerseys from different teams, including NBA's Boston Celtics.

6. He worked as a bouncer at a bar in Buenos Aires

It is hard to reconcile Pope Francis' image as the leader of the 1.2 billion-strong Catholic Church to a nightclub bouncer. But believe it or not, the Pope who made himself accessible to the common folk once kept minors and troublemakers out of a local bar in Buenos Aires.

7. He holds a master's degree in chemistry

True to the Jesuit affinity for academics, the Pope completed a master's degree in chemistry in the University of Buenos Aires. He also taught literature, philosophy, psychology, and theology.

8. He has a sense of humor

When he was elected as pope, he reportedly told other cardinals, "May God forgive you for what you have done." He was also photographed while good-naturedly trying on a red nose used by clowns and a firefighter's hat in separate public appearances.

**More about Pope Francis on next issue*

It Is Fun In BCBP! By Judy Gloria

Held in Amara Liloan on Nov 22, 2014, the 10th BCBP Consolacion Anniversary was a BIG BANG. It amazed me so much to see CLP 8, 9 and 10 graduates come together into the activity as the different Units presented their dance of 1970, 1980, 1990 and 2000. The energy released



Dance number during BCBP 10th Anniversary

during the dance were contagious as the audience shout, laugh, clap and dance to their tune. Hilarious photos and videos of the merry making were immediately posted in FB. The bond created by this activity strengthened the feeling of belongingness as old faces, who became lukewarm came back, joined and enjoyed. It is indeed more amusing to have a young couple EMCEE. Their spontaneous comments and cheerful introduction of presenters set the festive mood. Everyone enjoyed their games and the prizes added to the excitement.

The BCBP culture of patience and courteousness was evident as they lined up for lunch. The anniversary started with the celebration of the Holy Mass and the officiating priest stayed on to listen to the life sharing. We were graced with two couple shares coming from our own chapter: Roiles Couple, who gave their first couple sharing and a veteran sharer in the persons of the Grape couple. The Roiles couple started with a video of the metamorphosis of a butterfly. They likened their life to the life cycle of a butterfly that each stage of the cycle proves to be an important part of growth and transformation.

They took inspiration from the verse in Jeremiah 29:11 God said, "For I know the plans I have for you, declares the Lord, plans for wholeness and not for evil, to give you a future and a hope."

Reflecting on this verse, they realized that it was God's plan to assign them, as an Action Group Leader. Initially, they were groping in the dark how to shepherd their members. But then they followed the Lord's example of good shepherding. They, too, became good examples.

An inner transformation was necessary for them to be able to lead their group effectively.

In their sharing and I quote:

Ann

"Being a part of the BCBP family gave us a fertile ground to nurture our faith in God. We are able to build heaven on Earth through the kind of relationship that we profess among our fellow members and others. It took a while after I joined the community that I was able to address my emotional issues with my father. I learned to forgive him; respect and accept him as a father in spite of his vices and weaknesses. Living life with this baggage in my heart was not easy. It influenced a lot my relationship with William. Since I decided to forgive and let go of this emotional baggage, my personal and family life becomes very fulfilling."

William

"But God showed us the way. To counter our fear and inadequacies, Ann and I were forced to start our couple and family prayer. Along with that, we had to improve our participation to the various activities of the community to be good examples.

We realized that we can only give what we have. Our action group became the nurturing ground of our leadership. Slowly Ann and I enjoyed serving God through the action group. To encourage our little flock to attend BCBP activities, we made our presence transparent in almost all activities. In the end, this slowly detached me from my vices."

"We were requested to fill in the Chief Servant role in BCLP 8 when the originally assigned couple became unavailable. This time with lightness in our hearts we accepted and considered it as God's calling. Likewise, our sharing this lunch time is God's choice because we were preparing as the year ending couple sharer and not as the anniversary sharers. In spite of the limited time to prepare, we never had any apprehension and doubts. All the services that we accepted ignited and put to fire our spiritual relationship with God in a very personal way; as a couple; as a family; and as God's servant leader. Ann and I could not exactly pin-point when and how our faith walk deepened. All we know, together with our children, we enjoy the showers of blessing from spiritual growth; finances; emotional healing; putting into my schedules; and honesty being a lawyer. Becoming a member of this community is truly a gift from God and how we serve the community in our own simple ways, are our offering to God. It is when we immersed ourselves in genuine service that we truly find the essence of living in a community – in the service of God!"

End of Quote

The life sharing of our second couple sharer was posted in SIDLAK released on November 2014 during the 10th Anniversary. It was very touching and life-changing.

It is indeed more fun in BCBP where the spiritual, social, emotional and community life is entwined into one.

Ang akong pagbalik sa Ginoo by Judy Gloria

Allow me to share with you the life sharing of Corazon "Cora" Ongos. Being her mentor, I have witness her walk of faith and struggles to put order in her Christian life. Cora was an active member of our community who died last March 5, 2015. She left a legacy of love for her children and friends and an example of true committed servant of our community. On her behalf, I lay open her life story initially written in 2008 and excerpts of her realization towards the end of her life as shared in the action group.

Ako nadasig sa ebanghelyo sumala ni San Mateo (Mt 6:20-21) nga nagkanayon, "Pagtigum hinoon kamo ug mga bahandi didto sa langit diin walay taya ug anay nga makakutkot niini, ug walay mga kawatan nga makakawat niini; kay hain gani ang inyong bahandi, atu-a usab didto ang inyong mga kasingkasing."

Nagtubo ako nga nagsudong sa paningkamot sa akong mga ginikanan aron kami mabuhi ug mapadako. Diha sa akong kabatan-on, kahibalo na kong mangita ug kwarta pinaagi sa pagpaninda ug "sweepstake tickets" sa "sidewalk". Dinhi nasantop sa akong hunahuna nga mintras may "sidewalk", mabuhi gayod ako. Mao kini ang hinungdan nga kutob ra ko sa third year high school. Sa akong pagpaninda sa "sidewalk" naka-ila nako ang usa ka "waiter" sa Majestic Restaurant nga "Buddy" Nagka-uyab mi ug nagtanan kay si Mama perting supaka sa

among relasyon katorse (14) anyos pa lang gyod ko. Sa akong paningkamot, nakakuha ko ug pwesto sa Carbon ug namaligya na pod ug prutas. Unya naka-amiga ko ug mipuhonan kanako ug gisudlan ko ang "lumber business". Ang mga negosasyon didto sa Butuan. Pwerte nakong kugikay ang gabi-i himo-on nakong adlaw ug ang resulta pwerteng abundaha sa kuwarta. Midako ang akong ulo ug garbo hangtod. Para nako, "money can make it all!" "What Cora wants, Cora gets!" Kanunay puno ang akong bag sa libibong kuwarta.



Wala gyod akoy panahon para sa akong pamilya, ilabi na sa akong bana ug mga anak. Pagkawahi na nako nakahibalo na si Buddy nagdrugs na. Ang akong mga pagkuwang sa pagka-asawa ug inahan, akong gihulipan sa kuwarta kay nagtuo man ko nga kini maoy ilang mas gikinahanglan. Ang pait nga resulta mao ang pagbinogoy sa among kinamaguwangang anak. Sama sa iyang amahan, nagdrugs na sab. Wala ako'y tagad sa panginahanglan sa akong lawas kay unahon ang mga transaksyon.

Dili muka-on dayon bisan ug gigutom. Pug-ngan ang tawag sa lawas bisan ka-ihion. Softdrinks ang pinaka-tubig. Ang mga dilata ang dali ug sayong ablihan aron maka-on. Mao kini ang mga hinungdan nganong nadaot ang akong "kidney". Niadtong Pebrero 1996, "I was diagnosed to have an end stage renal failure". Ang akong dialysis milungtad ug usa ka tuig ug onse ka buwan. Sa hinay-hinay nabaligya ang tanan kong napundar ug naputos pa gyod sa utang.

Sa dakong panghinaot nga mabuhi pa, midisider ko nga magpa-"kidney transplant". Ang akong pangandoy gisuportahan sa akong mga anak. Kuyog sa akong anak, miadto mi dayon sa kidney center sa Manila. Nasirilsiril ko ug pangayo ug tabang nga "financial". Kalooy sa Ginoo, natabangan gayod ko. Miabot ang akong dialysis sa Manila ug usa ka tuig ug usa ka buwan kay gihuwat pa ang ika duha nakong anak na si Mitche nga manganak. Siya ang nahimo kong kidney donor. Giubanan siya ni Buddy pagadto sa Manila, kay nagkinahanglan man sa iyang pagtugot ug perma isip amahan ni Mitche. Busa nakasudong siya sa kalisod sa akong kahimtang.

Didto sa Philippine Kidney Center gihimo ang operasyon. Sa wala pa ako gioperahan, gipasedanan ko sa doctor nga may posibilidad kong mabuta kay nakakuha ko ug hepatitis C tungod sa pagsigi ug transfuse ug dugo. Gitubag nako ang doctor, "Ok ra basta buhi."

...to be continued in next Sidlak issue

Verse

Mt. 18:21

Then Peter asked Him, "Lord, how many times must I forgive the offenses of my brothers or sisters, seven times?" Jesus answered, "No not seven times, but seventy – seven times."

Apply It

"Forgive us our trespasses as we forgive those who trespass against us." I know this is a principle and always prayed in the "Lord's prayer". But often times my hurts are greater than my capacity to forgive, thus I cannot forgive from my heart.

Lord, I have decided to forgive and I ask for the grace to forgive. A forgiveness that comes from my heart, a forgiveness that when I will remember, it will not hurt . . . yes this is the forgiveness I desired. All in your time, Lord. I want to be released from the pains of the past. Please, help me assess my life. Help me decide what I truly want from my husband, children and son-in-law and even from my nephews, nieces, siblings, brothers and sisters in the community and from myself. Help me understand my emotions why I cannot let go of "teeny-weeny bets" of hurts especially from members of the family, relatives and friends; and why I am always adding them to the over-flowing list of hurts accumulated over the years of marriage, family life and friendship...

My realization was shockingly simple! I was not accepting them with their flaws. I failed to laugh at their jokes; I am so firm, prim and proper thus, I was always correcting, warning and commenting. I get emotionally unstable when their words or actions seem tactless, out of decorum or immature. Do I expect too much and get frustrated in the process? In a flash I saw the source of these hurts. It is "me, myself and I."

Lord I have decided to excuse and forgive people and situations that made me uncomfortable, frustrated and disappointed with. Yes Lord, I will continue to focus on "me, myself and I" but this time to accept myself as I am;

so I can change into the person You created me to be; so I can accept others as they are. For if I truly love them as you love me; I should pray for peace, unity and love to prevail in my home, kin and community. For it is only by Your grace that we can understand and accept ourselves. It is by Your intervention that we can mature spiritually and emotionally. For our FAITH WALK is in your hands, especially mine.

Prayer

I thank you Lord for allowing me to realize that FORGIVENESS is not only relational but also mutual and trusting. I thank you Father for giving me the grace to forgive from my heart;

I thank you Jesus, for giving me the grace of inner peace which I enjoy every day; For waking me up so I can commune with you in my prayer time; For the loving correction on my character as I meditate on Your words written in the Bible; For teaching and helping me, silence my heart so I may clearly hear Your voice and guidance. For always reminding me that You want me to be happy.

Mama Mary, thank you for your intercession because I can now claim I am HEALED, FORGIVEN AND HAVE FORGIVEN FROM MY HEART. I don't feel the hurt even if I remember my past. I don't retaliate even exposed to unpleasant situations.

I also pray for the protection, conversion, transformation and good health for my family, relatives and friends, members of my action group, members of BCBP Consolacion and BCBP nationwide and myself. Please Lord, reinforce daily the BCBP Consolacion Governance team especially the Soco couple, our Chapter Head, and BCBP National. Continue to give them the zeal to serve You. I also pray for Your mercy and forgiveness for members of our family, community, relatives and friends, who have gone ahead of us. Alleviate their suffering and give them eternal rest in heaven. Amen.

Q1 BREAKFAST SHARERS



Felix Angana

These series of disasters brought me to my senses and I realized that I am not in control. In spite of my unfaithfulness, God - the faithful one, was there helping me

Jess and Ruby Cagara

He knows when to bless us, what blessings should befall to us and how we would receive those blessings



Marvin Soco

Proclaiming God in my life has freed me from my heaviest burdens, which are my pride and shame. They were the reasons why I became so secretive. I thank God for giving Juda, my wife, the grace to forgive me.

Jun & Lorna Mahilum

The trials and triumphs we experienced make our faith in God stronger... God indeed is good. All the time.



Greg Bersabal

To practice honesty was a struggle for me. But I now stand up for my Christian values, and true to our advocacy of honesty in the business, practicing BCBP way of life in the marketplace.

Willy and Joy Lozano

We realized that we must be willing to let go of the life we have planned so as to have the life that is waiting for us according to God's plan. With this in mind we have found GOD's peace, love and meaning in our lives.



Tony Sanchez

God charted my destiny. He guided me to follow the straight path and whenever crossroads appeared, HE led me to the right way.



Leo and Angie Gultiano

In our moment of darkness we cling to our Lord for strength. His reassuring presence has made our heart stand firm and steadfast in fate, our hope in Yahweh has renewed our strength



Sim Lanaria

As I spent more time in prayer and scripture reading, as I learned more about Jesus, I realized that putting Him at the centre of my life meant living a life the way Jesus lived it, a servant, first and foremost, and obedient to the will of the Father

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|--|--|--|--|---|
| | | <p>Tuesdays with Morrie is the final lesson between a college professor, Morrie, and one of his long lost students and the author of the book, Mitch Albom.</p> | | <p>The Five People You Meet in Heaven by Mitch Albom. Eddie learns that heaven is a place where his earthly life is explained by 5 people.</p> |
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Chapter Head's Message



Marvin and Juda Soco

Today, Juda and I are very excited and at the same time very proud on the launching of our 1st E-Sidlak Magazine, the official on-line publication of BCBP Consolacion Chapter. Our brothers and sisters will now be updated and apprised on the latest happenings specifically in regards to our chapter activities for the year 2015 and likewise on the upcoming BCBP activities both local and national. So in behalf of our Governance Team, we would like to express our sincere gratitude and thanks to our Publication Ministry Team for a job well done. We would also like to acknowledge the team's Senior Consultants; Kuya Nestor Gloria, Ate Judy Gloria and Ate Elsa Suralta for guiding our young and dynamic service team in making our dreams a reality! Again, thank you everyone for a job well done!

Congratulations and to God be the glory!

January

BIRTHDAY

- 4 Ed Alhin
- 10 Jomar Hubabib
- 17 Ed Lantose
- 18 Lim Pepito
- 19 Meriam Conejos
- 19 Jan-Jan Vinalon
- 20 Ryley Remula
- 23 Olete Remula
- 23 Aster Galola
- 23 Ma. Dapne Cabili
- 29 Frances Ann Gasquit

February

BIRTHDAY

- 1 Vida Fernandez
- 3 Gad Macasero
- 4 Magno Garcia
- 5 Susan Manongas
- 5 Haidée Chan
- 6 Remy Lagunay
- 7 Ilene Mae Gomez
- 7 Pepito Ryan Manaloto
- 11 Alerza Manongas
- 12 Arche Alivio
- 16 Toring Gagawan
- 18 Ann Rales
- 19 Joe Camnade
- 24 Mober Ian

March

BIRTHDAY

- 1 Jun Esparcia
- 4 Dnie Viñalon
- 5 Manning Conejos
- 5 Jaime Econar
- 5 Awin Ryan Manongas
- 5 Vin Bagasajo
- 6 Dodong Abenio
- 7 Cora Dyngos
- 9 Sandra Calinawan
- 12 William Roiles
- 12 Ghing-Ghing Hubabib
- 21 Lando Grape
- 21 Rasmi Rallos
- 24 Engelbert Ian
- 31 Elen Velasco

April

BIRTHDAY

- 3 Juda Sooc
- 5 Luth Gomez
- 11 Cenon Sasan
- 17 Colette Makita
- 21 Arnold Salvalaza
- 21 Kristine Carol Bagasajo
- 22 Josephine Pieneman
- 28 Trio Balang Jr.
- 30 Tina Muñoz
- 30 Malou Besabella
- 30 Lochel Artizo

May

BIRTHDAY

- 4 Tong Dporito
- 7 Ray Manongas
- 10 Rowena Morpox
- 11 Gemma Salvalaza
- 11 Gina Cabugao
- 12 Lito Barro
- 12 Nestor Gloria
- 12 Elen Salamo
- 12 Sally Poyito
- 20 Eral Grape
- 27 Helen Herrera
- 27 Yima Cortes
- 30 Mary Lawton
- 30 Jung Lyn Despi
- 30 Julie Ann Despi

June

BIRTHDAY

- 1 Ben Sango
- 1 Benson Tompong
- 2 Lyn Sasan
- 6 Tessie Alenton
- 8 Girie Ang
- 9 Moriel Makita
- 10 Nanette Garrido
- 12 Vangie Manallili
- 13 Tony Lim
- 15 Lucile Latorio
- 18 Elizar Morpox
- 19 Marize Macaraig
- 22 Ruel Macaraig
- 22 Jean Econar
- 23 Malou Lim
- 25 Marvin Soco
- 26 Ret Canus

ANNIVERSARY

- 3 Allan & Nanette Esparcia
- 8 Jun and Marie Esparcia
- 16 Ed & Helen Lantose
- 17 Jan-Jan & Dnie Viñalon
- 18 Wilbert & Gilie Ang
- 19 Manning & Vangie Manallili
- 20 Jomar & Julie Manallili
- 21 Ben & Colleen Polinar
- 22 Cipring & Mary Lawton
- 23 Aster & Cristina Galola
- 27 Lito & Lingling Barro
- 27 Neil & Angelie Maglasingang

ACTIVITIES

- 2 Recommitment Night
- 10 Men's Breakfast
- 16 General Assembly
- 17 Joint Breakfast
- 24 Free to Follow the Lord Seminar
- 31 Joint Breakfast

ANNIVERSARY

- 4 Millard & Paping Baroro
- 12 Arnold & Gemma Salvalaza
- 19 Glenn & An-an Cabigas

ACTIVITIES

- 6 Teaching Night
- 7 Joint Breakfast
- 23 Valentines Party
- 14 Joint Breakfast
- 20 General Assembly
- 21 Men's Breakfast
- 28 Cebu Regional Business Forum

ANNIVERSARY

- 25 Dado & Malou Besabella
- 31 Jay & Lucille Latorio

ACTIVITIES

- 6 Teaching Night
- 7 Joint Breakfast
- 14 Men's Breakfast
- 20 General Assembly
- 21 Men's Breakfast
- 28 Lenten Recollection

TENTATIVE ACTIVITIES

- 11 Men's Breakfast
- 17 General Assembly
- 18 Joint Breakfast
- 19 Outreach Activity
- 25 Men's Breakfast

ANNIVERSARY

- 5 Gad & Carmen Macasero
- 7 Moriel & Colette Makita
- 9 Kenneth & Yima Cortes
- 10 William & Ann Roiles
- 11 Villy & Gina Cabugao
- 16 Elen Salamo & Husband
- 18 Robert & Malou Lim
- 18 Dodong & Lety Abenio
- 19 Tong Dporito & Wife
- 25 Awin & Alerza Manongas
- 28 Mito & Betty Despi

TENTATIVE ACTIVITIES

- 1-2 MAC35
- 9 Men's Breakfast
- 15-17 BCMR
- 23 Joint Breakfast
- 24 Chapter Olympics
- 30 Men's Breakfast

ANNIVERSARY

- 2 Meal Cabido & Wife
- 9 Nestor & Judy Gloria
- 12 Rog & Hazel Tibon
- 16 Esmer & Tessie Alenton
- 17 Leo & Yal Tinga
- 17 Morj & Eliza Surata
- 18 Arche & Epe Alivio
- 18 Lim & Susan Pepito
- 19 Lando & Eral Grape
- 20 Elizar and Rowena Morpox
- 22 Rasmi & Miche Fralox
- 28 Erwin & Rizza Pepito
- 29 Bonnie & Remy Lagunay
- 30 Ben & Erna Sango

TENTATIVE ACTIVITIES

- 5 Teaching Night
- 6 Joint Breakfast
- 13 Men's Breakfast
- 19 General Assembly
- 20 Joint Breakfast