

“HAVE NO FEAR” “BE STILL AND KNOW THAT I AM GOD”

By: Bro Mar Watin

“Do not fear for I am with you. Do not be discouraged for I am your God. I will strengthen you and help you. I will hold you with my victorious right hand” (Isaiah 41:10). God promises us not to be afraid for He is with us. He will enable us to bear all our trials with the assurance of faithfulness to hold us in His right hand. And our response should be like that of the verse from Joshua 1:9 which say, “I will be strong and courageous. I will not be terrified; I will not be discouraged. For you, my Lord, are with me wherever I go.”

“Be still and know that I am God” is not just a saying. It is a state of being. It is the ability to



know God well enough to trust in His goodness and abilities to rescue us. As we learn to be still and trust in God, we come to know and understand that we are God’s children and that we are never alone, never unaided and never forgotten. He will come to us. All it takes is for us to be still.

How often do we ask God

for everything, but we don’t stop to listen or be still? The act of being still and quiet becomes more of a challenge in our hectic world. The world asks us to be busy but God asks us to be still so that we can receive love, peace and guidance.

Along with busy-ness come the fearful and anxious thoughts we hold on to. It has been said that we have more than 50,000 thoughts a day. Those thoughts are not always all good. Some of those thoughts that are not nice and pleasing are: *“I can’t believe, I messed up; I am an idiot; I can’t do it, it is so difficult; I am a failure; I am too old; I am too young, I don’t like how things are going”*. We must learn to tell our fearful and anxious thoughts to shut up, just as Jesus calmed the sea. Jesus immediately asked the question to his disciples, “Why are you so afraid? Have you so little faith? We must learn to let go and let God. We can take comfort in letting go and letting God to provide help, strength and

In This Issue :

A Cup of Passion...	2
Prayer Power	3
Pebbles...	4
Formation Note...	5
Treasure’s Report...	6
Song of the Month/ Calendar...	7
Come. Have breakfast...	8



A Cup of Passion

Bro. Jess Cagara
Chapter Head

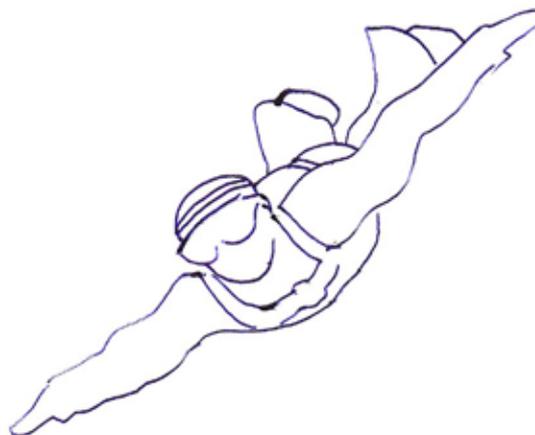
My wife and I, together with our two children had the occasion to visit our daughter in New Zealand a couple of weeks ago. During a lull in our trip, I had the occasion to reminisce of the days when I was still the Mission Director of our brotherhood. I knew that someday I will be called to actively serve Christ not for just a brief, quickly passing moment, but for a long time. I even asked myself on how will I reply should the Lord ask me, “Are you with me? Will you help me gather people?”.

My joining the brotherhood represents my affirmative response to our Lord’s question. I am delighted to be a part of this community, for I know that I am in the midst of those who have answered “YES” to Christ.

Being a member of the brotherhood does not come without a price. God has called upon me to provide unconditional love, to have tireless faith, to work hard and maybe long hours, and, to live in humility. I had a taste of this calling in the recently concluded NAC35 in Manila. It was only through prayers that I was able to overcome the test of my service.

“Be anxious for nothing, but in ev-

erything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ



Jesus.” (Philippians 4:6-7)

Having passed the test, I was rewarded just as what was promised in 2 Cor. 9:11 “You will be enriched in every way for [your] great generosity ... for the rendering of this service ... not only supplies the wants of the saints but also overflows in many thanksgivings to God.”

My family vacation came right after I have serve God. Having served my fellow brothers and sisters, God had rewarded me with an exciting family vacation in New Zealand. During our road trip to the Northern part of New Zealand, God had protected us from harm and danger. He allowed us to

discern properly how we should do things in order to have a wonderful family bonding. For me, I had felt the working of God’s hand when my three children jumped off from the plane at the height of 12,000 feet – they were skydiving. I was only trying to say to myself that I never felt the agony of waiting, when will I here again from my children after they left us at MacDonald’s. I only relied on what the Lord had said: “Be brave, I am always with you.” In less than three hours, I read with glee the post of my daughter in Facebook: “Done!!! OMG!!!! I’m still alive” – oh what a relief, my children had landed.

Now, I am back to reality, I’m back to good work – of evangelizing businessmen and professionals. I urge you to continue to bring in first timers to the breakfast. Let us allow ourselves to serve God at a moment’s notice, and be willing also to accept new responsibilities. Let us all continue to serve in this manner, with the added knowledge that as we serve others, we both serve Christ, and become Christ for the world. We are His hands, we are His feet, we are His light in this dark world.

To God be the glory. 



You can forward your **comments, suggestions and contributions (pictures/articles)** to:
Richard & Vimla Condor

or email to : bcbpcebusouth@yahoo.com



Prayer Power

Bro. Anty mangubat
Intercessory Head

WHAT TO DO WITH UNGRATEFUL PEOPLE

By: Sis. Kathy Oyson

Whenever I am alone, I could not help but remember of the good things I have done to people whom I have the chance to cross path with. I felt joy in my heart because God has given me the opportunity to share a part of my life. But on the other hand, I felt a tinge of sadness because not all of them remembered me especially on special occasions. In fact, two years ago when my nephew Fr. Simon Eric Boiser, SVD, visited me when he came home from Germany, he said, "Auntie, when I was growing up your house was like a mall. There were lots of children who stayed in your house. Now it has become an empty nest."

You and I may also have the same kind of feelings when there are moments when we asked ourselves why people do not remember the good things that we have done to them. Why are they ungrateful?

However, one day a story that I came across in the book, "Enlightenment Made Simple," by Vikas Malkani enlightened me on this question. Here's the story I want to share with you:

"A long time ago, a Christian Saint made it a ritual for himself every Friday, he would

give one meal free to whoever walked into his house, as part of his selfless service. Every Friday evening, after he had finished his day, he would open the doors of his house. The first person who walked in, without question, would sit down and get a free meal. There was a rogue in that village, a man without a job, without a work. He would just hang around the whole day doing nothing, or walk around



shouting and screaming at people. It so happened one day that this man walked into the saint's house. The saint said, "Please sit down," and he served him food. The man ate to his satisfaction because he had been hungry for many days. After he finished his food, the saint told him, "Listen, let us sit for two minutes and thank God for all that He has given us today." At this point the rogue said, "For what? Why should I thank God?" The

saint was quite amazed. He said, "You just have received a meal. At least, let us give thanks to God for that." The rogue said, "No. I am not thankful to any God. All this was mine. It was supposed to come to me. If you have not done this, somebody else would have done this. This is truly mine. I will not offer thanks." The saint was angry and pushed the rogue out of the door.

At night, the saint prayed and went to sleep. While he was asleep, God came to him in his dream and said, "I am not happy today with you my son." The saint asked, "But why, Father?" God replied, "The rogue came in and you fed him – that was very good. But then why are you angry and pushed him out of the door?" "But Father, he was ungrateful," replied the

saint.

God said, "My son, that man is forty years old and for all these years, he has been ungrateful to me. But regardless of that I looked after him. I have kept him alive. I have fed him. I have made sure that all his needs are met. That he is clothed and protected. And he has never thanked me once in those forty years. You, with so much faith in me, couldn't do it for one night?"



Pebbles

*Bro. Boy Villanueva
Area Managing Director*

MAKING A COMMITMENT

“As he looked up he saw rich people putting their offerings into the treasury; then he happened to notice a poverty-stricken widow putting in two small coins, and he said, “I tell you truly, this poor widow has put in more than any of them, for these people have all contributed money they had over, but she from the little she had has put in all she had to live on”

In the book Prayer and Personal Growth, it says in relation to the above reading “That this little event in the life of Jesus shows very clearly the difference between making a contribution and making a commitment. The rich usually make contribution but the poor usually honor their commitment.

Putting this teaching to our lives and reflecting on it we may ask is my joining BCBP was just a plain membership or is it a commitment to follow Christ?

In my service for twenty two (22) years in the community I have experience so many incidents where members were attending the activities just for fun and just to be called a member in a community. That is why we have always good attendance during fellowship

activities. Then when they are being called for service to show their commitment they easily fade away even to the extent of leaving the community because of sama nang loob. Likewise, I have experienced members who tried to influence the leaders in the community by insisting on their way of thinking and running the community even up to the extent of using their resources just to make their way. Is this a commitment?

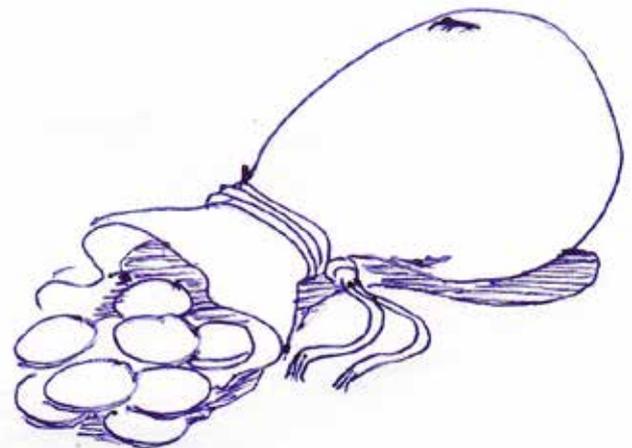
These past years I have been talking with some of the members not only of our chapter but also of the other chapters under my care to make them understand about the service in the BCBP and to convince them that accepting a service is not a BURDEN, but a way of life in each one of us being servants for the Lord.

Sometimes it hurts me when I saw members whom I have approached for service who decline for they say that they are very

busy and will not be available for BCBP activities and yet when an activity is about fellowship they can easily be present and even have the time to travel for weeks and even months. Where’s the commitment. (Bato-bato sa langit, ang tama-an huwag magalit)

I believe it is now the right time to reflect on our commitment for the Lord, is it just to be a plain member of BCBP and have some business contact or is it a commitment of service and of spreading the word of the Lord.

Lord God, let my commitment be a promise of service love and of spreading your words as a guide for doing business dealings and evangelization. 



 You can forward your **comments, suggestions and contributions (pictures/articles)** to:
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Formation Note

*Bro. Boni Ramo
Formation Director*

The following hugged the front pages of local dailies: “Cebu province under a state of calamity” “Dried up dams, parched farms reports pour in” “Temperature in Metro Cebu expected to range from 31.1 to 39.4 degrees Celsius” “Some 43 hectares of fishponds in the city and Sibonga town are yielding less fish” “More than 500 farmers in four southern communities are barely earning anything”

The wrath of nature is upon us, and we are all suffering the consequences of our own making.

Man versus nature. Nature wins, always.

On a personal level, are we at present also experiencing a state of calamity ourselves? Are we spiritually Dried-up and parched? Everyone experiences such many times in one’s lifetime. But unlike nature which has become unpredictable, uncontrollable and unpreventable in its fury, spiritual dryness can be minimized if not prevented. We are given all the means, absolutely free, to redrench our spirit in order to bloom again. It’s ours for the tak-

ing. What is asked of us is a simple “YES”.

As a reminder, the following are the BCBPs “cloud-seeding programs”, remedies for parched souls:

For June- First Friday Mass and Teaching

Leadership Training
c/o BCBP Cebu Central Chapter
(Open to all leaders)

THERE IS NO REASON FOR US TO BE SPIRITUALLY WITH-ERED. 



Have No Fearfrom page 1

safety.

The next time we have fearful and anxious thoughts raging within us like a violent storm we must do as Jesus did. “Peace, be still.” When we need strength and help, let go and rest in God our refuge.

Whenever I was out of work before, God was always there to provide. We must continue to trust, to be still and to surrender everything to Him for He is God. We need to be willing to submit ourselves to Him and acknowledge that He is in sovereign control. When we realize that we are truly incapable of controlling life, we can surrender our will to God’s will. It may be a matter of finally

saying we trust Him.

Many people are intimidated by silence. Silence can cause us to address issues that we might be running away from. It is easy to fill each day with busyness and then block out concerns through hours of mind-numbing television viewing, internet surfing or reading magazines. None of these activities are bad. However, if they are used to fill a void that is not being filled, the toll will manifest itself over time, in the form of lost relationships, lost opportunities and lost dreams never being fulfilled.

This will open the door so that we may experience the fullness of all that God wants and has for us. After all, He is our creator and has perfect plans for us when we let Him orchestrate it.

Knowing that He is God denotes recognition, acknowledgement and answering Him. First, we must know that God is God, the one and only Supreme Being who created all the heavens and earth (Genesis 2:4). We can know Him by having an intimate relationship with Him.

That does not come from knowing about Him, but rather getting to know Him by what He says (in His Holy Word, the Bible), recognizing the things He does in our lives, and by way of His Holy Spirit who comes to guide and comfort us. When we read the Bible, we will learn to recognize the way God talks to us, the kinds of things He says, and the merciful love He offers. By knowing that He is God, He will be honored by every nation throughout the world.

To GOD be the GLORY! 



Song of the Month

Bro. Eric Sendrejas
Music Ministry Head

Let the Fire Fall

Let the fire fall!
Let the fire fall!

Intro: F - G - Am (4x)
 Am Dm Am
 Holy Spirit, Holy Spirit, Come with your fire
 Am Dm Am
 Holy Spirit, Holy Spirit, Come with your fire



Holy Spirit, Holy Spirit, Purify my heart
 Holy Spirit, Holy Spirit, Purify my heart

Holy Spirit, Purify my heart
 Holy Spirit, Purify my heart

Dm Am
 Holy Spirit, Come with your fire
 Dm E - E7
 Holy Spirit, Come with your fire

Holy Spirit, Holy Spirit, Set my life on fire
 Holy Spirit, Holy Spirit, Set my life on fire

Holy Spirit, Set my life on fire
 Holy Spirit, Set my life on fire
 (Refrain)

Refrain:
 F G Am F G Am
 Come, Holy Spirit, Let the fire fall
 F G Am F G Am
 Come, Holy Spirit, Let the fire fall



Ending:
 Let the fire fall!
 Let the fire fall!



Birthdays, Anniversaries & Schedule Of Activities

June 2015						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 A - Lando Bacon, A - Ranulfo Ortega	2	3 A - Mila Auditor	4 A - Carol Ecarma	5 First Friday Teaching Night	6 Joint Breakfast A - Kathy Oyson
7 B - Elsie Barot, Janet Obiedo, Dolly Suzara ACTION	8 B - Yenyen Eroy, Sonia Mendoza GROUP	9 B - Fe Gil, A - Susan Montecillo WEEK	10 A - Willie & El Tupaz, A - Stella Villegas	11 B - Milagros Binamira, A - Rommel/Chona Duterte, A - Boy & Manolita Tano ACTION	12 Leadership Seminar A - Shawn & Jackie Espina, A - Bert Lavadia, - Anty & Fe Mangubat GROUP	13 Joint Breakfast B - Cholo Bernad, A - Meljud Angel WEEK
14	15 B - Pura Arriola, A - Toby & Joy Panopio	16 Chapter Assembly	17 B - Ismaela Guasin	18 B - Zonette Balbuena, A - Gerry/Wella Gestopa	19 B - Joe Alazas, Boy Beltran, Mar & Luz Watin B -	20 Joint Breakfast
21 ACTION	22 B - Diana Alvarado, - Noemi Cabello GROUP	23 WEEK	24 B - Vanni Getubig, B - Johnny Ong	25 B - Flor Babor ACTION	26 GROUP	27 Joint Breakfast A - Cholo/Che-che Bernad WEEK
28	29 B - Leonor del Valle, Hermie Shinozawa B -	30 B - JB Bagood, B - Luz Watin				

“Come, Have Breakfast.”- John 21:12

*Bro. Meddie Lapus
Breakfast Head*



Art Seville – Men’s Only Breakfast sharer May 9



Manny & Evelyn Dumdum-Joint Breakfast May 16



EJ Polotan – Men’s Only Breakfast sharer May 23

**MAY BREAKFAST
SHARERS AND ATTENDANCE**

May 2 - Ed Cola (Cebu-West)	Attendance = 26
May 9 - Art Sevilla (Cebu-South)	Attendance = 46
May 16 - Manny & Evelyn Dumdum	Attendance = 56/45
May 23 - EJ Polotan (Cebu-South)	Attendance = 41
May 30 - Rodien Paca (Talisay Chapter)	Attendance = 47

Announcement!
All Unit Leaders and/or Hosts for the month’s calendared breakfast are requested to inform the Governance & Breakfast Head (Cell#0917-577-2773) of the line-up (Emcee/OP/sharer/s & SCR/CP) not later than Tuesday.

The BCBP Logo

The cross in the BCBP Logo signifies that Jesus Christ is central to the BCBP. The outstretched arms of Christ symbolize the mission of the BCBP to evangelize business people and professionals and Jesus’ desire to embrace all people and care and concern for mankind. The two figures who bow to Christ in adoration symbolize the Business people and professionals. And the circle that surrounds the cross and the two figures symbolize the unity of the BCBP community in its dedication to Christ, way of life, and mission.

